

Te Horo

Te Puia Springs

Tolaga Bay

Tokomaru Bay

Te Araroa

Tikitiki

Tuparoa

Ngati Porou

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2013 NOEMA/NOVEMBER \$\frac{1}{2}\$





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CHAIRMANS KORERO

E hika ma, tena tatau e pokia kahatia nei e te mamae mo nga kaingakau e paheke atu nei ki tua o te aria, ki te iwi kei te po. E nga mate haere! Haere! Haere.

E nga whanau / hapu o Ngati Porou he mihi atu tenei ki a koutou mo nga tautoko I nga mahi e whakahaeretia ana hei painga mo te iwi me nga whakatipuranga kei muri e whai mai ana. Tena ano hoki tatau I roto I nga tumanako e pohiritia atu nei hei tarai I nga huarahi e anga atu ana ki nga whakahaere e tu pakari ai te iwi.

Greetings everyone. Herewith is another of our stories crafted in words by one of our own iwi reporters, Jasmine Kaa. I recommend this as a very interesting and very informative piece of work which discloses to our iwi, the kinds of projects and programmes Te Runanganui o Ngati Porou is pursuing and undertaking to advance the interests of Ngati Porou.

From this information provided by this and previous articles, it becomes clear that much has been done to date, with more to come in the future.

Heoi ma koutou e korero, e whakaaro wenei tuhinga a Jasmine, a, mehemea he whakaaro ou, tuhia mai, panuitia mai.

Ma Te Atua tatau e manaaki.

Kia ora **Dr A.T. Mahuika**Chairman
Te Runanganui o Ngati Porou



(L-R) Allan Jensen (Chief Financial Officer), Cushla Tangaere-Manuel (East Coast Rugby Union Chief Executive) and Dr Apirana Mahuika (Chairman) at the 2013 Ngati Porou East Coast Women's Rugby Prize-giving in Gisborne.

NPEC HEAD COACH VACANCY

ECRFU is a rugby province with a proud history achieving considerable success over recent years. We currently have a vacancy for our 2014 Heartlands Head Coach.

We are seeking an experienced Coach who exhibits professionalism, has a proven record of building a winning culture, has sought to attain appropriate coaching qualifications and is committed to developing local talent.

If you are interested in this position: A detailed position description is available from the East Coast RFU:



Tel: (06) 8648 812 or Fax: (06) 8648 813 E-mail: cushla.tangaere@vodafone.co.nz

Applications close Wednesday December 4th and should be sent to the Chief Executive Officer, ECRFU, PO Box 106, Ruatoria.

NATI 2DEGREES ASSOCIATION LAUNCH

A Ngati Porou community fund with an emphasis on supporting digital technology initiatives, was launched in Gisborne on Saturday 12th October.

The fund called Nati 2degrees Moni Whakapakari i te iwi Whanui will help assist Ngati Porou communities with increasing their accessibility to the internet, and developing the digital capabilities and skills of their people. The fund is an outcome of an innovative partnership between Ngati Porou and mobile telecommunications company, 2degrees.

In August the partnership announced that 2degrees would provide all mobile voice and data services to a consortium of seven Ngati Porou organizations, made up of Te Runanganui o Ngati Porou Ngati Porou Fisheries, Pakihiroa Farms, Ngati Porou Hauora, Ngati Porou Forests, East Coast Rugby Union and Radio Ngati Porou. In return the company would donate five percent of each organisations monthly spend back to the Iwi through a community fund.

With the fund recently established, individual Ngati Porou Iwi members have the opportunity to contribute to the collective pool as well. By signing up to the Nati 2degrees Association, five percent of their mobile communication spend will also go towards the Community development fund. So far almost 300 people have registered to the Nati 2degrees Association, including private businesses owned by Ngati Porou members.

Allan Jensen, Chief Financial Officer for Te Runanganui o Ngati Porou says the purpose of Nati 2degrees reflects how the fund



Mavis Mullins, Chair person of Hautaki Ltd and a director on the board of 2degrees, attended the launch of the Nati 2degrees Community Fund in October. Hautaki Trust is a share holder of 2degrees, and was integral to the establishment of the mobile communications network. Mavis is pictured with Te Runanganui o Ngati Porou Chairperson, Dr Apirana Mahuika, Chief financial officer, Allan Jensen and 2degrees Gisborne retail store co-owner, Spencer Lake.

was originally generated and has broad application to lwi members. "We all use technology in our everyday lives, but this fund will provide further opportunities for be available once the fund is open for submissions.

2degrees CEO Stewart Sherriff says the initiative is exciting as it blurs the line between commercial and

"We all use technology in our everyday lives, but this fund will provide further opportunities for Ngati Porou to connect, create and innovate."

Ngati Porou to connect, create and innovate. Projects could include computer literacy wananga, marae Wi-Fi connectivity, digital archiving of taonga, or ICT grants and scholarships." Ngati Porou who have projects which support Ngati Porou rangatahi, hapu, marae and communities will have the opportunity to apply to the fund. More information about the application criteria and process will

community interests to deliver a unique set of benefits to all. "Technology is rapidly changing and it's important people are brought along with it. We are proud to be involved in this trail-blazing initiative that will not only ensure Ngati Porou's future mobile technology needs are met, but the rich cultural fabric of its wider community is further enhanced by IT and learning new skills," he says.

What are the benefits of joining the Nati 2degrees Association?

The Association provides another way to help contribute to Ngati Porou community development, via the Nati 2degrees Fund. Special promotions will also be available to members of the Association scheme.

How do I become a member of the Nati 2degrees Association?

To join the Association:

- You MUST Be a Registered Member or Associate Member (or prepared to become a member) of the Ngati Porou Iwi database.
- You MUST Be over the age of 18.
- You MUST Be on a 2degrees Carryover plan 24 month contract.

What if I am unsure whether I am Registered on the Ngati Porou Iwi Database?

Or that I definitely know I am not registered as a Member or Associate member, but want to become one?

Visit the Ngati Porou Iwi Database Page on the website www.ngatiporou. com to check your info or enrol. You can also get in touch with the Te Runanganui o Ngati Porou Iwi Database Manager, Hiria Shaw by phoning call free 0800 833 502 or emailing hshaw@tronp.org.nz.

I'd like to join the Association but I'm on 2degrees pre-pay?

You may like to consider upgrading from pre-pay to their monthly Carry Over plan contracts. These plans start from \$29 per month, and if you spend more than this on pre-pay it may be worth your while to look into the financial benefits of upgrading. For example on \$29 plans you can carry your data over to the next month, have unlimited texts to NZ and Australia, and phone



Left: On September the 5th, the CEO of 2degrees Stewart Sherriff met with Te Runanganui o Ngati Porou Chairperson, Dr Apirana Mahuika to sign a Memorandum of Understanding, between Ngati Porou and 2degrees.

calls to your whanaunga in Aussie are the same price as calling your relations in NZ.

I'd like to join the Association but I'm with another mobile phone company?

If you are with Vodafone or Telecom talk to one of the kaimahi at your local 2degrees store. They may be able to help you overcome getting a disconnection fee if you are charged for changing over. You can also keep your old number if you become a 2degrees customer.

I have a business, so can I sign up my company cell phones to the Association?

Yes you can, as long as you are a Registered Member or Associate Member (or prepared to become a member) of the Ngati Porou Iwi database. Contact Spencer Lake for more details: Tel: 06 390 0010, Mobile: 021 825 380, email: spencer. lake@2degreesdealer.co.nz

I'm keen to join, what do I do next?

Talk to one of the friendly kaimahi at your local 2degrees store, and tell them you would like to sign up to the Nati 2degrees Association.

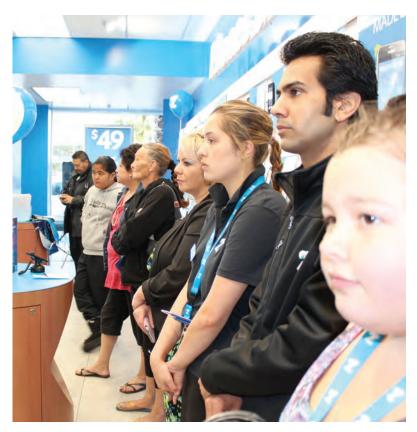
NGATI POROU REGISTER

To register on the Te Runanganui o Ngati Porou database or update your contact details:

Visit www.ngatiporou.com or get in touch with Hiria Shaw call free on 0800 833 502 or email hshaw@tronp.org.nz.



Above: The official launch of the Nati 2degrees scheme, included giveaways donated by Ngati Porou Fisheries, Pakihiroa Farms, Ngati Porou Forests, Radio Ngati Porou, East Coast Rugby Union, 2degrees and Te Runanganui o Ngati Porou. TRONPnui and 2degrees also sponsored a special prize draw for those who signed up to the Nati 2degrees Association plan during launch. The winners of the two Samsung Galaxy S4s up for grabs were Caroline Sykes and Joao Felipe Velloza, and Joseph Tawhara who won the Samsung Tablet.



Above: A crowd gathered at the 2degrees retail store in Gisborne to support the launch of the Association plan.





Above: Radio Ngati Porou broadcast live from the launch, which began with a mihi from TRONPnui Chairman, Dr Apirana Mahuika. Maori Television also filmed a report for the Te Kaea news programme. Below: (L-R) 2degrees Retail Assistant Olea Lloyd helping with a customer enquiry from Pena Lloyd, while Manawa Harrison checks out the latest smart phone.

NGATI POROU MARAE GRANTS

Marae have long been recognised as being the focal point of any thriving Maori community — providing a place for our people to celebrate, to hui, to wananga and to mourn. By supporting our marae to operate effectively we create an environment that enables our tikanga and reo to flourish, thereby enhancing the communities that sustain them.

In acknowledgement of the vital role our marae play in our communities, towards the end of last year the Te Runanganui o Ngati Porou board committed \$5 million over the next five years (2013–2018) to be distributed to 50 Ngati Porou marae. This allocation works out to \$100,000 per marae over a 5 year period, or when spread out annually \$20,000 per annum. In addition the Board also approved a one off capital grant of \$10,000 for each Marae engaged in capital or restoration works.

This kaupapa was first promoted publically earlier this year at the Marae and Community Funding Expo held at Rauru marae, and also in the March editions of Nati Link and Te Panui o Te Poari. Marae Grant application forms and information were sent out to marae representatives in June. To

receive the funding marae must have completed the applications form, and must also be a functioning marae listed on the Te Runanganui o Ngati Porou Trust Deed approved marae schedule.

