



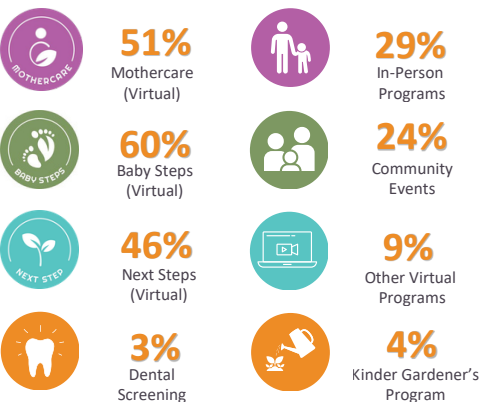
2025 Annual Survey Results



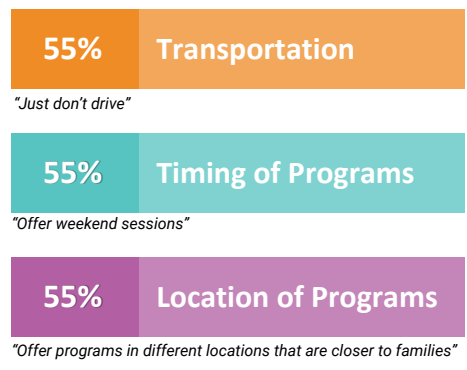
SCAN ME

We conducted a survey in 2025 to better understand how CAPC initiatives aligned with program participants, of which 82 out of 214 completed the survey. The results follow:

Programs Attended



Barriers to Attending In-Person



79% participants strongly agree/agree that their children have developed new skills because of CAPC

Top Skills Learned During Programming:

- Fine Motor Skills (39%)
- Gross Motor Skills (47%)
- Literacy Skills (39%)
- Oral Skills (47%)
- Social Skills (42%)
- Daily Routines (38%)

Top Five Favourite Program Topics:

- Various Guest Speakers (26%)
- Public Health, Medical and Safety (14%)
- Outdoor and Community Activities (9%)
- MotherCare, Baby Steps, Next Steps (8%)
- Literacy, Reading and Storytime (8%)

In-Program Food and Nutrition Resources:

- Canada's Food Guide
- Meal Planning
- Recipes
- Nutrition Education
- Safe Food Handling
- Food Portion Sizes
- Food Allergies and Sensitivities

"I have increased access to healthy foods!"

Community Services I Learned About:

- Housing Resources
- Employment Resources
- Adult Education
- Food Banks
- Public Libraries
- Newcomer and Settlement
- Income Tax Clinics
- High School Completion
- Legal Support
- Community Kitchens
- Community Gardens
- Women's Shelters
- Social Assistance