

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
September 2026						Bold items indicate special activities we do for the month.
		1 900-3:00 Beauty Shop (*s) 9:30-10:00 Chair Exercise (*p/s) 10:00-10:30 Morning Chat (*c/r) (Chronicle/Perk/Devotional) 11:00-12:00 September Memories (*c/r/s) 1:30-3:00 Manicures (*s) 3:00-4:00 Snacks and Jokes (*c/r/s) 6:00-8:00 Movie and Popcorn in LR (*c/r) (Legally Blonde)	2 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Asa's Kitchen Fall Dog Treats (*c/r/s/pw) 1:00- 2:00 Coat Hanger Toss *p/pw/s) 2:00-3:00 Snack and Chat (*s/r) 6:00-8:00 Interactive games (*c/r/s)	3 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Tissue Paper Sunflowers (*s/pw/) 1:30-2:30 Country Ride Wildflowers and Pastures (*s/o/n/r) 3:00-4:00 Snack & Chat (*c/r/s) 6:00-8:00 Card games (*c/r/s)	4 Summer's Last Sips 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise(*p/s) 10:30-11:30 Balloon Bop (*p/s/pw) 2:00-3:00 Village Scoop 3:00-4:00 Summer Sips Happy Hour(*c/r/s/n) 3:30-4:00 Bird Watching (n/c/o/s) 6:00-8:00 Evening Coloring (*c/r/s/pw)	5 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Relax on the Patio/ Sunroom (*r) 1:00-2:00 Funny YouTube Videos (*c/s) 2:00-3:00 Afternoon Coloring (*c/r/s/pw) 6:30-8:00 TV Time (*c/r)
6 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Franklin Baptist Church FB Live (*c/r/s) 2:00-3:00 Golden Girls (c/r) 6:00-8:00 Interactive games (*c/r/s)	7 9:00-9:30 Chair Exercise (*p/s) 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Song and Dance (*p/s/pw) 2:30-3:30 Snack & Chat (*c/r/s) 7:00- 7:30 Wheel of Fortune in LR(*c/r) 7:30- 8:00 Jeopardy in LR (*c/r)	8 900-3:00 Beauty Shop (*s) 9:30-10:00 Chair Exercise (*p/s) 10:00-10:30 Morning Chat (*c/r) (Chronicle/Perk/Devotional) 11:00-12:00 Hungry Hippos(*pw/p/c) 1:30-3:00 Manicures (*s) 3:00-4:00 Snacks and Jokes (*c/r/s) 6:00-8:00 Movie and Popcorn in LR (*c/r) (American Graffiti)	9 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Asa's Kitchen Cheerios Taste Testing which flavor is the best (*p/pw/s) 1:00- 2:00 Hungry Hippos(*p/pw/s) 2:00-3:00 Snack and Chat Winner of Taste Test (*s/r) 6:00-8:00 Interactive games (*c/r/s)	10 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Scarecrow Paper Plate (*s/pw/) 1:30-2:30 Country Ride Tree-lined Roads (*s/o/n/r) 3:00-4:00 Snack & Staff Birthday (*c/r/s) 6:00-8:00 Card games (*c/r/s)	11 Birthday Bash 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Find the Color (c/p/pw/*) 1:00-2:30 Early Birthday party for Mrs.. Whitley (*c/r/s) 3:30-4:00 Bird Watching (n/c/o/s) 6:00-8:00 Interactive games (*c/r/s)	12 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Relax on the Patio/ Sunroom (*r) 1:00-2:00 Funny YouTube Videos (*c/s) 2:00-3:00 Afternoon Coloring (*c/r/s/pw) 6:30-8:00 TV Time (*c/r)
