

SEPTEMBER 2026

Memory
CARE

All Activities Subject To Change
(AL) on Assisted Living side
(MC) on Memory Care side
All AL & MC invited to any activity

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10AM Matching Game (MC) 1PM Lunch 1PM Nancy Music Performance (MC) 2PM Nail's Day (MC) Theme: Seaside Day 	10AM Sit N' Be Fit (MC) 11AM Bingo (MC) 1PM Lunch 2PM September Birthday Celebration Theme: Seaside Day 	10AM Sit N' Be Fit (MC) 11AM Hydration Station 1PM Lunch 2PM Resident Council Meeting (AL) Theme: Seaside Day 	10AM Sit N' Be Fit (MC) 11AM Jenga (MC) 1PM Lunch 2PM Movie & Popcorn (MC) Theme: Seaside Day	10AM Residents Day 1PM Lunch 1PM Music & Word Search Theme: Seaside Day
10:30AM Sacrament Meeting (AL) 1PM Lunch 1PM Music & Coloring Theme: Seaside Day	10AM Sit N' Be Fit (MC) 11AM Puzzles (MC) 1PM Lunch 1PM Ice Cream Trip w/ Seasons Assisted Living Theme: Farm Day 	10AM Sit N' Be Fit (MC) 11AM Matching Game (MC) 1PM Lunch 2PM Board Game (MC) Theme: Farm Day	10AM Sit N' Be Fit (MC) 11AM Meeting w/ Alex (AL) 1PM Lunch 2PM Kickball (MC) Theme: Farm Day	10AM Sit N' Be Fit (MC) 11AM Hydration Station 1PM Lunch 2PM Balloon Toss (MC) Theme: Farm Day 	11AM Residents Day 1PM Lunch 2PM Music Performance Hosted by Heart & Soul Program Theme: Farm Day 	10AM Residents Day 1PM Lunch 1PM Music & Word Search Theme: Farm Day
10:30AM Sacrament Meeting (AL) 1PM Lunch 1PM Music & Coloring Theme: Farm Day GRANDPARENTS Day	10AM Sit N' Be Fit (MC) 11AM Puzzles (MC) 1PM Lunch 2PM Coloring (MC) Theme: Garden Day 	10AM Nail's Day (AL & MC) 1PM Lunch 2PM Board Game (MC) Theme: Garden Day 	10AM Sit N' Be Fit (MC) 11AM Bingo (MC) 1PM Lunch 2PM Relief Society Group (AL) Theme: Garden Day 	10AM Fun w/ Leese from Renew HH & Hospice (AL) 11AM Hydration Station 1PM Lunch 6PM 12th Annual Butterfly Release @ Lindquist Memorial (Leave at 4:30pm) Theme: Garden Day 	10AM Sit N' Be Fit (MC) 11AM Jenga (MC) 1PM Lunch 2PM Movie & Popcorn (MC) Theme: Garden Day	10AM Residents Day 1PM Lunch 1PM Music & Word Search Theme: Garden Day
10:30AM Sacrament Meeting (AL) 1PM Lunch 1PM Music & Coloring Theme: Garden Day	10AM Sit N' Be Fit (MC) 11AM Puzzles (MC) 1PM Lunch 2PM Coloring (MC) Theme: Desert Day	10AM Sit N' Be Fit (MC) 11AM Fall Craft (AL) 1PM Lunch 2PM Scenic Drive Theme: Desert Day 	10AM Sit N' Be Fit (MC) 11AM Bingo (MC) 1PM Lunch 2PM Rockin Dave Allen Performance (AL) Theme: Desert Day 	10AM Sit N' Be Fit (MC) 11AM Hydration Station 1PM Lunch 2PM National Horchata Day (Let's Taste Test) (AL) Theme: Desert Day 	10AM Sit N' Be Fit (MC) 11AM Jenga (MC) 1PM Lunch 2PM Movie & Popcorn (MC) Theme: Desert Day	10AM Residents Day 1PM Lunch 1PM Music & Word Search Theme: Desert Day
10:30AM Sacrament Meeting (AL) 1PM Lunch 1PM Music & Coloring Theme: Desert Day	10AM Sit N' Be Fit (MC) 11AM Puzzles (MC) 1PM Lunch 2PM Coloring (MC) Theme: Music Day	10AM Nail's Day (AL & MC) 1PM Lunch 2PM Board Game (MC) Theme: Music Day 	10AM Sit N' Be Fit (MC) 11AM Bingo (MC) 1PM Lunch 2PM Chair Travel to Montreal (MC) Theme: Music Day 			