Marae have the opportunity to choose not to apply one year and take more the next. If a marae needs their total allocation for a large building project they can ask other marae to postpone their allocation for that year and receive double the following year. To date some of the projects that marae have asked for assistance with include; wharenui re-roofing, feasibility reports and construction drawings, a new ride on mower and gas stove.

In the scheme's first financial year (July 2013-June 2014) the Runanganui has capacity in its reserves to pay out the first year's distribution of \$1 million. Going forward the annual \$1 million payout will come from the wealth generated by Ngati Porou Holding company's investments.

For more info about the scheme please contact Leeanne Morice at Te Runanganui o Ngati Porou, tel 06 8649 004 or Imorice@tronp.org.nz



LOTTERY MARAE HERITAGE AND FACILITIES FUND

The Department of Internal Affairs also provides a putea to support marae through their Lottery Marae Heritage and Facilities funding scheme. Funding is available for both one-off and staged capital works projects and conservation projects, as well as capital work project plans and conservation reports.

Examples of capital works such as the projects construction or redevelopment of marae based facilities include: wharenui, wharekai, wharepaku, tangata whenua or manuhiri shelters, waka shelters, car parking and fencing, the upgrade essential services required by regulation or for safety and full function of the facilities eg. plumbing, sewerage systems, electrical installations or fire sprinklers.

At the time of applying for the fund applicants must have raised a minimum of 33.3% of the total project cost, and have completed all the necessary accompanying consent and paper work.

The closing date for the next Lottery Marae Heritage and Facilities Fund is Wednesday 5th February 2014.

For further information contact about the scheme call the freephone 0800 824 824 or visit the weblink:

www.communitymatters.govt. nz/Funding-and-grants-Lotterygrants--Lottery-Marae-Heritageand-Facilities

NATIONAL CERTIFICATE IN MARAE CATERING GRADUATION

A new qualification which formally recognises the mahi our ringawera do on the marae, was presented at an inaugural graduation ceremony held at Raurunui a Toi Marae in September. Over the past two years sixty tauira from the Coast and Gisborne have completed the National Marae Catering Level 2 Certificate, which was first launched as a pilot scheme at Rauru in 2011. The certificate is the outcome of a joint venture agreement between Te Runanganui o Ngati Porou and Skills Active Aotearoa, and it is the first time the programme has been offered in a marae setting on this scale.

The programme was delivered at various marae by Matekino Tuhura from the Whanau Oranga team of Te Runanganui o Ngati Porou, and made up of four modules covering tikanga, food preparation, basic cookery and food service. The programme provides a succession plan for rangatahi to learn from experienced ringawera, and to also

gain a qualification which can lead to further training and work in the hospitality industry.

Among the speeches delivered at the ceremony included one made by class valedictorian, Te Oraiti (Dot) Manuel, who at eighty five was the oldest tauira on the course. In her korero Nanny Dot said it was never too late to learn something new, and that she found the course helpful. "I learned about the government health regulations we have to abide by in the preparation of our kai. If I wanted to start a private enterprise, say for instance a Kai Caravan on a sports ground, I've got to be clear on the regulations related to hygiene, cleanliness etc."

Dr Apirana Mahuika, Te Runanganui o Ngati Porou Chairman, congratulated the tauira and encouraged them to pursue further learning. "This is a wonderful programme, but we must not stop here. There are opportunities to develop our academic and

intellectual knowledge in this arena, such as researching the significance of the way we cook and prepare our traditional kai. There is also a demand for our people to train as dieticians or chefs. Skills Active also offer other courses related to this industry such as frontline management and business administration. This tohu provides the key to open the doors of opportunity which are out there waiting for you."

To join or find out more about the programme contact Matekino Tuhura at Te Runanga o Ngati Porou in Ruatoria:

Tel: 06 8649 004 Email: mtuhura@tronp.org.nz

Below: A group of some of the Marae Catering graduates with representatives from Skills Active (Donnalynn Douglas on far left side, and Ron Taukamo on far right). Matekino Tuhura from Te Runanganui o Ngati Porou (3rd from right) stands next to class valedictorian, Te Oraiti(Dot) Manuel (4th from right).



A COMMUNITY RICHER THANKS TO ON-GOING RELATIONSHIP

ARTICLES COURTESY OF EIT TAIRAWHITI

The relationship between Te Runanganui o Ngāti Porou and EIT Tairāwhiti moved to a new level last month with the graduation of the first carpentry students, and scholarships awarded to a new crew, all of whom will be working on Tikapa Marae near Ruatoria.

The uniqueness of the partnership, which started last year with the restoration of the nearby Te Horo Marae, was highlighted by Runanganui Chairman Dr Apirana Mahuika and EIT Tairāwhiti campus director Jan Mogford. Dr Mahuika said it had been a "momentous occasion" when the groups first mooted the carpentry model that would see training, employment and work completed for communities on the East Coast.

For it now to be at the next stage was very exciting. "Key to going forward is dialogue," he said. "With that we can do away with that which is difficult and find a path forward. "While there was much to be done, he was looking forward to future discussions which could include other trade training. Thanks were extended by all to those who had worked to make the relationship a success. Jan described it as a true celebration. "This is really a unique programme," she said. "You won't find anywhere else where carpentry is offered on a marae full time. It is contributing so much to the marae and the wider community."

With the work at Te Horo Marae now complete, work was expected to start at Tikapa Marae mid November. The seven recently-graduated level three students, who would now be working towards their level four qualification, would be joined by a new batch of students, each who received \$5,500 scholarships to cover their studies. Jan said she hoped the five new students would



(From back left) Rongopai Paenga, Jesse Haenga, Claude Paul, Kelvin Esau, Te Hei Kaiwai, course tutor Paki Dewes, Simon Biddle, Dion Te Moananui, Lilian Tangaere Baldwin; (middle row from left) with Te Horo Marae kaumatua Eru Paenga, The Reverend Morehu Te Maro, EIT Tairāwhiti campus director Jan Mogford, Te Runanganui o Ngāti Porou Chairman Dr. Apirana Mahuika, Te Runanganui o Ngāti Porou Chief Executive Teepa Wawatai. The Level three carpentry graduates include: Simon Biddle, Brandon Smith, Jesse Haenga, Te Hei Kingi Kaiwai, Claude Paul, Kelvin Esau and Dion Te Moananui.

follow in the footsteps of those before them and go on to become qualified carpenters. "There are a lot of exciting things going on around Māori trade training, and this relationship is a absolute example of how it works at its best." Te Horo Marae kaumātua Eru Paenga extended heart-felt thanks to those who had assisted in the restoration of his marae. In welcoming everyone to Tikapa Marae, the Reverend Boysie Te Maro said the relationship had lifted all of their spirits. Other schemes had failed them but he felt this was different."Other schemes did not have a finish," he said. "But you (the students) now have a bright new life in here." The turning point had been when the parties involved had met with Reverend Te Maro, "had a good talk" and put his mind to peace. "We can stand back but we are looking forward to being part of it all." He was hopeful the carpentry students would stay even longer and do more much-needed work around the marae. "There is a lot of work to be done here and we would like to keep you all here until it is finished!"

All of the speakers paid tribute to Lillian Tangaere Baldwin and the effort she had put into the relationship and both marae. In receiving a thank you gift from Te Horo Marae, graduating student Dion Te Moananui and Jesse Haenga both said how much the programme had meant to them and the enjoyment they received in working at the marae with their fellow students and tutor Paki Dewes. "It was awesome to turn up every day and work," said Jesse. Paki also thanked everyone involved, saying the personal reward in helping communities restore their marae was far greater than anyone could imagine."It had not always been easy working with sometimes challenging students, but the perseverance from both sides paid huge dividends for all," he said. He was looking forward to the Tikapa Marae project, which included a complete rebuild of the ablution block, a kitchen extension, re-roofing of all buildings, new footpaths, fencing and more.

Twelve students will be working full time on the job which is expected to run through until July next year.

AWESOME OPPORTUNITY FOR STUDENTS TODAY

Tikitiki-based EIT Tairāwhiti carpentry tutor Paki Dewes said it was a great honour to teach the courses – a big change and a challenge, but one he thoroughly enjoys.

The hospitality Paki's team had received at Te Horo Marae had been awesome. "We would sit down and listen to the stories... we don't hear that korero very often these days and it was good for us all. It was good to be reminded of the whakapapa and the links between both sides of the river that used to be joined by a bridge, but were no longer." Paki said they were all looking forward to getting started at Tikapa Marae. "It is a big job but there is a good feeling over here," he said. As a youngster, Paki had been in the last group to go through the Māori Affairs trade training programme. "I am very proud of that," he said. It was quite different to how things run today though, with usually just four students to a single tutor. "We were lucky we had a lot more time spent on us," he said. However, the students of today were also extremely lucky in being given the opportunity as well as scholarships, to better themselves. "I worked hard to get what I have and when



EIT Tairāwhiti carpentry tutor Paki Dewes at Tikapa marae.

I see what you have, it is huge. It is a big step forward for you in your career, so take it and make the most of it."In congratulating his graduates and welcoming his new students, Dewes had a little advice for all. "Congratulations to our level three boys — the journey has been hard and long." He cautioned the new crew in saying they had to take the growlings they received and learn from them. Once was ok, twice was just acceptable, but he didn't expect to have to correct things three times. "Rules are in place for a reason and

they set a standard. If you get a growling, pick yourself up and get on with it. There are no shortcuts in this industry – everything has to be done properly."

The marae work is "the real thing". "This is not woodwork class or a workshop. It is no use building something that is going to last a couple of years." The team would be leaving buildings and work at the marae they could all be proud of, and would benefit communities for generations to come.

INFO & ENROLMENT DAY THURSDAY 12 DECEMBER

Join us for EIT Ruatoria Learning Centre's info and Enrolment Day and learn about the opportunities available to you. Come down meet the staff and check out the range of programmes on offer for 2014. Enjoy a tour of the Ruatoria Learning Centre and a BBQ Lunch.

Ruatoria Learning Centre, 1 Hekiera Road, Ruatoria, 9am - 3pm







NGA TOHU REO AWARDS

A combined entry by the Te Aitangaā-Hauiti Centre for Excellence and Radio Ngati Porou saw the East Coast group win the supreme award at the national Maori language awards in Gisborne on Friday 15 November 2013.

