

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Let It Snow</b>		<b>Legend</b> HL - Heritage Lounge CH - Chapel BV - Buttonville (3rd Floor) BG - Box Grove (3rd Floor) VS - Victoria Square (2nd Floor) CG - Cedar Grove (2nd Floor) UM - Union Mills (1st Floor)	<b>1</b> 9:30am <b>New Years Day Calendar Posting Visits</b> <b>2</b> 10:15am Active Games 1:30pm Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	<b>3</b> 10:15am Exercise 10:30am Card Bingo on 2nd Floor 2:15pm Discussion 6:00pm Meditation and Aromatherapy	
<b>4</b> 10:15am Non-Denominational Service - CH 1:30pm Family Connections <b>2:30pm Chinese Music with Eva - HL</b> 6:00pm Sensory Pet Visits	<b>5</b> <b>10:00am Reset &amp; Reflect Group</b> 10:15am Balloon Toss 1:30pm Family Connections <b>2:15pm Sing-a-long Colouring Club</b> 6:00pm	<b>6</b> <b>Epiphany 10:30am Non-Denom. Church Service (Pr.Ollie) - CH</b> 11:15am One-to-One Visits 1:30pm Family Connections 2:15pm Kitchen memories- VS and UM 6:00pm Music Appreciation	<b>7</b> 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	<b>8</b> 10:30am <b>Functional, Mind &amp; Body Boxing- 3rd Floor-HL</b> 1:30pm Family Connections <b>2:30pm Birthday Party with Deidrey - HL</b> 6:00pm Reading group	<b>9</b> <b>10:30am Hymn Sing - CH</b> 11:30am Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	<b>10</b> 10:15am Exercise <b>10:30am Music Show with Cosimo- CG</b> 11:15am Enrichment Visits 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy
<b>11</b> 10:15am Non-Denominational Service - CH 1:30pm Family Connections <b>2:00pm Movie: Holiday Movie - CH</b> 6:00pm Sensory Pet Visits	<b>12</b> 10:15am Balloon Toss 1:30pm Family Connections <b>2:00pm Water Colour with Mia- UM</b> <b>2:30pm Resident Council-HL</b> 6:00pm Colouring Club	<b>13</b> <b>10:30am Chinese Social - CH</b> 11:15am One-to-One Visits 1:30pm Family Connections 2:15pm Budii System 6:00pm Music Appreciation	<b>14</b> 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	<b>15</b> <b>10:30am Anglican Communion - CH</b> 1:30pm Family Connections <b>2:00pm Jammin' with Jim and Frank- BV</b> 6:00pm Reading group	<b>16</b> <b>10:30am Rosary - CH</b> 1:30pm Family Connections 2:15pm Movie Matinee with Treats- VS/UM 6:00pm Music Appreciation	<b>17</b> 10:15am Exercise 10:30am Card Bingo on 2nd Floor 1:30pm Family Connections <b>2:00pm Snowflake Cafe - HL</b> 6:00pm Meditation and Aromatherapy
<b>18</b> 10:15am Non-Denominational Service - CH 1:30pm Family Connections 2:15pm Table Top Games 6:00pm Sensory Pet Visits	<b>19</b> <b>Martin Luther King Day 10:00am Reset &amp; Reflect Group</b> 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Sing-a-long Colouring Club 6:00pm	<b>20</b> 10:15am Hymn Sing 11:15am One-to-One Visits 1:30pm Family Connections <b>2:00pm Shortbread Workshop - HL</b> 6:00pm Music Appreciation	<b>21</b> 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	<b>22</b> 10:30am <b>Functional, Mind &amp; Body Boxing- 2nd Floor- CG</b> 1:30pm Family Connections 2:15pm Floor Socials 6:00pm Reading group	<b>23</b> 8:30am <b>Men's Breakfast and Music with Gina &amp; Rami- HL</b> 11:30am Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	<b>24</b> <b>10:30am Chinese Fellowship - CH</b> 11:15am Enrichment Visits 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy
<b>25</b> 10:15am Non-Denominational Service - CH <b>10:30am Burns Day Piper Walk</b> 1:30pm Family Connections <b>2:30pm The Robbie Burns Celebration-HL</b> 6:00pm Sensory Pet Visits	<b>26</b> 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Sing-a-long Colouring Club 6:00pm	<b>27</b> <b>10:30am Non-Denom. Church Service - CH</b> 11:15am One-to-One Visits 1:30pm Family Connections <b>2:30pm Aging Mindfully - HL</b> 6:00pm Music Appreciation	<b>28</b> 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	<b>29</b> 10:15am Balloon Toss 1:30pm Family Connections 2:15pm Floor Socials 6:00pm Reading group	<b>30</b> 10:15am Active Games 11:30am Family Connections <b>2:30pm Happy Hour with Fran &amp; Robert - HL</b> 6:00pm Movie Matinee	<b>31</b> 10:15am Exercise 10:30am Card Bingo on 2nd Floor 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy