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What's new at Reach this month

November 2025

REAP In Action: The Difference a Friendly Ear Can Make



In fall of 2024, Ms. C came to REAP for financial assistance but gained the encouragement and resources to achieve her goal of getting a practical nursing certificate. Read about the difference a friendly ear can make.

[Read the full story](#)

SOW the Seed of Togetherness for the Holidays by Supporting REAP!



We've launched an initiative to raise funds to support REAP's essential work in keeping families in their homes and connecting them to food, clothing, and other resources.

This Thanksgiving season, sow the seed of togetherness by supporting REAP and help local families experience the warmth of staying in their homes and enjoying each other for the holidays.

How you can get involved:

- [Donate to support REAP](#)
- [Share our Facebook fundraiser with your network](#)
- Create your own Facebook fundraiser to support REAP - [Instructions](#)

Reach Hosts Corporate Open House

Thanksgiving Meal Distribution: 400+ Baskets Delivered



This past Sunday, Reach distributed 550 Thanksgiving food baskets to local families and nonprofits as part of the county's Holiday Giving Project.

Thank you to our partners who provided meal baskets, and our volunteers who helped with distribution!

We're now gearing up for December meals and gifts - if you are interested in contributing baskets or gift cards for teens, please contact us at development@cmrocks.org



Senior Reach Teams up with Donohoe Companies Volunteers for Leaf Raking

Senior Reach clients often need assistance cleaning up leaves at



On October 30th, we celebrated our corporate partners who support our work and introduced ourselves to businesses who were interested in learning more about us at our first Corporate Mixer. During the event, guests toured the clinic space and spoke with our program staff about recent initiatives.

this time of year! Thanks to help from a great volunteer team from The Donohoe Companies, Senior Reach was able to rake and bag leaves for three clients over a weekend this month.

Reach is Moving!

Big news for Reach as we head into 2026!

We're saying goodbye to our Grandin Avenue office and bringing everyone together under one roof at 9420 Key West Avenue. By late January, our team will be settled in.

Why the move? It's all about connection and collaboration. Having our staff in one space means more opportunities to share ideas, work cohesively, and make the most of our resources.

Packing up is no small task, but we're excited about what's ahead. We'd love for you to be part of it. Come by, say hello, and check out the fresh space where great ideas (and great service) come together!

MKHC Welcomes Physical Therapist



I look forward to incorporating rehabilitation into the care of individuals seen at MKHC. Physical therapy can provide tools to recover from injury and improve function in our daily lives.

Ellen Levy,
Physical Therapist



This month, MKHC welcomed Dr. Ellen Levy, physical therapist, to our volunteer specialist team! Adding a physical therapist has been high on our "wishlist," as many patients—especially those seeing the podiatrist—need these vital services.

To provide the best care, Ellen needed equipment such as mirrors, exercise balls, rollers, and resistance bands. Thanks to a generous connection at the Lutheran Church of St. Andrews, we secured most of these items completely free of charge! With Ellen on board and the right tools in place, MKHC can now offer comprehensive physical therapy services to help patients recover from injury and improve daily function.

Mark Your Calendar

Holiday Giving December Distribution Day 1

Thursday, December 18, 2-6 p.m.

Reach's Grandin Office & Multipurpose Room

Holiday Giving December Distribution Day 2

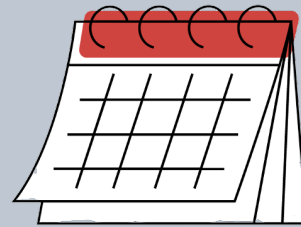
Saturday, December 20, 1-4 p.m.

St. Francis Episcopal Church in Potomac

Volunteer Reception

Wednesday, February 4th, 6-8 p.m.

Rockville Library



Volunteer With Us

MKHC Interpreter

MKHC is looking for dedicated bilingual volunteers to serve as interpreters and help patients and medical providers communicate effectively.

Volunteers must be 18+ years old and able to work a four-hour shift once per week. Spanish fluency is required.

Interpreters are particularly needed on Thursdays for shifts between 9 am and 5 pm.

Senior Reach Friendly Callers

Make weekly phone calls to one or more senior clients to provide a caring voice, to check on their well-being, and to confirm they received and are pleased with their scheduled home care services.

Spanish and Mandarin speakers are particularly needed and encouraged to apply!

Contact volunteer@cmrocks.org
if you're able to help with these requests.

Donation Requests

MKHC:

- Paper towels, liquid hand soap, facial tissues, toilet paper, Lysol spray, dish soap, feminine hygiene products for patient use

Housing Program:

General: Toilet paper, paper towels, laundry detergent (pods), cleaning supplies

Jefferson House

- bath towels & washcloths
- plastic food storage containers
- curtain panel
- dish towels
- oven mitts and kitchen sink mat
- baking trays, roasting pan
- clear refrigerator separators
- 6 folding chairs
- kitchen utensils (knives in particular)

Rockland House

- Toaster
- Flashlights & batteries
- Towels and washcloths
- Swiffer mop head replacement
- Kitchen glassware
- Bed linen for queen size
- Dish towels
- Tall floor lamp

For more information on current needs or to donate, please contact us at development@cmrocks.org.

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