Earlier in the evening the roopu had also won the Broadcasting Māori Medium Award. Radio Ngati Porou Chief Executive Erana Keelan-Reedy joked that there was no one left in Uawa last night because they were all on stage with her to receive the award. The joint Te Aitanga a Hauiti and Radio Ngati Porou entry was commended for their collaborative work in broadcasting the tangihanga for the late Ikaroa-Rawhiti MP Parekura Horomia this year. The tangihanga was

streamed live around the world from Hauiti marae, using radio and video webcasting technology.

A record 600 people attended the sold-out awards evening at the Showgrounds Park Event Centre. The awards boasted 33 finalists in 11 contestable categories. Radio Ngati Porou was a Finalist in the Broadcasting Māori Medium award for the Manu Waiata competition. Ngāti Porou songs resonated throughout the whole evening. Dr Apirana Mahuika, a guest speaker for the evening, gave an inspiring korero and emphasised the need for us to retain the purity of our own words and language. The winner of Radio Ngati Porou's Manu Waiata Ruawhaitiri Ngatai-Mahue was a guest performer on the evening and was well received by the crowd.

Reflecting on the evening, Radio Ngati Porou Chief Executive Erana Keelen-Reedy said, "It is a very humbling experience and validation of the good work we are all managing to do on meagre resources, pakaru headphones and all, but with loads and loads of passion. Winning the Supreme Award was a very fitting tribute to Parekura and the work he did for the language and our people."

The successes for Radio Ngati Porou at the national Maori language Awards follow on from their successes earlier in the year at the New Zealand Radio Awards, where they won Iwi Station of the Year.



Back row left to right: Glenis Philip-Barbara (Chief Executive of Te Taurawhiri o Te Reo Maori), Mayor Meng Foon, Dr Wayne Ngata, Selwyn Parata (RNP Chair), Taina Ngarimu (RNP Trustee), Wallace Horomia, Maui Tangohau. Front row: Justine Keelan, Isobel Roberts, Dr Apirana Mahuika, Erana Keelan-Reedy (Radio Ngati Porou Manager).



The winner of Radio Ngati Porou's Manu Waiata, Ruawhaitiri Ngatai-Mahue, was a guest performer on the evening. Photos courtesy of The Gisborne Herald.

TE REO AKE O NGATI POROU WANANGA 2014

Ka tu te wananga tuatahi o Porou Ariki hei te 10, 11, 12 o Hanuere 2014 ki Porourangi Whare, Waiomatatini. Ko te mita me te tatangi o te reo o o tatau tipuna te kaupapa o tenei wananga.

Ma te wa ka panuitia etahi atu o nga whakahaere o te wananga ma runga i te wharangi ipurangi www.ngatiporou.com

No reira, Ngati Porou, Nau mai haramai mai.

TE PANUI O TE POARI

"Te Panui o te Poari" is a newsletter published after every ordinary Te Runanganui o Ngati Porou Board meeting. The panui highlights key messages from that month's hui and aims to provide the Iwi with a glimpse of what is happening around the Board table. In addition, Nati Link also republishes content printed in recent editions of "Te Panui".

Te Panui o Te Poari August Key Messages from August 19th Hui

CE APPOINTMENTS

The TRONPNui Board announced and welcomed Teepa Wawatai's appointment to Chief Executive effective 1 October. TRONPnui's Acting C.E.O. for some 10 months has been Allan Jensen. During his short tenure as Acting C.E.O. Allan has achieved much for Ngati Porou. He was appointed to TRONPnui as its Chief Finance Officer and I am happy to announce that Allan will continue in this important role as CFO.

The Board also acknowledged the work that Mr Victor Walker carried out for Ngati Porou while he was our Acting C.E.O. It was noted that the Ngati Porou Hauora Board recently announced the appointment of Rose Kahaki to the po-sition of Chief Executive for Ngati Porou Hauora. Rose replaces Helen Milner who has been Acting CE since December 2012.

TE RUNANGANUI O NGATI POROU GROUP ENTITIES – FUNCTIONS, ROLES AND RESPONSIBILITIES

At last month's meeting and the Joint Board hui that included Toitu Ngati Porou and Ngati Porou Holdings Com-pany, a paper was presented outlining proposed inter-Group functions, roles and responsibilities. It was noted at the meeting, that this was issued to the respective

TRONPNui Boards for review, and that Teepa Wawatai and Allan Jensen are to prepare a further paper.

STRATEGIC PLAN

The Board approved the revised presented strategic plan. As noted in previous 'Te Panui o te Poari', the Board has been developing the plan over a number of months. The Board has di-rected management to report back to the Board with a strategy to present the plan back to the lwi.

TRONPNUI AGM

The Board asked the Chair and management to confirm the date for the TRONPNui AGM. The TRONPNui AGM will be on Saturday the 23rd of November at 10am.

Te Panui o Te Poari September Key Messages from September 16th Hui

TE RUNANGANUI O NGATI POROU GROUP ENTITIES – FUNCTIONS, ROLES AND RESPONSIBILITIES

Teepa Wawatai tabled and discussed a high level brief around group struc-ture matters, and considerable dis-cussion took place. It was noted that a special hui may be called before next month's meeting to progress this topic further. Teepa also advised that both Ngati Porou Holding Company and Toitu Ngati Porou had received and dis-cussed the high level schedule, and these respective reports were to ad-vise any feedback including prospec-tive changes.

TRONPNUI ANNUAL REPORT AND AGM

The Board confirmed the TRONPNui AGM as follows: Hinemaurea ki Wharekahika Saturday 23rd of November at 10am.

Allan Jensen advised preparations were well under way and complete details presented at the October Board meeting. Allan presented draft extracts from the annual report. The presented format was similar to last year's annual report. It was noted that the recently signed off strategic plan was built-into the 2013 annual report. Allan Jensen advised a complete draft version will be presented at the October Board meeting.

EAST COAST HEALTH REVIEW

Allan Jensen noted that the 'East Coast Health Review Oversight Group' (com-prising of Virginia Brind from Tairawhiti District Health Board, Rose Kahaki from Ngati Porou Hauora and Allan Jensen from Te Runanganui o Ngati Porou) had been preparing for staff and com-munity consultations over the last month. It was noted that community consulta-tion hui commenced on Wednesday 11 September and would be finished on Tuesday 24 September. Copies of the presentation, a question and answers document along with the Sapere re-port are posted on all 3 organisations' websites.

NGATA LECTURES PROGRAMME, 6TH-8TH OCTOBER

The confirmed programme for the Ngata Lectures was presented to the Board.

BOARD CONTACTS

If you would like to get in touch with the Board or one of your elected representatives, please feel free to contact one of your elected representatives directly, or alternatively email:

Board@tronp.org.nz

2013 ANNUAL REPORT

The 2013 Te Runanganui o Ngati Porou Annual Report provides a reflection of the last 12 months of the organisation's activities and achievements, in addition to providing an account of the TRONPnui Group's financial statements.

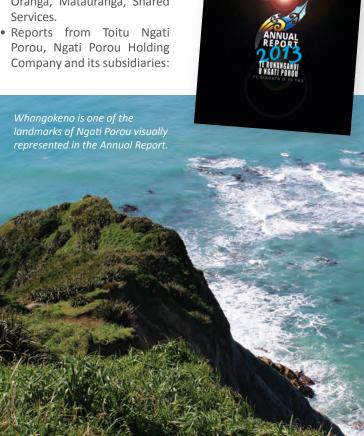
The 90 page document also provides a rich visual representation of the people, places and stories of Ngati Porou throughout its pages.

Some of the kaupapa covered in the Annual Report include :

 Reports from the Chairman and CEO highlighting TRONPnui's accomplishments, including those made by the operational units of the organisation: Whanau Oranga, Matauranga, Shared Services. Pakihiroa Farms and Ngati Porou Seafoods Group.

- A Report from Ngati Porou Hauora.
- Contributions from Ngati Porou Whanui Forests and Radio Ngati Porou and their achievements.
- Korero about the strategic relationships has with key government and private organisations.

A copy of the latest Annual Report can be requested from the Gisborne or Ruatoria offices of Te Runanganui o Ngati Porou. You can also download a copy from www.ngatiporou.com.



TE KAUPAPA RAUTAKI

Te Kaupapa Rautaki is Te Runanganui o Ngati Porou's latest Strategic Plan, which will provide the organisation's Strategic Direction over the next five years: 2013-2018. Inside the latest edition of the Annual Report, sections of the Strategic Plan have been spread throughout the publication.

The Strategic Plan consists of the organisation's new Vision Statement, Roles and Values. It also contains five Pou (Strategic Objectives) which provide a path way to achieve the vision of the organisation: Te Whakapumau i te Mana motuhake o Ngati Porou mo nga uri whakatipu.

Each Pou (Rangatira, Whanau, Matauranga, Kaitiaki and Whairawa) has been represented with a corresponding visual image inside the Annual Report. Over the next five pages, you will find out more about stories behind the people and places shown in the photographs.



RANGATIRA



Walton Walker clearly recalls the morning when he captured this picturesque image of the Maunga.

"I was heading back to Reporua marae for a working bee about four years ago. It was near the end of winter, going into spring and I remember it was quite cold. As I was driving up the Puketiti (or Sugarloaf) hill – past the turn off to Ihungia, and just before you get to Kopuaroa on the other side – I was able to safely stop at a rest area to take this pic. Anyway it was lucky that I had my camera with me and it was charged up, because when I travelled back to Gisborne late that afternoon, the snow had all melted. I wouldn't be able to take the same shot now, because the pine trees behind the rest area have grown taller, obscuring the clear view I had back then."

Walton says he is always on the look out for various vantage spots from where he can take different shots of the Maunga. However he also has an ultimate image in mind, which has so far proved elusive. "The challenge I have set myself is to capture all five principal maunga — Hikurangi, Whanokao, Taitai, Aorangi and

Wharekia in one photograph, when they are all dressed in their best garments (covered in snow). However you can't dictate to a maunga to be ready and waiting until I come along and take their picture."

Researching the history and korero of the Tairawhiti region has been an ongoing passion for Walton, and over the past 6 years he has shared this knowledge through a series of publications in the Gisborne Herald ("Nga Maunga Korero") and lecture series ("The Journey's & Settlements of Our Ancestors"). He says throughout our history the political leaders of our tribe have used Hikurangi as a symbolic representation of leadership, identity and self-determination.

