

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MAY 2026

Apartments & Cottages

LIFE ENRICHMENT CALENDAR



THE VILLAGE

AT WOODS EDGE

Small Town Charm. Engaging Senior Living.

9:30 Fitness with Friends - Wellness Center
3:00 BookMobile - Parlor
5:30 Stars, Stripes, & Spring: American Soiree *



11:00 BINGO - AR 2

11:00 Worship Service Virtual - AL Act. 3

9:30 Fitness with Friends - Wellness Center
11:00 Snack & Chat - DR
2:00 Cornhole - AR

9:30 Exercise with Claire - Asa's Neighborhood
10:30 Chair Yoga with Jane Fries - GR
11:30 Lunch Bunch - BP&G *\$
2:00 Cinco de BINGO - AR

9:30 Exercise with Sarah - Wellness Center
11:00 FBC Bible Study - AR
10:00-2:00 Spring Market - BP
4:30 Happy Hour on the Patio - BP&G \$

9:30 Village "Sole"mates - IL Living Room 7

9:30 Exercise with Maggie - Wellness Center
10:00 Brunch into Bloom - Celebrating Ladies of The Village * - DR/GR
4:30 Happy Hour - BP&G \$

11:00 BINGO - AR 9

11:00 Worship Service Virtual - AL Act. 10

9:30 Fitness with Friends - Wellness Center
2:00 Cornhole - AR

8:30 Resident Breakfast - BP&G
9:30 Exercise with Claire - Asa's Neighborhood
11:00 Courtland Hearing - LB
10:30 Chair Yoga with Jane Fries - RD
2:00 Tuesday Talk w/ Billie - RD

9:30 Exercise with Sarah - Wellness Center
11:00 FBC Bible Study - AR
4:30 Happy Hour on the Patio - BP&G \$

9:30 Village "Sole"mates - IL Living Room
2:00 The Sojourners - LR 14

9:30 Fitness with Friends - Wellness Center
11:00 Musical Wellness - AR
4:30 Happy Hour - BP&G \$

11:00 BINGO - AR 16

11:00 Worship Service Virtual - AL Act. 17

9:30 Fitness with Friends - Wellness Center
11:00 Snack & Chat - GR
2:00 Cornhole - AR

9:30 Exercise with Claire - Asa's Neighborhood
10:15 Chair Yoga with Jane Fries - GR
11:00 Piano & Song w/ The Poplins - LR
12:00 Lunch Bunch - BP&G *\$

8:30 Gentlemen's Breakfast - BP&G
9:30 Exercise with Sarah - Wellness Center
11:00 FBC Bible Study - AR
4:30 Happy Hour on the Patio - BP&G \$

9:30 Village "Sole"mates - IL Living Room
11:00 Primetime Singers - LR 21

9:30 Exercise with Maggie - Wellness Center
4:30 Happy Hour - BP&G \$

11:00 BINGO - AR 23

Smithfield Theatre Excursion
1:15 - Depart The Village
2:30 - 9 to 5 at SLT
5:00 - Dinner at Smithfield Station



11:00 Worship Service Virtual - AL Act. 24

9:30 Fitness with Friends - Wellness Center
12:30 Memorial Day Picnic: A Kickoff to Summer

9:30 A Trip to Smithfield *\$ 26
10:00 Downtown Shopping
12:00 Lunch at Taste of Smithfield & the Ice Cream Parlor Afterwards

9:30 Exercise with Sarah - Wellness Center
11:00 FBC Bible Study - AR
11:00-1:00 Beltone: Free Hearing Screenings - GR
11:30 Birthday/Anniversary Lunch Backporch
4:30 Happy Hour on the Patio - BP&G \$

9:30 Village "Sole"mates - IL Living Room
10:30 Chair Yoga with Jane Fries - RD
2:00 The Village Book Society - RD 28

9:30 Fitness with Friends - Wellness Center
4:30 Happy Hour - BP&G \$

11:00 BINGO - AR 30

11:00 Worship Service Virtual - AL Act. 31

BOLD = SPECIAL DATES/TIMES TO REMEMBER

ABBREVIATION KEY: RD = RESIDENT DEN GR = GREAT ROOM DR = DINING ROOM LR = LIVING ROOM BP&G = BACK PORCH & GRILLE PO = PHYSICIANS OFFICE * = CALL FRONT DESK TO SIGNUP \$ = Additional Fee Applies

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MAY 2026

The Manor - Assisted Living

LIFE ENRICHMENT CALENDAR

MONDAY - FRIDAY
10:15-11:00 Exercise, Devotions, Daily News
- AR (*c/r/s/p)
BORED BOARD Always Available in AR



11:00-11:45 May Day Trivia - Porch (*c/r/o/n) 1
2:00-3:00 BINGO - AR (*c)
3:00-4:00 BookMobile - Parlor (*c/r)
5:30-8:00 Stars, Stripes, & Spring An American Soiree (*c/r/s)
(Reservations by 4/28)

2
10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p)
11:00 BINGO - AR (*c)
3:00 Afternoon Puzzles - AR (*c/r/s/pw)
6:00-7:30 Parlor Chit Chat (*)

3
11:00-12:00 Worship Service Activity Room (c/r)
2:00-4:00 Afternoon Movie (c/s)
4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)

