



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Legend HL - Heritage Lounge CH - Chapel BV - Buttonville (3rd Floor) BG - Box Grove (3rd Floor) VS - Victoria Square (2nd Floor) CG - Cedar Grove (2nd Floor) UM - Union Mills (1st Floor)	1 New Years Day 9:30am Calendar Posting Visits 10:30am Birthday Party with Emilio- UM 1:30pm Family Connections 2:15pm New Year Treat Cart- VS & UM 6:00pm Reading group	2 10:15am Active Games 1:30pm Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	3 10:15am Exercise 10:30am Card Bingo on 2nd Floor 2:15pm Discussion 6:00pm Meditation and Aromatherapy
4 10:15am Non-Denominational Service - CH 1:30pm Family Connections 2:30pm Chinese Music with Eva - HL 6:00pm Sensory Pet Visits	5 10:00am Reset & Reflect Group 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Sing-a-long 6:00pm Colouring Club	6 Epiphany 10:30am Non-Denom. Church Service (Pr.Ollie) - CH 11:15am One-to-One Visits 1:30pm Family Connections 2:15pm Kitchen memories-VS and UM 6:00pm Music Appreciation	7 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	8 10:30am Functional, Mind & Body Boxing- 3rd Floor-HL 1:30pm Family Connections 2:30pm Birthday Party with Deidrey - HL 6:00pm Reading group	9 10:30am Hymn Sing - CH 11:30am Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	10 10:15am Exercise 10:30am Music Show with Cosimo- CG 11:15am Enrichment Visits 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy
11 10:15am Non-Denominational Service - CH 1:30pm Family Connections 2:00pm Movie: Holiday Movie - CH 6:00pm Sensory Pet Visits	12 10:15am Balloon Toss 1:30pm Family Connections 2:00pm Water Colour with Mia- UM 2:30pm Resident Council- HL 6:00pm Colouring Club	13 10:30am Chinese Social - CH 11:15am One-to-One Visits 1:30pm Family Connections 2:15pm Budii System 6:00pm Music Appreciation	14 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	15 10:30am Anglican Communion - CH 1:30pm Family Connections 2:00pm Jammin' with Jim and Frank- BV 6:00pm Reading group	16 10:30am Rosary - CH 1:30pm Family Connections 2:15pm Movie Matinee with Treats- VS/UM 6:00pm Music Appreciation	17 10:15am Exercise 10:30am Card Bingo on 2nd Floor 1:30pm Family Connections 2:00pm Snowflake Cafe - HL 6:00pm Meditation and Aromatherapy
18 10:15am Non-Denominational Service - CH 1:30pm Family Connections 2:15pm Table Top Games 6:00pm Sensory Pet Visits	19 Martin Luther King Day 10:00am Reset & Reflect Group 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Sing-a-long 6:00pm Colouring Club	20 10:15am Hymn Sing 11:15am One-to-One Visits 1:30pm Family Connections 2:00pm Shortbread Workshop - HL 6:00pm Music Appreciation	21 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	22 10:30am Functional, Mind & Body Boxing- 2nd Floor- CG 1:30pm Family Connections 2:15pm Floor Socials 6:00pm Reading group	23 8:30am Men's Breakfast and Music with Gina & Rami- HL 11:30am Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	24 10:30am Chinese Fellowship - CH 11:15am Enrichment Visits 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy
25 10:15am Non-Denominational Service - CH 10:30am Burns Day Piper Walk 1:30pm Family Connections 2:30pm The Robbie Burns Celebration-HL 6:00pm Sensory Pet Visits	26 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Sing-a-long 6:00pm Colouring Club	27 10:30am Non-Denom. Church Service - CH 11:15am One-to-One Visits 1:30pm Family Connections 2:30pm Aging Mindfully - HL 6:00pm Music Appreciation	28 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	29 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Floor Socials 6:00pm Reading group	30 10:15am Active Games 11:30am Family Connections 2:30pm Happy Hour with Fran & Robert - HL 6:00pm Movie Matinee	31 10:15am Exercise 10:30am Card Bingo on 2nd Floor 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy