

MSN Quarterly Newsletter



MS&Neuromuscular
CENTER OF EXCELLENCE

October 2025



A New Way to Stay Connected with MSN ❤️

Dear MSN Community,

We're excited to share something new with you.

Over the years, we've had the privilege of walking alongside thousands of people living with MS and other neurological disorders—through the highs, the hard moments, and everything in between.

Whether you're currently receiving care with us or an alumnus of our community, you've helped shape who we are.

In that spirit, we're launching a quarterly newsletter—a way to stay in touch, share what we're working on, and keep you updated.

Our team is constantly learning, growing, and pushing forward—and we want you to be a part of that journey.

We're so grateful to be part of your MS journey, and we hope this newsletter will help us stay more connected—wherever life takes you.

With appreciation,

the MSN team

In this first issue,
you'll find:

Tips for Managing MS

Thank You, Dr. Rivera
Vega

Welcome, Dr.
Sivakolundu (MS focus)

Dr. Schneider Shares
Insights from ECTRIMS

Celebrating 10 Years in
Clearwater

Clinical Corner: Tips for Managing Neurological Conditions from the MSN Team

We asked MSN team members to share their top tips for patients. Be sure to talk to your provider to create the right plan for you!



Migraines

Initiating treatment at the onset of migraine warning symptoms can enhance the effectiveness of medications. For individuals experiencing severe or frequent migraines, not all episodes may respond consistently to the same therapy. Therefore, it is essential to have a comprehensive treatment plan that includes a range of options—such as various medications, medical devices, and at-home interventions. Additionally, identifying and minimizing potential migraine triggers is a key component of effective long-term management.



Dawn Rush-Wilde, APRN

Board-Certified FNP with focus on Neuromuscular Disorders, Multiple Sclerosis and General Neurology



Multiple Sclerosis

It's important to incorporate healthy practices into your daily routine for overall wellness with multiple sclerosis. We encourage you to eat a well balanced diet, exercise regularly, avoid smoking and complete ongoing preventative care in a timely manner.



Shreya Patel, APRN

Board-Certified FNP with focus on Neuromuscular Disorders, Multiple Sclerosis and General Neurology



Thank You, Dr. Rivera Vega!

Dr. Rivera Vega's last day at MSN will be October 28. She and her husband are expecting their first child and have made the decision to relocate closer to family in Puerto Rico. While we will miss her dearly, we couldn't be more excited for this next chapter for her and her family!

Continuity of care will be provided by our physicians, Dr. Jean-Raphael Schneider and Dr. Janet Lee, as well as by our new Multiple Sclerosis specialist, Dr. Dinesh Sivakolundu.

If you were a patient of Dr. Rivera Vega's, please only call our office at this time if you have an urgent need. We look forward to continuing to provide you with excellent care.

Welcome, Dr. Sivakolundu!

We are excited for Dr. Dinesh Sivakolundu to join us on the MSN team to help lead our MS practice!

If you're interested in meeting Dr. Sivakolundu and scheduling an appointment, give us a call at 813-855-2900.



Dinesh Sivakolundu, MD

Dr. Sivakolundu is a board-certified neurologist and MS specialist with experience at several leading institutions, including most recently at Weill Cornell Medical College in New York.

Dinesh has several published works in peer-reviewed journals, holds a Ph.D. in Cell & Molecular Biology from The University of Texas at Dallas and completed his Residency in Neurology at the Yale School of Medicine.

He has chosen to partner with MSN due to our shared commitment to exceptional patient care and to advancing innovation and clinical research that directly improves treatment outcomes. He was also impressed by the team's collegial and welcoming culture - one that he very much looks forward to contributing to!



MS & Neuromuscular Center of Excellence
Neurology Clinic & Outpatient Infusion Center
3190 N McMullen Booth Road, Suite 200
Clearwater, FL 33761

www.msandneuro.com
Tel: 813- 855-2900
Fax: 813-855-2990
Hours: M-F 7:45am-5pm

Dr. Schneider To Share Updates from ECTRIMS Conference

Dr. Schneider traveled to Barcelona for the ECTRIMS conference, one of the leading meeting places for researchers, clinicians and healthcare providers to collaborate on life-changing research and treatment options for people with MS and related diseases.

Dr. Schneider will be joining Dr. Augusto Miravalle, MD, FAAN, Chief of the Multiple Sclerosis and Neuroimmunology Division at Rush University, for Rush's Monthly Brain Health Education Series - 'Conversations on Brain Health'. This series is a 1-hour virtual education session that covers a wide range of topics with the goal of empowering patients and their loved ones with knowledge on topics related to brain health.

To register for the virtual webinar on Mon, Oct 13 at 7pm EST, where Dr. Schneider will be sharing updates from ECTRIMS, **scan the QR code to the right or [CLICK HERE](#)**



JOIN US FOR
CONVERSATIONS ON BRAIN HEALTH
UPDATES FROM ECTRIMS 2025

Dr. Augusto Miravalle
Board certified Neurologist
Chief of Neuro Immunology & Multiple Sclerosis, Rush University Neurology

Dr. Thomas Shoemaker
Board certified Neurologist
Rush University MS Center

Dr. Jean-Raphael Schneider
Board certified Neurologist
Founder, MS & Neuromuscular Center of Excellence

SCAN TO RSVP
Free Virtual Webinar
MON, OCT 13, 2025
7:00PM EST

Join us for an insightful session with three leading MS specialists share key research updates and clinical highlights from this year's ECTRIMS (European Committee for Treatment and Research in Multiple Sclerosis) conference.

Speakers from:
THE BRAIN HEALTH CENTER OF THE ROCKIES
RUSH UNIVERSITY MEDICAL CENTER
MS&NEUROMUSCULAR
Center of Excellence

Celebrating Terry Schneider & 10 Years Serving the Greater Tampa Bay Area

MSN just turned 10 years old and we have come a long way with your support! While some things have changed over the last 10 years at our practice, our commitment to high quality care for our patients has never wavered.

What started as just an idea has now become an established, trusted community-based provider caring for thousands of patients with neurological disorders. Many of our staff members who started with us are still here today.

Terry Schneider, our Practice Administrator for the last 10+ years and a cornerstone of our practice, just recently retired. Terry - thank you for your role in building MSN and shaping it into the warm place that it is today. Congratulations on an incredible career - we will miss you!



Thank you for reading!



MS & Neuromuscular Center of Excellence
Neurology Clinic & Outpatient Infusion Center
3190 N McMullen Booth Road, Suite 200
Clearwater, FL 33761

www.msandneuro.com
Tel: 813- 855-2900
Fax: 813-855-2990
Hours: M-F 7:45am-5pm