

# THE VILLA VIBE

Union Villa Residents' Newspaper

## ***Greetings from the President, Residents' Council***

Hello, my fellow Villagers. Old Man Winter surrounds us with snow and punishing cold, and his nephew Jack Frost is always ready to nip at any uncovered skin. With everyone bundled in coats, scarves, mitts, snowpants, and even long johns, it's sometimes hard to recognize one another.



All we can do is hope for an early Spring. Until then, Recreation Staff will surely have activities to warm both heart and body, and a cup of tea or hot chocolate shared with friends can brighten any winter day. February has a few events for such a short month.

February is Black History Month. It's a time to recognize the achievements and contributions of Black communities, and also to remember the injustices they have faced, many of which still affect people today. Understanding this history helps us grow and build a fairer society. When we support one another and treat each other as equals, we all move forward together.

February 2nd is Groundhog Day, with our closest groundhog being Wiarton Willy. The town of Wiarton, Ontario hosts a full week of celebrations as the gateway to the Bruce Peninsula. Early on the second, the Mayor consults with Willy in "Groundhog-ese" and then announces whether we can expect six more weeks of winter or an early spring.

Another favourite event is Valentine's Day on the 14th. Whether or not you have a sweetheart be good to yourself. Or spoil the ones you love. St. Valentine goes back to the 5th century. Evolved through many different forms right up to our modern day expressions of love. Next on the 16th is Family Day. A wonderful time to spend the day with children and grandchildren.

Lunar New Year starts February 17. More commonly known as Chinese New Year. We can all enjoy the celebrations.

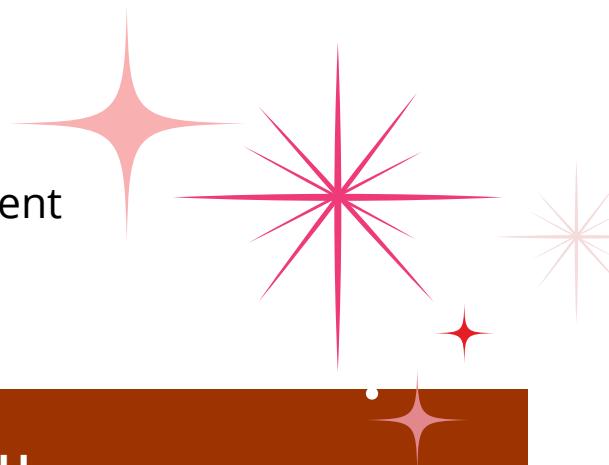
Ramadan begins February 17th evening and goes till March 19th. It is the ninth month of the Muslim calendar. The most holy month. When the Holy Qur'an was sent from heaven as a guidance for men and women to give direction and salvation.

Overall, it sounds like we'll have another busy month.

Hope everyone stays as healthy and happy as possible. Keep hydrated. Eat your meals. Stay on your medication regimen and join in the many activities. As always, I hope to see you at the various events.

Ta-ta for now. Keep warm my friends.

Yours truly, Anne Tebbutt. The Barefoot President



#### QUOTE OF THE MONTH

***"February reminds us that love, in all its forms, is the greatest force we have." — Unknown.***

## GREETINGS FROM THE RECREATION TEAM

February brings a wonderful mix of celebrations and reflections. We're excited for the 2026 Winter Olympics and will be hosting Olympic Watch Parties for select live afternoon events. You are invited to join us to cheer on the athletes while enjoying light refreshments and good company.

Stay tuned for event dates in our Upcoming Events section. Our new Reset & Reflect program was a wonderful success. Our group members shared hopes for love, peace, good health, and the joy of reading thoughtful books, along with a wish for a kind and joyful year ahead. Because it was so meaningful, Reset & Reflect will now be offered every month. Everyone is welcome to join!

If you have any questions or need assistance, please feel free to contact me or any of the Recreational Therapists at any time.

We're here to support you and ensure you have the best experience possible.

[lbaily@uhs.on.ca](mailto:lbaily@uhs.on.ca)

Extension 4225.

*Lindsay Bailey*



## FEBRUARY SPECIAL EVENTS

There are so many exciting activities planned this month. so mark your calendars and join us!

