

# Your no-cost pain prevention program is here

## Life goals begin with wellness goals.

You have access to Hinge Health's Prevention Program. Provided at no cost to you by Radiology Partners, it's a benefit that uses virtual exercise therapy to help you prevent back, knee, neck, and other joint pain, and maintain your current level of fitness.

The Hinge Health Prevention program is suitable for all members who have not experienced any MSK pain for 12 weeks or more. Once accepted into the program, you can download the app and start your exercises right away. To sign up, answer the following questions in your clinical questionnaire:

- Indicate that you **are** currently experiencing MSK pain for at least 12 weeks (even if you have not experienced pain)
- Select "No Pain" on the slider scale
- You will now have the option to enroll for the wellness (prevention) program. Enter your mobile number to get started.



Get started today! Scan the QR code or visit:

**[hinge.health/radpartners-prevention](https://hinge.health/radpartners-prevention)**

or call (855) 902-2777



You indicated that you don't have any pain, so we don't think our pain program is right for you

If you have any questions, please don't hesitate to contact us at [help@hingehealth.com](mailto:help@hingehealth.com). In the meantime, if you would like to apply for one of our other programs, click here:

[Apply to another program](#)

You're eligible for the Wellness program!

Wellness is a program designed to keep joints healthy and prevent pain through targeted exercises.

Enter your mobile number to get started!

[Get started](#)

Standard rates apply



Wellness  
by Hinge Health