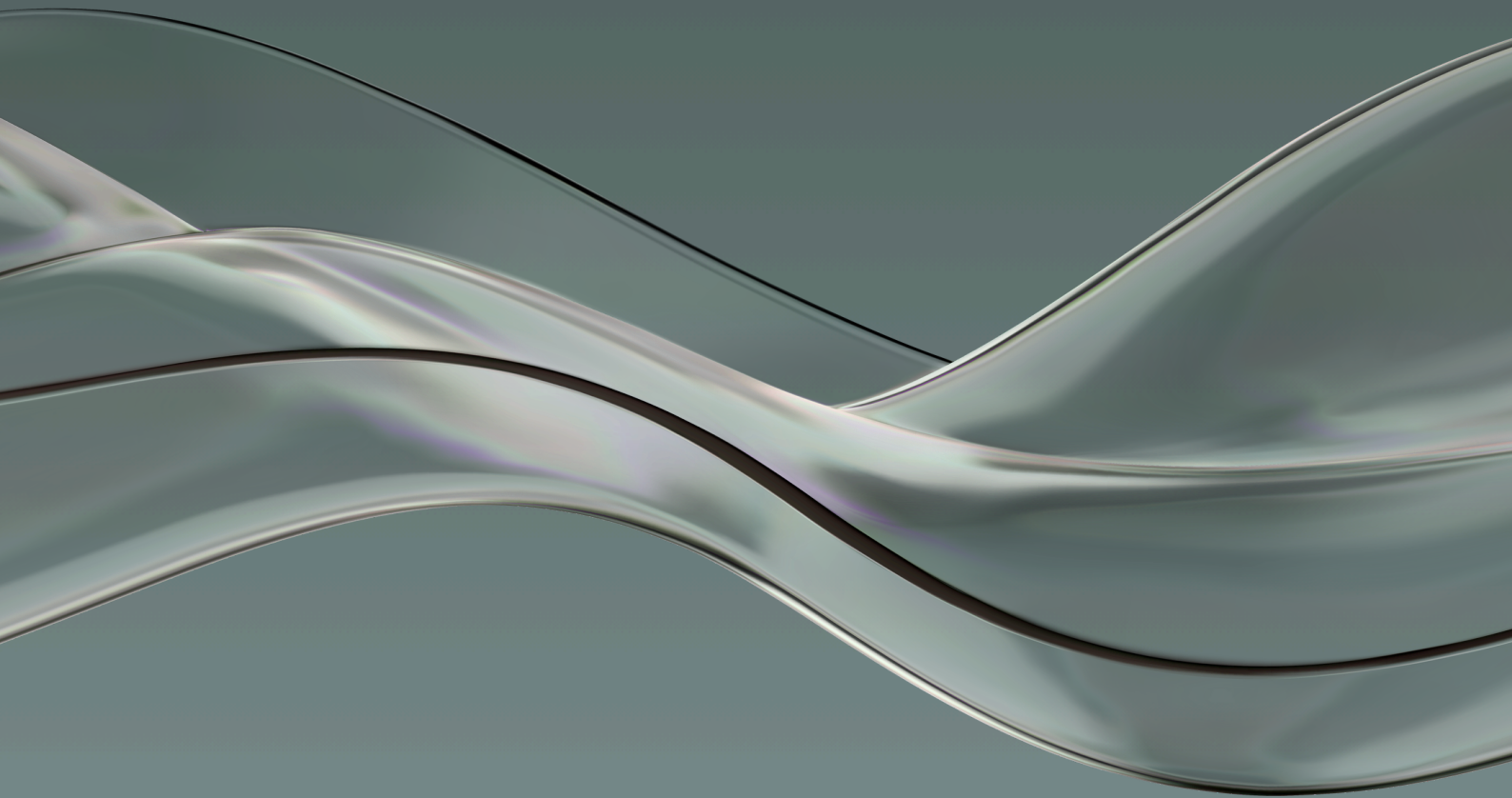


ILC

CATALYST™

CAPABILITY SHOULD NEVER REMAIN INVISIBLE



CATALYST™ is a personalised development journey designed for professionals and leaders seeking to expand their leadership capacity, influence and long-term impact.

Moving beyond conventional leadership training, it connects strategic development, leadership identity and real-world application to create a more complete approach to leadership.

WHAT MAKES CATALYSTC DIFFERENT?

LEADERSHIP DEVELOPMENT IS MORE THAN THE SUM OF ITS PARTS.

Conventional programmes often develop skills **independently**. CATALYST™ connects them to create a more comprehensive and lasting experience.

It brings together different **elements** within one **coherent and personalised development experience**.

WHO WE BUILT IT FOR?

◆ High-Potential Professionals

Preparing for greater responsibility and leadership opportunities.

