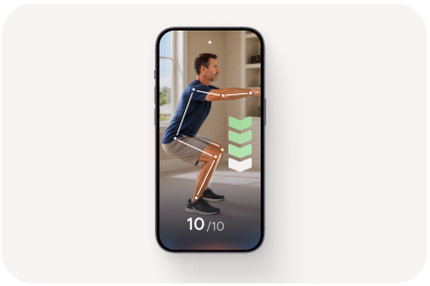
WEITZ | sword

Struggling with discomfort or pain? **Sword can help.**

$0 COST TO YOU



For back, joint and muscle pain

Discover at-home AI physical therapy with **Thrive**. Your designated Doctor of Physical Therapy will build your personalized pain-relief program. Complete sessions all from your phone any time of day.

For women's pelvic health

Bloom is a pelvic health solution for women who suffer from bladder leakage, bowel disorders, pelvic pain and more. Bloom will help you take control of your pelvic health for good.

For a healthier heart and weight

Your heart health and weight goals deserve real support. **Pulse** pairs a dedicated Health Specialist and Phoenix, your 24/7 AI Care Specialist, to help you build healthier daily habits that support your health all year long.

Here's how it works:

1 Connect with a specialist

Your designated health specialist will create a plan customized for your needs and goals.

2 Get your Sword Kit

You'll receive a Kit (either Thrive, Bloom or Pulse) to guide you during your sessions.

3 Progress with support

Chat 1:1 with your specialist anytime. They'll check in, monitor your progress and adjust your plan as needed.

4 Feel the relief

Complete your exercise sessions anytime, anywhere. Then feel the relief for yourself.

Enroll today in minutes for $0.00

Scan the QR code or visit our website:

sword.health/platform/weitz/go

Available at no cost to employees, spouses and dependents, age 13+, who are enrolled in a company sponsored medical plan.