

BALLET THEATRE QUEENSLAND



Part-Time Training Programs

Classes for dancers aged 5-18 years



Train.

Perform.

Thrive.

Ballet Theatre Queensland acknowledges the Traditional Custodians of the lands on which we dance. For thousands of years, this country has been a place of movement, rhythm, and storytelling through dance.

We pay our deepest respects to Elders past, present, and emerging, and celebrate the ongoing cultural legacy of Australia's First Nations Peoples.

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Artistic Director's Welcome

For 88 years, Ballet Theatre Queensland has nurtured and championed excellence in production development, artistic expression, education and storytelling. I'm thrilled that our legacy inspires a bold new era of enhanced training and opportunity.

It has always been my vision to inspire young people with the beauty and power of dance, and to equip them with the training and knowledge needed to become profound artists and compelling storytellers. Central to this vision is the belief that exceptional arts education provides the tools, confidence, and versatility young dancers need to truly thrive within the performing arts industry and beyond.

Through BTQ's Performance Pathways Syllabus, aspiring dancers gain access to high-level technical training, creative exploration, and a holistic pathway toward artistic and professional excellence.

BTQ's holistic approach covers a broad range of skills and competencies to equip dancers with the versatility, confidence, and resilience needed for professional success.

Our programs are designed to empower dancers with the courage to explore their own artistic voices, the dedication to refine their craft, and the confidence to share their artistry with the world.

It is a personal joy and privilege to see this next generation of artists flourish under the expert guidance of BTQ's training faculty.

Clare Morehen
Artistic Director





Director of Training's Welcome

At Ballet Theatre Queensland, our part-time after school programs are designed to inspire and nurture the next generation of young dancers. Our Performance Pathway Syllabus provides a strong technical foundation while encouraging creativity, discipline, and a genuine love for dance.

Our aim is to provide exceptional dance training that develops both skill and confidence, while supporting students in successfully balancing their academic studies. Classes are delivered by experienced teachers who are passionate about guiding each dancer toward their personal best, in an environment that is positive, inclusive, supportive and inspirational.

The program focuses on building solid classical technique while introducing contemporary movement, musicality, and performance awareness. We believe that fostering artistry and individuality from an early stage is key to developing well-rounded dancers who move with expression and purpose.

As Director of Training, I am committed to ensuring that every student feels seen, encouraged, and challenged appropriately. Our faculty shares this philosophy. Together, we create a space where young dancers can grow at their own pace while developing the discipline, joy, and curiosity that form the heart of dance.

Whether students aspire to a professional career or simply wish to experience the rewards of dance training, our part-time training offers an enriching and inspiring pathway that builds confidence, creativity, and lifelong appreciation for the art form.

We look forward to welcoming dancers who are ready to challenge themselves, grow, and become the artists of tomorrow.

Victor Zarallo
Director of Training





Training Philosophy

As we open the doors to our new purpose-built training facility, we are proud to expand this commitment through a part-time, after-school training pathway for school-aged dancers. The program is specifically designed for those who wish to continue developing their technical skills and performance confidence, alongside their regular academic studies.

The program is delivered through the BTQ Performance Pathway Syllabus, a progressive training framework designed by our artistic and education team to build performance maturity and artistic identity over time.

Grounded in classical and contemporary technique, the syllabus integrates repertoire, rehearsal practice, stagecraft and interpretive nuance, preparing dancers for the demands and joy of the stage.

Ballet Theatre Queensland's Performance Pathway Programs are designed to nurture the next generation of confident, expressive young artists. Our goal is to offer exceptional after-school training that complements academic studies and other syllabus commitments.

For nearly 90 years, Ballet Theatre Queensland has created meaningful performance experiences for young dancers and fostered a love of theatre and artistry.



BTQ Pillars

At the core of BTQ Training are six guiding principles that shape every aspect of our program.

01 Knowledge & Awareness

We encourage curiosity, critical thinking, and artistic insight, enabling dancers to make informed choices and grow into well-rounded individuals.

02 Foundation & Precision

We develop physical capability through progressive, safe, and sustainable training that refines technique and builds strong, assured bodies.

