

CHRIS HAYNES

Season: 2025/2026

TYPE: ANO027-02 **SPORT:** Soccer



PLAYER BRON E REPORT

Chris' profile assessment results align most closely with the characteristics of an: **'ANALYTICAL ORGANISER'**. These players are reliable, disciplined, and always prepared to give their best. They think carefully before acting, value structure, and stay calm when others lose focus. Their consistency inspires teammates, and their commitment drives steady progress. Quietly confident and unshakably dependable — they are the backbone every team relies on.

Prepared By:

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COACHING |
FUNDAMENTOLS

PRIVATE AND CONFIDENTIAL

Any purely behavioural tool should never be used to make a recruitment or redeployment decision unsupported by other techniques such as interviewing and performance analysis.



Player Performance Summary Sheet



CHRIS HAYNES

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Teamwork

Chris tends to react to those he does not know well in a rather guarded and cautious way, and may not always be naturally in tune with teammates' feelings. However, he will be caring and protective over his closest friends and will want to set a good example in terms of his attitude and commitment

Leadership

Taking responsibility very seriously, Chris will be direct and fair, and happily reward those who follow the rules and are consistently reliable. Clear in his communication and in the defining of tasks, he will be a committed, persevering and conscientious leader who is extremely trustworthy.

Coaching

These players enjoy stability, structure, rules and clearly defined tasks. Preferring to perform following established procedures; Chris will not cut corners or experiment in his approach. He likes to work solidly at a task until it is complete, finding his own solutions and often not seeking help from others.

Team Planning Meetings

These players prefer detailed plans in writing – everything from match day travel arrangements to opponent's strengths analysis. Changing tactics will be more accepted if they can be justified statistically. Chris will be more vocal and confident when in smaller groups of people he knows and trusts

Dealing with Pressure

Although these players can handle a fair amount of pressure on them, they can be judgemental in times of stress. Avoid asking Chris to do things without a plan or that don't make sense to him. He doesn't respond well to feelings and can struggle when coaches or parents apply emotional pressure on him

Feedback & Instruction

When giving feedback address specific actions, focus on using logic rather than emotion. Don't expect Chris to be very vocal – but do seek his input on technical issues or match day performances of teammates. He will offer insightful thoughts but will prefer to talk in a private setting.

Injuries & Setbacks

Chris' guarded approach makes it hard to truly gauge his feelings. He can also be hypersensitive to signals of rejection from those he cares for. Consult with his close friends to inform you if there are any problems / injuries – Chris may be happier confiding in them rather than admit to a weakness to coaches.



Coaches Guidance Summary Sheet



100 YEARS

Chris is calm, dependable, and well-prepared. They thrive in structured environments with clear expectations and consistent coaching. Around teammates, they earn respect through reliability, quiet focus, and steady commitment to the team's goals.

Before the Game



- Provide a clear plan and routine
- Reinforce their preparation and focus
- Avoid last-minute tactical surprises

When things go wrong



- Stay calm and speak clearly
- Focus feedback on practical solutions
- Remind them of their past consistency

Coaching Sessions.



- Explain drills step by step
- Give precise feedback they can apply
- Recognise their effort and attention to detail

Best Players to work With



- Pair with disciplined and respectful teammates
- Avoid overly emotional or unpredictable partners
- Encourage partnerships built on trust and structure

During the Game



- Give clear, concise instructions
- Avoid shouting or emotional criticism
- Reinforce what's going well consistently

Situations that will be Tough



- Sudden changes to plans or roles
- Teammates ignoring structure or instructions
- Unclear expectations during intense moments

Delivering Tactics



- Present information in a logical order
- Explain the "why" behind each tactic
- Use repetition to reinforce understanding

Visual Warning Signs



- Quiet withdrawal or reduced communication
- Overthinking small mistakes or instructions
- Noticeable frustration at unclear directions

Half Time Team Talks



- Keep messages calm and organised
- Focus on clear adjustments, not emotion
- Highlight specific positives before corrections

Best ways to motivate



- Set clear, measurable performance goals
- Recognise consistent effort and reliability
- Show trust through responsibility and leadership opportunities



Do's

- Provide Structure and Clarity:** Give clear plans, consistent routines, and straightforward expectations to help Chris feel confident and prepared.
- Recognise Steady Effort:** Praise his discipline, reliability, and commitment rather than just standout performances or big moments.
- Explain the Reasons:** Always link instructions to the bigger picture so they understand how his role fits the team's goals.



Don'ts

- Don't Change Plans Suddenly:** Avoid making last-minute tactical or role changes without proper explanation and reassurance.
- Don't Overload with Emotion:** Stay calm and logical when giving feedback — too much emotion can cause Chris to withdraw.
- Avoid Vague Instructions:** Never leave him guessing about expectations — he performs best when details are clear and consistent.



Parental Guidance

Coping with Criticism and Feedback

- Give feedback calmly and privately
- Focus on effort, not just results
- Help them turn mistakes into learning

Game Day Preparation & Communication

- Keep routines calm and predictable
- Offer encouragement, not detailed instructions
- Respect their quiet focus before games

Managing Nerves and Expectations

- Remind him that preparation builds confidence
- Avoid adding pressure with comparisons
- Praise steady progress, not perfection

Peer Pressure and Conflict at Home

- Listen before offering quick solutions
- Encourage respectful discussion, not arguments
- Help him see others' perspectives calmly

Post-Game Conversations

- Let him unwind before talking
- Ask what he learned, not just results
- Recognise positives before discussing improvements



Do's

- 1. Respect His Need for Structure:** Keep home routines predictable to help him stay calm, organised, and ready for challenges.
- 2. Praise Effort and Consistency:** Recognise steady commitment and self-discipline rather than focusing only on achievements or results.
- 3. Encourage Thoughtful Reflection:** Ask questions that help Chris think through situations instead of giving instant solutions or criticism.

Key Support Strategies :

- 1. Clear routines build confidence:** Consistent home schedules help Chris stay organised, calm, and ready to balance school, sport, and rest effectively.
- 2. Encouragement matters more than pressure:** Gentle reminders and genuine praise motivate him far more than constant pushing or comparisons.
- 3. Give responsibility with trust:** Allow Chris to manage his own preparation and routines to strengthen independence and personal accountability.
- 4. Handle change with patience:** When routines shift, explain what's happening early so he can adjust calmly and stay confident.
- 5. Support through mistakes:** Remind Chris that errors are part of learning and progress, not signs of failure or weakness.
- 6. Balance sport and downtime:** Encourage him to rest properly, see friends, and enjoy hobbies outside sport to stay happy and grounded.
- 7. Build confidence through small wins:** Help Chris recognise daily progress — even small improvements strengthen belief and motivation.
- 8. Offer calm emotional support:** When he's upset or withdrawn, give him quiet space first, then talk when he's ready.
- 9. Encourage healthy relationships:** Guide Chris to stay respectful, kind, and dependable with teammates and friends on and off the field.
- 10. Stay positive after games:** On the journey home, focus on his effort and attitude before discussing results or performance.



Don'ts

- 1. Don't React Emotionally to Setbacks:** Stay composed when he's disappointed, he needs reassurance, not added pressure or frustration.
- 2. Don't Micromanage Routines:** Trust him to handle preparation and responsibilities without constant reminders or interference.
- 3. Avoid Overloading him with Talk:** Give space after games or stressful days, he will process best quietly before opening up.