
THE ADP CONNECTION

*Our Adult Day Program is where every activity brings joy
and every experience holds purpose.*



GREETINGS FROM THE ADULT PROGRAM TEAM

Welcome to August!

Welcome to a new month filled with fun, creativity, and opportunities to grow! This August, we'll be staying active both indoors and outdoors while exploring a variety of meaningful leisure activities.



Together, we'll discover creative opportunities, build confidence, and maximize independent skills through engaging experiences that promote learning, social connection, and enjoyment. We look forward to another exciting month with you!

Wishing everyone a safe, happy, and enjoyable month!

Kate Papillo, Adult Day Program Manager



MEET THE ADP TEAM



Julie Robinson



Shane Hannay



Joyce Kwan



Marlene Pangilinan



QUOTE OF THE MONTH

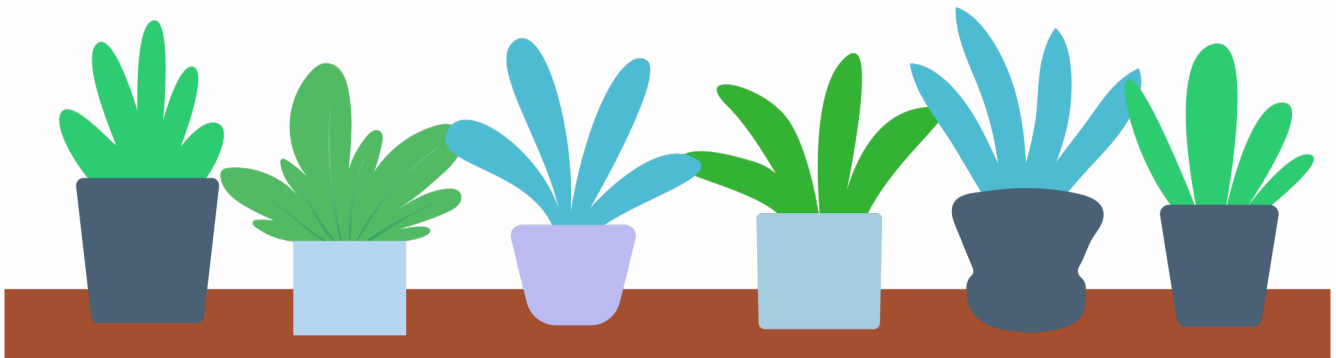
"If it could only be like this always – always summer, always alone, the fruit always ripe." – Evelyn Waugh



