



Dear Doctor

We hope this message finds you well. As we progress through 2025, we would like to provide you with an update on the latest developments at Sydney Breast Clinic (SBC), ensuring you are informed about our services and the enhancements we've made to support your patients.

Our Commitment to Excellence

Under the leadership of Professor Mary Rickard, an internationally renowned breast radiologist, SBC continues its 40-year legacy of providing compassionate, multidisciplinary care. Our team comprises expert radiographers, sonographers, nurses, radiologists, GPs, breast physicians, and surgeons—all collaborating under one roof to deliver the highest standard of care.

NEW TO THE TEAM

We are pleased to introduce the following esteemed professionals to our clinic:

- **Dr. Sophie Wu – FRACGP**

Dr. Wu brings her expertise as a fellow GP with an academic post at the University of Wollongong. She also serves as a medical educator and PEP specialist with the RACGP.

- **Dr. Laura Turnbull – FRACGP**

Dr. Turnbull has relocated from South Australia, where she practiced in a busy general practice. She is currently pursuing certification as an International Board Certified Lactation Consultant and has a keen interest in women's health.

- **Dr. David Littlejohn – Oncoplastic Breast Surgeon**

With 26 years of specialist experience, Dr. Littlejohn is a pioneer in oncoplastic breast surgery in Australia and New Zealand. He has been instrumental in advancing oncoplastic surgical techniques.

- **Breast Care Nurse Holly Boichat**

Holly and our multidisciplinary team provide comprehensive support for those patients diagnosed with breast cancer our team guide and support the patient through the next steps of appropriate appointments ensuring seamless coordination with specialists and referring GP.

OUR ENHANCED SERVICES

Contrast-Enhanced Mammography (CEM) is more the norm than the exception at SBC.

At (SBC), we are leading the way in breast cancer detection. For over three years, CEM has become the standard of care for approximately 80% of our patients. This advanced imaging technique combines conventional mammography with an intravenous iodine-based contrast agent, significantly enhancing the detection of breast cancer due to demonstration of tumor neovascularity. Such enhancement is particularly crucial for patients with dense breast tissue, where conventional mammograms may be less effective.

CEM has been shown to detect up to 95% of cancers. Use of this advanced technique underscores SBC's commitment to providing the highest standard of care in breast cancer detection.



IMPLANT CLINIC

Under the leadership of Dr David Littlejohn (surgeon) we offer specialised screening for patients with breast implants, addressing concerns such as capsular contracture, implant malposition, breast deformity or loss of symmetry. Implant rupture (clinical and sub clinical), infection (clinical and sub clinical), implant related illness rippling and Anaplastic Large Cell Lymphoma (ALCL).

It is recommended that implants are checked annually as well as when a new clinical finding is noted.

UNDER 40'S RISK ASSESSMENT CHECK

For under 40's , a small investment in breast health can make a significant difference. Let's work together to make early detection the norm.

The under 40's program focuses on risk assessment to optimise early detection and education for women under 40, especially those with a family history of breast cancer. The program includes risk factor assessment, clinical examination and ultrasound, and, if appropriate, mammography, with results provided before the patient leaves and reports sent to the referring GP. There is a minimal out of pocket cost for this program, as our focus is education and early detection. As reported world wide there is an increasing incidence of breast cancer in younger women, and risk assessment at a young age is recommended to optimise screening protocols.

BCAL Diagnostics - have launched a breast cancer blood test, **BREASTEST plus**, which is aimed at women with a high level of mammographic breast density.

SBC are supporting by providing a space for patients to have their blood test in our clinic. If you would like to know more, scan the code .

We appreciate your continued trust in Sydney Breast Clinic and look forward to collaborating with you to provide exceptional care to your patients.

Warm regards,
The Team at Sydney Breast Clinic



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