

SEPTEMBER 2026

Assisted
LIVING

All Activities Subject To Change
(AL) on Assisted Living side
(MC) on Memory Care side
All AL & MC invited to any activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10AM Nail's Day (AL) 12PM Lunch 1PM Nancy Music Performance (MC) 2PM Nail's Day (MC) 	10AM Sit N' Be Fit (MC) 11AM UNO (AL) 12PM Lunch 1PM Bingo (AL) 2PM September Birthday Celebration 	10AM Sit N' Be Fit (MC) 11AM Life Game (AL) 12PM Lunch 1PM Diamond Art (AL) 2PM Resident Council Meeting (AL) 	10AM Sit N' Be Fit (MC) 11AM Sorry Game (AL) 12PM Lunch 1PM Bingo (AL) 2PM Movie & Popcorn (MC) 	10AM Residents Day 12PM Lunch 1PM Music & Word Search
10:30AM Sacrament Meeting (AL) 12PM Lunch 1PM Music & Coloring 6	10AM Sit N' Be Fit (MC) 11AM Skip-O (AL) 12PM Lunch 1PM Ice Cream Trip w/ Seasons Assisted Living   7	10AM Sit N' Be Fit (MC) 11AM Trouble Board Game (AL) 12PM Lunch 1PM Painting Project (AL) 8	10AM Sit N' Be Fit (MC) 11AM Meeting w/ Alex (AL) 12PM Lunch 1PM Bingo w/ Zan from Cascade HH & Hospice (AL) 2PM Kickball (MC) 	10AM Sit N' Be Fit (MC) 11AM Life Game (AL) 12PM Lunch 1PM Diamond Art (AL) 2PM Balloon Toss (MC)  CJ'S B-DAY	10AM Residents Day 12PM Lunch 1PM Bingo w/ CNA's (AL) 2PM Music Performance Hosted by Heart & Soul Program 	10AM Residents Day 12PM Lunch 1PM Music & Word Search 12
10:30AM Sacrament Meeting (AL) 12PM Lunch 1PM Music & Coloring 13 GRANDPARENTS Day	10AM Sit N' Be Fit (MC) 11AM Skip-O (AL) 12PM Lunch 1PM Bingo w/ Karen & Rosemary (AL) 2PM Coloring (MC)  LINDA'S B-DAY	10AM Nail's Day (AL & MC) 12PM Lunch 1PM Trip to Dollar Tree   15	10AM Sit N' Be Fit (MC) 11AM UNO (AL) 12PM Lunch 1PM Bingo (AL) 2PM Relief Society Group (AL) 	10AM Fun w/ Leese from Renew HH & Hospice (AL) 11AM Life Game (AL) 12PM Lunch 6PM 12th Annual Butterfly Release @ Lindquist Memorial (Leave at 4:30pm)  	10AM Sit N' Be Fit (MC) 11AM Sorry Game (AL) 12PM Lunch 1PM Bingo (AL) 2PM Movie & Popcorn (MC) 	10AM Residents Day 12PM Lunch 1PM Music & Word Search 19
10:30AM Sacrament Meeting (AL) 12PM Lunch 1PM Music & Coloring 20	10AM Sit N' Be Fit (MC) 11AM Skip-O (AL) 12PM Lunch 1PM Bingo w/ Karen & Rosemary (AL) 2PM Coloring (MC)  21	10AM Sit N' Be Fit (MC) 11AM Fall Craft (AL) 12PM Lunch 2PM Scenic Drive   22	10AM Sit N' Be Fit (MC) 11AM UNO (AL) 12PM Lunch 1PM Bingo (AL) 2PM Rockin Dave Allen Performance (AL) 	10AM Sit N' Be Fit (MC) 11AM Life Game (AL) 12PM Lunch 1PM Diamond Art (AL) 2PM National Horchata Day (Let's Taste Test) (AL) 	10AM Sit N' Be Fit (MC) 11AM Sorry Game (AL) 12PM Lunch 1PM Bingo (AL) 2PM Movie & Popcorn (MC) 	10AM Residents Day 12PM Lunch 1PM Music & Word Search 26
10:30AM Sacrament Meeting (AL) 12PM Lunch 1PM Music & Coloring 27	10AM Sit N' Be Fit (MC) 11AM Skip-O (AL) 12PM Lunch 1PM Bingo w/ Karen & Rosemary (AL) 2PM Coloring (MC)  28	10AM Nail's Day (AL & MC) 12PM Lunch 1PM Painting Project for World Heart Day (AL)   29	10AM Sit N' Be Fit (MC) 11AM UNO (AL) 12PM Lunch 1PM Bingo (AL) 2PM Chair Travel to Montreal (MC) 			