

WELLNESS WINTER WONDERLAND

ACTIVITY BOOK

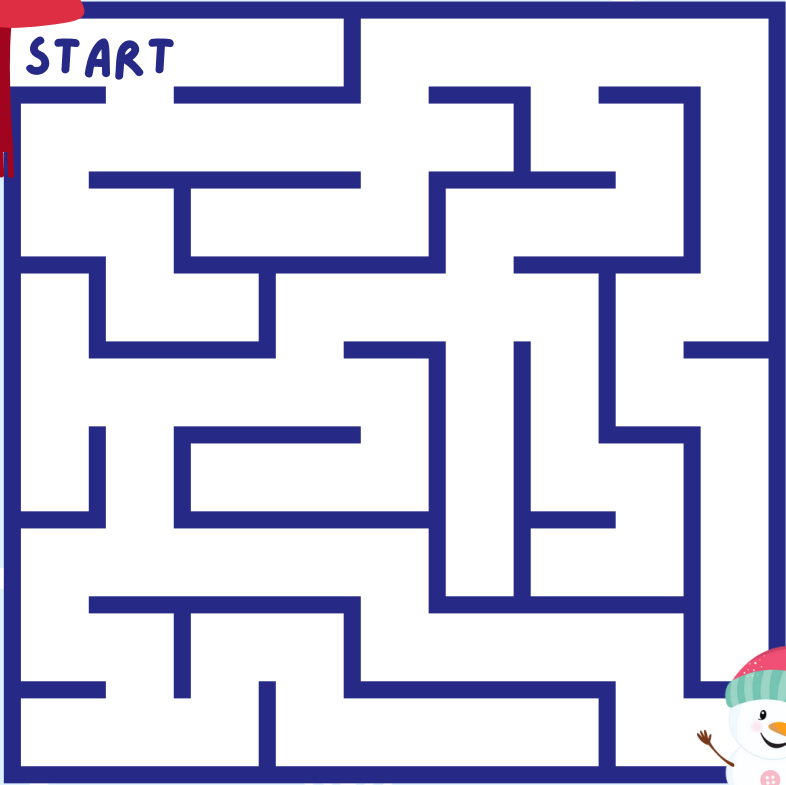


IT'S GETTING CHILLY!

CAN YOU BRING THE SNOWMAN HIS SCARF?



START



GREAT JOB!

WEARING WARM CLOTHES HELPS
KEEP YOU HEALTHY!

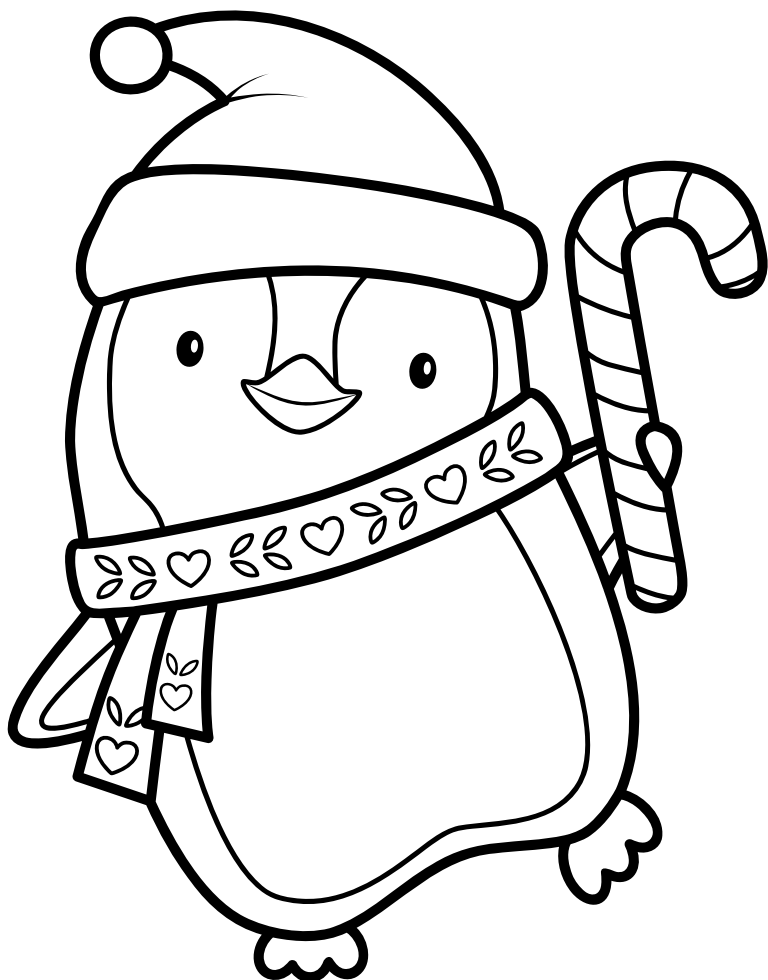
TIME TO COLOR!