"Te Rangitawaea, Te Aotaki and Te Kani a Takirau are some of those who have referenced Hikurangi in their korero. The Maunga could perhaps be seen as a physical manifestation of how we identify ourselves. Within our region you can't get any bigger than Hikurangi, it's our highest maunga. You have to treat it with respect, to not do so could be at your own peril."

Excerpt from "Nga Maunga Korero o Te Tairawhiti – Footprints of History," by Walton Walker (2008).

"Mountains hold a special place in our lives and in our culture. They symbolise many things for many people—home, shelter, protection, identity, awe, inspiration, solitude, permanence, boundary — and we forever marvel at these creations of nature fashioned by nature's tools. They are the subject of lore and legend, of song and dance, of speech and conversation. They move us to create, to compose, to fashion and shape; they inspire us to explore, to challenge and aspire. They test our resolve about who we are and where we are from, reminding us that no matter where we go, they will always be there when we return.

It is not surprising, therefore, that mountains are revered and treasured, and the mountains in our region of Te Tairāwhiti are no different. If only these mountains could talk — what would they tell us? More than we know, obviously."

WHANAU

A battle of physical and mental stamina ensued when Hinemaurea Ki Wharekahika marae (shown in picture) pitted their collective strength against their whanaunga from just over the hill, Hinerupe marae during the tug-o-war finals at the 2013 Ngati Porou Intermarae Festival (aka Pa Wars).

The tug-o- war provides the grand finale to the annual event which is held on the 3rd of January. In 2013 the Pa Wars was held in Tokomaru Bay and each year an army of marae volunteers work behind the scenes to organise their troops.

The Hinemaurea marae 2013 Pa Wars team was co-ordinated by Waitangi Chesley and Te Ua Houkamau. Waitangi (seen at the centre of the photo wearing sunglasses, jandals and singlet) lives in Hicks Bay. While Te Ua (seen standing directly behind Waitangi with arm outstretched) is based in Melbourne. The epic showdown was eventually won by the Hinemaurea marae crew, and in the korero below Waitangi describes what it was like taking part in the finals, and how Te Whanau a Tuwhakairiora pulled together to create their Pa Wars team.

"O.M.G. That was so intense! No clear winner and not knowing which way it was gonna go. The atmosphere was like, electric! I remember the crowd going wild, it was just like last year's NPEC Meads Cup finals. The supporters (from both marae) were the best. If it wasn't for the crowd cheering our team on, I don't think we would have made it. Our only strategy was to give it heaps and scream as loud as we could."

"Our Pa Wars team had been in recess for a few years, but Te Ua was keen to get our marae out there again this year. So he went on Facebook to gauge interest. He also set up an online survey for whanau and it went from there. It was hard for some whanau who didn't have access to Facebook or the internet, but by word of mouth it ended up working out well. Aunty Ani did a bit of ground work too, and organised our huge as, meke banner and also our accommodation in Tokomaru Bay the night before. She also got me to organise the t-shirts which I must admit that I'm not in a hurry to do again. It's quite a big job."

"We had roughly about 100 people in our team, which was one

of the biggest we've ever had. Participation was and still is our main focus. We do like to try and be competitive, and for some it's quite natural. I mean, who doesn't like to win? Or lose for that matter. In saying that, as a whole its not about competitiveness. It's about having fun! Everyone loves to win, but to us winning is a bonus."

"Everyone from our team absolutely loved this year's Pa Wars, and it was thoroughly enjoyed by all. Considering Tokomaru didn't have much time to organise it, they did it extremely well. To me Pa Wars is a perfect way for Ngati Porou to come together as one, and celebrate being a Naati. It brings people home, and it most definitely is about identity and being proud of where you come from. Pa wars also benefits our marae through the cash prizes. Marae are always in need of money because they cost a lot to run. Hinemaurea is used quite frequently and for most groups (local schools etc) there is no charge. So any little bit of money helps, and this year we did well and made the most money that we ever have. It wasn't much, but it's the most. So we're making progress."



MATAURANGA



"Kia tipu pakari ai wā tatau tamarikimokopuna i roto i te reo me ngā tikanga ake o Ngati Porou".

For the kaiako and whanau members of Te Puna Reo o Puhi Kaiti, helping the next generation of young Natis to grow up confident and secure in their Ngati Porou identity and culture is their main kaupapa.

Established in 2009 by a group of Naati parents led by Natasha Koia, Te Puna Reo o Puhi Kaiti is located on Cambridge Tce in Kaiti, Gisborne. Te Puna Reo o Puhi Kaiti provides quality Early Childhood Education immersed in Ngati Poroutanga. Te Puna Reo can take up to 30 tamariki, and although Ngati Porou reo and tikanga provide the main emphasis of the children's learning, Te Puna Reo is not only exclusive to tamariki with Ngati Porou whakapapa.

Tarsh says she was brought up by her Nanny and Papa who instilled in her a love and passion for her Iwi identity, and wanted to share that same experience with the tamariki at the Puna. Areta McClutchie (the peipi seen in the main photograph playing with her kaiako Te Aroha Coleman) is one of the tamariki at the Puna. Her mother (Josie McClutchie, the photographer of the image) enrolled Areta at the beginning of this year. Throughout the rest of her time at the Puna, Areta will learn to recite her own pepeha, sing waiata and moteatea, and converse with her friends in the playground using Te Reo Ake o Ngati Porou.

Tarsh says the children generally have 2 sessions on the mat a day. where they learn a Kaupapa Nui. Te Puna Reo was recently a finalist in the 2013 Maori Language Awards, and were nominated for their Ngati Poroutanga Kaupapa. "Last semester the main subject was about Ta Apirana Ngata, and the teaching was delivered at a level that the children would enjoy and understand. As part of this curriculum they learned waiata written by and about Ta Apirana, made drawings for a picture book about his life, and learned the words to E Tipu E Rea. Many of the children were able to transfer their

knowledge of what they learned on to their whanau, and some were even able to point out to their parents that Ta Apirana was on the fifty dollar note."

Te Puna Reo have also recently come back from a noho where they stayed at Tarsh's marae, Rongo i te Kai (Penu), near Ruatoria. "We try and take our babies up the Coast, to help strengthen their ties back home. We visited Papa Billy Hughes and his tamariki at the Paharakeke in Hiruharama. We have also visited Matua Choppy and his tamariki at the Puna Reo at Te Waiu."

Tarsh says that they try to create a supportive environment at the Puna where everyone can learn. "Many of our parents have decided to follow their babies in learning te reo, and are attending part-time classes at the Poly-tech or Wa. For those of our parents who don't really have a strong connection to their Ngati Poroutanga or rarely go back to their marae, our Puna also provides a place for them to rekindle or create that sense of belonging or identity."

KAITIAKI

As a young boy growing up in Waima, Jack Chambers lived in one of the many houses nestled alongside the edges of the Whangaroa stream. Although many of the old homes are now long gone, the stream carries on. Meandering its way from a small puna, found high amongst the craggy cliff formations of the Tawhiti blocks, down to the sea.

Back in the day, Jack recalls many whanau relied on the stream as their main drinking source, and it was treated accordingly with the utmost respect and reverence. "The stream wasn't polluted with effluent or rubbish. If us kids wanted to go and have a swim, we were told to go to the beach. There wasn't running water in the houses back then, so

the old people used to take their buckets down to the stream to draw water. They did their washing down by the creek in the small pools, but used big tubs to collect the water."

"This carried on until the late 1960s/ early 1970s when power first came to Waima. Once the power came on, then everything changed. The homes got hot water cylinders and water ran freely from the tap. There was no need to go down to the creek to get water or do the washing. People started to use the stream as a swimming hole."

Jack says he can also recall that the Whangaroa stream was one of the main tributaries in Waima where eels spawned at certain times of the year. "As a kid I witnessed this event only twice. From time to time the eels travelled up the river from the sea. There they would have their babies, and then travel back down again to the sea. When they ready to die they would travel back up the river and end up dying where they were born. It's like the cycle of life."

"Eels are the only food source that I can remember that the creek provided. However when I was younger I used to see the old people take sugar bags full of kina down to the river, and leave them over night to wash the seawater salt out. There were also some smaller drains that fed into the main stream. The old people used these drains to ferment kanga kopiro."



WHAIRAWA



TOKOMARU BAY SHEARING

Kim Doel and Adam Manuel have been in the shearing industry for the past thirty years, working in sheds across New Zealand and Australia. Kim is a qualified wool classer and trainer, while Adam has expertise and experience in the art of shearing. Together they co-own Tokomaru Bay Shearing, a business based on the philosophy of "Local people providing local solutions to employment."

Eight years ago, after inheriting a run of sheds from Boysie and Jude Reedy, they established Tokomaru Bay Shearing. The small open run that Kim and Adam oversee, covers the area from Uawa through to Potaka, and creates work for approximately ten local people. For those working in seasonal industries like shearing, it does not have the security that a 9 to 5 job provides. Mahi is dependent on the weather, and supply and demand in the market place. However the couple are adamant that the service they

provide not only contributes to the economy of the local community, but also helps retains a skill base of workers within Ngati Porou.

"We try and provide the best service possible, says Kim, "so the farmers will be able to receive with confidence, premium prices for their products in today's market. This in turn creates benefits for all those involved: from the shareholders, to the management, to the stock agents, to the whanau of the kaimahi, to local business owners, to the schools. The profits help to sustain and retain our communities and keeps us all at home."

Adam also believes that the service they provide helps support the preservation and sustainability of our beautiful whenua of Ngati Porou. "As people of the land we still maintain the cultural traditions of living off the whenua, gifted to us from our tipuna. Farming provides a connection to our whenua, our whakapapa, our identity, our mana. It also helps retain our natural resources for future generations, while providing

an economic platform where we can compete on the world stage."

MATARIKI PARTNERSHIP

The kaimahi from Tokomaru Bay Shearing: (L-R) Eva Houia (Wool Handler), Ayson Lewis (Shearer on No 2 Stand, and Kaya Campbell (Shearer on No 1 Stand), can be seen photographed in action at the Waiomatatini Station woolshed.

In 2003 the station became a part of the Matariki Partnership, a combined farming operation which is made up of Waiomatatini C Trust and Ahikouka A6B Incorporation. Wi Mackey is the Chairperson of Matariki Partnership, and Rob Andrews is the Farm Manager. The farming operation comprises of sheep, cattle and cropping. Recently they experimented with growing lucerne, which is a legume that grows prolifically in very dry conditions. Farm manager Rob Andrews says this new crop has helped enhance the partnership's farming operations.