03 Expression & Connection

We foster joy, creativity, and authentic connection in training and performance, cultivating empathy and a lifelong love of dance and the performing arts.

04 Wellbeing & Resilience

We prioritise physical health, mental wellbeing, and adaptability, equipping dancers with the resilience to thrive on and off stage.

05 Individual Empowerment

We recognise and celebrate each dancer's unique strengths and goals, nurturing their voice, artistry, and personal growth.

06 Mentorship & Pathways

We provide individualised mentorship that supports dancers through every stage of their journey, from training to professional pathways.



Our Values

Inclusivity

Inclusivity is the commitment to embracing and valuing diverse perspectives, ensuring that everyone feels welcomed and represented.

Community

Community signifies fostering a sense of belonging and collaboration among individuals with shared goals and interests.

Professionalism

Professionalism entails maintaining high standards of behaviour, ethics, and competence in one's work or interactions.

Integrity

Integrity reflects our commitment to upholding the highest standards of honesty, respect, and accountability.

Joy

Joy embodies the cultivation of happiness, positivity, and a sense of fulfilment in both personal and collective experiences.

Program Overview

Training is delivered in cohesive blocks of 2, 3 or 4 days per week, depending on age and level (see below). Classes are grouped for convenience and continuity, enabling families to manage their weekly commitments while supporting dancers with consistent progressive training.

Designed for dancers in primary school (PFP)

Level	School year/age	Commitment	Class Inclusions
PFP Prep	Academic year Prep (ages 5-6)	1 or 2 classes per week	BTQ Ballet, Creative Practice
PFP Level 1	Academic years 1, 2, 3 (ages 6-9)	2 afternoons per week	BTQ Ballet, Contemporary, Creative Practice, Repertoire, Pre Pointe/Strength
PFP Level 2	Academic years 4, 5, 6 (ages 9-12)	2 afternoons per week + Saturday morning	BTQ Ballet, Contemporary, Ballet Repertoire, Contemporary Repertoire, Pre Pointe/Pointe, Strength & Conditioning

Designed for dancers in secondary school (PDP)

Level	School year/age	Commitment	Class Inclusions
PDP Level 1	Academic years 7, 8, 9 (ages 12-15)	3 evenings per week	BTQ Ballet, Contemporary, Ballet Repertoire, Contemporary Repertoire, Pointe / Male Coaching, Mat Pilates
PDP Level 2	Academic years 10, 11, 12 (15-18)	3 or 4 evenings per week	BTQ Ballet, Pointe, Ballet Repertoire, Contemporary, Contemporary Repertoire & Improvisation, Mat Pilates.

Placement is based on students current school year and training experience. Ages listed are approximate and intended as a guide.

Performance Foundation Program - Prep

Academic year: Prep

Ages: 5–6 years

Weekly Commitment

A minimum of two blocks per week is required, with three blocks recommended to support greater progression.

Schedule

Students can select their two blocks (or three if preferred) from the below:

Day	Class Block	Time
Monday	BTQ Ballet & Creative Practice	3:45pm - 4:30pm
Thursday	BTQ Ballet & Creative Practice	3:45pm - 4:30pm
Saturday	BTQ Ballet & Creative Practice	10:15am - 11:00am

Fees Per Term (10 weeks)

2 Blocks - \$300

3 Blocks - \$450

Performance Foundation Program - Level 1

Academic years: 1, 2 & 3

Ages: 6–9 years

Weekly Commitment

A minimum of two blocks per week is required, with three blocks recommended to support greater progression.

Schedule

Day	Class Block	Time
Tuesday	BTQ Ballet	3:45pm - 4:45pm
Thursday	BTQ Ballet, Creative Practice & Contemporary	3:45pm - 6:30pm
Saturday	BTQ Ballet, Strength & Conditioning, Pre Pointe	9:30am - 11:45am

Optional additional classes:

Day	Class Block	Time
Tuesday	Broadway (Jazz, Tap)	4:45pm - 5:30pm

Fees Per Term (10 weeks)

\$1,200 for three blocks per week.