Mrs. Whitley's Birthday 13 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Franklin Baptist Church FB Live (*c/r/s) 2:00-3:00 Golden Girls (c/r) 6:00-8:00 Interactive games (*c/r/s)	14 9:00-9:30 Chair Exercise (*p/s) 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Balloon Volleyball (*p/s/pw) 2:30-3:30 Snack & Chat (*c/r/s) 7:00- 7:30 Wheel of Fortune in LR(*c/r) 7:30- 8:00 Jeopardy in LR (*c/r)	15 900-3:00 Beauty Shop (*s) 9:30-10:00 Chair Exercise (*p/s) 10:00-10:30 Morning Chat (*c/r) (Chronicle/Perk/Devotional) 11:00-12:00 Piano with the Poplins (*c/r/s) 1:30-3:00 Manicures (*s) 3:00-4:00 Snacks and Jokes (*c/r/s) 6:00-8:00 Movie and Popcorn in LR (*c/r) (You've Got Mail)	16 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Asa's Kitchen Guess the Flavor of Chips (*p/pw/s) 1:00- 2:00 Bingo(*c/r/s) 2:00-3:00 Snack and Chat Winner of Taste Test (*s/r) 6:00-8:00 Interactive games (*c/r/s)	17 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Scrunchd Tissue Paper Acorns! (*s/pw/) 1:30-2:30 Country Ride Peanuts and Corn (/s/o/n/r) 3:00-4:00 Snack & Chat (*c/r/s) 6:00-8:00 Card games (*c/r/s)	18 Autumn in a Glass 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise(*p/s) 10:30-11:30 Music and Movement (*p/pw/s/c) 2:00-3:00 Autumn Sips Happy Hour(*c/r/s/n) 3:30-4:00 Bird Watching (n/c/o/s) 6:00-8:00 Evening Coloring (*c/r/s/pw)	19 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Relax on the Patio/ Sunroom (*r) 1:00-2:00 Funny YouTube Videos (*c/s) 2:00-3:00 Afternoon Coloring (*c/r/s/pw) 6:30-8:00 TV Time (*c/r)
20 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Franklin Baptist Church FB Live (*c/r/s) 2:00-3:00 Carol Burnett Show (c/r) 6:00-8:00 Interactive games (*c/r/s)	21 9:00-9:30 Chair Exercise (*p/s) 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Duck Hunting (*p/s/pw) 2:30-3:30 Snack & Chat (*c/r/s) 7:00- 7:30 Wheel of Fortune in LR(*c/r) 7:30- 8:00 Jeopardy in LR (*c/r)	First day of Autumn 22 900-3:00 Beauty Shop (*s) 9:30-10:00 Chair Exercise (*p/s) 10:00-10:30 Morning Chat (*c/r) (Chronicle/Perk/Devotional) 11:00-12:00 Coat Hanger Toss (*pw/p/c) 1:30-3:00 Manicures (*s) 3:00-4:00 Snacks and Jokes (*c/r/s) 6:00-8:00 Movie and Popcorn in LR (*c/r) (9 to 5)	23 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Asa's Kitchen Fall Trail Mix (*p/pw/s) 1:00- 2:00 Twist on Twister(*pw/p/c) 2:00-3:00 Snack and Chat on the Patio (*s/r) 6:00-8:00 Interactive games (*c/r/s)	24 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Fall Butterflies (*s/pw/c) 1:30-2:30 Making Bracelets (*s/pw/p/c) 3:00-4:00 Snack & Chat (*c/r/s) 6:00-8:00 Card games (*c/r/s)	9 To 5 25 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise(*p/s) 10:30-11:30 Dolly Sing Along (*c/s/r) 2:00-3:00 Dolly Happy Hour (*c/r/s/n) 3:30-4:00 Bird Watching (n/c/o/s) 6:00-8:00 Evening Coloring (*c/r/s/pw)	26 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Relax on the Patio/ Sunroom (*r) 1:00-2:00 Funny YouTube Videos (*c/s) 2:00-3:00 Afternoon Coloring (*c/r/s/pw) 6:30-8:00 TV Time (*c/r)