TOITU TE WHENUA, TOITU NGATI POROU

Earlier this year Te Runanganui o Ngati Porou gave birth to an organisation which will help give effect to the hopes and aspirations of Ngati Porou whanau and hapu members. The new entity Toitu Ngati Porou, is the cultural development arm of the Runanganui, and will sit alongside the already established commercial development arm, Ngati Porou Holding Company.

The purpose of Toitu Ngati Porou as defined in the organisation's Trust Deed is to: "receive, use and administer the Trust Funds exclusively for Cultural Development Activities."

Toitu Ngati Porou is governed by seven directors who were appointed by the board of Te Runanganui o Ngati Porou in May. The directors held their Inaugural Board Meeting in Gisborne on June the 16th. The seven directors representing the interests of Ngati Porou are; Amohaere Houkamau (Chairperson), Amos Forrester, Wiki Gilvray, Tina Porou along with Runanganui board members: Barry Soutar (Deputy Chairperson), Rei Kohere, and Lilian Tangaere Baldwin. The members of Toitu Ngati Porou collectively possess a range of skills and expertise in social, housing and health services, education, community and cultural development, environmental relationship practices and management with other iwi, central and local government and the private sector.

To learn more about the activities of Toitu Ngati Porou, pick up a copy of the 2013 Te Runanganui o Ngati Porou Annual Report for more information.

TOITU NGĀTI POROU DIRECTOR PROFILES



AMOHAERE HOUKAMAU (CHAIRPERSON)

Amohaere is a descendant of Tuwhakairiora, Tarahauiti, Rerewa and Hinetapora amongst other Ngāti Porou tipuna. She has spent several years in working on various Ngāti Porou kaupapa, 18 years' as a Te Rūnanga o Ngāti Porou employee of which, she was the CE for 12 of those. Some of her major achievements

during this period were the establishment of the Rūnanga's Whānau Oranga and Matauranga services, the rejuvenation of the cultural and sporting events that now comprise the Annual Ngāti Porou Calendar of Events and negotiations for the Maui Whakairo on Hikurangi maunga. Amohaere has served on the Boards of National Lottery Committee's, the Social Services ITO, Māori Television Services and the Charities Commission. She is currently the Senior Ministerial Advisor to the Minister of Finance/Deputy Prime Minister.



BARRY SOUTAR (DEPUTY CHAIRPERSON)

Barry is of Ngati Horowai, Whana—a—Ruataupare ki Tuparoa, Te Aitanga-a-Mate, Te Aowera & Whanau-a-Rakairoa descent. Barry was instrumental in setting up the Ngati Porou Taurahere in Auckland in 2008, which led to the creation of the Ngati Porou kapa-haka team Porou Ariki. He has also been a contributor

to the C Company Trust for the past 15 years. In 1998, he attained the rank of Seventh Belt in the National School of Maori Weaponry, derived from the teachings of Lt. Col. Peta Awatere (Purapuraaure / Kirikiritatangi Schools). Barry has a mix of social and commercial director experience and has 25 years' experience in sales and marketing roles in the Technology sector here in NZ and in the UK. He is a Director on the TRONPnui representing Rohenga tipuna 5 and a director on Ngati Porou Seafoods.



LILIAN TANGAERE BALDWIN

Lilian is of Ngati Horowai, Ngai Tane and Te Aitanga a Mate descent. She is a Director on Te Runanganui o Ngati Porou representing the interests of Rohenga Tipuna 3, Pohautea ki te Onepoto. Lilian has 12 years' experience working for Ngati Porou firstly in Housing where she supported the renovations and improvements to

Ngati Porou Pakeke housing at no cost to the homeowner and successfully negotiated the purchase and relocation of 'Pinehill 'Housing NZ homes to house sites in Ngati Porou. She then moved on to managing a range of Special Projects such as the TRONP IT Infrastructure Upgrade and TRONP Database Development. Her final role for TRONP was Senior Manager Matauranga where she provided management oversight for Education, Marae Conservation and the Calendar of Events.



AMOS FORRESTER

Amos is of Te Whanau a Ruataupare and Te Whanau a Iritekura descent. He has twenty years' experience as an accountant and manager in the private sector and ten years as a manager with Housing New Zealand. Since moving back to the coast to live in 2006 Amos served terms on the Ngati Porou

Hau Ora Board and Housing New Zealand Board and is an active member on local farm and marae committees.'



WIKI GILVRAY

Wiki is of Ngati Porou, Te Whanau-a-Apanui, and Nga Puhi and Ngai Tahu descent and has actively represented Waipiro Bay and Te Puia Springs since 1990 in a range of positions as Trustee of Kie Kie Marae, Iritekura Marae, Ngā Hapu o Waipiro Charitable Trust, Te Whanau-a-Iritekura

Whenua Topu Trust and Chairperson of Mataahu ki Kokoronui Takutai Moana Trust. She is also a Trustee of a number of Ahu Whenua Trusts.

She represents Waipiro Bay and Te Puia Springs on the Te Runanga o Ngati Porou Social Services Committee and with that experience was instrumental in acquiring Standards Approval from CYF to provide Child and family Services as a Service Provider in 2004 and is currently the Trust Manager operating at Te Puia Springs. She is currently studying for her Masters' Degree in Maori Studies where her main focus is on whanau, hapu development.



REI KOHERE

Rei lives at Rangiata, East Cape, where he and his wife Julie run a sheep and cattle business on whanau land. Rei also provides Maori Heritage policy advice to the Historic Places Trust in Wellington in a part time capacity, working mostly from home. In addition to a farming background, he has

experience in: Health governance; historical research, including managing the Ngati Porou treaty claims research programme for Te Runanga o Ngati Porou; and policy development and analysis. Rei was a member of Te Haeata and is an elected member of Te Runanganui o Ngati Porou co-representing Rohenga Tipuna 1, Potikirua ki Whangaokena.



TINA POROU

Tina is the mokopuna of Te Huinga Pani Fox (Sue) and Jim Porou. Tina is from Te Aitanga-a-Mate, Te Whanau-a- Rakairoa and Ngāti Horowai. She has worked for many different Iwi mainly working on resource management through her background as a planner. Her work and interests in the past

has included the development of papakainga, work in Whanau Ora, strategy development for post settlement distributions and comanagement frameworks for tribal taonga.

Tina has in the past been a director on Ngāti Porou Whanui Forests and was for a time, acting CE for the company. She is currently a consenting manager for Contact Energy and is based in Turangi. Tina is also a management committee member of Pahiitaua Incorporation.

NGATI POROU HOLDING COMPANY'S STATEMENT OF INVESTMENT POLICIES AND OBJECTIVES

In June 2012, Ngati Porou Holding Company (the commercial arm of Te Runanganui o Ngati Porou) was established.

The role of the company is to manage, protect and grow the collective asset base owned by Ngati Porou tribal members, which includes over \$119 million worth of cash received from the Ngati Porou Treaty settlement together with Ngati Porou's interests in fisheries, farming, forestry and some commercial property (the 2013 Te Runanganui o Ngati Porou Annual Report includes the company's latest financial report).

Recently the company completed a strategic document which sets out the guidelines, goals and principles that will govern decisions around how these assets will be invested and managed. This document is the company's Statement of Investment Policies and Objectives (or SIPO), "He Whakapuaki Korero mo nga Kaupapa Whakatipu Rawa e Manakohia ana e Ngati Porou Holding Company". A copy of the SIPO can be downloaded from www.ngatiporou.com.

Within the next few months a supplementary booklet will also be disseminated, which draws out the main points of the SIPO and provide further elaboration/detail. The purpose of the supplementary booklet is to help make the SIPO more accessible and relatable to all Ngati Porou shareholders, by translating technical financial jargon into everyday language and concepts.

CEO KORERO

IMPRESSIONS FROM THE FIRST MONTH IN THE JOB

Kia ora Ngati Porou. My diary for the first month tells a story of running from meeting to meeting. This usually requires time preparing papers and background reading before each meeting, and then follow-up of issues with lots of people after it.

Meetings generate a lot of activity. Here's another thing. Many of those meetings are with political, cultural, and business figures operating at a national and local level; including politicians, Chief Executives and senior representatives from many organizations. Te Runanganui o Ngati Porou deals with a very wide range of issues. Lots of people want to meet and talk with Ngati Porou because we are exerting an increasingly influential role in this region and its future direction. What we think, say and do matters. That's mana motuhake Ngati Porou.

It raises the question — what is the role of the CE? Here's the first thing. One the major parts of the CE role is representational and relational. As the CE I manage key relationships inside and outside the organization like with Crown agencies, business and community organizations including other iwi and local body organizations. It's all about managing our influence with those organizations to create opportunities that will benefit Ngati Porou whanau and the region.

Here's an example; last week I had dinner with Mr Ko. He is an investment advisor for the Korean Forestry service in Seoul Korea. He will provide advice to the Minister of Forestry in Korea based on what he observed and heard while he was here. So during dinner I talked about my whanau from Tikitiki; my children and first grand-child; and he told me about his whanau too. I spent most of the dinner asking him about that sort of stuff because I want to know



Te Horo Marae kaumatua Eru Paenga, The Reverend Morehu Te Maro, EIT Tairāwhiti campus director Jan Mogford, Te Runanganui o Ngati Porou Chairman Dr. Apirana Mahuika and Te Runanganui o Ngati Porou Chief Executive Teepa Wawatai infront of the wharenui Pokai at Tikapa marae.

what makes him tick, and what things are really important to him. It's all about relationship building. And then I briefly mentioned the many advantages of investing in forestry here on the East Coast. It was a very pleasant evening and as a result I expect that he will provide a good report to his Minister back in Korea. That report is an essential step in the process that will eventually lead to the Korean government investing many millions of dollars in forestry on Ngati Porou lands; creating jobs, stemming erosion and building further economic opportunities for the future. Of course there's a lot more to it than that but you get the picture. There's been immeasurable time and effort invested by many people over months to get to this stage. That's what I mean about relationship management managing our influence for longterm advantage - mana motuhake Ngati Porou.

Teepa Wawatai Chief Executive Te Runanganui o Ngati Porou



ATAWHAI

By the time many people have decided it's time to wake up and face the day, a group of rangatahi from the Kaiti community have already run up Kaiti Hill, survived a series of gruelling army style exercises and been inspired by some of Ngati Porou's most influential leaders.

