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## UNION VILLA'S RESIDENT NEWSLETTER

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### GREETINGS FROM THE RESIDENTS' COUNCIL PRESIDENT

Welcome to the beautiful month of July everyone.

Summer is finally here. Time to get out the picnic hampers and bathing suits. Be careful out in the sun though. Our bodies need it but in small doses. Too much causes burning and deterioration of the skin cells. Apply your sun screen regularly.

July 1st we celebrate our country's 159th Birthday. I know we are all proud to call Canada home. I hope to see as many of you as possible at the Canada Day Celebration! Events can promote togetherness and a sense of community.

Stay safe and as healthy as possible. Eat well, stay hydrated, especially in these hot months.

Well I guess that's it for now. Thank you to everyone who reads these articles every month. Hope to see you soon.

Yours truly, Anne Tebbutt,  
The Barefoot President



## MESSAGE FROM THE RECREATION TEAM

Summer is in full swing, and July brings plenty of opportunities to enjoy the sunshine, connect with friends, and make lasting memories.

We are excited and looking forward to our upcoming summer BBQs! These special events are a great opportunity to enjoy tasty food, spend time with fellow residents, and celebrate the season together.

This month we are excited to be heading to Burd's Fishing for a fun-filled day outdoors! Participants will have the opportunity to enjoy the peaceful surroundings, spend time with friends, and try their luck at fishing. Whether you're an experienced angler or casting a line for the first time, this outing promises plenty of fresh air, relaxation, and memorable moments.

If you have any questions or need assistance, please feel free to contact me or any of the Recreational Therapists at any time.

We're here to support you and ensure you have the best experience possible:

[lbailey@uhs.on.ca](mailto:lbailey@uhs.on.ca) or call extension 4225.

*Lindsay Bailey*





to all our residents who are celebrating this month!

Gloria	July 04
Sueyyor	July 10
Francis	July 11
Isabela D	July 14
Dobriila	July 15
Roger	July 17
Leonardo	July 19
Barbara S	July 22
Jong Hoon	July 23
Anne Mc	July 28
Elizabeth Mc	July 29
Marcelle	July 30



### JULY FACTS

Zodiac Signs: Cancer June 21 - July 22  
Leo July 23 - August 22

Birth Flowers: Larkspur and Water Lily

Birthstone: Ruby

Birth Colours: Red, Blue, or White

### QUOTE OF THE MONTH

"Every hour of every day is an unspeakably perfect miracle." — Walt Whitman

## JULY SPECIAL EVENTS

Mark you calendars and join us!

*(ALL program scheduled for courtyard are weather permitting)*

July 1, 2:30 pm - Calgary Stampede Canada Day Celebration with Dan Champagne in the Courtyard

July 2, 2:30 pm - Birthday Party with Emilio in the Courtyard

July 4, 2:30 pm - Beetlemania Concert with Winston and Friends in the Heritage Lounge

Resident BBQs 12:00 pm - in the Courtyard

- 3rd Floor July 8
- 2nd Floor July 15
- Union Mills July 22

July 11, 10:30 am - Accordion Music with Cosimo in the Courtyard

July 14, 10:00 am - Lifelong Learning Workshops with Seneca College

July 24, 10:00 am to 3:30 pm - Outing to Burds Fishing (sign up required)

July 25, 2:30 Beach Volleyball in the Courtyard

July 26, 2:30 S'mores & Songs Around the Campfire in the Courtyard

July 31, 2:30 Men's group: Memory Lane Mini Super Cars with Erica in the chapel



- **Trip to the Beach**
- **Markham Concert Band Summer Concert**

# FAREWELL DEAR FRIENDS

Donald M. Shurab M. Gerhard M.



## POEM: Remembering Them

We take a moment to honour those who are no longer with us, grateful for the time they spent in our community and the warmth they brought to our days.

Their presence may have passed, but their kindness remains—carried in the memories we share and in the small ways they shaped the spaces around us.