27 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Chair Exercise (*p/s) 11:00-12:00 Franklin Baptist Church FB Live (*c/r/s) 2:00-3:00 Golden Girls (c/r) 6:00-8:00 Interactive games (*c/r/s)	28 9:00-9:30 Chair Exercise (*p/s) 9:30-10:00 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-11:00 Bingo (*p/s/pw) 2:30-3:30 Snack & Chat (*c/r/s) 7:00- 7:30 Wheel of Fortune in LR(*c/r) 7:30- 8:00 Jeopardy in LR (*c/r)	29 900-3:00 Beauty Shop (*s) 9:30-10:00 Chair Exercise (*p/s) 10:00-10:30 Morning Chat (*c/r) (Chronicle/Perk/Devotional) 11:00-12:00 Duck Hunting (*pw/p/c) 1:30-3:00 Manicures (*s) 3:00-4:00 Snacks and Jokes (*c/r/s) 6:00-8:00 Movie and Popcorn in LR (*c/r) (Mrs. Doubtfire)	30 9:00-9:30 Morning Chat - (*c/r) (Chronicle/Perk/Devotional) 10:00-10:30 Morning Exercise (*p/s) 10:30-11:30 Asa's Kitchen Pumpkin Patch in a Cup(*p/pw/s) 1:00- 2:00 Balloon Boop(*p/pw/s) 2:00-3:00 Snack and Chat on the Patio(*s/r) 6:00-8:00 Interactive games (*c/r/s)	LIFE ENRICHMENT CALENDAR Asa's Neighborhood - Memory Care		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GR = Great Room LB = Library RD = Resident Den RK = Resident Kitchen LR = Living Room LRB = Living Room Bar MDR = Main Dining Room AR = Activity Room P = Parlor WC = Wellness Center BP&G = Back Porch & Grille G = Grille BP = Back Porch E = Excursion LOCATION KEY A Message from Powerback Rehab: <i>The Wellness Center and its equipment are available for your use! If you'd like a one-on-one orientation to learn how to safely and comfortably use the equipment, Powerback is happy to help.</i> To schedule your personal orientation, please call (757) 516-8130.		9:30 Rhythm & Motion (GR) 1 11:30 Lunch Bunch *\$ (BP)	9:30 Strength & Stretch w/ Sarah (WC) 2 4:30 Happy Hour (G)	9:30 Village "Sole"Mates (LR) 3 2:00 BINGO (GR) 6:30 National Cinema Day: An Evening at the Movies (GR)	9:30 Morning Movement w/ Maggie (WC) 4 2:00 The Village Scoop (LR) 4:30 Happy Hour (G)	11:00 BINGO (AR) 5
11:00 Worship Service (AR) 6	9:30 Common Ground (G) 7 12:30 Labor Day Cookout (MDR)	8:30 Resident Breakfast (BP) 8 9:30 Rhythm & Motion (GR) 2:00 Tuesday Talk with Billie (GR) 3:00 Resident Roundup w/ Dylon (GR)	9:30 Strength & Stretch w/ Sarah (WC) 9 2:00 School Days Social: Remember When? (GR) 4:30 Happy Hour (G)	9:30 Village "Sole"Mates (LR) 10 10:30 Chair Yoga w/ Jane Fries (GR) 2:00 Tunes from The Sojourners (LR)	9:30 Feel Good Friday (RD) 11 11:00 9/11 Memorial & Museum – 25 Years Later (GR) 4:30 Happy Hour (G)	11:00 BINGO (AR) 12
11:00 Worship Service (AR) 13	9:30 Common Ground (G) 14 11:00 Gaynelle's Star-Spangled Banner History Talk (LR)	9:30 Rhythm & Motion (GR) 15 11:00 Piano & Song w/ The Poplins (LR) 12:00 Lunch Bunch *\$ (BP) 5:00 Dementia Summit – Caregiver Support Series (BP&G)	8:30 Gentlemen's Breakfast (BP) 16 9:30 Strength & Stretch w/ Sarah (WC) 11:00 Franklin Baptist Bible Study (AR) 3:00 Music Bingo (G) 4:30 Happy Hour (G)	9:30 Village "Sole"Mates (LR) 17 10:30 Chair Yoga w/ Jane Fries (GR) 2:00 BINGO (GR) 4:30 Third Thursday (BP&G)	9:30 Morning Movement w/ Maggie (WC) 18 11:00 Musical Wellness 2:00 National Cheeseburger Day Slider Tasting Party (LRB) 3:00 BookMobile (P) 4:30 Happy Hour (G)	11:00 BINGO (AR) 19
