

Parish Newsletter 4th & 5th July 2026

St Alban's Church

Roe Farm Lane, Derby, DE21 6ET

www.stalbans-derby.rcdon.uk

Contact us:

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Safeguarding The new “Parish Safeguarding Handbook” can be accessed from the Diocese Website

<https://www.dioceseofnottingham.uk/departments/safeguarding> One copy is at the back of church

Scripture Readings: Fourteenth Week of Ordinary Time

Online Readings at www.universalis.com/mass

St Hugh's Church

71a Derby Road, Borrowash, DE72 3HB

www.stalbans-derby.rcdon.uk

Priest: Fr Roji Alex MSFS

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Safeguarding:

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Hospital

Support

In an emergency

please contact

the nurse in

charge on the

ward.

Fourteenth Week of Ordinary Time Year A

Sunday Mass at St Alban's is streamed at www.youtube.com/@stalbandsderby

Exposition of the blessed sacrament will be half an hour before each weekday mass starts.

Confessions half an hour before weekday mass at St Alban's and St Hugh's

Day & Date	Place	Time	Event	Mass Intention
Saturday 4 th July Vigil	St Alban's	6.30pm	Mass	People of the Parish
Sunday 5 th July Fourteenth Sunday of the year	St Hugh's	9.00am	Mass	Anne Marie Rudzki RIP
	St Alban's	10.30am	Mass	Tom Noonan RIP

No weekday Mass

Saturday 11 th July Vigil	St Alban's	6.30pm	Mass	John Otter RIP
Sunday 12 th July Fifteenth Sunday of the year	St Hugh's	9.00am	Mass	People of the Parish
	St Alban's	10.30am	Mass	Bridie & John Murphy RIP

Please pray for Rose Deacy and Nicola Shaw who died recently, may they rest in peace. Rose's funeral will take place at St Mary's Church on Thursday 9th July at 10am.

There will be a **Christmas Fair Planning Meeting** on **Monday 6th July at 7pm**. Come along if you would like to help plan, volunteer, bake, craft or just see what's involved. We would love to see you there.

St Albansbury will take place this **Friday 10th July** at St Alban's School from **4.30pm until 7pm**. There will be live entertainment from the children, stalls, raffle, bouncy castle, games, food vans, tuck shop, a bar plus lots more. Come along and support St Alban's school. Entry is £1 and this is a cash only event.

Warmer Welcome workshop, Tuesday 7th July at 7.00pm. Join the next online get-together for volunteers with parish-based drop-ins or cafés. The session will explore working with other local agencies and learning from experience. If you're thinking of starting one, come and find out how others do it! Visit bit.ly/warmerwelcome to book your place.

All are welcome to the **Movement and Sensory Space Mass** at Holy Family Church, 108 Blenheim Drive, Allestree DE22 2LG, on **Sunday 12th July** at 2.00pm. This will be a 'relaxed' Mass, specially adapted for those with sensory needs. The celebrant will be Father Jonathan Cotton, and refreshments will be available afterwards.

All are welcome to join Father John Church OP, a Dominican from Leicester, for an **evening of reflection and conversation** as part of the ongoing 'Go Make Disciples' initiative, on **Monday 13th July** at 7.00pm at Saint Barnabas Cathedral, Nottingham. Many are familiar with diocesan priests, but Father John will share his experience of life in the Dominican Order and the journey that led him to respond to God's call. There will be an opportunity for questions and discussion, followed by refreshments and fellowship. All are very welcome.



200 Club – our winners for the **May** draw were numbers 5, 44 and 34. The 200 club is usually drawn on the last Sunday of the month. First prize is £200, second is £30 and third is £20. It costs just £5 per month to enter, and we have lots of numbers available. If you would like to sign up to the 200 club or would like some more information, please speak to Liam Leavesley or contact the parish office.

DATES FOR YOUR DIARY

6 th July	Christmas Fair Planning Meeting, 7pm @ St Alban's
10 th July	St Albansbury, 4.30 – 7pm @ St Alban's School
19 th July	Mass on the grass, 10.30am @ St Alban's
29 th July	St Hugh's PPC, 7pm
30 th July	St Alban's PPC, 7pm
21 st September	Baptism preparation meeting, 7pm @ St Alban's
14 th November	Murder mystery, more information to follow

Postures during Mass

In the Mass, postures are much more than physical actions. They are outward signs of the worship, reverence, and participation of the congregation. The Church teaches that common postures help express the unity of the faithful gathered for worship. The Church's liturgical norms emphasize common postures because they:

*Foster unity among the congregation * Express interior dispositions through bodily action *Engage the whole person—body and soul—in worship * Connect modern worshippers with centuries of Christian tradition

The Catholic understanding is that worship is not merely internal. Human beings pray with both body and spirit, so the postures of Mass help give visible expression to faith, reverence, repentance, gratitude, and adoration.