OVERCOMING

Finding The Strength to Overcome

OVERCOMING IS HARD WORK

GOD NEVER ASKS US TO DO SOMETHING THAT HE HASN'T FIRST EMPOWERED US TO DO

Ephesians 1:13 (ESV)

¹³ In him you also, when you heard the word of truth, the gospel of your salvation, and **believed in him,** were sealed with the promised Holy Spirit...

WE HAVE THE POWER WE NEED TO LIVE THE LIFE WE WANT

Kyle Idleman "Not A Fan"

"Fans who try to follow Jesus without this "Holy Spirit" power will start to show signs. Sooner or later they will reach a point where they are frustrated by failures. You keep doing what you don't want to do and you don't do the things you really want to do. You promise others that you will change. "Things are going to be different this time," you say. And this time you really mean it. But the change rarely lasts more than a few days. You lie awake at night and promise yourself "Never again" never again will I lose my temper ... never again will I get on that website ... never again will I take a drink ... never again. But soon you're lying awake making the same promises. It just doesn't work.

"When we try to follow Jesus without being filled daily with the Spirit, we find ourselves <u>frustrated by our failures and exhausted by our efforts."</u>

"Fans trying to follow without being filled with the power of the Holy Spirit become overwhelmed by life's circumstances. They seem to be following Christ, but then something in life goes wrong and they don't have the power to overcome it. Instead of following Christ and sticking close to him in the storm they become discouraged and keep their distance."

Acts 1:8-9 (NIV)

⁸ But you will receive **power** when the **Holy Spirit comes on you**; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." ⁹ After he said this, he was taken up before their very eyes, and a cloud hid him from their sight.

John 16:7 (NIV)

But very truly I tell you, **it is for your good that I am going away.** Unless I go away, the Advocate will not come to you; but if I go, I will send him to you.

FROM "GOD WITH US" TO "GOD IN US"

LIVING BY GOD'S SUPERNATURAL POWER IS A DAILY STRUGGLE

Romans 7:19-25 (NIV)

- ¹⁹ For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing.
- 20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

THE BATTLE IS REAL AND CONSTANT, BUT SO IS OVERCOMING THROUGH HIS HOLY SPIRIT POWER

THE HOLY SPIRIT GIVES US POWER...

POWER OVER SIN

Galatians 5:16-17 (NIV)

¹⁶ So I say, **walk by the Spirit,** and you **will not gratify the desires of the flesh.** ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

POWER TO LIVE THE CHRISTIAN LIFE

Ephesians 5:18-20 (NIV)

¹⁸ Do not get **drunk on wine, which leads to debauchery.** Instead, **be filled with the Spirit**, ¹⁹ **speaking to one another** with psalms, hymns, and songs from the Spirit. **Sing and make music** from your heart to the Lord, ²⁰ **always giving thanks to God the Father for everything,** in the name of our Lord Jesus Christ.

POWER TO CHANGE

Galatians 5:22-25 (NIV)

²² But the **fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness,** ²³ **gentleness and self-control.** Against such things there is no law. ²⁴ Those who belong to Christ Jesus have **crucified the flesh with its passions and desires.** ²⁵ Since we live by the Spirit, let us keep in step with the Spirit.

²¹ So I find this law at work: **Although I want to do good, evil is right there with me.** ²² For in my inner being I delight in God's law; ²³ but I see another law at work in me, waging war against the law of my mind and making me a **prisoner of the law of sin at work within me.** ²⁴ What a wretched man I am! **Who will rescue me** from this body that is subject to death?

²⁵ Thanks be to God, who delivers me through Jesus Christ our Lord!