

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30am Non-Denominational Church Service (virtual) - CH 10:30am Sensory Stimulation 2:30pm Chinese Music with Eva - HL <small>Black History Month Therapeutic Recreation Month</small>	2 Groundhog Day 10:30am One-to-One Visits	3 10:30am Fun and Fitness/Exercise 10:30am Non-Denom. Church Service (Pr.Ollie) - CH 2:00pm Reading 2:30pm Art Expression	4 10:30am Active Games 10:45am Men & Music - CH 1:30pm Hand Bell Choir 2:15pm Table Top Games 3:30pm Ipad Program-All Units - HL	5 2:30pm Activities on the Go 2:30pm Birthday Party with Emilio- HL 5:30pm Armchair Travel 6:30pm Card Bingo	6 10:30am Manicure 11:00am Hand Massage 2:00pm Watch Party - Winter Olympics-Opening Ceremonies - HL 2:00pm Valentine's Day & Lunar New Year Decorating Crew	7 10:30am Card Bingo 2:30pm Lunar New Year Calligraphy with Winston 3:30pm Treat Cart
8 10:30am Non-Denominational Church Service (virtual) - CH 2:30pm Superbowl Sunday Social (HL)	9 10:30am Fun and Fitness/Exercise 11:00am Walking/Wheeling 2:00pm Water Colour with Mia- 2nd Floor 3:15pm Ipad Music	10 Pop-up Shop - Accessory Boutique 1:00 to 4:00 10:30am Active Games 10:30am Chinese Social - CH 2:00pm Reading 2:10pm Watch Party - Winter Olympics -Women's Hockey: USA-Canada - HL	11 10:45am Men & Music - CH 1:30pm Hand Bell Choir 2:30pm One-to-One Visits	12 10:30am Roman Catholic Mass - CH 2:30pm Black History Month with Deidrey- HL 5:30pm Armchair Travel 6:30pm Card Bingo	13 10:30am Hymn Sing - CH 10:30am Manicure 11:00am Hand Massage 3:00pm One-to-One Visits	14 10:30am Card Bingo 10:30am Chinese Fellowship - CH 2:30pm Valentine's Day Entertainment 3:30pm Treat Cart
15 10:30am Non-Denominational Church Service (virtual) - CH 10:30am Sensory Stimulation 2:00pm Watch Party- Winter Olympics - Figure Skating Pairs -HL	16 2:30pm One-to-One Visits	17 Lunar New Year Ramadan Starts 10:30am Fun and Fitness/Exercise 11:00am Walking/Wheeling 2:00pm Reading 2:30pm Lunar New Year Celebration- HL	18 10:30 Ash Wednesday Service (Catholic) 10:30am Active Games 10:45am Men & Music - CH 1:30pm Hand Bell Choir 2:15pm Table Top Games 3:30pm Ipad Program-All Units - HL	19 10:30am Anglican Communion - CH 1:10pm Watch Party- Winter Olympics- Women's Hockey: Gold Medal - HL 2:00pm Jammin' with Jim and Frank- BV 2:30pm Activities on the Go 5:30pm Armchair Travel 6:30pm Card Bingo	20 10:30am Manicure 11:00am Hand Massage 2:30pm Cognitive Games 2:30pm Resident Council- HL	21 10:30am Card Bingo 2:30pm Festive Mardis Gras Creations (HL) 3:30pm Treat Cart
22 10:30am Hymn Sing (SC) 10:30am Non-Denominational Church Service (virtual) - CH 2:30pm Watch Party - Winter Olympic Closing Celebration - HL	23 10:30am Fun and Fitness/Exercise 11:00am Walking/Wheeling 2:30pm Art Expression 3:15pm Ipad Music	24 10:30am Fun and Fitness/Exercise 10:30am Non-Denom. Church Service - CH 2:00pm Reading 2:30pm Crafts	25 10:30am Reset and Reflect Group (CH)	26 10:30am Functional, Mind & Body Boxing- 2nd Floor- HL 2:30pm Activities on the Go 5:30pm Armchair Travel 6:30pm Card Bingo	27 10:15am Melody Delight - BV 10:30am Rosary - CH 2:30pm Virtual Reality- CG - HL	28 10:30am Card Bingo 2:30pm Active Games 3:30pm Treat Cart