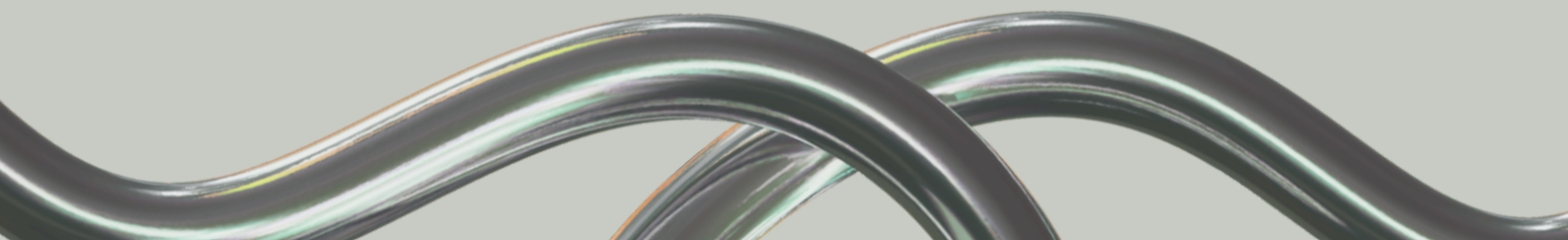
◆ C-Level Executives & Senior Leaders

Expanding strategic perspective, influence and leadership effectiveness.

◆ Founders & Entrepreneurs

Strengthening their capacity to lead sustainable, growing organisations.

CATALYST develops the whole leader
not just the skills required to lead

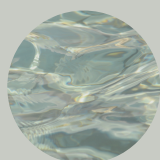


SEVEN DIMENSIONS

CATALYST will guide you to develop the clarity, confidence and strategic judgement to lead at the level your potential demands.

01 LEAD CONFIDENTLY IN AN UNCERTAIN FUTURE

Develop a leadership blueprint that remains relevant regardless of changing technologies, industries or organisational structures.



02 COMMUNICATE WITH CLARITY AND INFLUENCE

Learn to engage individuals and teams in ways that inspire trust, commitment and action.

03 PRESENT YOURSELF AND YOUR IDEAS WITH CONFIDENCE

Strengthen your executive presence without sacrificing authenticity.



04 UNDERSTAND THE PSYCHOLOGY OF HIGH PERFORMANCE

Discover why exceptional performers often become their own greatest obstacle.

05 BUILD CONFIDENCE GROUNDED IN EVIDENCE

Replace self-doubt with a deeper understanding of your strengths and leadership identity.



06 CREATE A LIFE THAT SUPPORTS LONG-TERM SUCCESS

Integrate ambition and wellbeing into one sustainable way of leading.

07 LEAVE WITH A PRACTICAL ROADMAP

Every participant develops a personalised Leadership Blueprint and Action Plan that translates learning into measurable progress.



THE CATALYST™ EXPERIENCE

Learning experience

CATALYST™ integrates multiple dimensions of development to create a connected and **comprehensive leadership experience**.

- **Expert-led training**
- **Executive coaching**
- **Mentoring**
- **Peer learning or case studies**
- **Practical implementation**

Each element builds on the others, connecting **new perspectives** towards meaningful leadership action.



LEARN

Expert-led training introduces new ideas, frameworks and approaches to navigating complex leadership challenges.



REFLECT

Individual coaching creates space to examine leadership patterns, challenge assumptions and strengthen self-awareness.



GROW

Mentoring connects individual development with practical experience, supporting informed decisions and continued progress.

THE CATALYST™ TOOLKIT

Every participant receives a **curated collection** of tools to support development throughout the programme:

Premium workbook: The Catalyst Field Guide
Reflection exercises
Leadership journal
Action templates

Articles, videos and AI tools
Leadership Action Blueprint
Curated list of books, films, podcasts and TED Talks

PROGRAMME PATHWAYS

Catalyst Essentials	Catalyst Signature	Catalyst Corporate
6 months	12 months	5-12 participants
<i>Focused development</i>	<i>Extended Development</i>	<i>Organisational Development</i>
Monthly training Monthly coaching Three mentoring sessions CATALYST Field Guide Resources	Everything in Essentials Twelve coaching sessions Six mentoring sessions Quarterly reviews Alumni community	Group learning journey Individual coaching Team mentoring Organisational insights Final implementation workshop

INVESTING IN THE LONG-TERM CAPACITY OF LEADERS

Sustainable leadership development goes beyond immediate performance improvements. It requires **investing in the capabilities** that enable leaders to navigate complexity and create lasting value.

For organisations, this means:

- Developing future-ready leadership capabilities
- Strengthening succession readiness
- Supporting long-term talent development
- Building resilient and adaptable leadership cultures

For individuals, it means:

- Greater clarity in leadership identity and direction
- Stronger strategic judgement and confidence
- Sustainable professional development
- A personalised roadmap for continued growth





BECOME A PART OF CATALYST™

The Next Chapter of Leadership Begins Here.

The **true value** of leadership development is not measured solely by the knowledge acquired or the programmes completed. It is reflected in the **decisions** leaders make, the people they **inspire** and the **lasting impact** they create.

At ILC, we believe that meaningful leadership creates a **ripple effect** – one that extends beyond individual achievement to influence people, organisations and communities.

CATALYST™ brings this philosophy to life by developing **the whole leader**, recognising that lasting impact begins with the **continuous evolution** of individual capabilities and purpose.

PARTNER WITH US TO SHAPE WHAT COMES NEXT.

Whether you are investing in your own leadership journey or developing leaders within your organisation, CATALYST™ offers a pathway for meaningful development.

Explore the CATALYST™ experience with us.

Contact details

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