
UNION VILLA'S RESIDENT NEWSLETTER

GREETINGS FROM THE RESIDENTS' COUNCIL PRESIDENT

Hello to all my Villagers. Well hopefully we've left winters wrath behind us. The air is warmer. The sun seems to be shining a little brighter. The days are longer. Welcome Spring. We weren't sure we'd see you. Lots of rain will make the flowers bloom. A feast for our eyes and noses. How wonderful. Its a much-deserved respite from winters grip. I'm sure Recreation have a fabulous event planned to mark the occasion.

We also need to celebrate Nurses Week May 11- 17. For our hard-working RNs and RPNs. They keep our units running smoothly so we are well care for.

May 19th is PSW Day. I don't know where we'd be without them. They look after our most intimate needs in a caring, non-judgemental way. They enrich our lives every day and maybe we in turn can impact theirs. Bring a friend. Maybe they're too nervous to go on their own. Don't be afraid to join in even if you're more comfortable on the sidelines. I certainly look forward to seeing everyone.

Guess it's time for me to sign off for May.
So toodley do till next time my friends.

Yours truly, Anne T.
The Barefoot President



MESSAGE FROM THE RECREATION TEAM



Hello to all!

Hello May! This month brings springtime smiles, special celebrations, and enjoyable moments ahead.

We are celebrating the wonderful mothers in our community with a special Mother's Day Mom-osas celebration! Residents are invited to join us on Sunday, May 10 at 10:30 a.m. in the activity rooms for a relaxed and cheerful morning together.

As we approach the Victoria Day long weekend, we celebrate the unofficial start of summer with a little extra spring spirit. This is a perfect time to reflect on the changing season and enjoy the longer days ahead.

If you have any questions or need assistance, please feel free to contact me or any of the Recreational Therapists at any time. We're here to support you and ensure you have the best experience possible.

lbailey@uhs.on.ca or call extension 4225.

~ Lindsay Bailey





to all our residents who are celebrating this month!



Marilyn Jane May 02
James May 06
Deanna May 08
Lois Joanne May 11
Shurab May 13
Jok Tee May 15
Isabella May 18
Cheryl May 18

Anne May 20
Muoi May 20
Da Dao May 23
Hui Bao May 23
Antonetta May 24
William May 25
Vladimir May 26
Edda May 28

MAY FACTS

Zodiac Signs: Taurus, April 20 - May 20 & Gemini, May 21 - June 20

Birth Flowers: Lily of the Valley - symbolizes sweetness, humility, and the return of happiness.

Birthstone: Emerald - Known for its vibrant green color, symbolizing rebirth, love, and wisdom.

Birth Colour: Green, associated with growth, renewal, and the vibrant energy of spring.

QUOTE OF THE MONTH

"The air is like a butterfly, With frail blue wings."
— Emily Dickinson

"When April steps aside for May, Like diamonds all the raindrops glisten."— Lucy Maud Montgomery

MAY SPECIAL EVENTS

There are so many exciting activities planned this month. so mark you calendars and join us!

May 1, 2:30pm Magnificent Bells Hand Bell Choir - Heritage Lounge

May 3, 2:30pm Kentucky Derby Social Hour - Heritage Lounge

May 7, & 21, 10:30am Functional Mind and Body Boxing
-May 7, 3rd Floor & Union Mills - BG Dining Room
-May 21, 2nd Floor and Union Mills - CG Dining Room

May 7, 2:30pm Resident Birthday Party with Emilio - Heritage Lounge

May 9, 2:30pm Mother's Day Celebration with Dan Champagne - Heritage Lounge

May 10, 10:30am Mom-osa Morning Social (All Home Area Activity Rooms)

May 13, 5:00pm Spring Gala Dinner (sign-up required) - Heritage Lounge

May 14, 2:30pm Resident Council - Chapel

May 16, 10:15am Melody Delight - Buttonville Dining room

May 18, 2:30am Aging Mindfully - Chapel

May 19, 10:30 to 11:30am and 2:30 to 3:30pm

Have Your Say! Menu Voting – Refreshments provided

May 21, 2:30pm Jammin with Jim & Frank - BV Dining Room

May 22, 1:00 to 4:00pm Outing to Fred Varley Art Gallery

May 26, 2:30pm Men's Group: Memory Lane Mini Motors with Erica - Heritage Lounge



- **Father's Day**
- **Seniors Month**

FAREWELL DEAR FRIENDS

Lina D.

