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What's new at Reach this month

October 2025

MKHC In Action: Stepping Up for a Patient In Pain



When other providers could not help, MKHC Podiatrist Dr. Baek and MKHC Medical Assistant Ana went above and beyond to ensure a 74-year-old patient in severe pain received foot surgery at no cost.

[Read the full story](#)

Volunteer Spotlight: Stephen F., MKHC Interpreter and Medical Scribe

"You're kind of an ally for the patient in a way. You can have a profound impact on their experience."

Stephen F.,
MKHC Volunteer



Stephen F. interprets for Spanish-speaking patients and scribes for doctors at MKHC, roles that connect him deeply to patient care and inspire his path toward becoming a physician scientist. Read more about his journey in our interview.

[Read the full story](#)



Holiday Giving 2025

Reach is participating in the county's Holiday Giving Project again this year. We have agreed to provide meals for up to 400 families at Thanksgiving and meals and toys for up to 200 families with 400 children for the December holidays.

The Thanksgiving distribution will take place on Sunday, November 23, 1-5 p.m. at Rockville United Church (RUC)

If you would like to volunteer, or if you are a member of a for-profit or nonprofit that is interested in serving as an HGP Zip Code Coordinator, contact us!

[Contact us](#)

Senior Reach Hosts Anti-Scam Workshop



Senior Reach partnered with Lydia Faleye, a representative of Truist Bank who has previously worked with our Housing residents, to host an educational workshop on avoiding common scams. Senior residents at a local apartment complex learned about how to detect and avoid scams via email and text message. As this growing issue can affect anyone, it's important to help keep seniors safe.

MKHC at Oktoberfest in Rockville

Jefferson House at RUMC Fall Festival



A Jefferson House resident and Ali, our Client Services Director, participated in the festivities at Rockville United Methodist Church's Fall Festival this month and helped clean up the parking lot after the event. Check out the great decorations!

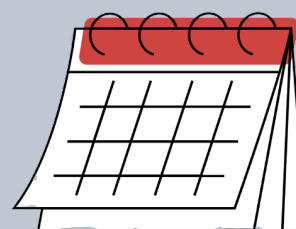


MKHC board member Doug Brough and staff attended an Oktoberfest event aimed at biotech industry leaders in the Rockville area. The clinic was invited by the MD Tech Council to this opportunity for networking, sharing information about MKHC, and working towards building new corporate partnerships.

Mark Your Calendar

Corporate Mixer (new date)

Thursday, October 30th, 5:30-7:00pm
Mansfield Kaseman Health Clinic
9420 Key West Avenue, #400
Rockville, MD 20850



Holiday Giving Thanksgiving Distribution

Sunday, November 23, 1-5 p.m. at Rockville United Church (RUC)

Holiday Giving December Distribution Day 1

Thursday, December 18, 2-6 p.m. at Reach's Grandin Office & Multipurpose Room

Holiday Giving December Distribution Day 2

Saturday, December 20, 1-4 p.m. at St. Francis Episcopal Church in Potomac

Volunteer With Us

MKHC Interpreter

MKHC is looking for dedicated bilingual volunteers to serve as interpreters and help patients and medical providers communicate effectively.

Volunteers must be 18+ years old and able to work a four-hour shift once per week. Spanish fluency is required.

Interpreters are particularly needed on Thursdays for shifts between 9 am and 5 pm.

Contact volunteer@cmrocks.org if you're able to help with these requests.

[View other volunteer opportunities](#)

Room Painting at Rockland House

A number of bedrooms and common areas at Rockland House still need to be repainted. This is a great day project for a group! Supplies will be provided.

Donation Requests

MKHC:

- Paper towels, liquid hand soap, facial tissues, toilet paper, Lysol spray, dish soap, feminine hygiene products for patient use

Housing Program:

General: Toilet paper, paper towels, laundry detergent (pods), cleaning supplies

Jefferson House

- twin-size mattress pad, pillows and comforter for a new resident moving in soon (new or like new)
- curtains
- dish towels
- oven mitts and kitchen sink mat
- pots and pans set including baking trays, roasting pan
- clear refrigerator separators
- 6 folding chairs
- kitchen utensils (forks in particular)

Rockland House

- Toaster
- Flashlights & batteries
- Towels and washcloths
- Swiffer mop head replacement
- Pots & pans
- Kitchen glassware
- Bed linen for queen size
- Dish towels

For more information on current needs or to donate, please contact us at development@cmrocks.org.

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