



DR. MICKEY BARBER'S

better life

AGE MANAGEMENT WELLNESS CENTER

Tenant Profile

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About

Better Life Carolinas, an age management and wellness center, with a focus on Hyperbaric Oxygen Therapy. This non-invasive treatment has gained popularity as an alternative to surgery and pharmaceutical medications, offering a natural way to enhance healing with no serious side effects.

During Hyperbaric Oxygen Therapy, the air pressure in a specialized chamber is increased multiple times higher than normal, allowing the body to absorb a higher concentration of pure oxygen through the lungs and skin. This oxygen is then distributed throughout the bloodstream, reaching tissues, organs, and even areas with poor circulation. By jump-starting the body's cellular regeneration processes, Hyperbaric Oxygen Therapy significantly reduces inflammation and promotes healing.

Conditions that may benefit from Hyperbaric Oxygen Therapy include sports injuries, strokes, anti-aging, asthma, inflammation, allergies, traumatic brain injuries, erectile dysfunction, and more. Each patient undergoes a comprehensive evaluation to ensure safe and personalized treatment.

Better Life Carolinas is seeking to open a new location in South Charlotte.

Space Criteria

- Seeking +/- 1,000 - 2,500 SF medical space for lease
- Seeking space in South End, Ballantyne, and South Charlotte submarkets
- Concierge-style medical facility offering hyperbaric chamber therapy
- Preference for a prime location in a high-income area
- Open to purchasing a property between +/- 2,000 - 2,500 SF
- Timing: Immediate





Dr. Mickey Barber
Chief Executive Officer/
Chief Medical Officer

Dr. Michale Barber began her medical career as a board-certified anesthesiologist specializing in High Risk Obstetrical Anesthesia. After years in academic and private practice, she became ill and unable to work. Frustrated with conventional treatments, she sought answers for her own condition, leading her to become certified in Age Management Medicine and Cenegenics. A pioneer in the field for over two decades, she has been a featured speaker and expert in prevention, anti-aging, and wellness. Dr. Barber is the owner and CMO of Better Life Carolinas LLC, with offices in Charleston and Charlotte.



Dr. Ryan Smith
Age Management Physician
Medical Director of Hyperbaric Oxygen Therapy

Dr. Ryan Smith joined Better Life Carolinas in August 2022. A native of Atlanta, he attended Emory University before earning his medical degree and completing his anesthesiology residency at the Mayo Clinic. He practiced in Myrtle Beach, SC, for 15 years before transitioning to age-management medicine, inspired by his own experience as a patient of Dr. Barber. Dr. Smith has advanced training in age-management medicine, genomic interpretation, and hyperbaric oxygen therapy. He serves as the medical director for Better Life's hyperbaric oxygen therapy unit and specializes in clinical genomic interpretation.