Remembering Them: A Poem

We take a moment to honour those who are no longer with us, grateful for the time they spent in our community and the warmth they brought to our days.

Their presence may have passed, but their kindness remains—carried in the memories we share and in the small ways they shaped the spaces around us.

As we remember them, we hold onto the comfort of knowing their lives touched ours, leaving behind a quiet legacy of connection and care.

Welcome
**TO OUR NEW
RESIDENTS**

Matena S



MAY DAYS OF SIGNIFICANCE

We are proud to share these upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.



May 11 - Mother's Day

Mother's Day traces back to the early 1900s and was created to honor the love, care, and influence of mothers and mother figures—a time to reflect on their lasting impact.



May 18 - Victoria Day

Victoria Day is a Canadian holiday that began in the 1800s to celebrate the birthday of Queen Victoria, who reigned during a time of major growth in Canada. Today, it also honors the contributions of past and present monarchs and marks the unofficial start of summer.



May 22 - Shavuot

Shavuot is a Jewish holiday that marks the giving of the Torah to the Jewish people at Mount Sinai and celebrates faith, learning, and gratitude. It is also connected to the agricultural harvest season.

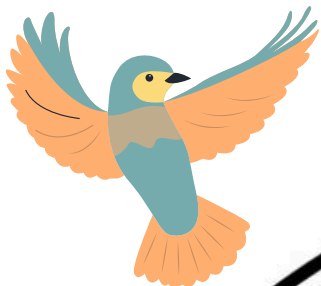
GAMES CORNER

HOW MANY?

How many can you find of each building?