As we remember them, we hold onto the comfort of knowing their lives touched ours, leaving behind a quiet legacy of connection and care

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*Welcome*

**TO OUR NEW RESIDENTS**

Nora C  
Alberto R

## JULY DAYS OF SIGNIFICANCE

We are proud to share these upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.

### July 1 - Canada Day

Canada's national holiday is celebrated on July 1. Canadians across the country and around the world show their pride in their history, culture and achievements. It's been a day of celebration since 1868, where many festivities are held across the nation.



# SUMMER WORD SEARCH



D N G X S P R K D N X D A A T  
D Q A G I V O F T N A D V M T  
C S P C S P U U H W L V C S U  
K W N R Z S T Y W F E L U M T  
P I K N H K H Z W M R G P X S  
C M L O X Z M O S B U K A S W  
C S H L W C L K T A P N D Z I  
A U J E N M R N H O A W C T M  
M I U M E O H C O C W T P A F  
P T L R W J I L E V A R T D K  
C Y Y E V B U T S A M V M J D  
P C R T V J E N A M Q P O I G  
G I Z A T Y W A E C G F C Q R  
F B U W Y L M Z C N A I O Y N  
K R P P Q V O J B H C V Y O X

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AUGUST  
BEACH  
CAMP  
FIREWORKS  
HOT



JULY  
JUNE  
PICNIC  
POOL  
RELAX



SWIM  
SWIMSUIT  
TRAVEL  
VACATION  
WATERMELON

# FOLLOW THE NUMBERS

FIND THE PATH THROUGH THE HONEYCOMB FROM 1 - 100



A large honeycomb grid containing numbers from 1 to 100. The numbers are arranged in a path that starts at 1 and ends at 100. A red arrow points to the number 1 at the bottom left, and another red arrow points to the number 100 at the top right. The path of numbers is: 1, 2, 3, 4, 5, 31, 32, 33, 4, 3, 3, 5, 24, 6, 30, 29, 34, 5, 6, 5, 4, 23, 25, 26, 27, 28, 35, 6, 5, 6, 7, 22, 26, 27, 23, 29, 36, 36, 9, 8, 7, 8, 21, 20, 21, 22, 30, 37, 38, 37, 10, 12, 9, 9, 18, 19, 20, 32, 31, 42, 39, 39, 65, 11, 10, 11, 10, 17, 19, 22, 21, 42, 41, 40, 40, 64, 66, 12, 13, 14, 15, 16, 18, 20, 21, 43, 49, 42, 41, 63, 65, 67, 13, 14, 15, 18, 17, 46, 45, 44, 50, 59, 61, 62, 66, 68, 14, 50, 49, 48, 47, 47, 48, 49, 58, 60, 68, 67, 69, 15, 51, 52, 53, 54, 55, 56, 57, 62, 61, 72, 70, 52, 54, 55, 80, 79, 78, 77, 76, 75, 73, 71, 53, 83, 81, 80, 89, 90, 95, 96, 74, 72, 84, 82, 83, 88, 91, 94, 97, 74, 73, 85, 86, 87, 92, 93, 98, 99, 100. A red arrow points to the number 100.

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# MEMORIES FROM JUNE



# MORE MEMORIES ...

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## **OUR MISSION**

Enhancing the experience of aging, one person at a time.

## **OUR VISION**

A progressive community hub where older adults thrive, age well and live better.

## **OUR VALUES**

The Unionville Home Society, in its relationships with others, values and commits itself to:

- Caring Genuinely and Passionately
- Respecting Each Person
- Serving with Integrity and Commitment
- Advancing Quality and Innovation
- Connecting Communities

## **UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT**

Unionville Home Society acknowledges the traditional territories of the Anishinaabe Peoples, the Haudenosaunee Peoples and the Huron Wendat and recognizes their stewardship of the land and its resources. This territory is covered by Treaty 13 and the Williams Treaty and according to the “one dish, one spoon” concept of environmental stewardship, all people living on this land have the responsibility to ensure that the dish will never be empty.

All of us at Unionville Home Society take pride in the rich indigenous history of the land and are committed to building a brighter, more honest, more inclusive future where Indigenous perspectives are recognized within Markham’s diverse tapestry of communities.