Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GR = Great Room LB = Library RD = Resident Den RK = Resident Kitchen LR = Living Room LRB = Living Room Bar MDR = Main Dining Room AR = Activity Room P = Parlor WC = Wellness Center BP&G = Back Porch & Grille G = Grille BP = Back Porch E = Excursion **LOCATION KEY**	**A Message from Powerback Rehab:** *The Wellness Center and its equipment are available for your use! If you'd like a one-on-one orientation to learn how to safely and comfortably use the equipment, Powerback is happy to help.* **To schedule your personal orientation, please call (757) 516-8130.**	**1** **9:30** Rhythm & Motion (GR) **11:30** Lunch Bunch *$ (BP)	**2** **9:30** Strength & Stretch w/ Sarah (WC) **4:30** Happy Hour (G)	**3** **9:30** Village "Sole"Mates (LR) **2:00** BINGO (GR) **6:30** National Cinema Day: An Evening at the Movies (GR)	**4** **9:30** Morning Movement w/ Maggie (WC) **2:00** The Village Scoop (LR) **4:30** Happy Hour (G)	**5** **11:00** BINGO (AR)
6 **11:00** Worship Service (AR)	**7** **9:30** Common Ground (G) **12:30** Labor Day Cookout (MDR)	**8** **8:30** Resident Breakfast (BP) **9:30** Rhythm & Motion (GR) **2:00** Tuesday Talk with Billie (GR) **3:00** Resident Roundup w/ Dylon (GR)	**9** **9:30** Strength & Stretch w/ Sarah (WC) **2:00** School Days Social: Remember When? (GR) **4:30** Happy Hour (G)	**10** **9:30** Village "Sole"Mates (LR) **10:30** Chair Yoga w/ Jane Fries (GR) **2:00** Tunes from The Sojourners (LR)	**11** **9:30** Feel Good Friday (RD) **11:00** 9/11 Memorial & Museum – 25 Years Later (GR) **4:30** Happy Hour (G)	**12** **11:00** BINGO (AR)
13 **11:00** Worship Service (AR)	**14** **9:30** Common Ground (G) **11:00** Gaynelle's Star-Spangled Banner History Talk (LR)	**15** **9:30** Rhythm & Motion (GR) **11:00** Piano & Song w/ The Poplins (LR) **12:00** Lunch Bunch *$ (BP) **5:00** Dementia Summit – Caregiver Support Series (BP&G)	**16** **8:30** Gentlemen's Breakfast (BP) **9:30** Strength & Stretch w/ Sarah (WC) **11:00** Franklin Baptist Bible Study (AR) **3:00** Music Bingo (G) **4:30** Happy Hour (G)	**17** **9:30** Village "Sole"Mates (LR) **10:30** Chair Yoga w/ Jane Fries (GR) **2:00** BINGO (GR) **4:30** Third Thursday (BP&G)	**18** **9:30** Morning Movement w/ Maggie (WC) **11:00** Musical Wellness **2:00** National Cheeseburger Day Slider Tasting Party (LRB) **3:00** BookMobile (P) **4:30** Happy Hour (G)	**19** **11:00** BINGO (AR)
20 **11:00** Worship Service (AR)	**21** **9:30** Common Ground (G) **11:00** Snack & Chat (GR) **2:00** Leaf Your Mark: Nature-Imprinted Clay (AR)	**22** **9:30** Rhythm & Motion (GR) **11:30** Lunch Bunch *$ (BP) **2:00** Step Into Fall: Fall Prevention Day with Powerback Therapy (GR) **5:00** Dementia Summit – Caregiver Support Series (BP&G)	**23** **9:30** Strength & Stretch w/ Sarah (WC) **11:00** Franklin Baptist Bible Study (AR) **4:30** Happy Hour (G)	**24** **9:30** Village "Sole"Mates (LR) **10:00** Bronco Club (E) **2:00** The Village Book Society (RD)	**25** **9:30** Feel Good Friday (RD) **10:30** Chair Yoga w/ Jane Fries (GR) **4:30** Happy Hour (G)	**26** **11:00** BINGO (AR)
27 **11:00** Worship Service (AR) **2:00** Community Concert Series: A Band Called Honalee	**28** **9:30** Common Ground (G) **11:00** Snack & Chat (GR) **3:00** National Drink Beer Day Tasting Event (G)	**29** **12:30** Lunch Bunch *$ (BP) **9:30** Rhythm & Motion (GR) **5:00** Dementia Summit – Caregiver Support Series (BP&G)	**30** **9:30** Strength & Stretch w/ Sarah (WC) **11:00** Franklin Baptist Bible Study (AR) **11:30** Birthday/Anniversary Luncheon (BP&G) **4:30** Happy Hour (G)			

THE VILLAGE AT WOODS EDGE
Small Town Charm. Engaging Senior Living.

