Cedar Grove Activity Calendar

November 2026

UNIONVILLE HOME SOCIETY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:00am Calendar Posting Visits** 10:15am Non-Denom. Virtual Church - CH **2:30pm Bingo** 6:15pm Resident's Choice	**2** 10:30am Active Games 11:00am Walking/ Wheeling Outdoors 2:15pm Art Workshop 3:15pm Music Meditation 6:00pm Mahjong Monday (CG)	**3** 10:30am Active Games 11:15am Reading **2:30pm Bingo BG/BV**	**4** 10:30am One-to-One Visits 10:45am Men & Music - CH 2:15pm Manicures and Hand massages	**5** **10:30am Boxing Class- VS** **2:30pm Birthday Party with Emilio** 5:30pm Armchair Travel 6:30pm Resident's choice	**6** **10:15am Melody Delight - BV** **2:30pm Festival of Lights Celebration-HL**	**7** 10:30am Card Bingo 2:30pm Active Games 3:30pm Treat Cart
8 **Diwali** 10:15am Non-Denom. Virtual Church - CH 10:30am Dementiability 11:15am Music Appreciation **2:30pm Diwali Reflection Socials**	**9** 10:30am One-to-One Visits 2:15pm Art Workshop 3:15pm Music Meditation 6:00pm Mahjong Monday (CG)	**10** 10:30am Fun and Fitness/Exercise **10:30am Chinese Social - CH** 11:15am Reading **2:30pm Bingo BG/BV**	**11** **Remembrance Day** **10:30am Remembrance Day Ceremony- HL** 10:45am Men & Music - CH 2:15pm Manicures and Hand massages 2:15pm Crafts	**12** 2:30pm Cognitive Games **2:30pm Resident Council - CH** 5:30pm Armchair Travel 6:30pm Resident's choice - Vari	**13** **10:30am Roman Catholic Mass - CH** 10:30am Table Top Games **2:00pm Deck the Halls**	**14** 10:30am Card Bingo **2:00pm Deck the Halls** 3:30pm Treat Cart
15 **10:00am Deck the Halls** 10:15am Non-Denom. Virtual Church - CH 11:15am Montessori 11:15am Music Appreciation **2:30pm Chinese Music with Eva -HL**	**16** **10:00am 10:00 to 3:30 Deck the Halls** **10:30am Yoga with Cheryl- CG** 2:15pm Art Workshop 3:15pm Music Meditation 6:00pm Mahjong Monday (CG)	**17** **10:30am Anglican Communion - CH** 10:30am Active Games 11:15am Reading **2:30pm Bingo BG/BV**	**18** 10:30am One-to-One Visits 10:45am Men & Music - CH **2:00pm Deck the Halls** 2:15pm Manicures and Hand massages	**19** **10:30am Hymn Sing - CH** **2:00pm Jammin' with Jim and Frank- BV** 5:30pm Armchair Travel 6:30pm Crafts	**20** **10:30am Rosary - CH** **11:00am 11:00 to 3:00 Outing to Eglinton Square Mall**	**21** 10:30am Card Bingo **10:30am Chinese Fellowship - CH** 2:30pm Active Games 3:30pm Treat Cart
22 10:15am Non-Denom. Virtual Church - CH 10:30am Dementiability 11:15am Music Appreciation **2:00pm Cookie Decorating - HL**	**23** 11:00am Walking/ Wheeling Outdoors 2:15pm Art Workshop 3:15pm Music Meditation 6:00pm Mahjong Monday (CG)	**24** 10:30am Fun and Fitness/Exercise **10:30am Non-Denominational Church Service （Roy） - CH** 11:15am Reading **2:30pm Bingo BG/BV**	**25** 10:30am Active Games 10:45am Men & Music - CH 2:15pm Manicures and Hand massages 2:15pm Crafts	**26** **10:30am Villa Voices - Choir Practice** 2:30pm Cognitive Games 5:30pm Armchair Travel 6:30pm Resident's choice - Vari	**27** **10:00am Holiday Photoshoot-CG** **10:30am Roman Catholic Mass - CH** 2:30pm One-to-One Visits	**28** 10:30am Card Bingo **2:30pm Karaoke Fun** 3:30pm Treat Cart
29 10:15am Non-Denom. Virtual Church - CH 10:30am Dementiability 11:15am Music Appreciation 2:30pm Floor Socials	**30** **10:30am Yoga with Cheryl- HL** **2:00pm Watercolour with Mia- CG** 3:15pm Music Meditation 6:00pm Mahjong Monday (CG)					