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What's new at Reach this month

July 2026

STRATEGIC PLAN HIGHLIGHTS



WHAT WE'VE ACCOMPLISHED SO FAR

Reach & MKHC have reached the end of the first year of work towards our ambitious three-year strategic plan.

Here are a few highlights from this past year:

- MKHC recruited and onboarded three new specialists: an endocrinologist, a physical therapist, and a neurologist. The integration of these new specialties directly drove an 81% year-over-year increase in service delivery, growing total specialty care visits from 418 to 758.
- REAP developed and implemented a new tracking system, helping collect information on incoming requests, referrals, caller needs, and gaps in available assistance in the county. This valuable data helps make the program more responsive and efficient.
- In collaboration with local Marriott Hotels, LOP began developing a curriculum for an industry-specific English conversation class within our existing adult ESL program. This new class, which focuses on the food and beverage industry, is scheduled to begin this fall. More details to follow!

[Read the full story](#)

Welcome, New Reach & MKHC Board Members



As we start our new fiscal year, we're excited to welcome three new board members to Reach & MKHC's boards.

Jennifer Hurt, a certified nutrition and wellness coach, has joined Reach's board.

Former Reach board member Rae Pearl Canizares, a clinical therapist, as well as Dr. Van Hubbard, a veteran of the U.S. Public Health Service and NIH, are now serving on MKHC's. We look forward to working with them over the coming years!

MKHC Relocation Campaign Becomes MOVE



Senior Reach Helps Clients Stay Safe In Summer Heat

Senior Reach was busy this month, coordinating and completing 16 HVAC inspections for clients who own their homes. Each inspection involved checking heating, ventilation, and air conditioning systems to identify any potential issues and ensure everything is running smoothly and efficiently.

With record-setting heat this summer, our priority was to reduce the risk of unexpected system failures. This service also eases financial pressure on clients and helps them avoid costly future repairs.

Reach is Part of Spur Local's Class of 2026



We are thrilled to share that Reach has been selected as a member of Spur Local's Class of 2026, joining an inspiring group of nonprofit organizations recognized for their critical impact in the Greater Washington region.

Organizations selected for this honor were chosen from a highly competitive applicant pool and recognized as essential contributors to strengthening our community.

MKHC relocated to our current space in April 2024. To cover associated costs, including moving, occupancy, and equipment expenses, we launched the MKHC Relocation Campaign with the goal of raising \$150,000. Thanks to our amazing supporters, we officially reached our goal this year!

Now that this phase of the campaign has ended, a new one has begun — one we call MOVE (Manifesting Our Vision of Equity). MOVE includes expanded sponsorship opportunities for individuals and corporations who are interested in making one-time and/or recurring financial contributions to support our vision-driven work to ensure all medically underserved residents of the community have access to quality care in a comprehensive health care center.

[Learn more about MOVE](#)

Join the Rocket Community Challenge to Support Senior Reach

 Rocket Community Challenge

We're in this together.

Help us reach our goal by donating and spreading the word.

We're excited to be participating in the Rocket Community Challenge, a national month-long fundraising competition taking place August 3-28, 2026. All funds raised will support Senior Reach!

Want to get involved?

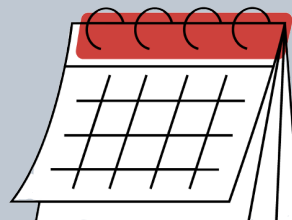
- Make a donation to support our mission.
- Become a fundraiser and encourage your network to give.
- Spread the word by sharing our campaign with friends, family, and colleagues.

[Learn more](#)

Mark Your Calendar

Holiday Giving - Thanksgiving Distribution

Rockville United Church
Drop-off Day – Friday, November 20,
10-4 p.m.



Volunteer With Us

Landscaping/Yardwork

Reach's Housing Program is looking for volunteers to help with landscaping and yardwork tasks at our house for women in Rockville. The work will help maintain a safe, clean, and welcoming environment for the residents we serve.

This is a great opportunity for corporate teams, community organizations, and volunteer groups. Volunteer hours and Student Service Learning (SSL) hours can be provided upon request.

MKHC Interpreters

Help our patients and medical providers communicate effectively by providing translation services for English and Spanish speaking patients.

Volunteers must be 18+ years old and able to work a four-hour shift once per week.

Requires a background check.

Contact volunteer@cmrocks.org
if you're able to help with these requests.

[View other volunteer opportunities](#)

Donation Requests

MKHC:

- Lysol spray, paper towels, liquid hand soap, facial tissues, toilet paper, dish soap, feminine hygiene products for patient use
- Amazon wishlist - Please leave your name and contact info as a note if purchasing from this wishlist:
https://www.amazon.com/hz/wishlist/ls/1W7K3J9KXANI4/ref=hz_ls_biz_ex

Housing Program:

General: Toilet paper, disinfectant wipes, dish soap, sponges, bleach/Comet, multi-purpose cleaner, laundry detergent (pods), dryer sheets, tin foil, soft pad cleaning mop similar to Swiffer WetJet

Jefferson House

- 3-4 seater sofa
- bath towels & washcloths
- plastic food storage containers
- curtain panel
- dish towels
- oven mitts and kitchen sink mat
- baking trays, roasting pan
- clear refrigerator separators
- kitchen utensils (knives in particular)
- drip coffee pot and filters
- art supplies (canvas, brushes, paint, smock)

Rockland House

- toaster oven
- flashlights & batteries
- towels and washcloths
- kitchen glassware
- dish towels
- curtain panel
- weed killer
- dish soap & toilet paper
- landline telephone base

For more information on current needs or to donate, please contact us at development@cmrocks.org.

Community Reach of Montgomery County Board of Directors

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MKHC Board of Directors

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