Week 1: Seeking Wisdom

Pastor Jeff & Bonnie Forester

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Psalm 19:7-11, 2 Timothy 3:16–17, Matthew 7:24–25, Deuteronomy 6:5–9, Isaiah 41:10, Romans 8:28, Isaiah 26:3, Proverbs 3:5-6, Joshua 1:8, James 1:22–25, Hebrews 4:12, Psalm 119:105

Discussion

- 1. What stood out to you from today's video?
- 2. Do you believe the Bible is still relevant today? Why or why not? We are told by God that Scripture is alive and trustworthy. How does that affect the way you read it and live it?
- 3. Have you ever thought about wisdom as something you can "live" instead of just knowing? How does that change the way you approach decisions in your life?
- 4. Jeff and Bonnie talk about building family rhythms around God's Word.

 Does your family or personal routine currently include Scripture in this way on a regular basis? What are some small and practical ways you can add it in?
- 5. Read Isaiah 41:10 aloud again. Bonnie cited this verse when talking about trusting God in fear. Can you share a time when a verse or promise from God helped you through a difficult moment?
- 6. Both Jeff and Bonnie emphasized applying Scripture, not just reading it. What's one practical way you could "work" the Word into your daily routine?
- 7. Challenge: Choose a Bible reading plan or a chapter & read together this week as a group. (You may also choose to use the SOAP reading method.)

Week 2 : Prayer & Fasting

Pastor Chris & Liz Zarbaugh

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Matthew 6:16-18 Mark 9:27-29 2 Samuel 23:13-17

Discussion

- 1. What stood out to you from today's video?
- 2. Has anyone tried fasting before? If so, briefly share the details (what you fasted from, how long, and why you fasted) and how the experience was for you.
- 3. Read Matthew 6:16-18 aloud. Chris mentioned that fasting helped him step into "next level faith." How do you think fasting can grow someone's faith in a way that regular prayer alone might not?
- 4. Liz shared that fasting brought her a deep sense of peace in spite of her circumstances. Can you share a time when you experienced God's peace in a challenging season?
- 5. We heard that "you can pray without fasting, but you cannot fast without praying." Is prayer a regular part of your daily routine? What are some best practices on how a person can incorporate prayer in their already busy daily routine?
- 6. Challenge: Try fasting, either as a group or individually. It may look different for everyone, even if you fast at the same time. Pick a time and duration to fast and from what. Pray whenever you feel hungry. Seek a closer relationship with your Heavenly Father.

Week 3: Serving & Blessing

Pastor Kyle & Laurin Crenshaw

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Matthew 25:31-40 John 13:35

Discussion

- 1. What stood out to you from today's video?
- 2. Share a time when you've been able to be a blessing to others.
- 3. Jesus tells us that caring for others is just as important as caring for Him, making them equally important. Does that surprise you? Have you always lived life with this mindset, or have you leaned in one direction over the other?
- 4. What are some things that could get in the way of adopting a lifestyle of blessing others?
- 5. Blessing others can seem like an endless task. It might be easy for someone to "burn out" or perhaps feel as if they are "earning favor" with God. How can we find balance to avoid these things?
- 6. What are some fun and practical ways you can be a blessing to someone this week?
- 7. Challenge: If you attend Heritage Church regularly, are you a part of a serving team? If not, we invite you to sign up to serve right now!

 (Heritagechurch.com/serving)

Week 4: Worshiping

Pastor Tom & Judy Blount

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Exodus 20:3-4 Luke 17:11-19 Exodus 4:29-31

Discussion

- 1. What stood out to you from today's video?
- 2. What's something you naturally "ascribe worth" to in your daily life (sports, success, approval, etc.)?
- 3. Whether it's on Sunday or throughout the week, what are some things in your life that might keep you from fully engaging in worship?
- 4. Describe a time when you felt close to God during worship. What was different about that experience?
- 5. Read Luke 17:11-19 aloud. In this story, only one leper came back to thank Jesus. What is something you can thank God for right now?
- 6. We learned that worship isn't just singing, it's a lifestyle. What's one non-musical way you can worship this week?
- 7. Challenge: What's something you "worship" that is taking time in your day away from time with God? As a group choose a time of the day to spend some time with Jesus instead of with something else. Worshiping, praying, and reading, etc. (The easiest options are right before bed or right when you wake up.)

