



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CARIBANA 					1 10:15am Exercise 11:15am You & Me 2:15pm Classic Cinema Hour 6:00pm Cozy Corner
2 10:00am Non-Denom. Service 10:30am Gardening 11:15am Enrichment Visits 2:30pm Chinese Music with Eva - HL 6:00pm Healing hands 6:15pm Resident Volunteer Club	3 10:15am Balloon Toss 2:30pm Caribana - Soca & Sunshine - HL	4 10:30am Non-Denom. Church Service (Pr.Jim) - CH 1:15pm Quiet Reflections 2:15pm Virtual Reality-UM 6:00pm Music Appreciation	5 10:15am Exercise 11:15am Garden Visits 2:15pm Floor Social-UM & VS 3:15pm Music for Memory Care 6:00pm Sensory Stimulation	6 10:15am Crafts 11:15am Walking/Wheeling 1:30pm Family Connections 2:30pm Birthday Party with Emilio- HL 6:00pm Reading group	7 10:15am Melody Delight - BV 11:15am One-to-One Visits 2:15pm Manicure 6:00pm Movie Night	8 10:30am Bingo (BG) 11:15am Enrichment Visits 2:30pm Zest for Life: Lemonade Making (HL) 6:00pm Activities on the Go
9 10:00am Non-Denom. Service 10:30am Gardening 11:15am Enrichment Visits 6:00pm Helping Hands 6:15pm Balloon Toss (BV)	10 10:15am Fitness Club 11:15am Walk & Talk 2:15pm Art Expression 6:15pm Bingo on VS	11 10:15am What's in the Box 11:30am One-to-One Visits 2:30pm Centenarian Birthday Party with Pamela - HL 6:00pm Music Appreciation	12 10:15am Exercise 11:15am Garden Visits 2:15pm Manicure 3:15pm One-to-One Visits 6:00pm Sensory Stimulation	13 10:30am Boxing Class- CG 11:15am Walking/Wheeling 1:30pm Family Connections 2:15pm Conversation Cards 2:30pm Resident Council 6:00pm Reading group	14 ~ 10:30 to 3:30 ~ Trip to the Beach 10:30am Roman Catholic Mass - CH 6:00pm Movie Night	15 10:15am Gardening 2:30pm Men's Club 6:00pm Sing-a-long 6:15pm One-to-One Fun
16 10:00am Non-Denom. Service 10:30am Gardening 2:15pm Classic Cinema 6:00pm Sorting- Buttons 6:15pm Brain Boosters	17 10:15am Walk & Talk 11:15am Puzzles 2:00pm Aging Mindfully - CH 2:15pm Art Expression 6:15pm Bingo on VS	18 10:15am Balloon Toss 11:30am One-to-One Visits 2:15pm Memory Book 2:30pm Craft Corner 6:00pm Music Appreciation	19 10:15am Exercise 11:15am Garden Visits 12:00pm Resident BBQ Union Mills-CY 2:15pm Memory Book 3:15pm Music for Memory Care 6:00pm Sensory Group	20 10:30am Anglican Communion - CH 11:15am Walking/Wheeling 1:30pm Family Connections 2:00pm Jammin' with Jim and Frank- BV 6:00pm Reading group	21 10:15am Table Top Games 11:15am One-to-One Visits 2:15pm Manicure 6:00pm Movie Night 6:30pm Crafting with Jen	22 10:30am Bingo (BG) 11:15am Enrichment Visits 2:30pm Markham Concert Band - Summer Concert (CY) 6:00pm Activities on the Go
23 10:00am Non-Denom. Service 10:30am Gardening 11:15am Enrichment Visits 1:30pm Blue Jays Game - HL 6:15pm Movie (CG)	24 10:15am Walk & Talk 11:15am Sensory Pet Visits 2:00pm Water Colour with Mia -UM 6:15pm Bingo on VS	25 10:15am Balloon Toss 11:30am One-to-One Visits 2:30pm Craft Corner 6:00pm Music Appreciation	26 10:15am Exercise 11:15am Garden Visits 2:30pm Kitchen memories 3:15pm Music for Memory Care 6:00pm Sensory Group	27 Labour Day - Fun Fair 10:30 to 3:00 10:15am Balloon Toss 11:15am Walking/Wheeling 1:30pm Family Connections 6:00pm Reading group	28 10:15am Table Top Games 10:30am Roman Catholic Mass - CH 11:15am One-to-One Visits 2:15pm Manicure 6:00pm Movie Night 6:30pm Reading Club with Jen	29 10:15am Gardening 11:15am Parachute Games 2:15pm Virtual Reality 6:00pm Sensory Pet Visits
30 10:00am Non-Denom. Service 10:30am Gardening 11:15am Enrichment Visits 2:15pm Movie Matinee 6:00pm Healing hands	31 10:15am Balloon Toss 11:15am Active Games 2:15pm Markham Fair Prep. 6:15pm Bingo on VS					