11:00 Worship Service (AR) 20	9:30 Common Ground (G) 21 11:00 Snack & Chat (GR) 2:00 Leaf Your Mark: Nature-Imprinted Clay (AR)	9:30 Rhythm & Motion (GR) 22 11:30 Lunch Bunch *\$ (BP) 2:00 Step Into Fall: Fall Prevention Day with Powerback Therapy (GR) 5:00 Dementia Summit – Caregiver Support Series (BP&G)	9:30 Strength & Stretch w/ Sarah (WC) 23 11:00 Franklin Baptist Bible Study (AR) 4:30 Happy Hour (G)	9:30 Village "Sole"Mates (LR) 24 10:00 Bronco Club (E) 2:00 The Village Book Society (RD)	9:30 Feel Good Friday (RD) 25 10:30 Chair Yoga w/ Jane Fries (GR) 4:30 Happy Hour (G)	11:00 BINGO (AR) 26
11:00 Worship Service (AR) 27 2:00 Community Concert Series: A Band Called Honalee	9:30 Common Ground (G) 28 11:00 Snack & Chat (GR) 3:00 National Drink Beer Day Tasting Event (G)	12:30 Lunch Bunch *\$ (BP) 29 9:30 Rhythm & Motion (GR) 5:00 Dementia Summit – Caregiver Support Series (BP&G)	9:30 Strength & Stretch w/ Sarah (WC) 30 11:00 Franklin Baptist Bible Study (AR) 11:30 Birthday/Anniversary Luncheon (BP&G) 4:30 Happy Hour (G)	 THE VILLAGE AT WOODS EDGE Small Town Charm. Engaging Senior Living. SEPTEMBER 2026 <i>Apartments & Cottages Life Enrichment Calendar</i>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
● Intellectual ● Nature ● Outdoor ● Physical ● Productive Work ● Reflective ● Sensory ● Social GR = Great Room LB = Library RD = Resident Den RK = Resident Kitchen LR = Living Room LRB = Living Room Bar MDR = Main Dining Room ALDR = Assisted Living Dining Room AR = Activity Room P = Parlor BP&G = Back Porch & Grille MFP = Manor Front Porch E = Excursion LOCATION KEY ACTIVITY LEGEND		● 10:15am–11:00am Morning Motion & Devotion (AR) 1 ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm September Trivia: Fall Traditions, Events & Fun Facts (AR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 2 ● 10:45am–12:00pm Hymns in Bloom: Botanical Bookmarks (MFP) ● 2:00pm–3:00pm BINGO (AR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 3 ● 11:00am–12:00pm Finish the Phrase (AR) ● 2:00pm–3:00pm Chair Travel: Autumn in New England (AR) ● 6:30pm–8:00pm National Cinema Day: An Evening at the Movies (GR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 4 ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm The Village Scoop (LR)	● 10:15am–10:45am Morning Motion & Devotion (Resident Led) (AR) 5 ● 11:00am–12:00pm BINGO (AR) ● 3:00pm–4:00pm Puzzlin' Around (AR)
● 11:00am–12:00pm Worship Service (AR) 6 ● 2:00pm–4:00pm Afternoon Movie (P) ● 4:00pm–5:00pm Parlor Birdwatching (P)	● 10:15am–11:00am Morning Motion & Devotion (AR) 7 ● 11:00am–12:00pm BINGO (AR) ● 12:00pm–1:00pm Labor Day Cookout (ALDR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 8 ● 11:00am–12:00pm BINGO (AR) ● 1:30pm–3:00pm Domino Club (P)	● 10:15am–11:00am Morning Motion & Devotion (AR) 9 ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm School Days Social: Remember When? (GR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 10 ● 11:30am–1:00pm Lunch Bunch (BP&G) ● 2:00pm–3:00pm Tunes from The Sojourners (LR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 11 ● 11:00am–12:00pm 9/11 Memorial & Museum – 25 Years Later (GR) ● 2:00pm–3:00pm Nature Ride (E)	● 10:15am–10:45am Morning Motion & Devotion (Resident Led) (AR) 12 ● 11:00am–12:00pm BINGO (AR) ● 3:00pm–4:00pm Puzzlin' Around (AR)