SEPTEMBER 2026

Apartments & Cottages Life Enrichment Calendar

Activities and schedules are subject to change based on resident needs and community operations. Please refer to the Week at a Glance for the most current schedule. Note: * = Advance Sign-Up Required $ = Fee Applies

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITY LEGEND Intellectual Nature Outdoor Physical Productive Work Reflective Sensory Social **LOCATION KEY** GR = Great Room LB = Library RD = Resident Den RK = Resident Kitchen LR = Living Room LRB = Living Room Bar MDR = Main Dining Room ALDR = Assisted Living Dining Room AR = Activity Room P = Parlor BP&G = Back Porch & Grille MFP = Manor Front Porch E = Excursion		**1** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** September Trivia: Fall Traditions, Events & Fun Facts (AR)	**2** **10:15am–11:00am** Morning Motion & Devotion (AR) **10:45am–12:00pm** Hymns in Bloom: Botanical Bookmarks (MFP) **2:00pm–3:00pm** BINGO (AR)	**3** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Finish the Phrase (AR) **2:00pm–3:00pm** Chair Travel: Autumn in New England (AR) **6:30pm–8:00pm** National Cinema Day: An Evening at the Movies (GR)	**4** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** The Village Scoop (LR)	**5** **10:15am–10:45am** Morning Motion & Devotion (Resident Led) (AR) **11:00am–12:00pm** BINGO (AR) **3:00pm–4:00pm** Puzzlin' Around (AR)
6 **11:00am–12:00pm** Worship Service (AR) **2:00pm–4:00pm** Afternoon Movie (P) **4:00pm–5:00pm** Parlor Birdwatching (P)	**7** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **12:00pm–1:00pm** Labor Day Cookout (ALDR)	**8** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **1:30pm–3:00pm** Domino Club (P)	**9** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** School Days Social: Remember When? (GR)	**10** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:30am–1:00pm** Lunch Bunch (BP&G) **2:00pm–3:00pm** Tunes from The Sojourners (LR)	**11** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** 9/11 Memorial & Museum – 25 Years Later (GR) **2:00pm–3:00pm** Nature Ride (E)	**12** **10:15am–10:45am** Morning Motion & Devotion (Resident Led) (AR) **11:00am–12:00pm** BINGO (AR) **3:00pm–4:00pm** Puzzlin' Around (AR)
13 **11:00am–12:00pm** Worship Service (AR) **2:00pm–4:00pm** Afternoon Movie (P) **4:00pm–5:00pm** Parlor Birdwatching (P)	**14** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Gaynelle's Star-Spangled Banner History Talk (LR) **2:00pm–3:00pm** Country Ride – Signs of September (E)	**15** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Piano & Song w/ The Poplins (LR) **2:00pm–3:00pm** You Be The Judge (P) **5:00pm–8:00pm** Dementia Summit – Caregiver Support Series (BP&G)	**16** **8:30am–10:00am** Gentlemen's Breakfast (BP) **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Franklin Baptist Bible Study (AR) **2:00pm–3:00pm** BINGO (AR)	**17** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–11:45am** Get Hip, Dont Slip: Fall Prevention Month (AR) **11:45am–1:00pm** The Manor Mixer (ALDR) **2:00pm–3:00pm** Stained Glass Art with Paint (AR)	**18** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Musical Wellness **2:00pm–3:00pm** National Cheeseburger Day Slider Tasting Party (LRB) **3:00pm–4:00pm** BookMobile (P)	**19** **10:15am–10:45am** Morning Motion & Devotion (Resident Led) (AR) **11:00am–12:00pm** BINGO (AR) **3:00pm–4:00pm** Puzzlin' Around (AR)
20 **11:00am–12:00pm** Worship Service (AR) **2:00pm–4:00pm** Afternoon Movie (P) **4:00pm–5:00pm** Parlor Birdwatching (P)	**21** **10:00am–11:30am** Fall Scavenger Hunt at Blackwater Park (E) **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** Nature Ride – First Hints of Fall (E)	**22** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** First Day of Fall Social (AR) **5:00pm–8:00pm** Dementia Summit – Caregiver Support Series (BP&G)	**23** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Franklin Baptist Bible Study (AR) **2:00pm–3:00pm** BINGO (AR)	**24** **10:00am–2:00pm** Bronco Club (E) **10:15am–11:00am** Morning Motion & Devotion (AR) **2:00pm–3:00pm** TV Time! (P)	**25** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** Nature Ride – Feathered Friends & Fields (E)	**26** **10:15am–10:45am** Morning Motion & Devotion (Resident Led) (AR) **11:00am–12:00pm** BINGO (AR) **3:00pm–4:00pm** Puzzlin' Around (AR)
27 **11:00am–12:00pm** Worship Service (AR) **2:00pm–4:00pm** Afternoon Movie (P) **4:00pm–5:00pm** Parlor Birdwatching (P)	**28** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** BINGO (AR) **2:00pm–3:00pm** Nature Ride – Peanuts, Corn, & Cotton (E)	**29** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:15am–1:00pm** Lunch at DQ *$ (E) **2:00pm–3:00pm** BINGO (AR) **5:00pm–8:00pm** Dementia Summit – Caregiver Support Series (BP&G)	**30** **10:15am–11:00am** Morning Motion & Devotion (AR) **11:00am–12:00pm** Franklin Baptist Bible Study (AR) **12:00pm–1:00pm** Birthday/Anniversary Celebration (ALDR) **2:00pm–3:00pm** BINGO (AR)			

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SEPTEMBER 2026

The Manor: Assisted Living – Life Enrichment Calendar

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