

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|--|
|  |  |  | Legend HL - Heritage Lounge CH - Chapel BV - Buttonville (3rd Floor) BG - Box Grove (3rd Floor) VS - Victoria Square (2nd Floor) CG - Cedar Grove (2nd Floor) UM - Union Mills (1st Floor) | 1 New Years Day 9:30am Calendar Posting Visits 10:15am YouTube Music/Movie  | 2 10:30am News & Views: Welcome January 11:30am Walking/Wheeling 2:30pm New Year's Trivia 3:30pm One-to-One Visits | 3 10:00am YouTube Music/Movie 10:15am Bingo |
| 4 10:15am YouTube Music/Movie 2:30pm Chinese Music with Eva - HL | 5 10:00am Reset & Reflect Group 11:15am Walking/Wheeling (BG) 2:30pm Fun and Fitness/Exercise 3:30pm One-to-One Visits | 6 10:30am Epiphany Non-Denom. Church Service (Pr.Ollie) - CH 2:30pm New Year's Reflections Circle 5:30pm One-to-One Visits 6:30pm Bingo | 7 10:00am Cribbage 10:45am Men & Music - CH 1:30pm Music Therapy- Hand Bell Choir | 8 10:30am Functional, Mind & Body Boxing- 3rd Floor-HL 2:30pm Birthday Party with Deidrey - HL | 9 10:30am Hymn Sing - CH 11:30am Walking/Wheeling - Vari | 10 10:00am YouTube Music/Movie 10:30am Music Show with Cosimo- CG 2:30pm Bingo BG |
| 11 10:15am YouTube Music/Movie 10:30am DementiAbilities Task/Program 2:00pm Movie: Holiday Movie - CH | 12 10:15am YouTube Music/Movie 11:15am Walking/Wheeling (BG) 2:30pm Resident Council- HL | 13 10:30am Chinese Social - CH 5:30pm One-to-One Visits 6:00pm Manicures and Hand Massages 6:30pm Bingo | 14 10:00am Cribbage 10:30am Fun and Fitness/Exercise 10:45am Men & Music - CH 1:30pm Hand Bell Choir 2:30pm Budii System | 15 10:30am Anglican Communion - CH 11:30am Walking/Wheeling 2:00pm Jammin' with Jim and Frank- BV | 16 10:30am Rosary - CH 11:15am Walking/Wheeling 2:30pm Timbits and Chats 3:30pm One-to-One Visits | 17 10:00am YouTube Music/Movie 10:15am Bingo 2:00pm Snowflake Cafe - HL |
| 18 10:15am YouTube Music/Movie | 19 Martin Luther King Day 10:00am Reset & Reflect Group 11:15am Walking/Wheeling (BG) 2:00pm Water Colour with Mia- 3rd Floor 3:30pm One-to-One Visits | 20 2:00pm Shortbread Workshop - HL 5:30pm One-to-One Visits 6:30pm Bingo | 21 10:00am Cribbage 10:45am Men & Music - CH 1:30pm Hand Bell Choir | 22 10:15am Fun and Fitness/Exercise 2:15pm Winter Crafts - Acti 3:30pm Walking/Wheeling | 23 8:30am Men's Breakfast and Music with Gina & Rami- HL 1:30pm One-to-One Visits | 24 10:00am YouTube Music/Movie 10:15am Bingo 10:30am Chinese Fellowship - CH |
| 25 10:15am YouTube Music/Movie 10:30am Burns Day Piper Walk- On each Home Area 2:30pm The Robbie Burns Celebration-HL | 26 10:15am YouTube Music/Movie 11:15am Walking/Wheeling (BG) | 27 10:30am Non-Denom. Church Service - CH 2:00pm Manicures & Hand Massages 2:30pm Aging Mindfully - HL 5:30pm One-to-One Visits 6:30pm Bingo | 28 10:00am Cribbage 10:30am Fun and Fitness/Exercise 10:45am Men & Music - CH 1:30pm Hand Bell Choir 2:30pm Table Top Games | 29 10:15am Active Games 11:15am Walking/Wheeling 2:30pm Winter Trivia 3:30pm One-to-One Visits | 30 10:15am Fun and Fitness/Exercise 11:30am Walking/Wheeling 2:30pm Happy Hour with Fran & Robert - HL | 31 10:00am YouTube Music/Movie 10:15am Bingo |