If selecting two blocks, the fee will be adjusted proportionally based on the selected days, as hours vary between blocks.

Optional Broadway: +\$175

Performance Foundation Program - Level 2

Academic years: 4, 5 & 6

Ages: 10–12 years

Weekly Commitment

A minimum of two blocks per week is required, with three blocks recommended to support greater progression.

Schedule

Day	Class Block	Time
Monday	BTQ Ballet, Pre Pointe/Pointe, Contemporary	4.00pm - 7:15pm
Wednesday	BTQ Ballet, Contemporary Repertoire, Ballet Repertoire	3:45pm - 7:00pm
Friday	BTQ Ballet, Pre Pointe/Pointe, Ballet Repertoire	4.00pm - 7:00pm

Optional additional classes:

Day	Class Block	Time
Thursday	Broadway (Jazz, Tap)	4:30pm - 5:30pm

Fees Per Term (10 weeks)

\$1,800 for three blocks per week.

If selecting two blocks, the fee will be adjusted proportionally based on the selected days, as hours vary between blocks.

Optional Broadway: +\$230



Performance Development Program - Level 1

Academic years: 7, 8 & 9

Ages: 12–15 years

Weekly Commitment

A minimum of two blocks per week is required, with three blocks recommended to support greater progression.

Schedule

Day	Class Block	Time
Monday	BTQ Ballet, Pointe, Contemporary, Pilates	4:00pm - 8:15pm
Wednesday	BTQ Ballet, Pointe, Contemporary	4:00pm - 8:00pm
Friday	BTQ Ballet, Ballet Repertoire, Contemporary Repertoire	4:00pm - 8:15pm

Optional additional classes:

Day	Class Block	Time
Thursday	Broadway (Jazz, Tap)	6:30pm - 7:45pm

Fees Per Term (10 weeks)

\$2,250 for three blocks per week.

If selecting two blocks, the fee will be adjusted proportionally based on the selected days, as hours vary between blocks.

Optional Broadway: +\$290

Performance Development Program - Level 2

Academic years: 10, 11 & 12

Ages: 15 –18 years

Weekly Commitment

A minimum of three blocks per week is recommended, with an optional fourth block offered to support greater progression.

Schedule

Day	Class Block	Time
Monday	Pilates, Contemporary Repertoire, BTQ Ballet, Variations	4:00pm - 8:45pm
Tuesday (Optional)	Open Ballet, Broadway (Jazz, Tap)	5:45pm - 8:45pm
Wednesday	BTQ Ballet, Pointe/Male Coaching, Contemporary	4:00pm - 8:45pm
Friday	BTQ Ballet, Contemporary, Pointe	4:00pm - 8:45pm

Fees Per Term (10 weeks)

\$2,600 for three blocks per week.

If selecting two blocks, the fee will be adjusted proportionally based on the selected days, as hours vary between blocks.

Optional Open Ballet: +\$350

Optional Broadway: +\$350



Reformer Pilates

Coming Soon

Here at BTQ we understand the important role cross-training, as well as strength and conditioning plays in the body awareness and development of young dancers.

As part of our brand-new facility, we will have a dedicated reformer Pilates studio with 10 machines. This specialised studio offers small, dancer-specific Pilates classes, designed to enhance and complement dancers' training.

The small class size allows for individual feedback, whilst keeping the classes affordable.

Reformer classes will be capped at 10 and will be an optional extra for BTQ Training dancers.

2026 Schedule - Coming soon!

Enrolment & Fees

Enrolment

All enrolments are managed through BTQ's administration team, who will provide guidance throughout the application and acceptance process. Please note: Places are limited and class sizes are capped appropriate to age and level.

If you wish to enrol, please fill out the form on our website: btq.com.au/training or email: training@btq.com.au

Tuition Fees

An enrolment fee of \$250 is required upon acceptance to secure your annual place in BTQ's part-time programs. This payment will be deducted from your term one fees.

Term fees are due prior to the commencement of each term*

*For alternate payment arrangements, please contact: training@btq.com.au

Discounts

We offer an annual discount of 10% if all term fees are paid upfront. We also offer a 5% discount for the first sibling and 10% off for each additional sibling.

