

THE PRESIDENT'S DESK**Steven Dobbs, President**

Welcome to our new TRACKS Secretary – Destiny Medaje! Destiny is not new to TRACKS as she is our Social Media Coordinator and has been for a few years. We are happy to have her join our Board.

The Buena Vista trail system is in the final stages of its path through the Forest Service approval process. If things go as we think, we will start construction this fall. This trail will be hand-built so we will be looking for plenty of volunteers. Stay tuned.

FALL HIGHWAY CLEAN-UP**Lynn Krigbaum, Coordinator**

TRACKS completes highway clean-up on 260 twice a year. We do two miles; one mile for TRACKS, and one mile for The White Mountain Nature Center. Our fall clean-up events are as follows:

**TRACKS mile:**

Tuesday, September 9th.
8:00 a.m. - Meet at the Fun Park.

Nature Center mile:

Thursday, September 11th.
8:00 a.m. - Meet at the Lakeside Forest Service office.

Clean-up usually takes 1.5 – 2.0 hours. Volunteers are rewarded with home-made **muffins** at clean-up completion. **Yum!**

Attire: Wear long pants, boots or closed-toe shoes, hat and gloves.
Be sure to bring ample water.
Vest, trash bags and pickers will be provided.

Any questions, please contact Lynn Krigbaum at gemma.krigbaum@yahoo.com or 928-242-8814.

**PINEWOOD SHOWDOWN – SEP 13**

The Pinewood Showdown Gravel Grinder mountain bike race by Zia Rides is set for September 13th as part of the Arizona Gravel Series. We had a great time last year and are ready to do it again. The event headquarters is at Wilderness Ranch, which is across from the Panorama Trailhead on Porter Mountain Road.

The base of operations for the Pinewood Showdown will be the scenic Wilderness Ranch outside Pinetop-Lakeside/Show Low, Arizona, with access to some of the most beautiful and fun dirt roads in Northern Arizona.

Riders will have the option of choosing between a 25ish, 45ish, or 80ish mile routes to test their mettle. TRACKS volunteers will be working as course marshals, aid stations, registration, etc. If interested in volunteering, email suzanne.milligan@yahoo.com.

BIG SPRINGS WORKDAY – SEP 20

Cathy Purvis, Coordinator



Saturday, September 20 at 8 AM at the Big Springs Trailhead on Woodland Road in Lakeside.

TRACKS will be helping Save Our Park (SOP) and other community volunteers to clean up the trail around Big Springs, remove concrete pillars, repair/install signs, etc. The TRACKS trailer will be there with tools, but bring your gloves, hat and water. We are also looking for volunteers to sit at our TRACKS and Nature Center table to talk about our awesome organizations!

If you have any questions, please contact Cathy Purvis at cpurvis25@gmail.com.

FALL ARTISAN FESTIVAL & PARADE

The **FALL ARTISAN FESTIVAL AND PARADE** are being held September 25-27th in Pinetop-Lakeside at Charlie Clark's Orchard.



FALL ARTISAN FESTIVAL

THURS/FRI/SAT, SEP 25, 26 & 27

TRACKS shares an information table with both the White Mountain Nature Center and the Audubon Society. We need volunteers to staff this table Sept 25, 26 and 27 from 9:00 am – 3:00 pm each day. Please contact Lynn Krigbaum at gemma.krigbaum@yahoo.com or 928-242-8814 to volunteer.



FALL FESTIVAL PARADE

SAT, SEP 27TH

We are planning to have TRACKS in the parade this year. Three members have agreed to help coordinate TRACKS participation – Mary F., Dauree L. and Tina V. They need others to help with ideas and preparation.

Without a doubt, we will need our membership to come out on Sept 27th to walk in the parade. For those who are interested in helping with this year's "Life is Cooler in the Mountains" theme parade, a planning meeting will be held after our General Meeting on Sept 13th. If you cannot make it, but are interested in helping, please let Mary know at MaryFreemon@aol.com.

TOUR OF THE WHITE MOUNTAINS – OCT 4

Nate Kear, Coordinator

TWM SAVE THE DATE - VOLUNTEERS STILL NEEDED-- For the 29th Annual Tour of the White Mountains bike race on Saturday, October 4th. The volunteer turnout so far has been great, and I extend a big thank you to all of you who have already signed up! However, there are still a few volunteer spots yet to be filled.