Atawhai is the name of a new 8 week programme which began on the 14thof October. 25 students from Ilminster Intermediate and 10 students from Waikirikiri School are participating in the initiative, which is based on the successful CACTUS boot camp style programme run in other parts of the country. The kaupapa of Atawhai is to instil within the students, who ages range from 11 to 13 years, a sense of self-confidence, ambition and compassion for others. Rangatahi are encouraged to set achievable goals, identify role models they can aspire to, and cultivate the discipline and desire to achieve what they want in life.

Te Runanganui o Ngati Porou and the NZ Police, along with representatives from the Army, Fire Service and community volunteers such as the Maori Wardens have collaborated to establish the Atawhai programme. It is held at Ilminster Intermediate, and is led by the programmes coordinator Constable Whiti Timutimu who is based at Te Runanganui o Ngati Porou. Ben Green, a former Army officer who has been involved in Cactus initiatives run in Wairoa, is in charge of the physical side of the programme.

Every Monday, Wednesday and Friday students have to arrive at the school by 5.30am, where they then get changed into their Atawhai physical training uniforms, before lining up into their three ranks to await instructions and a roll call. The programme cannot start until everyone has arrived, so if one person

is late everyone is disciplined for that person's tardyness. Each morning generally follows the same format. An hour of non-stop military style exercises, including long hill and road runs. Afterwards they shower, get changed into their school uniforms and then have breakfast. Many of the children have changed their nutrition habits since attending the programme, and now prefer to eat brown bread over white, and will eat the fruit that is also provided. After breakfast the group goes into the school library where they either write in their reflective journals, or listen to a guest speaker.

The guest speakers represent a cross section of the community, and have all shared their personal stories about how they achieved success in their lives, and what obstacles or challenges they faced trying to get there. Some of the programmes guest speakers have included Judge Caren Fox, lawyer Matanuku Mahuika and TRONPNui CE, Teepa Wawatai. Whiti says that some of the common themes amongst all the speakers have been about taking responsibility for your own decisions (either good or bad) and learning from it; always setting goals for yourself, while also exceeding your own expectations; seeing everything as an opportunity to have new experiences and grow; and doing the best that you can. Through the exposure to the guest speakers the students have a much wider view on life than they previously did, and have been encouraged to start thinking about their careers.

Whiti says that she and the other volunteers of the programme have witnessed an incredible transformation amongst the students within a relatively short amount of time. "At the beginning their parents had to literally drag them out of bed. But now they are up by 5am ready to come to the programme. Before we had to almost pull them around the



Photo courtesy of The Gisborne Herald.

gym to get them moving, but now they seem to thrive on physical fitness. There has also been a change in the behaviour of the students towards one another. Before they were quite individualistic. But now they show a willingness to participate as part of a team, and also support others, especially if they are struggling. As a result many of the children who were quite reserved, have now come out of their shell because they feel supported."

Hunaara Papuni (aged 12) attends Waikirikiri School and is a participant on the programme. "At first I thought it was going to be hard, and I didn't want to do it. But then it started becoming fun. I'm still adjusting to waking up early though."

Over the programme's eight weeks the course will get progressively more physically demanding – finishing with a graduation day on December the 7th which is aptly named 'The Longest Day'. During 'The Longest Day' the rangatahi will endure six hours of grueling challenges and exercises, around the streets of Gisborne.

If you would like to support future Atawhai programmes please contact Whiti Timutimu (Maori Responsiveness Advisor, NZ Police) at Te Runanganui o Ngati Porou:

Tel: 06 867 9960 / Cell: 027 512 8863 Email: jtimutimu@tronp.org.nz.

2013 TA APIRANA NGATA MEMORIAL LECTURES

A special commemoration service was held at Whakarua Park in Ruatoria on Sunday 6th October to celebrate the 70th Anniversary of the Ngarimu VC Investiture.

Guest speakers for the day included C Company veteran and Chair of the Ngā Tāonga o Ngā Tamatoa Trust Nolan Raihania; the Hon. Pita Sharples, Minister of Māori Affairs and member of the Ngarimu VC & 28th Māori Battalion Scholarship Board and Dr Monty Soutar, the author of Ngā Tamatoa: The Price of Citizenship. Waiata and haka from Ngāti Porou and Te Whānauā-Apanui kapa haka groups also formed part of the celebrations.

The event also marked the beginning of the 30th Anniversary of the Ta Apirana Ngata Memorial Lecture series held over a three day period. The focus of Day 2 was Ngāti Porou and Te Hāhi Mihinare, and the newly established Toitu Ngati Porou Cultural Development Trust. On Day Three a biography reccounting the special relationship between a Pakeha scholar, Ivan Sutherland and Sir Apirana Ngata and Ngāti Porou from 1925 to 1950 was launched in Rangitukia. The lectures concluded at Uepohatu marae with a session on Ngati Porou Whakapapa.



Papa Nolan Raihania speaking at the 70th Anniversary of the Ngarimu VC investiture. A recently found sound recording of Second Lieutenant Te Moana-nui-a-Kiwa Ngarimu (pictured in photo on left) was also played during the commemorative service.



L-R: 30 years ago Lady Tilly Reedy, Selwyn Parata, Sir Tamati Reedy, Kate Walker, Agnes Walker and Kay Johnson attended the first Ngata Memorial Lectures which was held in 1983. Three decades later they also attended the last evening of the 2013 Ngata Memorial Lectures which was held at Uepohatu.



Te Hokowhitu a Tu performing during the commemorative service.



Rangatahi from the Ruatoria Branch of the Tairawhiti Youth Council presenting a submission at the Toitu Ngati Porou Trust hui.



A crowd of over 200 people gathered at Whakarua Park for the 70th Anniversary of the Ngarimu VC investiture. Pictured are veterans from past wars, political, iwi and religious leaders and the sisters of Second Lieutenant Te Moana-nui-a-Kiwa Ngarimu.

TE RANGITAWAEA FESTIVAL CELEBRATES 10TH ANNIVERSARY



Above: Te Kura Kaupapa Maori o Kawakawa Mai Tawhiti won the 2013 Supreme Overall Award, Te Rangitawaea.

Every year since 2004, E Tipu E Rea (Te Runanganui o Ngati Porou/ Ministry of Education Partnership) has organised the Te Rangitawaea Festival.

The festival is a celebration of the unique creative and innovative ICT/ digital media achievements of the Ngati Porou East Coast school community, and this year on September the 18th in Ruatoria, the event reached its 10th anniversary.

The kaupapa for this year's event was "Nga Taonga Tuku Iho- Treasures of Our Ancestors", and over 500 entries including movies, waiata, animations and photographs were received on this kaupapa.

2014 NGATI POROU INTER-MARAE SPORTS FESTIVAL (AKA "PA WARS")

On Friday the 3rd of January Tokomaru Bay community will again be hosting one of the Iwi's most popular events, which attracts thousands of Ngati Porou each year. Pa Wars is a "celebration of tribal kinship within a fun atmosphere of friendly competition and healthy lifestyle" and there are 23 events marae teams can enter.

This year four new events have been added to the line up: **Duathlon, Table tennis, Nati Haka and Ukulele.** All participating marae must return



Above: Linedancers from Hinerupe marae.

their completed registration forms and registration fees by 12 noon, Thursday 19 December 2013 to be eligible to participate.

To register your marae, or to find out more information please contact: Leeanne Morice or Hiria Shaw at Te Runanganui o Ngati Porou in Ruatoria. Ph **06 8649 004 /** Email: Imorice@tronp.org. nz or hshaw@tronp.org.nz.

Or click online to the Pa Wars facebook page: Ngati Porou Inter-Marae Sports Festival "PA Wars".

SUPPORTING WHANAU FOR 21 YEARS

Whanau Oranga is the social services division of Te Runanganui o Ngati Porou, and kaimahi from this roopu have been supporting Ngati Porou communities for the past 21 years.

The division, formerly known as the Whanau and Hapu Development Unit, was established in 1992 following a social service needs analysis that was undertaken throughout the East Coast which involved 12 Ngati Porou hapu communities. The key results from this survey confirmed that Ngati Porou wanted to lead their own social development rather than be dependent on Gisborne-based, mainstream service providers. One immediate outcome of the report was the establishment of the Ngati Porou social services committee comprising of 12 hapu-appointed representatives. This committee is

supported by Whanau Oranga to deliver and co-ordinate programmes at a marae and hapu level. Another was the establishment of the Whanau and Hapu Development Unit. Since then the roopu has gone from strength to strength offering a range of initiatives and services which respond to the immediate and specific social needs of individuals and whanau.

Today Whanau Oranga has a staff of 40 and operates from four offices — one in Ruatoria, with the remaining three in Kaiti. The team is managed by Kaiwhakahaere (Senior Manager), Anne Huriwai, with their mahi ranging from working with pepi to youth programmes, housing courses to counselling, and from school attendance services to budget advice.



Tuhono Whanau — Family Start is a service Whanau Oranga has delivered since 2000. The team'skaiawhina support and advocate on behalf of whanau of all cultures to give their pepi and tamariki the best possible start in life. Some of the Tuhono team's members pictured at their 199 Wainui Road office in Kaiti are (from left) Supervisor Jeanette Johnson, Kathy Keelan, Julliet Lardelli, and Pearl Thatcher.

KEY ACHIEVEMENTS

Over the past year the Whanau Oranga team have achieved the following:

- The signing of a Memorandum of Understanding with Child, Youth and Family with a commitment to working together to support Ngati Porou tamariki in care.
- Commencement of the Ngati Porou Marae Housing Development Project — three twobedroom homes being constructed at Hiruharama Marae with funding from the social housing unit.
- Investigating the establishment of a Ngati Porou Sports Academy.
- Providing school attendance support for Gisborne, East Coast, Opotiki and Wairoa schools.
- Delivering youth services support for young parents, and for rangatahi not engaged in education, employment or training.
- The completion of a marae catering pilot with 60 people gaining a National Certificate in Marae Catering.

WHANAU ORANGA SERVICES

If you are currently experiencing some issues and need advice, or you are aware of a whanau member who could use some support, contact one of the professional kaimahi from the Whanau Oranga team of Te Runanganui o Ngati Porou. Your enquiry will be treated with the strictest confidence. Among some of the services Whanau Oranga provides include:

Tuhono Whanau — Family Start

Providing intensive home visits and working with whanau to build their confidence, capacity and capability to ensure that their children have the best possible start in life.

