



APRIL 2026


Quail Meadow
 Assisted Living & Memory Care
 North Ogden, UT
Activities Subject To Change



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10AM Sit N' Be Fit 11AM Easter Craft 12PM LUNCH	10AM Sit N' Be Fit 11AM LIFE Board Game 12PM LUNCH 2PM Easter Egg Hunt	10AM Sit N' Be Fit 11AM Left, Right, Center 12PM LUNCH 1PM Trip to Dollar Tree	10AM LDS General Conference 12PM LUNCH 2PM LDS General Conference
10AM LDS General Conference 12PM LUNCH 2PM LDS General Conference	10AM Sit N' Be Fit 11AM UNO 12PM LUNCH 1PM Bingo w/ Rosemary & Karen	10AM Sit N' Be Fit 11AM Skip-O 12PM LUNCH 1:30PM April's Birthday Celebration	10AM Exercise w/ Emily from Alta Health Services 11AM Rummikub 12PM LUNCH 1PM Bingo 2PM Sit Outside & Chat	10AM Sit N' Be Fit 11AM Resident Council Meeting 12PM LUNCH 1PM Horseshoes 2PM Sit Outside & Chat	10AM Sit N' Be Fit 11AM Left, Right, Center 12PM LUNCH 1PM Bingo 2PM Diamond Dots	10AM Music & Coloring 12PM LUNCH 2PM Movie on Projector
10:30AM Sacrament Meeting 12PM LUNCH 2PM Music & Word Search	10AM Sit N' Be Fit 11AM UNO 12PM LUNCH 1PM Bingo w/ Rosemary & Karen 2PM Spa Day	10AM Sit N' Be Fit 11AM Skip-O 12PM LUNCH 1PM Dave Allen Rock'in Performance 2PM Puzzle Time	10AM Sit N' Be Fit 11AM Rummikub 12PM LUNCH	10:30AM Fun w/ Leesa from Renew HH & Hospice 12PM LUNCH 1PM Movie & Popcorn	10AM Sit N' Be Fit 11AM Left, Right, Center 12PM LUNCH 1PM Bingo 2PM Diamond Dots	10AM Music & Coloring 12PM LUNCH 2PM Movie on Projector
10:30AM Sacrament Meeting 12PM LUNCH 2PM Music & Word Search	10AM Sit N' Be Fit 11AM UNO 12PM LUNCH 1PM Bingo w/ Rosemary & Karen 2PM Spa Day	10AM Sit N' Be Fit 11AM Skip-O 12PM LUNCH 1PM Nancy's Music Performance	10AM Sit N' Be Fit 11AM Rummikub 12PM LUNCH 1PM Bingo w/ Zan from Cascade HH & Hospice 2PM Sit Outside & Chat	10AM Sit N' Be Fit 11AM LIFE Board Game 12PM LUNCH 1PM Scenic Drive	10AM Sit N' Be Fit 11AM Left, Right, Center 12PM LUNCH 1PM Bingo 2PM Diamond Dots	10AM Music & Coloring 12PM LUNCH 2PM Movie on Projector
10:30AM Sacrament Meeting 12PM LUNCH 2PM Music & Word Search	10AM Sit N' Be Fit 11AM UNO 12PM LUNCH 1PM Bingo w/ Rosemary & Karen 2PM Spa Day	10AM Sit N' Be Fit 11AM Skip-O 12PM LUNCH 1PM Chair Travel To Chile	10AM Sit N' Be Fit 11AM Rummikub 12PM LUNCH 1PM Bingo 2PM Sit Outside & Chat	10AM Music & Word Search 12PM LUNCH 2PM Music & Coloring		



Good Friday



Dale's Birthday
Mary Ann's Birthday



Donna's Birthday



Steve's Birthday



*CNA's get activity set up