For race day, Sat Oct 4th, we need:

- a couple of course marshals to guide the riders at critical turns
- a few volunteers to sag riders with busted bikes and/or broken spirits. If you have an SUV or truck and can carry two or more riders and their bikes please consider volunteering. The rider sag shifts are only two hours long and there are three consecutive shifts - you can sign up for as many as you like.

If you are interested in volunteering, sign up at: <https://signup.com/go/xSjuWLR>. Please let me know at natekear@gmail.com if you have any issues with the signup process. Thank you for volunteering; the event doesn't happen without your support.

TRAIL CREW

Jerry Good, Coordinator



Another photo from our members who helped with the wooden signage on the trails.

Huge thanks goes to:

- ❖ Jim S., Joan P., Denny H., and Kat W., for preparing the signs!
- ❖ Jerry G., Jon P., Garth O., Mike D., and others for installing them!

Great teamwork!

Each Monday we are thankful for the number of Trail Crew members who help keep our trails safe and in better condition than we find them. We plan to work through October, maybe even longer if weather permits. Come out and join us!

TRAIL STEWARDS

Ron Miller, Coordinator



Please provide a report to Ron Miller at tracks_ts@yahoo.com regarding the need for any wooden directional signs for your trail. These signs are helpful where there might be a confusing intersection with a road or another trail. There shouldn't be any junctions where hikers could accidentally wander off the trail and get lost. In addition, if you see any Emergency Diamonds that need to be added or replaced, please let me know. Thanks for continuing to be good stewards of the trails for which you are responsible.

We are still searching for *Trail Stewards for the Panorama Trail*. Please pass the word!

SOCIAL MEDIA

Destiny Medaje, Coordinator



Over the last 30 days, we've had 477 views in our Instagram account with 5 new followers. Our Facebook account had 1,187 views with 7 new followers. Annette's Trail Crew video was the most popular!

I came back from a trip and came up with a few new ideas for future posts, but I do need everyone's help. Please consider sending us photos/videos of your TRACKS hikes/bikes/rides and Trail Crew work. People all over Arizona, as well as in Mexico, Canada, France, Iran, and Italy, appreciate our trails because YOU appreciate them with the stories behind these photos/videos.

THE EPIC ADVENTURES of KAY ALDERTON

Anne Groebner, Outdoors Southwest



Kay Alderton running the Grand Canyon's 20-mile North Rim to its South Rim.

The Spirit of Adventure The Epic Journeys of Kay Alderton

By Anne Groebner

Take a look at the August 2025 copy of **Outdoors Southwest**, and **particularly pages 14-15**, to read about our own Kay Alderton in an article written by Anne Groebner.

Please take a look; it is an amazing story! Thank you, Kay, for sharing your story!

Here is the link to the full article:

[Link to Kay's story](#)

To the left and below are select photos from the article.



Climbing and camping on Mount Shasta, in the Cascade Range of Northern California



Alderton ran the Colorado River in 1972 during the river's historical floods.



Alderton climbed Weaver's Needle in the Superstition Mountains, Arizona 20 times.

MOUNTAIN BIKING

Kelly Milligan, Coordinator

Our rides will start from the following locations promptly at **8:00 am**. We have pinned the locations in Google Maps so if you are unsure of where to go, simply click the links for whichever day you wish to ride, get the directions, and off you go!



Tuesday: [Fire Escape Road \(opposite East Lane\) in Pinetop](#)

Thursday: [Junction of Forest Roads 185 & 271](#)

Saturday: [Junction of Forest Roads 182 & 7](#)

Rides will be anywhere from 15-20 miles. A helmet is required. Make sure your bike is in a good, rideable condition. Don't forget ample hydration.

Routes will be determined by the group. We will leave promptly at the designated start time.

For any questions, please reach out to milligankelly@yahoo.com.

HIKE: TUESDAY TREKKERS

Heather Steiner, Coordinator

I am sharing a bit more about each hike to acquaint us with the approximate 3-mile weekly hike of the day. Do save this for the month as a handy monthly guide.

Those who are familiar and comfortable with their favorite trails enjoy being the week's leaders; we need you! For more information email Heather Steiner at steinerhm@aol.com or Ed Gorny at eigorny@gmail.com. That being said you are always welcome to introduce yourself and take a hike with the Tuesday Trekkers. No doubt you will want to join for more!