**February 5<sup>th</sup> 2:30 pm** - Resident Birthday Party with Emilio (HL)

**February 6<sup>th</sup> 2:00 pm** - Winter Olympics Watch Party- Opening Ceremonies (HL)

**February 8<sup>th</sup> 2:30 pm** - Superbowl Sunday Social 2 (HL)

**February 10<sup>th</sup> 2:10 pm** - Winter Olympics Watch Party- Women's Hockey Canada vs USA (HL)

**February 12<sup>th</sup> 2:30 pm** - Black History Month with Deidrey (HL)

**February 14<sup>th</sup> 2:30 pm** - Valentine's Day Social (HL)

**February 15<sup>th</sup> 2:00 pm** - Winter Olympics Watch Party- Figure Skating Pairs (HL)

**February 17<sup>th</sup> 2:30 pm** - Lunar New Year Celebration (HL)

**February 19<sup>th</sup> 1:10 pm** - Winter Olympics Watch Party- Women's Hockey Gold Metal Game (HL)

**February 19<sup>th</sup> 2:30 pm** - Jammin with Jim and Frank (BV)

**February 21<sup>st</sup> 2:30 pm** - Festive Mardi Gras Creations (HL)

**February 22<sup>nd</sup> 2:30 pm** - Winter Olympics Watch Party- UHS Closing Celebration (HL)

**February 26<sup>th</sup> 10:30 am** - Reset & Reflect Group (HL)

*HL - Heritage Lounge*

*BV - Buttonville*



*St. Patrick's Day*

# Farewell

## DEAR FRIENDS

*Chochan C*

*Kam Pang C*

*Voula G*

*Bob J*

*Robert J*

*William M*

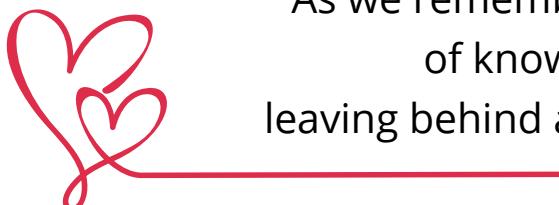
*Dallas M*

## Remembering Them

We take a moment to honour those who are no longer with us, grateful for the time they spent in our community and the warmth they brought to our days.

Their presence may have passed, but their kindness remains—carried in the memories we share and in the small ways they shaped the spaces around us.

As we remember them, we hold onto the comfort of knowing their lives touched ours, leaving behind a quiet legacy of connection and care.

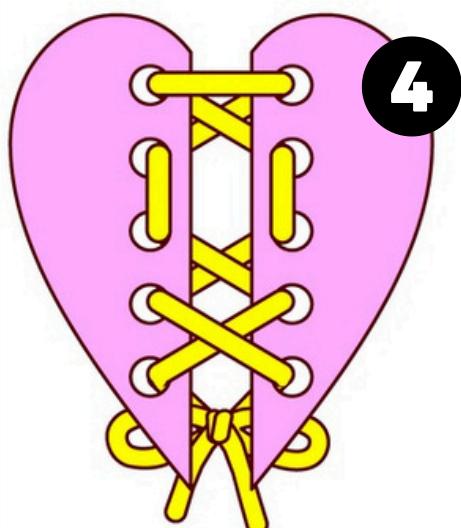
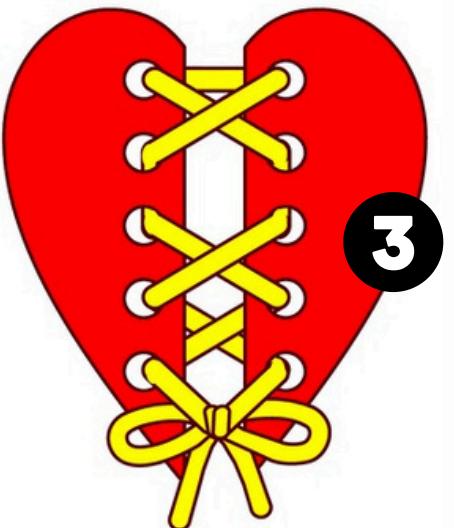
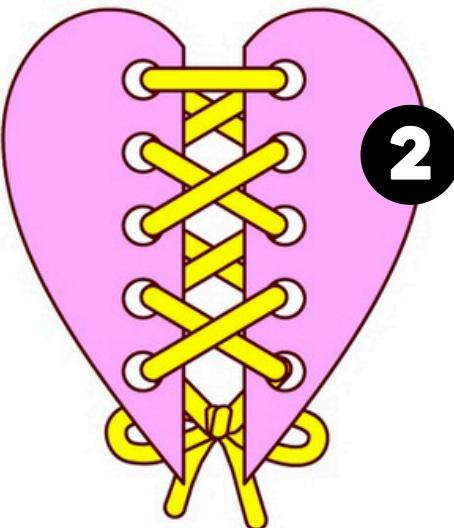
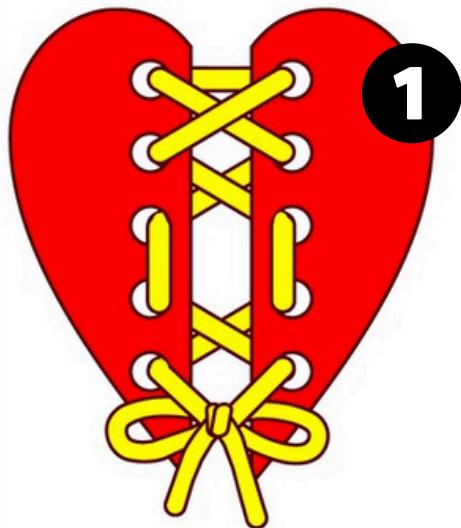


