

FEBRUARY 2026



Quail Meadow
Assisted Living & Memory Care
North Ogden, UT

Activities subject to change
Bus outing depends on weather



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:30AM Sacrament Meeting 1</p> <p>12:00PM LUNCH</p> <p>2:00PM Music & Word Search</p> <p>Full Moon</p>	<p>10:00AM Sit N' Be Fit (MC) 2</p> <p>11:00AM Make Sun Catchers (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo w/ Rosemary & Karen (AL)</p> <p>2:00PM Celebrate February Birthdays</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (AL) 3</p> <p>11:00AM Balloon Toss (MC)</p> <p>12:00PM LUNCH</p> <p>1:00PM Nancy Music Performance</p> <p>2:00PM Board Games</p> <p>Judy's Birthday</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 4</p> <p>11:00AM UNO (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo (AL)</p> <p>2:00PM Spa Day (AL)</p> <p>Bingo</p>	<p>10:00AM Left. Right. Center (AL) 5</p> <p>11:00AM Kickball (MC)</p> <p>12:00PM LUNCH</p> <p>Laona's Birthday</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 6</p> <p>11:00AM Skip-O (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo (AL)</p> <p>2:00PM Diamond Art(AL)</p> <p>Bingo</p>	<p>10:00AM Music & Coloring 7</p> <p>12:00PM LUNCH</p> <p>2:00PM Movie & Relax</p>
<p>10:30AM Sacrament Meeting 8</p> <p>12:00PM LUNCH</p> <p>2:00PM Music & Word Search</p>	<p>10:00AM Sit N' Be Fit (MC) 9</p> <p>11:00AM Resident Council Meeting (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo w/ Rosemary & Karen (AL)</p> <p>2:00PM Painting Project (AL)</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (AL) 10</p> <p>11:00AM Balloon Toss (MC)</p> <p>12:00PM LUNCH</p> <p>1:00PM Trip to Dollar Tree</p> <p>Shaun's Birthday</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 11</p> <p>11:00AM UNO (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo (AL)</p> <p>Bingo</p>	<p>10:00AM Movie Time (AL) 12</p> <p>12:00PM LUNCH</p> <p>1:00PM Valentine's Day Craft (AL)</p> <p>Valentine's Party</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 13</p> <p>11:00AM Left. Right. Center (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Valentine's Party!! (AL)</p> <p>Bingo</p>	<p>10:00AM Music & Coloring 14</p> <p>12:00PM LUNCH</p> <p>2:00PM Movie & Relax</p> <p>HAPPY Valentine's Day</p>
<p>10:30AM Sacrament Meeting 15</p> <p>12:00PM LUNCH</p> <p>2:00PM Music & Word Search</p>	<p>10:00AM Sit N' Be Fit (MC) 16</p> <p>11:00AM Painting Project (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo w/ Rosemary & Karen (AL)</p> <p>HAPPY Presidents Day</p> <p>Bingo</p>	<p>10:00AM Movie Time (AL) 17</p> <p>12:00PM LUNCH</p> <p>1:30PM Mardi Gras Craft</p> <p>Mardi Gras</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 18</p> <p>11:00AM UNO (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo w/ Zan from Cascade III & Hospice (AL)</p> <p>Bingo</p>	<p>10:00AM Left. Right. Center (AL) 19</p> <p>11:00AM Kickball (MC)</p> <p>12:00PM LUNCH</p> <p>1:00PM Fun w/ Leesa from Renew III & Hospice</p> <p>Harold's Birthday</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 20</p> <p>11:00AM Skip-O (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo (AL)</p> <p>2:00PM Diamond Art (AL)</p> <p>Bingo</p>	<p>10:00AM Music & Coloring 21</p> <p>12:00PM LUNCH</p> <p>2:00PM Movie & Relax</p>
<p>10:30AM Sacrament Meeting 22</p> <p>12:00PM LUNCH</p> <p>2:00PM Music & Word Search</p>	<p>10:00AM Sit N' Be Fit (MC) 23</p> <p>11:00AM Puzzle Time (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo w/ Rosemary & Karen (AL)</p> <p>1:00PM Scenic Drive</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (AL) 24</p> <p>11:00AM Balloon Toss (MC)</p> <p>12:00PM LUNCH</p> <p>1:00PM Rockin Dave Allen Performance</p> <p>2:00PM Board Games</p> <p>Rock & Roll</p>	<p>10:00AM Sit N' Be Fit (MC) 25</p> <p>11:00AM UNO (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo (AL)</p> <p>2:00PM Spa Day (AL)</p> <p>Bingo</p>	<p>10:00AM Balloon Toss (AL) 26</p> <p>11:00AM Kickball (MC)</p> <p>12:00PM LUNCH</p> <p>1:30PM Chair Travel to Singapore (AL)</p> <p>SINGAPORE</p> <p>Bingo</p>	<p>10:00AM Sit N' Be Fit (MC) 27</p> <p>11:00AM Left. Right. Center (AL)</p> <p>12:00PM LUNCH</p> <p>1:00PM Bingo (AL)</p> <p>2:00PM Diamond Art (AL)</p> <p>Bingo</p>	<p>10:00AM Music & Coloring 28</p> <p>12:00PM LUNCH</p> <p>2:00PM Movie & Relax</p> <p>Garr's Birthday</p> <p>Bingo</p>