



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> <b>10:30am ~ Calgary Stampede ~ Canada Day with Dan Champagne-CY</b> 2:30pm Calendar Posting Visits	<b>2</b> <b>10:15am News and Views: Welcome July</b> 3:15pm One-to-One Visits 4:00pm Activities on the Go	<b>3</b> 10:30am Fun and Fitness/Exercise <b>2:00pm Outing to Toogood Pond- 3rd Floor</b> 2:15pm Mahjong (CG) 6:30pm Card Bingo with Jenn and Venus	<b>4</b> 10:00am YouTube Music/Movie <b>10:15am Bingo (BG)</b> <b>2:30pm Beetlemania Concert</b>
<b>5</b> 10:00am Non-Denominational Church Service on YouTube 10:30am Courtyard Visits <b>2:30pm Chinese Music with Eva - HL</b>	<b>6</b> 10:15am Fun and Fitness/Exercise 11:00am Garden Visits <b>2:00pm Water Colour with Mia- 3rd Floor</b> 3:30pm One-to-One Visits	<b>7</b> <b>10:30am Non-Denom. Church Service (Pr.Jim) - CH</b> <b>2 pm Greek Orthodox Service</b> 2:15pm Garden Visits - CY 4:00pm One-to-One Visits 6:00pm Evening Movie- BV	<b>8</b> 10:00am Cribbage 10:30am Chair Exercises 10:45am Men & Music - CH <b>12:00pm Resident BBQ 3rd Floor -CY</b> 3:00pm Chinese Social 3:15pm Garden Visits - CY 4:00pm DementiaAbilities Task/Program	<b>9</b> 10:15am Balloon Toss 11:00am Garden Visits - CY 2:45pm Manicures / Hand Massages	<b>10</b> <b>10:30am Rosary - CH</b> 10:45am Garden Tour 2:00pm DementiaAbilities Task/Program 2:15pm Mahjong (CG) 6:30pm Crafting with Jenn and Venus	<b>11</b> 10:00am YouTube Music/Movie <b>10:30am Accoridan Music with Cosimo-CY</b> <b>2:30pm Bingo</b> 4:00pm One-to-One Visits 6:15pm Table Top Games- VS
<b>12</b> 10:00am Hymn Sing on YouTube <b>10:30am Garden Visits</b> 2:30pm Ice Cream Social (BV) 4:00pm Activities on the Go 6:15pm Word Games-BG	<b>13</b> 10:15am Fun and Fitness/Exercise 11:00am Balloon Toss 2:15pm Manicures/Hand Massages 3:30pm One-to-One Visits	<b>14</b> <b>10:00am Life Long Learning: Seneca College Workshop - HL</b> 2:15pm Gardening 4:00pm One-to-One Visits 6:00pm Evening Chats- CG	<b>15</b> 10:00am Cribbage 10:30am Chair Exercises 10:45am Men & Music - CH 1:30pm New Song Bell Choir 2:30pm DementiaAbilities Task/Program	<b>16</b> <b>10:30am Anglican Communion - CH</b> 2:30pm Adult Colouring Group <b>2:30pm Resident Council- HL</b> 3:15pm One-to-One Visits 4:00pm Activities on the Go	<b>17</b> <b>10:30am Roman Catholic Mass - CH</b> 10:45am Garden Tour 2:15pm Mahjong (CG) <b>2:15pm Trivia and Lemonade Social</b> 6:30pm Reading Club with Jenn and Venus	<b>18</b> 10:00am YouTube Music/Movie <b>10:15am Bingo (BG)</b> <b>2:30pm Resident Birthday Party - HL</b>
<b>19</b> 10:00am Non-Denominational Church Service on YouTube 10:30am Courtyard Visits <b>2:30pm Beach Day at Unionvilla (HL)</b>	<b>20</b> 10:15am Fun and Fitness/Exercise 11:00am Garden Visits 3:30pm One-to-One Visits	<b>21</b> <b>Foss Corporate Volunteer Group 9 to 12</b> 2:15pm Manicures & Hand Massages 4:00pm One-to-One Visits 5:30pm Walking/Wheeling 6:30pm Bingo	<b>22</b> 10:00am Cribbage 10:30am Chair Exercises 10:45am Men & Music - CH 1:30pm New Song Bell Choir 2:30pm DementiaAbilities Task/Program 3:15pm Garden Visits - CY 4:00pm DementiaAbilities Task/Program	<b>23</b> 10:15am Active Games <b>10:30am Hymn Sing - CH</b> 11:00am Garden Visits <b>2:15pm Craft Corner</b> 3:45pm One-to-One Visits	<b>24</b> <b>10:00 to 3:30 ~ Outing- Fishing Trip</b> 6:30pm Crafting with Jenn and Venus	<b>25</b> 10:00am YouTube Music/Movie <b>10:15am Bingo (BG)</b> <b>2:30pm Beach Ball Volleyball in the Courtyard</b> 4:00pm One-to-One Visits 6:15pm Table Top Games- VS
<b>26</b> 10:15am Hymn Sing 10:45am Garden Visits <b>2:30pm S'mores &amp; Songs Around the Campfire (HL)</b> 4:00pm Activities on the Go 6:15pm Word Games-BG	<b>27</b> 10:15am Fun and Fitness/Exercise 11:00am Balloon Toss 2:15pm Manicures/Hand Massages 3:30pm One-to-One Visits	<b>28</b> <b>10:30am Chinese Social - CH</b> <b>2:30pm Sweet Taste of Canada: Nova Scotia Blueberry Crumble Social (BV)</b> 4:00pm One-to-One Visits 5:30pm Walking/Wheeling 6:30pm Bingo	<b>29</b> 10:00am Cribbage 10:30am Chair Exercises 10:45am Men & Music - CH <b>2:30pm Magnificent Bells- Choir Concert</b> 3:30pm One-to-One Visits	<b>30</b> 10:00am YouTube Music/Movie 3:15pm One-to-One Visits 4:00pm Activities on the Go	<b>31</b> 10:15am Fun and Fitness <b>10:30am Roman Catholic Mass</b> 11:00am Walking/Wheeling <b>2:15pm Men's Group: Memory Lane Mini Super Cars with Erica (CH)</b> 6:30pm Reading Club with Jenn and Venus	