



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30am Card Bingo 2:30pm Ice Cream Social 3:30pm Treat Cart
2 10:15am Non-Denom. Church Service (virtual) - CH 10:30am Sensory Stimulation 2:30pm Chinese Music with Eva - HL 6:15pm Resident Volunteer Club	3 10:15am Walking/ Wheeling Outdoors 2:30pm Caribana - Soca & Sunshine - HL 3:15pm Music Meditation	4 Fun and Fitness/Exercise 10:30am Non-Denom. Church Service (Pr.Jim) - CH 11:15am Reading 2:30pm Art Expression 3:30pm Garden visits	5 10:30am Kitchen Memories 11:00am Walking/Wheeling 2:15pm Table Top Games 3:15pm Ipad Program	6 2:30pm Birthday Party with Emilio- HL 5:30pm Armchair Travel 6:30pm Card Bingo	7 10:15am Melody Delight - BV 2:30pm Manicure and Hand Massage	8 10:30am Bingo (BG) 2:30pm Zest for Life: Lemonade Making (HL) 3:30pm Treat Cart 6:15pm Table Top Games
9 10:15am Non-Denom. Church Service (virtual) - CH 11:15am Montessori 6:15pm Balloon Toss (BV)	10 10:15am Walking/ Wheeling Outdoors 10:30am Fun and Fitness/Exercise 2:15pm Art Expression 3:15pm Music Meditation	11 10:30am Active Games 11:15am Reading 2:30pm Centenarian Birthday Party with Pamela - HL 3:30pm Garden visits	12 12:00pm Resident BBQ 2nd Floor -CY 2:15pm Manicures and Hand massages	13 10:30am Functional Mind, and Body Boxing- CG 2:30pm Crafts 2:30pm Resident Council- HL 5:30pm Armchair Travel 6:30pm Card Bingo	14 ~ 10:30 to 3:30 ~ Trip to the Beach 10:30am Roman Catholic Mass - CH	15 10:30am Card Bingo 2:30pm Active Games 3:30pm Treat Cart 6:15pm One-to-One Fun
16 10:15am Non-Denom. Church Service (virtual) - CH 10:30am Sensory Stimulation 2:30pm Floor Socials 6:15pm Brain Boosters	17 10:15am Walking/ Wheeling Outdoors 2:00pm Aging Mindfully - CH 2:00pm Water Colour with Mia- CG 3:15pm Music Meditation	18 Fun and Fitness/Exercise 11:15am Reading 2:30pm Crafts	19 10:30am Active Games 10:45am Men & Music - CH 1:30pm Bell Choir 2:15pm Manicures and Hand massages 2:15pm Table Top Games 3:15pm Ipad Program	20 10:30am Anglican Communion - CH 2:00pm Jammin' with Jim and Frank- BV 5:30pm Armchair Travel 6:30pm Card Bingo	21 10:30am Manicure and Hand Massage 2:30pm Cognitive Games 6:30pm Crafting with Jen	22 10:30am Bingo (BG) 2:30pm Markham Concert Band - Summer Concert (CY) 3:30pm Treat Cart
23 10:15am Non-Denom. Church Service (virtual) - CH 10:30am Sensory Stimulation 1:30pm Blue Jays Game - HL 6:15pm Movie (CG)	24 10:15am Walking/ Wheeling Outdoors 10:30am Fun and Fitness/Exercise 2:15pm Art Expression 3:15pm Music Meditation	25 2:30pm Reading 3:30pm Garden visits	26 10:45am Men & Music - CH 1:30pm Bell Choir 2:30pm One-to-One Visits	27 Labour Day - Fun Fair 10:30 to 11:30 and 2:00 to 3:00 6:30pm Card Bingo	28 10:30am Manicure and Hand Massage 10:30am Roman Catholic Mass - CH 2:30pm Cognitive Games 6:30pm Reading Club with Jen	29 10:30am Card Bingo 2:30pm Active Games 3:30pm Treat Cart
30 10:15am Non-Denom. Church Service (virtual) - CH 10:30am Sensory Stimulation 2:30pm Floor Socials 6:15pm Helping Hands	31 10:15am Walking/ Wheeling Outdoors 2:15pm Art Expression 3:15pm Music Meditation					