RUN RUN REINDEER!

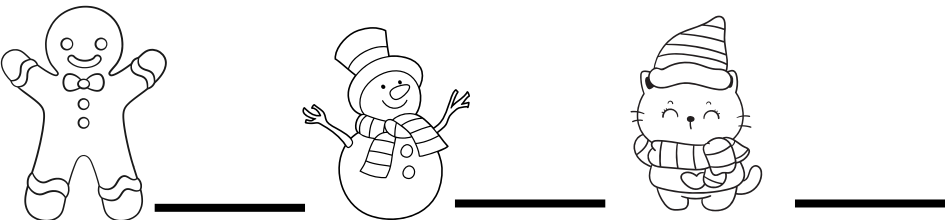
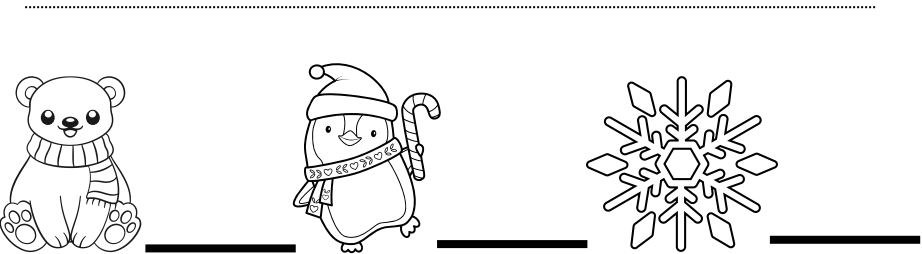
KEEPING ACTIVE WHEN IT'S
COLD HELPS KEEP YOU HEALTHY

TIME TO COLOR!

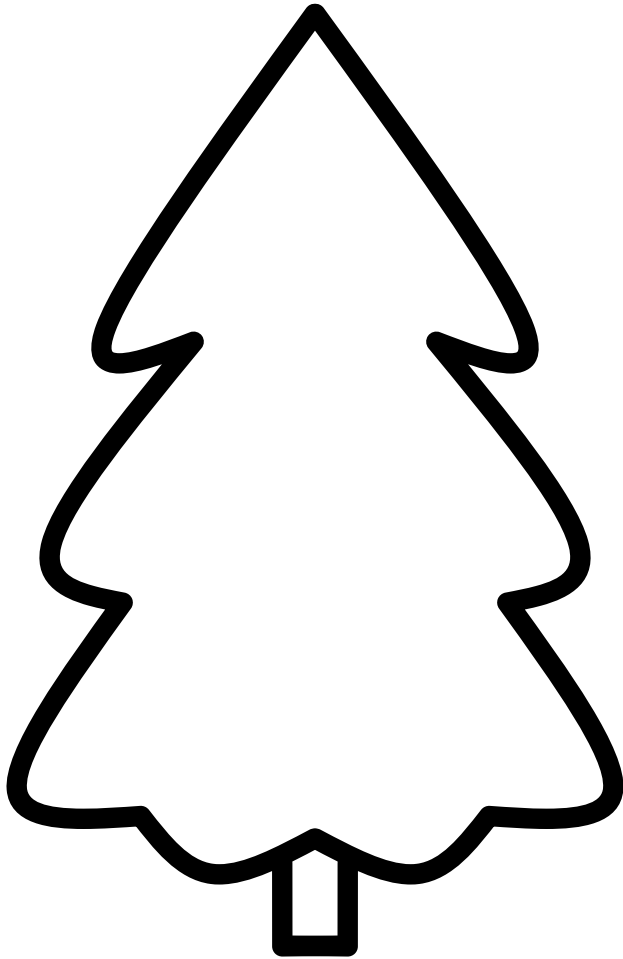


MR. PENGUIN ALWAYS
WASHES HIS FLIPPERS
BEFORE EATING!

COLOR AND COUNT!



DECORATE A TREE!



**JUST LIKE TREE ORNAMENTS,
COLORFUL FRUITS AND
VEGGIES KEEP US BRIGHT!**

MATCHING GAME!



Ornament



Hat



Cookie



Scarf



Hot Cocoa

WHEN IT'S COLD OUT, MOVE
AROUND AND PLAY TO STAY WARM!

HIDE AND SEEK!

Can you find the mouse?



Great job!

Mr. Mouse always drinks his water, even when it's cold!