Mary	Feb 2002
Wini	Feb 2004
Francis	Feb 2006
Betty	Feb 2009
Evelyn	Feb 2021
Ethel	Feb 2023
May	Feb 2028

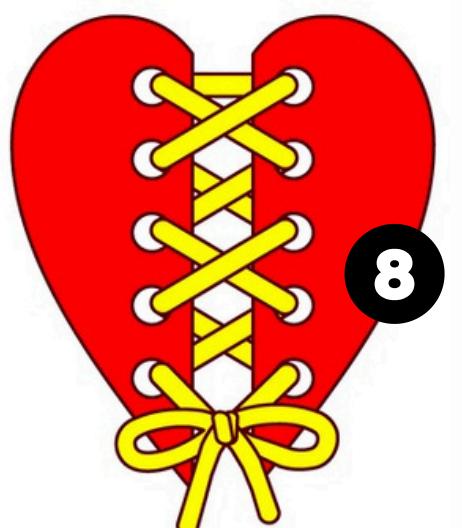
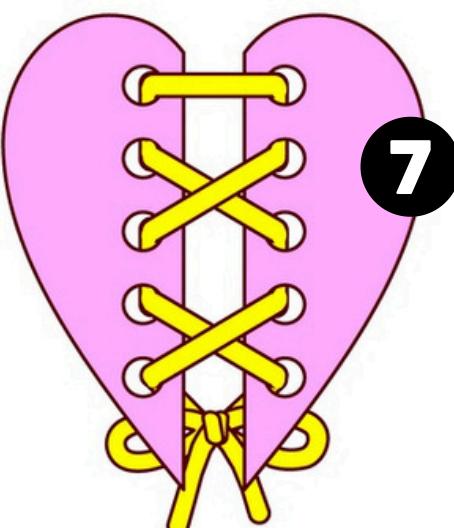
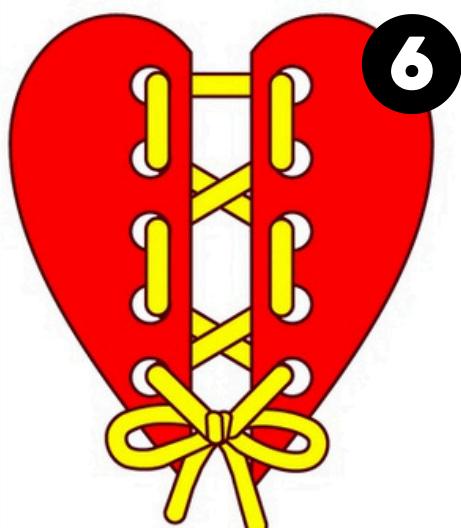
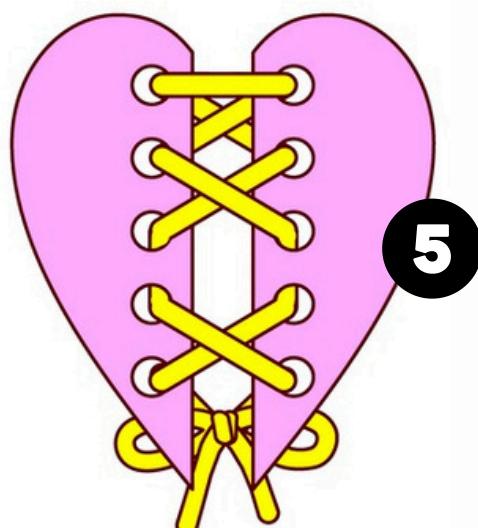
# MEMORIES FROM JANUARY