Restorative Justice Programme

Restorative justice upholds the rights for victims to be heard and to have their say on how a crime affected them. This system supports the healing process and allows the victim to have their say on how the harm can be repaired.

Budgeting and education services

Supporting low-income families and beneficiaries with severe or ongoing financial difficulties and providing education and information that enables whanau to make informed decisions about managing their finances.

Strengthening families

Improving the health, education and socialoutcomes of children, young people and their whanau by providing co-ordinated support for whanau dealing with two or more agencies.

Counselling and Whanau support services

Supporting whanau to develop the confidence and capability to develop strategies to work through issues that impact on their wellbeing.

Community injury prevention programme

Promoting a safe, injury-free environment within the Ngati Porou rohe and providing easy access to car restraints through our rental/loan/purchase scheme.



Above: Tarling Roberts is a Community Injury Prevention Kaimahi for Whanau Oranga, and provides affordable car seat restraints to keep tamariki safe.



Above: Whanau Oranga Kaiarahi/Service manager Rina McGhee and Kaiawhina/Restorative Justice facilitator Aroha Shields help bring victims, offenders, whanau and community together to discuss the crime committed and the effect it has. They are based at 58 Wainui Road, Kaiti, which also provides support for budgeting and advocacy, whanau in crisis, long term support for at risk whanau and counselling.

Community nutrition programme

Improving the health and wellbeing of whanau by promoting healthier food choices and preparation of food and physical activity.

Break away holiday programmes

Providing stimulating, fun, structured holiday activities for young people who would not normally access holiday programmes.

Ngati Porou Youth service

Providing financial and other forms of assistance to support rangatahi under the age of 18.

Housing support

Information and advice about homeownership, rental accommodation and housing products and services.

CONTACT:

Te Runanganui o Ngati Porou

1 Barry Avenue RUATORIA 06 8649 004,

or

Te Runanganui o Ngati Porou GISBORNE

06 867 9960

PROFILE ON NEW CHAIR OF NGATI POROU HAUORA



Lois McCarthy-Robinson (Te Whanau a Ruataupare, Te Whanau a Tuwhakairiora) was appointed by the Te Runanganui o Ngati Porou board as the new Chairperson of Ngati Porou Hauora last month.

She takes over the position from outgoing Chair, Teepa Wawatai who is now the Chief Executive of Te Runanganui o Ngati Porou. Lois brings with her a wealth of governance experience and knowledge in the health arena, and is familiar with being at the helm of the Iwi's health provider. In late 1995 Lois was elected as Ngati Porou Hauora's second Chairperson, a position she held for six years until 2001. During this time she was also Deputy Chair of Healthcare Aotearoa, a national collective of Primary Healthcare providers.

Lois also served as a Ministerial appointed board member on the Tairawhiti District Health Board (TDH) for three terms from 2001 to 2010, and is currently coming to the end of her three and a half year Chairpersonship of the Tairawhiti Whānau Ora Regional Leadership Group.

Lois lives in Tokomaru Bay, where she and her late husband, Brian McCarthy, operated their crayfishing and building business for 19 years. She also worked part time in a local Accountancy firm for 26 years. Lois has four children, and is also a Nanny to the eighteen mokopuna and three mokopuna tuarua, that she and her husband John Robinson share between them.

NATI LINK: Lois, since 1995 NPH has grown exponentially, with the transfer and addition of assets and services over the ensuing years. What are the other changes you have noticed have occurred between 1995 when you first became Chair person of the NPH Board, and the present day?

LOIS MCCARTHY — ROBINSON (LMR): Before, we were an Incorporated Society with charitable status, and the board was elected by the community. Today we are a Charitable Trust, and because we have come under the umbrella of TRONPnui, the board is appointed according to their skills and capability. We also used to house our own financial team and human resource functions, but we

have now joined TRONPnui's Shared Services to try and achieve greater efficiencies, and tap into their expertise. Back then the Ministry of Health and Health Funding Authority supported innovative opportunities for Maori Providers like NPH to grow, and there was more flexibility around contractual agreements. Today District Health boards like TDH are focused on the management of a budget with little growth year to year, and that can be quite prescriptive.

But one thing that hasn't changed is the commitment of the NPH frontline staff, and their close connection with the communities. Another thing that hasn't changed is the ongoing challenge of recruiting health professionals, particularly doctors. Under the professional mantle of CE, Rose Kahaki, senior management have been working extremely hard to turn this around. We are now in a position to celebrate the appointment of our first Nurse Practitioner who will add valuable skills to the clinical team. This will hopefully reduce the need for locum doctors, which continues to put a huge strain on the budget.

NATI LINK: What are your thoughts about the East Coast Health Review process?

LMR: The recent Review of Health Services on the East Coast, commissioned by Tairawhiti District Health (TDH), TRONPnui and NPH was understood to be a stock-take of all health services provided

"One thing that hasn't changed is the commitment of the NPH frontline staff, and their close connection with the communities."

on the Coast, to identify their appropriateness, sustainability and to identify gaps if any. Community consultation was very successful with good community attendance. And a strong community voice across the district stating that they did not want to lose any services, and instead wanted services enhanced. This process also involved months of staff and community time, and we need to ensure that the messages from communities remain in our minds. and the outcome of the review is improved services for people living on the East Coast. The tripartite team will discuss and progress agreed recommendations within the next 1 to 3 years.

NATI LINK: Has the vision of NPH changed since you were last Chairperson?

LMR: In 1995 our vision was to provide integrated Primary Health care services that were accessible, affordable and culturally appropriate to our communities and the provision of hospital services from Te Puia Hospital. In other words to provide health services by Ngati Porou for Ngati Porou and others who choose to reside within our tribal boundaries mai Potikirua ki Toka-a-Taiau.

I believe that the vision has remained strong, however, over the last few years NPH has been focusing on survival, in an era of reduced funding and more accountability. For several years the organisation has experienced a challenged financial position. Te Runanganui o Ngati Porou passed out a lifeline, resulting that NPH became a subsidiary of TRONPnui. The commitment and passion of the existing skilled board and senior management, and the commitment of our NPH staff gives me confidence that the utmost is being done within available resources and will continue until NPH is in a better space. This could take several years. By bringing more skills to the table and throughout the organisation,



we need to work together with one aim in mind which is about the health and wellbeing of our people.

A way forward is to look at how we can deliver quality, accessible at less cost, being services innovative and utilising improved technology eg. tele-medicine. We need to support and further develop the frontline staff, as they are the core of our health service. Growing community action and engagement is also an important element of our ongoing development. We are all in this together! Opportunities will come around as the organisation gets back into a better financial position, and we will be able, over time, to take advantage of them.

NATI LINK: What is your own personal vision for the health and well being of Ngati Porou?

LMR: That all our pepi have an optimum start in life through their parents making healthy lifestyle choices. That they are being raised in happy, warm homes with good healthy kai, which sets an environment conducive to learning.

They are being encouraged to aspire to achieve their career goals with opportunities for employment in Ngati Porou. And that they may, with their Ngati Poroutanga, contribute positively in society and in Te Ao Maori, and ultimately live longer to enjoy and see their mokopuna reach their potential.

REVIEW OF HEALTH SERVICES ON THE EAST COAST

Tena tatau,

Ki o tatau tini mate kua wehe atu, ki a ratou tuatini o a tatau nei whanau whanui, moe mai. Ratau ki a ratau, tatau nga waihotanga o ratau ma, tena tatau katoa.

The three Boards (Te Runanganui o Ngati Porou, Ngati Porou Hauora and Tairawhiti District Health) would like to thank respective hapu, whanau, communities of the East Coast for their contribution to the East Coast Health Review Community Consultation Hui. Two rounds of hui were held in September and October.

As promised to communities, we are publishing a summary detailing feedback / whakaaro from the hui. If you wish to provide feedback on these summaries please send to Virginia.brind@tdh.org.nz, phone 06 869 2095 or post it to Virginia Brind

at Tairawhiti DHB, Private Bag 7001, Gisborne.

The three Boards have decided that to progress the review further they need more detailed information on the options for the way services should be provided from a facility on the Coast, most likely to be in Te Puia Springs. The Boards have charged the Chief Executives of the organisations to provide a feasibility study that takes into account the factors raised in the review report and the community consultation. It is estimated this will take some months to compile and the Boards have agreed to meet regularly to support and monitor progress. An update to the community will be provided in December. The Boards have made no decisions at this stage and are clear they require the further information before taking any recommendations

out to the community.

Copies of the presentations delivered at the Community hui, along with the East Coast Heath Review re-port prepared by Sapere Consultants are posted on all 3 organisations' websites.

Te Runanganui o Ngati Porou http://www.ngatiporou.com Ngati Porou Hauora http://nph.org.nz Tairawhiti District Health Board http://ww.tdh.org.nz

Nga mihi,

Teepa Wawatai, Chief Executive Officer, Te Runanganui o Ngati Porou Rose Kahaki, Chief Executive Officer, Ngati Porou Hauora Jim Green, Chief Executive Officer, Tairawhiti District Health

SUMMARY OF COMMUNITY CONSULTATION HUITHEMES

PURPOSE OF PAPER

This paper provides a summary of the dominant themes emerging from the communities as a whole from the two rounds of community consultation hui.

LOCATION OF FACILITY

There was an almost but not quite collective view that Te Puia should remain the central location for services: however one or two communities queried the stability of the site, and it was noted geotech reports would be sought to give confirmation or reconfirmation prior to any final decision. The reasons for Te Puia's preference included its spiritual and historical significance, its existing water and sewage

infrastructure (any other site would need to develop these), and its physical centrality as people tended to come down the Coast rather than travel further up. Additionally its geo-thermal potential was seen as an influential factor in that it was seen as having heating, healing and tourism potential.

FACILITY TYPE

Whilst there was a majority view that wanted a purpose built integrated facility with a small number of beds, (nine beds frequently mooted); there were alternative views expressed. A relatively small number suggested investigation of the potential for the redesign and refurbishment of some of the existing buildings at Te Puia; with one or two suggesting

the current buildings should remain as they are with perhaps a limited upgrade.

There was a strong and collective view across all hui that the facility should provide a 24/7 service; one that covered emergency, palliative, acute medical and respite.