● 11:00am–12:00pm Worship Service (AR) 13 ● 2:00pm–4:00pm Afternoon Movie (P) ● 4:00pm–5:00pm Parlor Birdwatching (P)	● 10:15am–11:00am Morning Motion & Devotion (AR) 14 ● 11:00am–12:00pm Gaynelle's Star-Spangled Banner History Talk (LR) ● 2:00pm–3:00pm Country Ride – Signs of September (E)	● 10:15am–11:00am Morning Motion & Devotion (AR) 15 ● 11:00am–12:00pm Piano & Song w/ The Poplins (LR) ● 2:00pm–3:00pm You Be The Judge (P) ● 5:00pm–8:00pm Dementia Summit – Caregiver Support Series (BP&G)	● 8:30am–10:00am Gentlemen's Breakfast (BP) 16 ● 10:15am–11:00am Morning Motion & Devotion (AR) ● 11:00am–12:00pm Franklin Baptist Bible Study (AR) ● 2:00pm–3:00pm BINGO (AR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 17 ● 11:00am–11:45am Get Hip, Dont Slip: Fall Prevention Month (AR) ● 11:45am–1:00pm The Manor Mixer (ALDR) ● 2:00pm–3:00pm Stained Glass Art with Paint (AR)	● 10:15am–11:00am Morning Motion & Devotion (AR) 18 ● 11:00am–12:00pm Musical Wellness ● 2:00pm–3:00pm National Cheeseburger Day Slider Tasting Party (LRB) ● 3:00pm–4:00pm BookMobile (P)	● 10:15am–10:45am Morning Motion & Devotion (Resident Led) (AR) 19 ● 11:00am–12:00pm BINGO (AR) ● 3:00pm–4:00pm Puzzlin' Around (AR)
● 11:00am–12:00pm Worship Service (AR) 20 ● 2:00pm–4:00pm Afternoon Movie (P) ● 4:00pm–5:00pm Parlor Birdwatching (P)	● 10:00am–11:30am Fall Scavenger Hunt at Blackwater Park (E) 21 ● 10:15am–11:00am Morning Motion & Devotion (AR) ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm Nature Ride – First Hints of Fall (E)	● 10:15am–11:00am Morning Motion & Devotion (AR) 22 ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm First Day of Fall Social (AR) ● 5:00pm–8:00pm Dementia Summit – Caregiver Support Series (BP&G)	● 10:15am–11:00am Morning Motion & Devotion (AR) 23 ● 11:00am–12:00pm Franklin Baptist Bible Study (AR) ● 2:00pm–3:00pm BINGO (AR)	● 10:00am–2:00pm Bronco Club (E) 24 ● 10:15am–11:00am Morning Motion & Devotion (AR) ● 2:00pm–3:00pm TV Time! (P)	● 10:15am–11:00am Morning Motion & Devotion (AR) 25 ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm Nature Ride – Feathered Friends & Fields (E)	● 10:15am–10:45am Morning Motion & Devotion (Resident Led) (AR) 26 ● 11:00am–12:00pm BINGO (AR) ● 3:00pm–4:00pm Puzzlin' Around (AR)
● 11:00am–12:00pm Worship Service (AR) 27 ● 2:00pm–4:00pm Afternoon Movie (P) ● 4:00pm–5:00pm Parlor Birdwatching (P)	● 10:15am–11:00am Morning Motion & Devotion (AR) 28 ● 11:00am–12:00pm BINGO (AR) ● 2:00pm–3:00pm Nature Ride – Peanuts, Corn, & Cotton (E)	● 10:15am–11:00am Morning Motion & Devotion (AR) 29 ● 11:15am–1:00pm Lunch at DQ *\$ (E) ● 2:00pm–3:00pm BINGO (AR) ● 5:00pm–8:00pm Dementia Summit – Caregiver Support Series (BP&G)	● 10:15am–11:00am Morning Motion & Devotion (AR) 30 ● 11:00am–12:00pm Franklin Baptist Bible Study (AR) ● 12:00pm–1:00pm Birthday/Anniversary Celebration (ALDR) ● 2:00pm–3:00pm BINGO (AR)	THE VILLAGE AT WOODS EDGE Small Town Charm. Engaging Senior Living. SEPTEMBER 2026 The Manor: Assisted Living – Life Enrichment Calendar		