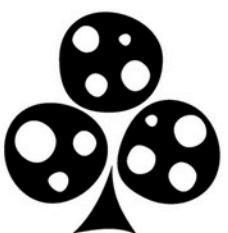
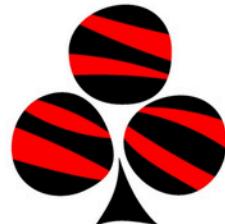
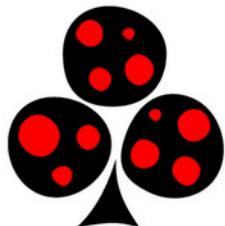
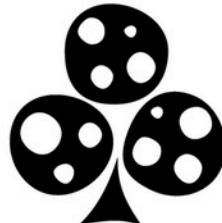
# Happy Valentine's Day Match Up



For every front view image, find the corresponding back view.

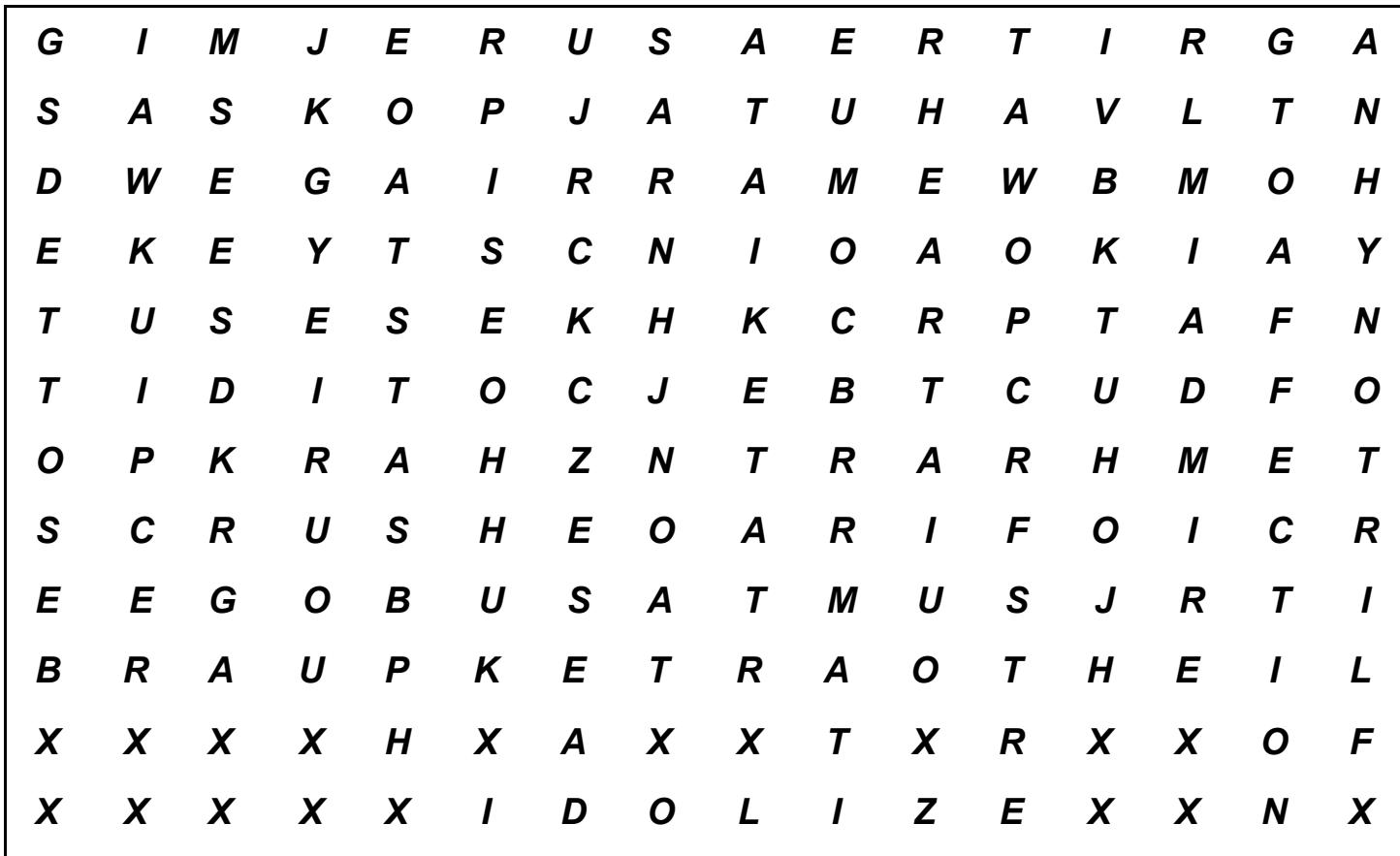
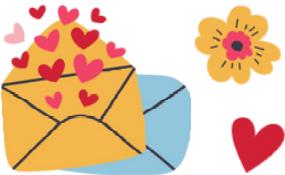


