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What's new at Reach this month

August 2026



FOOD AS MEDICINE: MARKET VISITS, NUTRITION CLASSES & MORE



MKHC's Food as Medicine program entered its second month, with participants attending their first nutrition education classes led by our certified diabetes educator. During the classes, they learned about A1c, symptoms of diabetes, and the importance of making healthy lifestyle choices to control their condition.

Participants also visited Community FarmShare's weekly mobile markets to receive locally grown produce.

[Learn more about the program](#)

**MKHC Board Member
Spotlight: Jackie Lobien**

**LOP Partners with Marriott to
Pilot English for Food
Industry Workers Class**



As a dedicated advocate for healthcare access and mental wellness, Jackie brings valuable expertise and a passion for service to the MKHC Board. Read our interview to learn more!

[Read the article](#)

A Day in the Life at Reach & MKHC



For National Nonprofit Day on 8/17, we put together a photo series showing what a typical day at Reach & MKHC looks like.

[Read the article](#)



An objective in LOP's strategic plan was to develop industry-specific ESL modules in partnership with local companies. We're pleased to announce that the first such class, focusing on the food service industry, will launch this fall as part of LOP's existing adult programming.

Developed in collaboration with Marriott, the curriculum focuses on the practical language skills employees need to succeed in food service roles. Enrollment is now open, and we are actively recruiting non-English-speaking workers to participate in this new opportunity. Anyone who is interested should register at www.cmrocks.org/lop and contact LOP Director Cecilia Rojas at crojas@cmrocks.org for questions.

Reach to Host Living With Dementia Information Session

Reach is partnering with the Dementia Friendly Initiative to host an information session on dementia and ways to communicate with those living with it.

Join us on October 6th at 4:00pm at our office at 9420 Key West Avenue, #400.

Registration is requested - use the link below to secure your spot.

[Register to attend](#)

SUPPORTER SPOTLIGHT: FAITH UNITED METHODIST CHURCH



"We have found throughout the years that Reach has a niche that other organizations do not have. The ability to use your funds in a way that helps the whole person."

– Nancy Kneisly, FUMC Church Member



Faith United Methodist Church (FUMC) has been a dedicated Reach supporter for over 14 years, contributing to multiple service areas and helping ensure our neighbors have access to critical resources. This year, FUMC deepened its commitment by sponsoring the Gala for the first time.

We recently spoke with church member Nancy Kneisly about why Reach continues to stand out among the organizations FUMC supports and what keeps the partnership strong.

[Read the article](#)

2026 CITC Tax Credits are Still Available



Community Investment Tax Credits (CITC) Program

Earn Maryland tax credits by supporting REAP!



Donate at least \$500 to REAP and receive a **50% MD tax credit via the CITC Program.**



Support REAP's mission to **aid low-income residents in financial crisis.**



Help us build a community where resources and opportunities **are accessible to all.**



This opportunity is open to **MD-based individuals and businesses.**



development@cmrocks.org



www.cmrocks.org/donate

CITC Tax Credits for 2026 are still available! Reduce your state tax liability while supporting REAP.

Commit now to donating at least \$500 over the next 5 months, and you will be eligible for a \$250 tax credit to use towards your Maryland state taxes. A one-time donation of \$500+ is also eligible.

Donors must enroll before taking part. Contact development@cmrocks.org for more information or to enroll today!

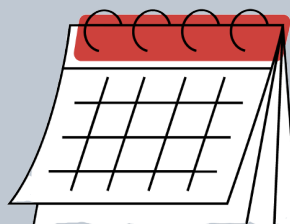
Mark Your Calendar

Holiday Giving - Thanksgiving Distribution

Rockville United Church

Drop-off Day – Friday, November 20, 10-4 p.m.

Distribution Day – Sunday, November 22, 1-5 p.m.



Living With Dementia Info Session

Tuesday, October 6, 4:00PM

Mansfield Kaseman Health Clinic

9420 Key West Ave., Ste. 400

Rockville, MD 20850

[Register to attend](#)

Volunteer With Us

Landscaping/Yardwork

Reach's Housing Program is looking for volunteers to help with landscaping and yardwork tasks at our house for women in Rockville. The work will help maintain a safe, clean, and welcoming environment for the residents we serve.

This is a great opportunity for corporate teams, community organizations, and volunteer groups. Volunteer hours and Student Service Learning (SSL) hours can be provided upon request.

MKHC Interpreters

Help our patients and medical providers communicate effectively by providing translation services for English and Spanish speaking patients.

Volunteers must be 18+ years old and able to work a four-hour shift once per week.

Requires a background check.

Contact volunteer@cmrocks.org if you're able to help with these requests.

[View other volunteer opportunities](#)

Donation Requests

MKHC:

- Lysol spray, paper towels, liquid hand soap, facial tissues, toilet paper, dish soap, feminine hygiene products for patient use
- Amazon wishlist - Please leave your name and contact info as a note if purchasing from this wishlist:
https://www.amazon.com/hz/wishlist/ls/1W7K3J9KXANI4/ref=hz_ls_biz_ex

Housing Program:

General: Toilet paper, disinfectant wipes, dish soap, sponges, bleach/Comet, multi-purpose cleaner, laundry detergent (pods), dryer sheets, tin foil, soft pad cleaning mop similar to Swiffer WetJet

Jefferson House

- 3-4 seater sofa
- bath towels & washcloths
- plastic food storage containers
- curtain panel
- dish towels

- oven mitts and kitchen sink mat
- baking trays, roasting pan
- clear refrigerator separators
- kitchen utensils (knives in particular)
- drip coffee pot and filters
- art supplies (canvas, brushes, paint, smock)

Rockland House

- toaster oven
- flashlights & batteries
- towels and washcloths
- kitchen glassware
- dish towels
- curtain panel
- weed killer
- dish soap & toilet paper
- landline telephone base

For more information on current needs or to donate, please contact us at development@cmrocks.org.

Community Reach of Montgomery County Board of Directors

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Donate to support Reach





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