

Activity 5.2: Coming up with solutions that will solve the problems

After you have gathered all the information you can about your problem, you need to think about what you can do to solve the problem. It is good to think about as many different solutions as you can so you can find the one that would be best for you. You need to remember that you might need to change some things as well as other people. Look at the information you have gathered about your problem and try to think of solutions.

It is a good idea to speak to other people because they might think about solutions you haven't. Get together with your support person (or people) and try to think about as many solutions as you can. Write them all down on a blank sheet of paper as you think about them, even if you don't really think they will work.

When you can't think of any more solutions sort the ones you have into three groups. The three groups should be: BEST, OK, and BAD.

BEST	OK	BAD