
THE ADP CONNECTION

*Where every activity brings joy and
every experience holds purpose*



GREETINGS FROM THE ADULT PROGRAM TEAM

Dear ADP Clients and Families,

As we welcome the beautiful month of May, we're excited to embrace the warmer weather, blooming flowers, and longer, brighter days ahead. This season brings a renewed sense of energy and spirit, and we're thrilled to share it with all of you.



Our May calendar is filled with engaging programs, meaningful activities, and opportunities to connect, laugh, and create joyful moments together. From lively group events to relaxing and creative experiences, there's something for everyone to enjoy. We look forward to a month filled with happiness, positivity, and shared smiles.

Thank you for being such an important part of our community—we can't wait to make May a wonderful and uplifting time together!

Kate Papillo,
Adult Day Program Manager



MEET THE ADP TEAM



Julie Robinson



Shane Hannay



Joyce Kwan



Marlene Pangilinan



MAY FACTS



Zodiac Signs

Taurus (April 20 – May 20): Loyal, gentle, and steady.

Gemini (May 21 – June 20): Light-hearted, clever, and energetic.

Birthstone

Emerald: A bright green gem tied to love and renewal.

Birth Flowers

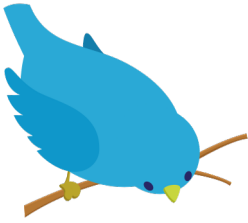
Lily of the Valley: A sweet flower tied to happiness.

Hawthorn: A spring bloom tied to hope.



QUOTE OF THE MONTH

"May is the month of expectation, the month of wishes, the month of hope." – Emily Brontë



SPRING



CAN YOU FIND THE SPRING-RELATED WORDS HIDDEN IN THE PUZZLE?

C S N U R A I N B O W D
 F N L P M H K O R T U P
 L A D Y B U G O E I R I
 O W E O L A R B E E I C
 W B Y M O S F N Z D C N
 E E G U S F O C E I K I
 R L B R S T T R U S O C
 S L D B O K I I A G S A
 R R P R M W E C T I U N
 S P R O U T S T O R N S
 D F C O N F O V L U N N
 A S B U T T E R F L Y E

FLOWERS
 BLOSSOM
 BUTTERFLY
 SUNNY

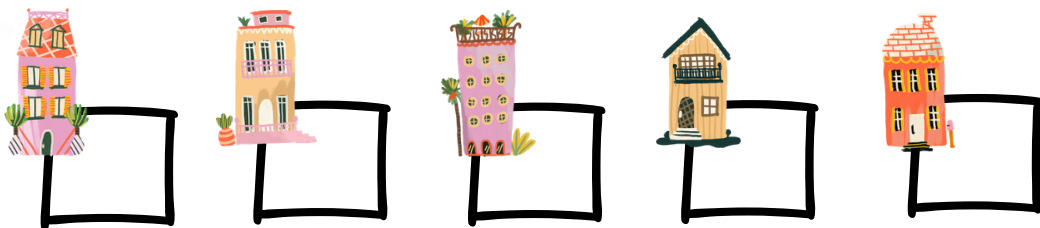
BREEZE
 PICNIC
 RAINBOW
 BEE

LADYBUG
 SPROUTS
 RAIN
 GROW



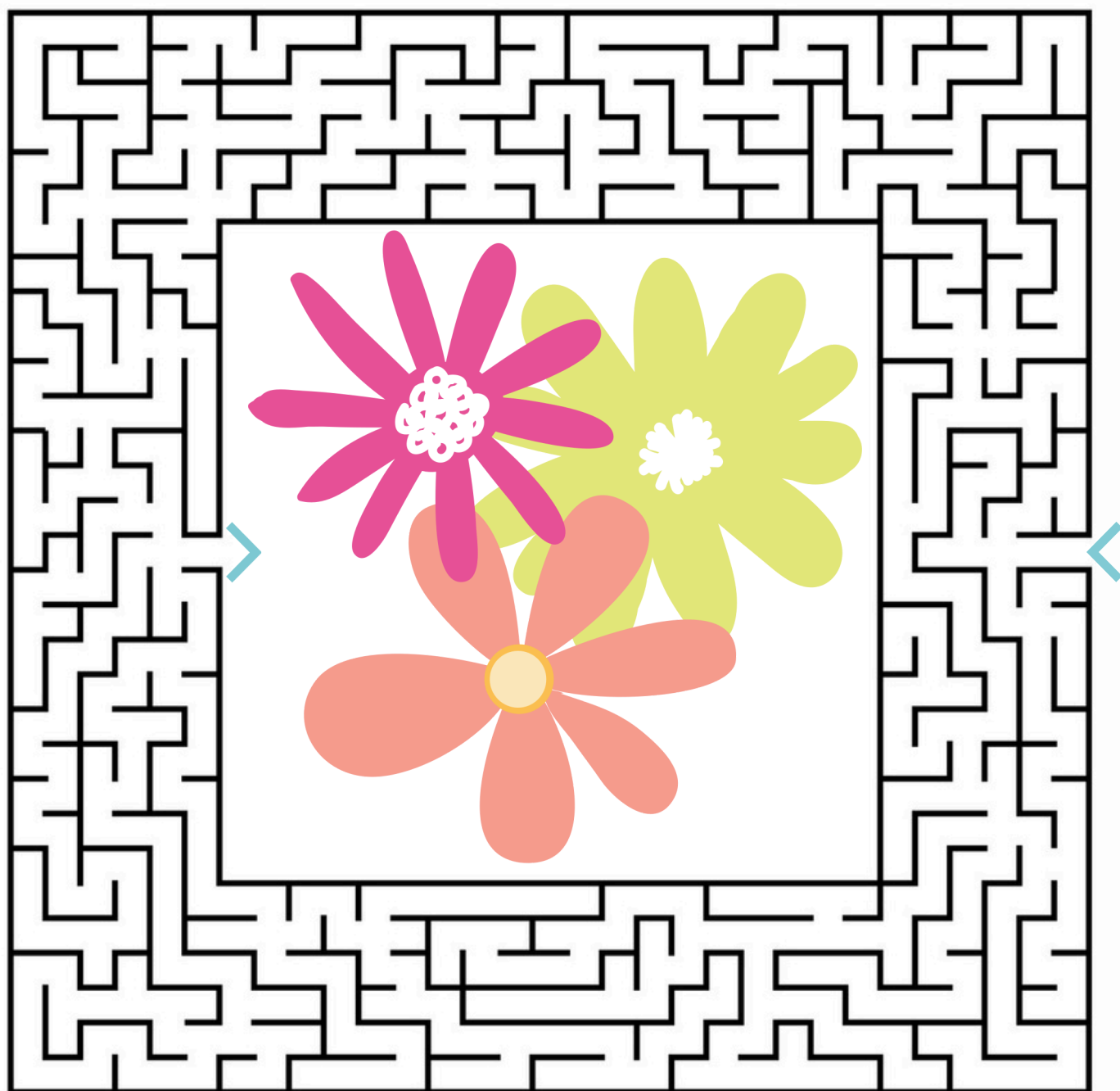
HOW MANY?