**FIND THREE (3) SETS  
OF IDENTICAL TWINS...**





# IS IT LOVE?



SEASONEDTIMES.COM

Look for the following words associated with love. They may be spelled forward, backward, downward, upward, or diagonally.

TREASURE

ATTRACTION

ADMIRE

BESOTTED

IDOLIZE

FLIRT

SWEETHEART

KISS

AFFECTION

ROMANCE

HEART

MARRIAGE

CHERISH

HUG

CRUSH

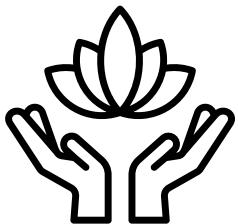


## FEBRUARY DAYS OF SIGNIFICANCE

We are proud to share these upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.



February is Black History Month -During Black History Month, people in Canada celebrate the many achievements and contributions of Black Canadians and their communities who, throughout history, have done so much to make Canada a culturally diverse, compassionate, and prosperous country.



February is Therapeutic Recreation Month- Therapeutic Recreation Month occurs every February and celebrates the positive impact recreational therapists make in the lives of their residents. Therapeutic recreation is the use of leisure activities to promote the health, emotional wellbeing, skills, and abilities with different. Please join us for our special program in February to celebrate.



Ground Hog Day - February 2

Groundhog Day, celebrated on February 2, is a light-hearted tradition in the U.S. and Canada where a groundhog's appearance from its burrow is said to predict the next six weeks of weather—seeing its shadow means more winter, while no shadow signals an early spring.



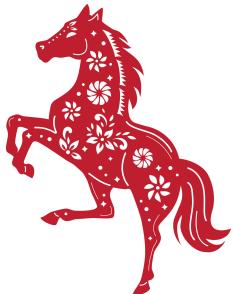
Valentine's Day - February 14

A Day of romance when people celebrate their love for one another. The origin of this holiday dates to the 5th century and is named after a Christian martyr, St. Valentine.



### Family Day – February 16

It falls on the third Monday of February each year and allows families to spend quality time together. Family Day aims to honour family bonds and bring loved ones closer together.



### Lunar New Year Starts- February 17 to March 3

Lunar New Year 2026 arrives on February 17, welcoming the Year of the Horse, a symbol of energy and forward momentum. It's a festive time filled with family gatherings, traditions, and hopes for good fortune in the year ahead.



### Ramadan February -17 & 18

Ramadan 2026 is expected to begin around February 17-18, marking a month of fasting, reflection, and community. It's a time for spiritual renewal, compassion, and coming together in observance and gratitude.



### Ash Wednesday - February 18

Ash Wednesday 2026 falls on February 18 and marks the beginning of Lent, a 40-day period of reflection, repentance, and preparation for Easter. Many Christians observe the day by receiving ashes on the forehead as a symbol of humility and a reminder of mortality.



## Welcome to our New Residents

Albert C   Edda F   Kamaludin S   Roberto V



## FEBRUARY FACTS

### ZODIAC SIGNS

Aquarius (January 20 - February 18):

Known as bright, bold, and visionary.

Pisces (February 19 - March 20):

Known as the Fishes, they are kind, artistic, and deeply intuitive.

### BIRTHSTONES

Amethyst: A calming purple stone tied to wisdom and comfort.

### BIRTH FLOWERS

Violet: A gentle flower that stands for faithfulness.

Primrose: A lively bloom that marks new beginnings and early spring.

### LAND ACKNOWLEDGEMENT:

Unionville Home Society acknowledges the traditional territories of the Anishinaabe Peoples, the Haudenosaunee Peoples and the Huron Wendat and recognizes their stewardship of the land and its resources. This territory is covered by Treaty 13 and the Williams Treaty and according to the "one dish, one spoon" concept of environmental stewardship, all people living on this land have the responsibility to ensure that the dish will never be empty. All of us at Unionville Home Society take pride in the rich indigenous history of the land and are committed to building a brighter, more honest, more inclusive future where Indigenous perspectives are recognized within Markham's diverse tapestry of communities.