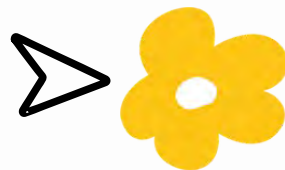


MAMA BIRD MAZE

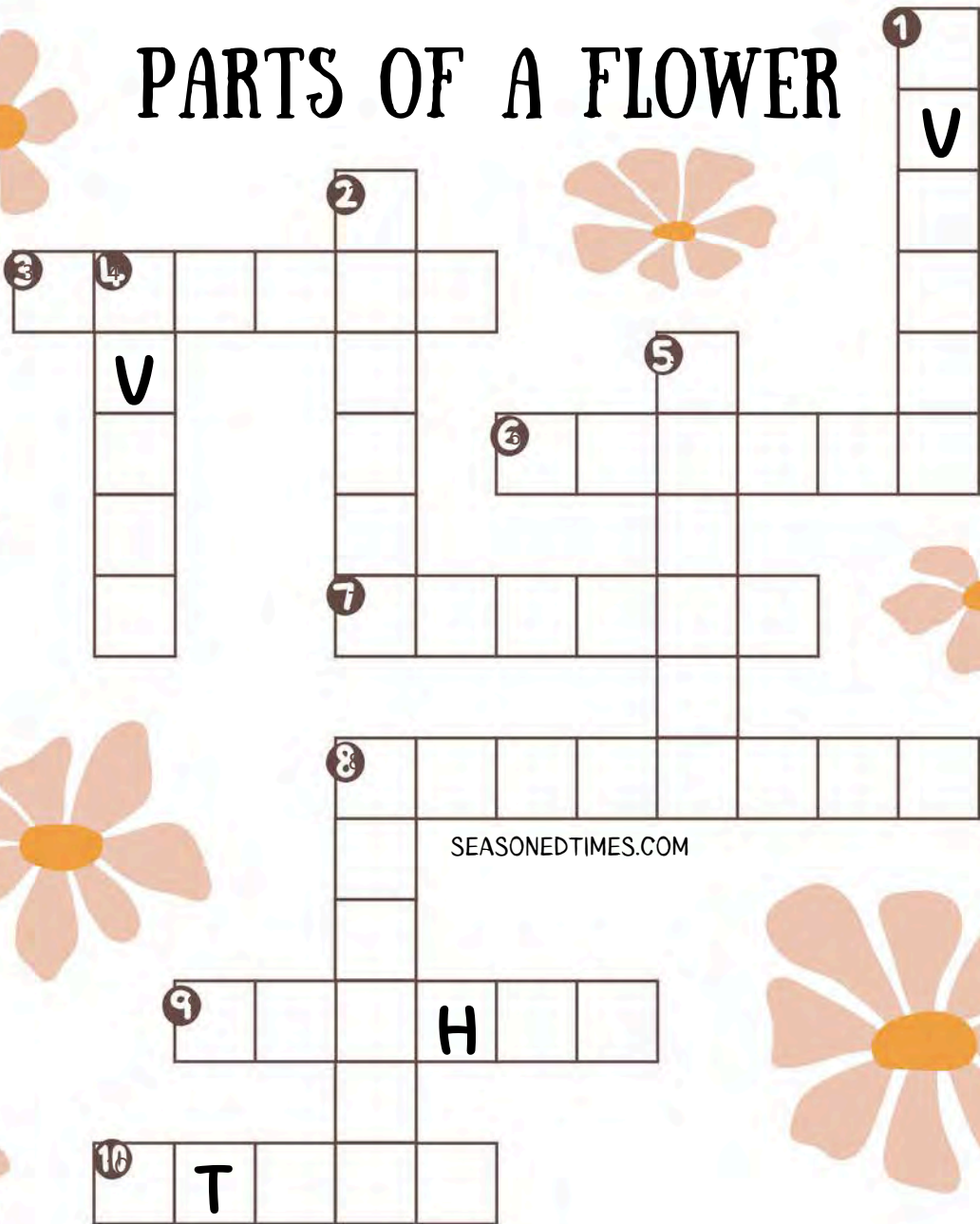


FIND ME

CAN YOU LOCATE THIS FLOWER?
LOOK CAREFULLY!



PARTS OF A FLOWER



FLOWERS HAVE MANY PARTS. SOME WE ARE MORE FAMILIAR WITH AND SOME AREN'T SO WELL-KNOWN. SEE IF YOU CAN NAME THESE PARTS OF FLOWERS.

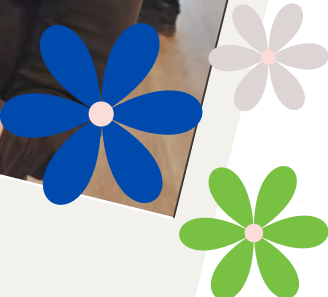
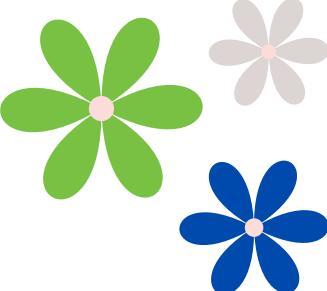
DOWN

1. FORMS SEEDS OF FLOWER
2. ENCASES DEVELOPING BUD
4. WHERE OVULES (FUTURE SEEDS) ARE PRODUCED
5. POLLEN PRODUCING PART OF A FLOWER
8. USUALLY LOCATED IN THE CENTER OF FLOWER

ACROSS

3. POWDERY SUBSTANCE INSTRUMENTAL TO FERTILIZATION OF FLOWER
6. BRIGHTLY COLORED PARTS OF FLOWER
7. WHERE THE POLLEN LANDS AND STARTS FERTILIZATION
8. STALK OF FLOWER
9. PRODUCES AND HOUSES POLLEN
10. SUPPORTS THE STIGMA, CONNECTING IT TO THE OVARY OF THE PLANT

MEMORIES FROM APRIL



OUR MISSION

Engaging our communities through a continuum of services that enhance the experience of aging.

OUR VISION

A progressive community where older adults thrive, age well and live better.

OUR VALUES

The Unionville Home Society, in its relationships with others, values and commits itself to:

- Connecting Communities
- Advancing Quality and Innovation
- Caring Genuinely and Passionately
- Respecting Each Person
- Serving with Integrity and Commitment

UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT:

The Unionville Home Society sits on the traditional territories of the Anishinaabe Peoples and of the Haudenosaunee Peoples, and is also situated in Markham, one of the most diverse municipalities in North America.

All of us at Unionville Home Society take pride in that legacy and look forward to building a brighter, more honest, more inclusive future.