



SEPTEMBER



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 Seasons Assisted Living	RESIDENT BIRTHDAYS Shelley Rasband - 09/22	1 10:00 - Chair Yoga 10:30 - Phase 10 2:00 - Craft: Sunshine SunFlowers	2 LUNCH BUNCH 10:00 – Balloon + Pool Noodle <u>10:30 -1:30 - Lunch Bunch:</u> <u>Pizza Pie Cafe</u> 2:00 - Bingo	3 NTL BOWLING LEAGUE DAY 10:00 - Bowling 11:00 - Go Fish 2:00 - Movie W/ Popcorn	4 10:00 - Ring Toss 10:30 - Diamond Art 11:00 - Name That Tune 2:00 - Bingo	5 Game: Balloon Volleyball Activity: Word Search Movie
6 10:00 - Church 12:00 - Lunch Social Hour	7 LABOR DAY 10:00 - Walk 10:30 - Bingo 11:00 - Staff Videos <u>1:00 -3:00 - Ice Cream Trip</u> <u>w/Quail Assissted Living</u>	8 10:00 - Sittercise 10:30 - Uno 2:00 - Nails	9 10:00 - Target Toss 10:30 - Tensies 11:30 - Categpry Countdown 2:00 - Bingo	10 10:00 - Gentle Meditation 10:30 - Phase 10 2:00 - Movie W/Popcorn	11 10:00 - Beach Ball Fun 10:30 - Diamond Art 12:00-Grandparent's-Day Family Lunch 2:00 - Bingo	12 Game: Cup Tower Challenge Activity: Coloriing Movie
13 10:00 - Church 12:00 - Lunch Social Hour	14 NTL CREAM FILLED DONUT DAY 10:00 - Freesebe 10:30 - Diamond Art 11:30 - Finish The Word 2:00 - Bingo	15 10:00 - Ta Chi 10:30 - Go Fish 2:00 - Virtual Field Trip: Zoo or National Park	16 10:00 - Bowling 10:30 - Farkle 11:30 - Draw It & Guess It 2:00 - Bingo	17 10:00 - Morning Walk 10:30 - Slap Jack 2:00 - Movie W/ Popcorn: <u>4:45 - 6:00 - Lindquist Annual</u> <u>Butterfly Release W/ Quail</u> <u>Assissted Living</u>	18 10:00 Balloon + Pool Noodle 10:30 - Tensies 11:30 - Word Scramble Race 2:00 - Bingo 3:00 - Resident Council	19 Game: Uno Activity: Cross Words Movie
20 10:00 - Church 12:00 - Lunch Social Hour	21 NTL PECAN COOKIE DAY 10:00 - Target Toss 10:30 - Diamond Art 11:30 - Beat the Board 2:00 - Bingo	22 AUTUMN EQUINOX 10:00 - Beach Ball Fun 10:30 - Phase 10 2:00 - Nails <u>HAPPY BIRTHDAY SHELLEY R</u>	23 10:00 - Mindful Meditation 10:30 - Yahtzee 11:30 - The Letter Game 2:00 - Bingo <u>3:00 - Dollar Tree Outing</u>	24 10:00 - Tai Chi Exercise 10:30 - Uno 2:00 - Movie W/ Popcorn	25 10:00 - Ring Toss 10:30 - Farkle 11:30 - Name That Tune 2:00 - Bingo 3:00 - Resident Spotlight	26 Game: Dominos Activity: Finish The Drawing Movie
27 10:00 - Church 12:00 - Lunch Social Hour	28 10:00 : Freesbe 10:30 - Diamond Art 11:30 - Category Countdown 2:00 - Bingo	29 10:00 - Sittercise 10:30 - Slap Jack 2:00 - Craft	30 10:00 - Morning Walk 10:30 - Bingo <u>1:00 - 3:00 - Movie Outing</u>	ASSISTED LIVING SPIRIT WEEK: SEPTEMBER 13-19	DRESS FOR THE DAY Monday: Fun Hat Day Tuesday: Totally Tye Dyed Wednesday: Wild Western Thursday: Hawaiiin Day Friday: Crazyuy Sock Day	