



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CARIBANA 					1 10:00am YouTube Music/Movie 10:15am Bingo (BG) 2:30pm Calendar Posting Visits 6:15pm Trivia Fun
2 10:00am Non-Denominational Church on YouTube 10:15am Art Expression 2:30pm Chinese Music with Eva - HL 6:15pm Resident Volunteer Club	3 10:15am Fun and Fitness/Exercise 11:00am Garden Visits 2:30pm Caribana - Soca & Sunshine - HL 3:30pm One-to-One Visits	4 10:30am Non-Denom. Church Service (Pr.Jim) - CH 2:30pm News & Views: Welcome August 4:00pm One-to-One Visits 6:30pm Bingo (BV Dining Room)	5 10:00am Cribbage 12:00pm Resident BBQ 3rd Floor -CY 2:45pm Budii System	6 10:30am Fun and Fitness/Exercise 2:30pm Birthday Party with Emilio- HL 4:00pm Activities on the Go	7 10:15am Melody Delight - BV 11:00am Walking/Wheeling 2:30pm Ice Cream Sundae Bar	8 10:00am YouTube Music/Movie 10:30am Bingo (BG) 2:30pm Zest for Life: Lemonade Making (HL) 4:00pm One-to-One Visits 6:15pm Table Top Games
9 2:30pm Garden Visits 2:30pm Sensory Stimulation 4:00pm Activities on the Go 6:15pm Balloon Toss (BV)	10 10:15am Fun and Fitness/Exercise 11:00am Garden Visits 2:00pm Water Colour with Mia-BG 3:30pm One-to-One Visits	11 2:30pm Centenarian Birthday Party with Pamela - HL 4:00pm One-to-One Visits 6:30pm Bingo (BV Dining Room)	12 10:00am Cribbage 10:30am Chair Exercises 4:00pm DementiAbilities Task	13 10:30am Active Games 11:00am Walking/Wheeling 2:30pm Resident Council- HL 2:45pm Garden Visits	14 ~ 10:30 to 3:30 ~ Trip to the Beach 10:30am Roman Catholic Mass - CH 11:00am Walking/Wheeling 2:00pm Garden Visits	15 10:00am YouTube Music/Movie 10:15am Bingo (BG) 2:30pm Balcony Social 6:15pm One-to-One Fun
16 10:00am Non-Denominational Church on YouTube 10:30am Courtyard Visits 2:30pm Markham Fair Crafts 6:15pm Brain Boosters	17 10:15am Fun and Fitness/Exercise 11:00am Garden Visits 2:00pm Aging Mindfully - CH 2:40pm Manicures & Hand Massages 3:30pm One-to-One Visits	18 10:30am Garden Visits 2:30pm Activities on the Go 4:00pm One-to-One Visits 6:30pm Bingo (BV Dining Room)	19 10:00am Cribbage 10:30am Chair Exercises 10:45am Men & Music - CH 1:30pm Bell Choir 2:30pm Budii System	20 10:30am Anglican Communion - CH 2:00pm Jammin' with Jim and Frank- BV 3:15pm One-to-One Visits 4:00pm Activities on the Go	21 10:30am Parachute Volleyball Fun 2:30pm Watermelon Social (3rd Floor Balcony) 6:30pm Crafting with Jen	22 10:00am YouTube Music/Movie 10:30am Bingo (BG) 2:30pm Markham Concert Band - Summer Concert (CY) 4:00pm One-to-One Visits
23 1:30pm Blue Jays Game - HL 2:00pm Makham Fair Crafts 2:30pm Sensory Stimulation 4:00pm Activities on the Go 6:15pm Movie (CG)	24 10:15am Fun and Fitness/Exercise 11:00am Garden Visits 2:15pm Manicures/Hand Massages 3:30pm One-to-One Visits	25 Markham Fair Crafts 4:00pm One-to-One Visits 6:30pm Bingo (BV Dining Room)	26 10:00am Cribbage 10:30am Chair Exercises 10:45am Men & Music - CH 1:30pm Bell Choir 2:00pm Markham Fair Crafts 4:00pm DementiAbilities Task	27 Labour Day - Fun Fair 10:30 to 11:30 and 2:00 to 3:00	28 10:30am Roman Catholic Mass *Debbie - CH 11:00am Walking/Wheeling 2:00pm Markham Fair Crafts 6:30pm Reading Club with Jen	29 10:00am YouTube Music/Movie 10:15am Bingo 2:30pm Markham Fair Crafts 6:15pm Trivia Fun
30 10:00am Non-Denominational Church on YouTube 10:30am Courtyard Visits 2:30pm Sensory Stimulation 6:15pm Helping Hands	31 10:15am Fun and Fitness/Exercise 11:00am Garden Visits 2:30pm Table Top Games 3:30pm One-to-One Visits					