Additional Costs

Students should budget for:

- BTQ Uniform and dance attire. Compulsory items:
 - BTQ Training Jacket - \$99
 - BTQ Leotard and Skirt (Ladies) \$99.95 (leotard), \$59.00 (short skirt), \$69.00 (long skirt)
 - BTQ Shorts/Tights and T-Shirt (Men)
- Required dance footwear
- BTQ Main Stage audition fees
- Optional external workshops or intensives



Meet the Training Faculty



Clare Morehen

Artistic Director and Guest Coach

- Trained at the Victorian College of the Arts Secondary School and the Royal Ballet Upper School
- Performed with both the Royal Ballet and Birmingham Royal Ballet in multiple productions.
- Former Principal Artist of Queensland Ballet
- Former Teacher of Queensland Ballet Academy Upper school
- Appointed the Artistic Director of BTQ in March 2019 and has since choreographed multiple full-length works for the company



Victor Zarallo

Director of Training, Ballet and Contemporary

- Trained at the John Cranko School in Stuttgart and the Royal Ballet School Upper School
- Former Soloist with Scottish Ballet
- Former Artist with Sydney Dance Company
- Completed the RAD Professional Dancers' Postgraduate Teaching Certificate (PDPTC)
- Working with leading institutions including Bangarra Dance Theatre and Sydney Dance Company as a teacher and Guest Rehearsal Director.



Sarah Thompson-Wright

Company Manager, Pilates and Guest Coach

- Former Company Artist with Queensland Ballet
- Former Soloist with the Staatsballett Hannover (Germany)
- Registered Teacher with the Royal Academy of Dance (RAD)
- Holds a Certificate IV in Training and Assessment
- Holds a Diploma of Professional Pilates Instruction (PITC)
- Holds a Bachelor of Fine Arts on a full scholarship, graduating with Distinction.



Mia Thompson

Training Coordinator, Ballet and Contemporary

- Trained at the Western Australian Academy of Performing Arts (WAAPA),
- Former Company Artist with Queensland Ballet
- Former First Artist with Scottish Ballet
- Former Artist with Sydney Dance Company
- Former Guest Rehearsal Director with Sydney Dance Company.
- Working with leading institutions, including Bangarra Dance Theatre as Guest Teacher.



Alison McWhinney

Ballet, Pointe and Repertoire

- Trained at Ecole Ballet Studios (Sydney) and English National Ballet School.
- Former First Soloist with the English National Ballet.
- Performed major classical roles including Juliet (Romeo & Juliet), Giselle and Myrtha (Giselle), the title role in Manon, and the title role in Cinderella.
- Former Senior Soloist. with Queensland Ballet



Victor Smith

Ballet and Repertoire

- Trained at the Hong Kong Academy of Performing Arts, Queensland Conservatoire of Ballet, Alegria Dance Studios and Boston Ballet School
- Former Principal Artist of Minnesota Ballet and American Midwest Ballet.
- Former teacher and repetiteur with numerous American companies/schools
- Former guest ballet coach for the US Olympic Figure Skating Team



Jayden Grogan

Broadway, Contemporary & Open Ballet

- Australian dancer-choreographer with a wide-ranging performance career across Opera Australia, Queensland Ballet, Opera Queensland, Camerata, Lynch & Paterson and Cirque Bon Bon.
- Holds a Master of Philosophy (Creative Practice) and a Bachelor of Fine Arts (Dance Performance, Distinction) from QUT, where he also lectured in contemporary partnering.
- Registered Royal Academy of Dance (RAD) Teacher (ARAD), holding RAD Advanced 2, Comdance Modern Jazz and Comdance Tap teaching qualifications.

For full faculty and biographies, please visit our website at
btq.com.au/training

Frequently Asked Questions

What can I expect from BTQ's training programs?

Students should expect a holistic training program that nurtures all aspects of knowledge and training required for today's industry-ready artists.