Can you find all copies of each building?





FLOWER MAZE



VIRTUAL FAMILY SUPPORT GROUPS

Meet with your peers virtually to share information on coping with, and caring for people diagnosed with Alzheimer’s disease and other dementias using Zoom.

Zoom is a cloud-based video conferencing platform that can be used for video and audio conference meetings using your phone, iPad or computer.

For security reasons, only pre-registered participants are permitted. Zoom Meeting ID & password will be provided upon confirmation of registration.

If you are new to this, we can help! **CONTACT 1-888-414-5550 FOR MORE INFORMATION**

General Support Groups Open to All Caregivers of Persons Living with Dementia			
AURORA	1st Thursday of each month	7:00 pm – 8:30 pm	Contact Isabella- ivelikovsky@alzheimer-york.com
THORNHILL	3rd Wednesday of each month	7:00 pm – 8:30 pm	Contact Sarah - Ssarvari@alzheimer-york.com
STOUFFVILLE	4th Monday of each month	1:30 pm – 3:00 pm	Contact Cassandra - ccalbert@alzheimer-york.com
MARKHAM	3rd Wednesday of each month	1:30 pm – 3:00 pm	Contact Jessica - jbellissimo@alzheimer-york.com
Regional Municipality of York: Paramedic & Senior’s Services, Community and Health Services in partnership with the Alzheimer Society of York Region offers the following 2 support groups			
KESWICK	3rd Wednesday of each month (meets in person)	1:00 pm – 2:30 pm	Contact Tahia - tkhanhaque@alzheimer-york.com
MAPLE	1st Wednesday of each month	9:30 am – 11:00 am	Contact Jessica - jbellissimo@alzheimer-york.com
Demographic-Specific/Specialized Support Groups			
SPOUSAL CAREGIVERS	3rd Monday of each month	1:00 pm – 2:30 pm	Contact Isabella - ivelikovsky@alzheimer-york.com
CAREGIVERS CARING FOR YOUNG-ONSET DEMENTIA PATIENT (diagnosed younger than 65)	2nd Tuesday of each month	1:00 pm – 2:30 pm	Contact Cassandra - CCalbert@alzheimer-york.com
LONG TERM CARE CAREGIVERS	4th Wednesday of each month	10:00am – 11:30 pm	Contact Sandra - spranzitelli@alzheimer-york.com
LONG TERM CARE CAREGIVERS	3rd Thursday each month	7:00 pm – 8:30 pm	Contact Sandra - spranzitelli@alzheimer-york.com
BEREAVEMENT SUPPORT GROUP (coping after death of a person with dementia)	Group is offered 2 times/year. Registration is required. Scheduled groups run in 6-week sessions.		
Language-Specific Support Groups			
CANTONESE SPEAKING CAREGIVERS	4th Tuesday of each month	1:00 pm – 2:30 pm	Contact Arie - ayeung@alzheimer-york.com
MANDARIN SPEAKING CAREGIVERS	3rd Tuesday of each month	1:00 pm – 2:30 pm	Contact Arie - ayeung@alzheimer-york.com
RUSSIAN SPEAKING CAREGIVERS	3rd Wednesday of each month	11:30 am – 1:00 pm	Contact Inna - isorotskin@alzheimer-york.com
FARSI SPEAKING CAREGIVERS	2nd Wednesday of each month	6:00 pm – 7:30 pm	Contact Sarah - sasarvari@alzheimer-york.com



OUR MISSION

Enhancing the experience of aging, one person at a time.

OUR VISION

A progressive community hub where older adults thrive, age well and live better.

OUR VALUES

The Unionville Home Society, in its relationships with others, values and commits itself to:

- Connecting Communities
- Advancing Quality and Innovation
- Caring Genuinely and Passionately
- Respecting Each Person
- Serving with Integrity and Commitment