Please meet at 7:45 a.m. for an 8:00 a.m. departure from the parking lot on the south side of the Pinetop McDonalds. Note: Ride share for short drives \$2 person; longer drives \$5 per person riding in a car.



Tuesday Trekkers, West Baldy, 08/19/2025

Sept 2: Given Labor Day is Sept 1, we will not have a hike the next day.

Sept 9th **Los Burro's #2:** Continue 0.8 miles on AP 3140. past the campground turn, the trailhead and parking area is on the right. The trail passes through spruce, fir, aspen and oak trees. Depending of the time of year expect ferns and colorful wildflowers. There may be opportunities to view elk, mule deer, turkey and coyotes. Watch for cattle. It is a favorite for many mountain biking enthusiasts.

Sept 16 **Pole Knoll Loop:** It's simply a small mountain with a series of trails traversing over and around it. The trails are signed with their respective names as with recognized Nordic ski symbols. What goes for skiing often goes for walking and bicycling as well. A green circle means an easy trail.

Sept 23 **Railroad Grade Trail No. 601:** From the F.R. 87 crosses the trail. Easy 3 miles. We start about a quarter mile from the railroad trestle the Forest Service restored some years ago. We will hike a wooded area in the middle of the trail.

Sept 30 **Sheep's Crossing:** It is off Highway 273; we will start the hike from the Sheep's Crossing parking lot. There still may be a sign the TREKKER's reassembled "Potatoe Hollow" on a path. Sometimes we encounter elk. The path will enter a long meadow that allows views toward Sunrise and Mt. Blady before dipping into the forest.

HIKE: UP THE HILL GANG (Wednesdays)

Kay Alderton, Coordinator

Below are the September hike dates and locations for the Up the Hill Gang Wednesday hikes. Please note the End of Summer Luncheon Potluck in the schedule below and send photos of hikes to photosfortracks@gmail.com.

Sep 3 **Thompson Trail** Leader: Cathy Purvis

- 6.0 miles / Moderate
- 6:45 am Safeway parking lot in Pinetop
- 7:00 am departure
- Ride share: \$5

Sep 10 **Panorama short loop** Leader: Mabel Dietz

- 5.0 miles / Moderate
- 6:45 am Pinetop McDonald's parking lot/south side
- 7:00 am departure
- Ride share: \$5

Sep 17 **Sipes Wildlife Refuge** Leader: Terry Kilmer

- 5.0 miles / Moderate
- 6:45 am Pinetop McDonald's parking lot/south side
- 7:00 am departure
- Ride share: \$5



SEP 24 ** WOODLAND LAKE PARK / END OF SUMMER POTLUCK **

- 9:00 am Woodland Lake Park, Ramada #2
 - 5.0 mile hike Leader: Annette Fox
- Following the hike, join in for a potluck luncheon.
 - Bring your favorite dish to share.
 - Feel free to drop off your luncheon dish at the Ramada prior to the hike. Kay will be at the Ramada during the hike to keep all in order! THANK YOU KAY!!
 - Any questions, please contact Kay at 928-367-7003.

Please meet the hike leader at the meet location as not all hikes begin at trailheads. If you rideshare, the suggested rideshare donation is listed above. Any questions, please call Kay Alderton at 928-367-7003.



MONTHLY CALENDAR

TRAIL CREW	7:30 am Monday	Hard hat & tools provided.	*Please wear good boots, gloves, sunscreen and bring ample water. *Dogs must be on a leash.*
MOUNTAIN BIKE	8:00 am Tues / Thurs / Sat	Rides range from 15 - 25 miles.	*HELMETS REQUIRED* *Bring plenty of fluids
HIKE	Tues: Tuesday Trekking Wed: Up the Hill Gang	Tues: 3-mile hikes Wed: 3-6 mile hikes	*Please wear appropriate footwear, sunscreen and ample water. *Dogs must be on a leash.*
BOARD MEETING	Sep 11	1:00 pm Thursday	Town of Pinetop-Lakeside Town Hall 325 W White Mountain Blvd, Lakeside
GENERAL MEETING	Sep 13	8:00 am Saturday	Woodland Lake Park, Ramada #2 *Potluck-bring a dish to share*