Programs include: Ballet and contemporary vocabulary, repertoire, drama, mime and storytelling, stage and theatre etiquette, stagecraft, strength and conditioning, resilience and goal setting, and mentorship

Are BTQ training programs connected to BTQ's productions?

Our part-time and pre-school afternoon training programs operate independently from BTQ's main-stage productions.

The only exception is for students accepted into BTQ's Advanced Diploma of Elite Performance, who participate in BTQ productions as part of their nationally recognised qualification.

BTQ's main-stage productions remain open to all dancers from all studios. Regardless of how a dancer enters BTQ (main-stage audition or Advanced Diploma audition), all accepted dancers are treated equally and have the same opportunities to rehearse, perform, and audition for age-appropriate roles.

Participation in BTQ's independent training programs does not influence audition outcomes or casting decisions.

Will students from the BTQ training programs be prioritised for BTQ production auditions and casting?

BTQ Productions remain independent and open to all dancers from all schools, and casting is based solely on suitability for the role in any given production. Participation in BTQ's training programs does not guarantee or influence BTQ production, audition selection, or casting. The programs, however, offer a targeted approach for students to develop the skills necessary to audition for and advance in performing arts settings.

Can my child remain at their current studio?

Students may choose to continue classes at their home studios. Our afternoon blocks are designed to support balance, offering performance-focused training that can complement existing commitments.

Can my dancer continue external dance exams (RAD, CSTD, ATOD, Cecchetti, etc.)?

Dancers may choose to continue syllabus classes and examinations at their home studio. Our program is industry-focused and designed to provide the tools required for a performing arts career. This training can run in parallel with existing exam/syllabus pathways.

How are levels determined?

Placement is based on Queensland school years, ensuring age-appropriate progression, technical readiness, and a clear development pathway.

What performance opportunities are included?

The program is designed to build performance confidence and stage readiness through regular training, repertoire, and stagecraft. While participation does not include performance in BTQ's main-stage productions, dancers will have opportunities to take part in in-house presentations and demonstrations throughout the year.

These experiences provide valuable rehearsal, performance preparation, and artistic development, helping dancers feel confident when auditioning for BTQ productions or other professional opportunities.

Is this suitable for dancers pursuing full-time training in the future?

Our programs build the essential technical and performance foundations that support dancers who wish to pursue full-time training in the future. They are designed to progressively develop students towards a full-time level while still allowing the flexibility needed for academic study. This includes preparing dancers for pathways such as BTQ's Advanced Diploma or other full-time programs, should they choose to pursue them.

How do you monitor my dancer's progress?

Through in-house assessments that track technical and artistic development, and parent viewing opportunities/presentations to celebrate growth and build confidence in performance settings.

Do BTQ provide career development and mentorship opportunities?

BTQ believe dancers and young people thrive when they are supported and provided with age-appropriate guidance and support. Our faculty provides tailored industry and career advice, and we welcome requests for personalised guidance, particularly as dancers look to enter the industry.

Do BTQ training students participate in solo and group eisteddfods?

Whilst BTQ do not participate in group or regular solo eisteddfods, we recognise the importance that some competitions play in providing meaningful learning opportunities as well as potential career pathways and secondments.

Solo variations/repertoire are taught in both ballet and contemporary throughout BTQ training programs, enabling students to participate in competitions that require repertoire work.

Students can also request private lessons with faculty for one-on-one time in the lead-up to such events.

Can my dancer have private lessons?

BTQ programs are designed to be comprehensive and holistic, providing feedback to individual students within a group setting. We do not believe that private lessons are necessary to advance a student into the dance profession; however, we recognise that they can be beneficial in certain instances. (For example: audition and competition preparation.)

Private lessons can be requested and will be granted based on studio and staff availability, as well as the purpose of the request.



BALLET THEATRE QUEENSLAND

Studios

Ballet Theatre Queensland (BTQ)
12A Windorah Street, Stafford, QLD 4053

Contact

For all enquiries regarding auditions, enrolment,
or course information, please contact:
E: training@btq.com.au

Follow Ballet Theatre Queensland for updates
on auditions, open days, and performances:



@ballettheatreqld



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