Week 5 : Sabbath & Resting

Pastor Kyle & Kristin Daubenmeyer

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Exodus 20:8-11, Exodus 16:23-30 Luke 4:16, Mark 2:27

Discussion

- 1. What stood out to you from today's video?
- 2. Kyle & Kristin shared when the Sabbath became a priority in their lives. Most people have to learn this the hard way. Was there ever a point where this became a turning point in your life? How did that change your relationship with God?
- 3. Read Exodus 20:8-11 aloud. The Bible includes observing the Sabbath as part of God's moral law. As a commandment, and not just a suggestion, how does this shift the way you approach weekly rest?
- 4. Read Exodus 16:23-30 aloud. Honoring the Sabbath is an act of trust. Can you think of a time when taking intentional rest helped you rely on God instead of trying to do everything yourself?
- 5. Kyle and Kristin shared practical ways to observe the Sabbath; like slowing down, avoiding emails, or prioritizing family. Which of these ideas resonate with you, and how might it help you connect with God?
- 6. Read Mark 2:27 aloud. Kyle and Kristin emphasized that observing the Sabbath isn't just stopping. It's also about delighting and reconnecting with what matters most. Challenge: Choose a day to rest this week and share it with the group. What will your Sabbath look like? (Everyone's looks different.)

Week 6 : Giving & Tithing

Pastor Quin & Selena Snyder

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Leviticus 27:30, Genesis 28:20-22, Malachi 3:10 Acts 4:32-35, Acts 6:1-4, Proverbs 11:24-25

Discussion

- 1. What stood out to you from today's video?
- 2. Malachi 3:10 talks about testing God with your finances. Have you ever experienced a time when trusting God with your resources led to unexpected blessing or growth in faith?
- 3. Genesis 28:20–22 and Leviticus 27:30 show that tithing is both an act of worship and obedience. How does knowing that tithing is voluntary, yet commanded, affect the way you view giving?
- 4. Quin shared his journey from "tipper" to tither. Have you ever wrestled with giving in the same way? If so, have you had a moment where God challenged your heart about generosity?
- 5.Acts 4:32–35 shows the early church giving freely and thoughtfully. What are some small and practical ways we can start to live more openhandedly toward others in this same spirit, either as a group or individually?
- 6. Challenge: God calls all of us to tithe and give generously. If you're a tither, we challenge you to give generously this week. If you are not a tither, your challenge is to start. If you can't give the ten, start somewhere. HeritageChurch.com/giving

Week 7: Evangelism & Telling

Pastor Dave & Ann Wilson

Icebreaker

Pick your group's favorite icebreaker from the list, or make your own!

Scripture

Luke 19:10, Luke 15:1-2, Matthew 28:18-20 John 20:21, Matthew 5:14-16

Discussion

- 1. What stood out to you from today's video?
- 2. Dave and Ann talked about the common mindset that church exists to meet our needs. Are you guilty of having this mindset? And how does shifting your mindset change the way you engage with others?
- 3. Luke 19:10 reminds us that Jesus came to seek and save the lost. Who in your life right now feels unseen or far from God, and how might you reach out to them this week?
- 4. Read John 20:21 aloud. Dave said we have a "sent" identity, not a "sit-and-soak" identity. How does thinking of yourself as "sent" change your daily interactions at work, school, or in your neighborhood?
- 5. Ann talked about "being a light where you are placed" in Matt. 5:14-16, and how we are to make a "dent" where we are "sent". What are some ways you can make a "dent" in the places you spend time regularly?
- 6.C.S. Lewis said, "There are no ordinary people. You have never talked to a mere mortal." How does remembering this affect the way you see the people around you? Do you think it affects the opportunities God gives us to love them?
- 7. Challenge: Tell someone about Jesus or share your story this week. Share with the group who comes to mind and what your plan is.