4
11:00-12:00 BINGO - AR (*c)
2:00-3:00 Nature Drive: A Visit to Goose Hill Farm Strawberry Patch (*c/r/s/pw/o/n)
6:00-7:30 Parlor Chit Chat (*)

5
11:00-12:00 World Traveler Tuesday: Mexico - AR (*c/r)
2:00 Cinco de BINGO - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

6
10:00-2:00 Spring Market - BP (*o/n)
11:00-12:00 FBC Bible Study - AR (*c/r)
2:00-3:00 BINGO - AR (*c)
3:00-4:00 Cards and Kindness (Nurses Week)(*C/R)
6:00-7:30 Parlor Chit Chat (*)

7
11:00-12:00 Let's Get Crafty - AR (*c/r/s/pw)
2:00-3:30 BINGO & Strawberry Shortcake - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

8
10:00-11:00 Brunch into Bloom Celebrating Ladies of The Village (Reservations by 5/4) (*c/r/s)
2:00-3:00 BINGO - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

9
10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p)
11:00 BINGO - AR (*c)
3:00 Afternoon Puzzles - AR (*c/r/s/pw)
6:00-7:30 Parlor Chit Chat (*)

10
11:00-12:00 Worship Service Activity Room (c/r)
2:00-4:00 Afternoon Movie (c/s)
4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)

11
11:00-12:00 BINGO - AR (*c)
2:00-3:00 Country Ride: Barns, Backroads & Blues Skies (*o)
6:00-7:30 Parlor Chit Chat (*)

12
11:00-12:00 World Traveler Tuesday: Kentucky Derby - AR (*c/r)
11:00-12:00 Cheryl Wray w/ Courtland Hearing - LB (*c/s)
1:30-3:00 Let's Play Dominos Parlor - (*c/r)
6:00-7:30 Parlor Chit Chat (*)

13
2:00-3:00 Ladies Discussion Group w/ Holly - AR (*c/r/s)
3:00-4:00 BINGO - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

14
11:00-12:00 Let's Get Crafty - AR (*c/r/s/pw)
2:00-3:00 The Sojourners - LR (*c/r/s)
6:00-7:30 Parlor Chit Chat (*)

15
11:00-12:00 Musical Wellness - AR (*c/r/s/p)
2:00-3:00 Country Ride - Small Towns & Springtime Views (*o/n)
6:00-7:30 Parlor Chit Chat (*)

16
10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p)
11:00 BINGO - AR (*c)
Smithfield Theatre Excursion
1:15 - Depart The Village
2:30 - 9 to 5 at SLT

17
11:00-12:00 Worship Service Activity Room (c/r)
2:00-4:00 Afternoon Movie (c/s)
4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)

18
11:00-12:00 BINGO - AR (*c)
2:00-3:00 Nature Drive: Fields, Fences, & Fresh Air (*o/n)
6:00-7:30 Parlor Chit Chat (*)

19
11:00-12:00 Piano & Song w/ The Poplins - LR (*c/r/s)
2:00-3:00 World Traveler Tuesday: Williamsburg - Parlor (*c/r)
6:00-7:30 Parlor Chit Chat (*)

20
8:30-9:30 Gentlemen's Breakfast - BP&G
9:00 A Trip to the OBX *\$
2:00-3:00 BINGO - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

21
11:00-12:00 Primetime Singers - LR (*c/s)
2:00-3:00 Let's Get Crafty - AR (*c/r/s/pw)
6:00-7:30 Parlor Chit Chat (*)

22
11:00-12:00 BINGO - AR (*c)
2:00-3:00 Nature Ride - Watching for Wildflowers (*o/n)
6:00-7:30 Parlor Chit Chat (*)

23
10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p)
11:00 BINGO - AR (*c)
3:00 Afternoon Puzzles - AR (*c/r/s/pw)
6:00-7:30 Parlor Chit Chat (*)

24 & 31
11:00-12:00 Worship Service Activity Room (c/r)
2:00-4:00 Afternoon Movie (c/s)
4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)

25
11:00-12:00 BINGO - AR (*c)
12:00-1:00 Memorial Day Picnic: A Kickoff to Summer (*c/r/s)
6:00-7:30 Parlor Chit Chat (*)

26
11:00-12:00 World Traveler Tuesday: Japan - AR (*c/r)
1:30-3:00 Let's Play Dominos Parlor - (*c/r)
6:00-7:30 Parlor Chit Chat (*)

27
11:00-1:00 Beltone: Free Hearing Screenings - GR (*c/s)
12:00-1:00 Birthday/Anniversary Celebration
2:00-3:00 BINGO - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

28
11:00-12:00 Let's Get Crafty - AR (*c/r/s/pw)
2:00-3:00 BINGO - AR (*c)
6:00-7:30 Parlor Chit Chat (*)

29
11:00-12:00 BINGO - AR (*c)
2:00-3:00 Nature Ride - River Views & Tal Pines (*o/n)
6:00-7:30 Parlor Chit Chat (*)

30
10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p)
11:00 BINGO - AR (*c)
3:00 Afternoon Puzzles - AR (*c/r/s/pw)
6:00-7:30 Parlor Chit Chat (*)