

Union Mills Activity Calendar							February 2026	UNIONVILLE HOME SOCIETY
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 10:15am Non-Denominational Service - CH 1:30pm Family Connections 2:30pm Chinese Music with Eva - HL <i>Black History Month Therapeutic Recreation Month</i> 6:00pm Sensory Pet Visits	2 Groundhog Day 10:15am Balloon Toss 11:10am Hand massage - Vari 1:30pm Family Connections 6:15pm Bingo on VS	3 10:30am Non-Denom. Church Service (Pr.Ollie) - CH 11:15am One-to-One Visits 1:30pm Family Connections 2:15pm Trivia 6:00pm Music Appreciation	4 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	5 10:30am Functional, Mind & Body Boxing- 3rd Floor-HL 1:30pm Family Connections 2:30pm Birthday Party with Emilio- HL 6:00pm Reading group	6 11:30am Family Connections 1:30pm Family Connections 2:00pm Watch Party - Winter Olympics- Opening Ceremonies - HL 2:00pm Valentine's Day & Lunar New Year Decorating Crew 6:00pm Movie Matinee	7 10:15am Exercise 11:15am Enrichment Visits 1:30pm Family Connections 2:30pm Lunar New Year Calligraphy with Winston 6:00pm Art Expression		
8 10:15am Non-Denominational Service - CH 11:15am Walking/Wheeling 1:30pm Family Connections 2:30pm Superbowl Sunday Social (HL) 6:00pm Sensory Pet Visits	9 10:15am Balloon Toss 1:30pm Family Connections 2:30pm Virtual Reality- UM 6:15pm Bingo on VS	10 <i>Pop-up Shop - Accessory Boutique 1:00 to 4:00</i> 10:30am Chinese Social - CH 11:15am One-to-One Visits 1:30pm Family Connections 2:10pm Watch Party - Winter Olympics - Women's Hockey: USA-Canada - HL 6:00pm Music Appreciation	11 10:15am Exercise 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	12 10:30am Roman Catholic Mass - CH 1:30pm Family Connections 2:30pm Black History Month with Deidrey- HL 6:00pm Reading group	13 10:30am Hymn Sing - CH 11:30am Family Connections 1:30pm Family Connections 2:15pm Cupids Craft Corner 6:00pm Movie Matinee	14 10:15am Exercise 10:30am Card Bingo on 2nd Floor 10:30am Chinese Fellowship - CH 1:30pm Family Connections 2:30pm Valentine's Day Entertainment 6:00pm Meditation and Aromatherapy		
15 10:15am Non-Denominational Service - CH 1:30pm Family Connections 2:00pm Watch Party- Winter Olympics - Figure Skating Pairs -HL 6:00pm Sensory Pet Visits	16 10:15am Balloon Toss 11:15am One-to-One Visits 1:30pm Family Connections 6:15pm Bingo on VS	17 <i>Lunar New Year Ramadan Starts</i> 11:15am One-to-One Visits 1:30pm Family Connections 2:30pm Lunar New Year Celebration- HL 6:00pm Music Appreciation	18 10:15am Exercise 10:30 Ash Wednesday Service (Catholic) 1:30pm Family Connections 2:15pm Manicure 3:15pm Music Therapy - Music for Memory Care 6:00pm Sensory Stimulation	19 10:30am Anglican Communion - CH 1:10pm Watch Party- Winter Olympics- Women's Hockey: Gold Medal - HL 1:30pm Family Connections 2:00pm Jammin' with Jim and Frank- BV 6:00pm Reading group	20 11:30am Family Connections 1:30pm Family Connections 2:15pm Art Expression 2:30pm Resident Council-HL 6:00pm Movie Matinee	21 10:15am Exercise 11:15am Enrichment Visits 1:30pm Family Connections 2:30pm Festive Mardis Gras Creations (HL) 6:00pm Meditation and Aromatherapy		
22 10:15am Non-Denominational Service - CH 10:30am Hymn Sing (SC) 11:15am Hand Massage 1:30pm Family Connections 2:30pm Watch Party - Winter Olympic Closing Celebration - HL 6:00pm Sensory Pet Visits	23 10:15am Balloon Toss 1:30pm Family Connections 2:00pm Water Colour with Mia- UM 6:15pm Bingo on VS	24 10:30am Non-Denom. Church Service - CH 11:15am One-to-One Visits 1:30pm Family Connections 2:15pm Trivia 6:00pm Music Appreciation	25 10:15am Exercise 10:30am Reset and Reflect Group (CH) 1:30pm Family Connections 2:15pm Manicure 6:00pm Sensory Stimulation	26 10:30am Functional, Mind & Body Boxing- 2nd Floor- HL 1:30pm Family Connections 2:15pm Kitchen memories 2:15pm Music Appreciation 6:00pm Reading group	27 10:15am Melody Delight - BV 10:30am Rosary - CH 11:30am Family Connections 1:30pm Family Connections 2:15pm Art Expression 6:00pm Movie Matinee	28 10:15am Exercise 10:30am Card Bingo on 2nd Floor 1:30pm Family Connections 2:15pm Discussion 6:00pm Meditation and Aromatherapy		