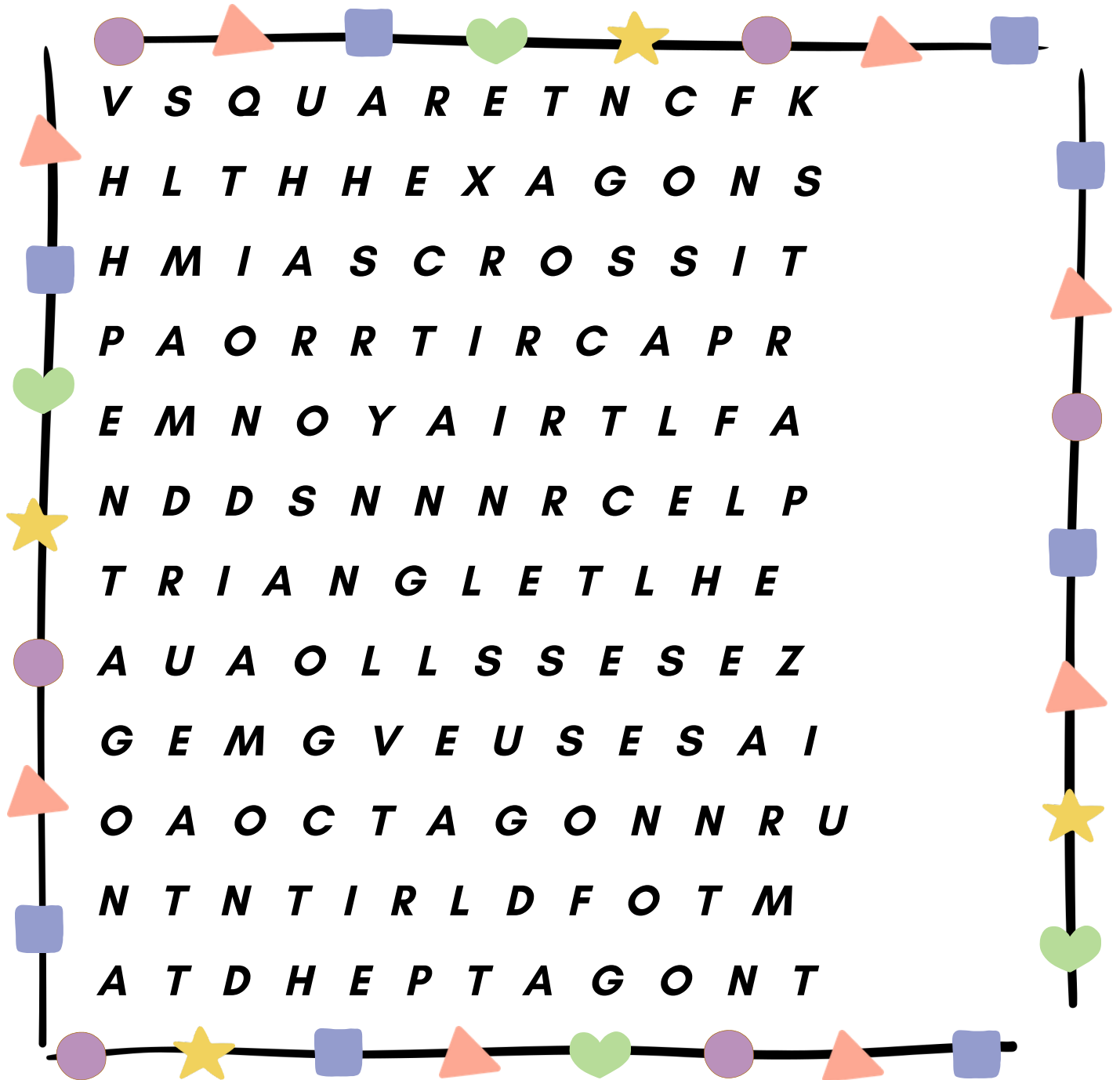
WHAT'S MISSING



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SHAPES WORD SEARCH



SQUARE

DIAMOND

RECTANGLE

OVAL

CIRCLE

TRIANGLE

TRAPEZIUM

CROSS

HEART

HEXAGON

HEPTAGON

MOON

STAR

PENTAGON

OCTAGON

CAREGIVER CORNER

DEMENTIA AND BEHAVIOR

Actions, words or gestures presented by a person living with dementia can be a way of responding to something negative, frustrating or confusing in their social and physical environment.

Examples of changes in behaviour that a person living with dementia may experience can include:

- Aggression
- Agitation
- Walking about
- Restlessness
- Delusions and/or hallucinations
- Paranoia
- Making unexpected noises
- Becoming more withdrawn

These can be the result of changes in the brain or a person's experience of the environment, care approach or situation.

Understanding changes in behaviour is easier when we also understand that:

1. All changes in behaviour (words, gestures, actions) have meaning.
2. Behaviour is a way of communicating meanings, needs and concerns.
3. To understand why a person's behaviour may have changed, we must consider the physical, intellectual, emotional, environmental, social and situational factors.

When someone's behaviour changes, reflect on whether it is a problem for the person living with dementia or is it more a problem for the people around them. Will the solution cause more anxiety? If so, to whom? Will changing expectations affect the problem?

CONSIDERATIONS

While this page offers strategies for in the moment, think about the true meaning behind a change in behaviour. Consider these questions regarding what happened before, during and after the event:

- Physical – Are basic needs met? Is a person in discomfort or pain? What changes in their physical condition do I see (i.e. grimacing, eating patterns, energy level)?
- Intellectual – Has the person experienced recent changes in memory? Have they been showing impulsive behaviour (swearing, sexual behaviour)? Are they struggling with speech or sequenced tasks (getting dressed)?
- Emotional – Have you noticed increased tearfulness or anxiety? Does the person seem lonely? Have they exhibited any new unusual behaviour (i.e. suspicious of others)?
- Capabilities – Can a person do more than you realize? Does a person understand that he may need help?
- Environment – Is there too much noise or too large of a crowd around the person? Is the lighting poor, making it hard for them to navigate? Is there enough stimulation?
- Social – Do any childhood, early adulthood or employment experiences offer insight? What do we know about the person's religion or culture?
- Actions of Others – What am I doing or not that may contribute to changes in a person's behaviour?

Credit: Alzheimer Society of Canada



OUR MISSION

Enhancing the experience of aging, one person at a time.

OUR VISION

A progressive community hub where older adults thrive, age well and live better.

OUR VALUES

The Unionville Home Society, in its relationships with others, values and commits itself to:

- Connecting Communities
- Advancing Quality and Innovation
- Caring Genuinely and Passionately
- Respecting Each Person
- Serving with Integrity and Commitment