SERVICE EXIT

Understandably no community advocated for service exits, the dominant perspectives were:

- "Once services are exited you never get them back"
- Birth and old age/dying were seen as life and "both these events should happen on the Coast where we belong"

 Travel distances, and transport difficulties to town should maternity and/or aged care be only offered in Gisborne.

There was also some discussion as to what could be done at and by a community level in respect of both services.

OTHER SERVICES

Most communities expressed that the report did not adequately capture all health services on the East Coast. Tikitiki raised there was little mention of dental, Te Puia had lengthy discussion on Pharmaceuticals (a theme also raised at Kaiti and other centres), Kaiti raised Occupational Therapy services, Te Araroa raised home care (along with mileage funding). Communities noted importance of community driven initiatives, mirimiri, tikanga based care etc..

COMMUNITY DEVELOPMENT/ OWNERSHIP

There was a consistent theme across all communities about community development, communities taking more responsibility and ownership of their community health needs, Te Aitanga a Hauiti Hauora was seen as a champion in this respect.

All communities suggested the following should support their need for community growth:

- Regular and current data about the health status of their community so that they could prioritise their attention, and see what impact this has had.
- Return or transfer of the ownership of the health clinics so to give a central base at each community for their community development from a health perspective.
- Funding.

FINANCIAL STABILITY

There consistently appeared to be an understanding of the current financial status of NPH: some requested more financial detail so to better inform their thinking, whilst others appeared to accept the level of detail provided in the report and in the hui discussions.

There was an associated stream of thought that the current allocation of funding did not recognise the unique and significant needs of the Coast: some of these comments included the recommendation that TDH should alter how it allocates its total funding whilst other comments suggested an approach be made to the Ministry of Health directly. Most communities disagreed with the prospect of funding health using monies allocated to TRONPnui under the Claims Settlement.

THREE BOARD RELATIONSHIP

All communities acknowledged the 3-Board relationship, however wanted to be certain that there was an on-going and real commitment by all three to continue this over the years to come. A regular hui at each of the communities by representatives of the three organisations was seen as one way of demonstrating this – however it is important to note that the communities wanted both Board and management representatives of the three organisations at the proposed regular community hui.

Added to this was a challenge at times that the ultimate decision maker in the future was TDH in its role as DHB funder of health services: this was consistently refuted by all three organisational representatives who emphasized it was a 3-Board decision making process. There was also some comment that TDH saw this as a cost saving exercise and that money was to be returned to TDH: this also strongly refuted and TDH's commitment to the reinvestment into NPH of any funding arising from service changes undertaken by NPH.

COMMUNITY AWARENESS OF THE ISSUES

All communities, particularly in the second consultation round, demonstrated an understanding of the issues facing NPH and the delivery of future health services on the Coast: this is evidenced by:

- Discussions and comments about NPH's current financial pressures, and the associated recognition that things could not remain unchanged
- While the communities all wanted the retention of aged care and maternity services, there was also the recognition that services, particular in the maternity discussions, had to be sustainable, (noting the impact of locum costs) and a quality service, one that incorporated tikanga
- Recognition of the need for clinical leadership and an altered management structure, acknowledging the changes in these areas that NPH had already undertaken)
- A request that cost comparisons (that included on-going maintenance costs of both options) are undertaken in the consideration of a rebuild or refurbishment at Te Puia
- A request that communities are provided with sufficient data and objective rationale to support the future decisions made.

Te Aitanga a Hauiti Hauora expressed strong concern that they were not included in the review as an entity in their own right, pointing to their community ownership of and responsibility for improving the health status of Uawa as something that should have been acknowledged and incorporated.

All the communities expressed appreciation with being consulted, and strongly requested this information provision-consultation process at a community level is continued by the three Boards so that they could be kept informed of and also monitor future progress.

Communities were advised a copy of the paper being presented to the joint Board meeting will be shared with the community and further consultation will occur thereafter.

TAKING THE MYSTERY OUT OF CARDIOVASCULAR DISEASE MEDICATIONS

ARTICLE CONTRIBUTED BY DR JENNIE HARRE HINDMARSH, RESEARCH COORDINATOR, NPH.

Since 2009 Ngati Porou Hauora (NPH) and about 60 people in Matakaoa, Tikitiki and Ruatoria have been involved in an international indigenous research project ending next year.

Researchers from the Universities of Auckland, Melbourne and St Michael's Hospital, Toronto have been working with indigenous health providers from South Auckland, Canada's Hamilton, and Melbourne as well.

The project is about developing ways for health workers, patients and whanau to work together to improve patients and whanau knowledge of cardiovascular diseases (heart disease and strokes), and the medicines to treat these diseases. Improving how we manage

cardiovascular diseases (CVD) is a priority. They are significant causes of illness and death.

Health literacy is about how health workers c o m m u n i c a t e information with

patients and whanau to build the knowledge of patients and whanau so they can better prevent and manage their conditions. It is also about the health care provider (NPH) understanding the health literacy demands being placed on patients and whanau, so we can make sure we develop the knowledge and skills of patients and whanau to meet those demands. Asking patients and whanau to take a number of CVD medicines is an example of a health literacy demand.

Since 2010 NPH's Strategic Plan has included 'improved health literacy' as an indicator of having developed Te Hau Ora services: responsive to communities' needs, accessible, and empowering communities to take responsibility for their health. This is the first project that will help NPH measure how it is performing against that indicator.

Health literacy programme – Nga rongoa mo te mate manawa me te mate ikura roro

The researchers interviewed Matakaoa people about CVD and medicines and then developed a booklet and iPad application — based on what the patients and whanau had told the researchers. The researchers then trained health workers to use the booklet and app to help patients and whanau build their health literacy (skills and knowledge) about CVD and medicines.

This year we have trialled the programme to 'test' whether using the booklet and 'app':

- increases participants' knowledge of their medicines, and confidence and ability to manage heart disease
- empowers their interactions with health workers
- increases health workers' knowledge of health literacy strategies and techniques.

Julia Brooking (Matakaoa rural health nurse) was trained as NPH's research nurse. She was assisted by Moko Williams, Ginny Reedy, and Gina Chaffey to identify 56 people in Matakaoa, Tikitiki and Ruatoria who were taking medicines for heart disease or strokes. Julia and each participant met three times to talk about their CVD medicines using their booklet and the 'app', and to record information about the sessions' impacts.

Informal feedback is that the programme had many positive impacts. University of Auckland colleagues, now analysing the information, will return around March 2014 to talk in hui and on RNP about the findings and what this means for improving our health care.

'Added value' – Matauranga & Wakawhanaungatanga

Being a research nurse also has provided rich professional development opportunities for Julia, including participation in indigenous research team gatherings in Canada (2012) and Australia (2014). Also, in September NPH staff took part in health literacy training led by Dr Sue Crengle (Kai Tahu) and Susan Reid (Te Rarawa), and focusing on skills and visual tools to build health literacy with patients and whanau.

Below: International Indigenous Research Team gathering in Canada, November 2012 Inset: Nga rongoa mo te mate manawa me te mate ikura roro, Medicines for cardiovascular disease: The health literacy booklet.



NPEC WOMEN'S RUGBY TEAM CELEBRATE FIRST SEASON



The Ngati Porou East Coast Women's Rugby team celebrated the end of their first season with a special prize giving held at Shed 3 in Gisborne last month.

The team was established in June by Te Runanganui o Ngati Porou kaimahi, Trish Hina and Amoe Tarsau, to develop the potential of female rugby in the region. Their initial team musters attracted 35 players, from ages 15 years to 48 years, who travelled from Gisborne and the Coast to attend trainings and games.

During August to September the team participated in the Bay of Plenty Womens Rugby competition, where they came third in their division. The team also got to play on home turf at Whakarua Park in Ruatoria, where they beat Opotiki (35-12) during a curtain raiser for the NPEC Heartland's team.

Radio Ngati Porou Sports announcers, Ken Eruera and Albie Gibson provided MC duties during the prize giving, and guest speakers included Cushla Tangaere, Chief Executive of the East Coast Rugby Union, Mayor Meng Foon, Te Runanganui o Ngati Porou, Chief Financial Officer Allan Jensen, and Te Runanganui o The Ngati Porou East Coast Women's rugby team with key supporters Te Runanganui o Ngati Porou Chief Financial Officer Allan Jensen (left), Chief Executive of the East Coast Rugby Union Cushla Tangaere (second right), and Te Runanganui o Ngati Porou Chairman Dr Apirana Mahuika (right). Manager Amoe Tarsau (second left, back row) and Coach Trish Hina (second right, back row), encourage women who want to join the team in 2014 to register their interest with them.

Ngati Porou chairman, Dr Apirana Mahuika. The evening was not only a celebration of the newly founded team's accomplishments, but also an acknowledgement of the hardwork and dedication that went on behind the scenes.

Coach, Trish Hina and Team Manager, Amoe Tarsau said the evening provided an opportunity for the team to recognise the tautoko from sponsors, whanau members, and all those who contributed resources, encouragement and logistical support. "We would also like to especially thank Papa Api, Allan and Cushla for believing in us when we first went to them with our kaupapa, and providing us with the support to make our vision happen."

Next year Trish and Amoe will be organising an East Coast Womens Rugby competition, which they will hope attract more players from within the region. But before then they are prepping a NPEC Women's Sevens rugby team to play in a

five game tournament over the summer. They hope this opportunity will expose the team's players for selection for the womens seven's squad at the 2016 Olympics and the 2014 Black Ferns.

PRIZE GIVING RESULTS:

Most Valuable Player – Cheyenne Ngerengere

Rookie of the year – Hine Campbell Most Committed – Kathleen Taitapanui

Most Dedicated – Shyla Akuhata-Brown and Porki Kahaki Most Improved – Nicola Sadlier

If you are interested in supporting

the NPEC Womens team, or joining the team please contact:

Amoe Tarsau 021 807868 atarsau@tronp.org.nz

You can also check out the NPEC Womens Rugby Team Page on Facebook.





Te Runanganui o Ngati Porou (Gisborne)

Te Toka a Taiau (Shed 3)

50 The Esplanade, PO Box 394, Gisborne All enquiries:

Call free 0800 676 768 or 06 867 9960

Fax: **06 868 9300**

Te Runanganui o Ngati Porou (Ruatoria)

1 Barry Avenue, PO Box 226, Ruatoria

All enquiries:

Call free 0800 833 502 or

06 8649 004

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