



THE 2026

# EASY GUIDE

TO UNDERSTANDING YOUR  
HIGH DEDUCTIBLE HEALTH PLAN  
WITH HEALTH SAVINGS ACCOUNT





## The plan that gives you more...

The Anthem HDHP HSA 2500 is a high deductible health plan that gives you:

- **More money** in your paycheck from lower monthly premiums
- **More ways to reduce taxes** with a tax-free health savings account (HSA)
- **More flexibility** in how you choose and pay for healthcare services
- **More opportunities** to build long-term healthcare and retirement savings



HIGH DEDUCTIBLE  
HEALTH PLAN



Watch the video

## HDHP at a glance

- Lower monthly contribution than our PPO medical plan
- Higher deductible
- Free in-network preventive care
- Comprehensive medical and prescription drug coverage
- Use tax-free health savings account (HSA) to offset deductible

When you enroll in the HDHP, you get a health savings account (HSA) funded with tax-free contributions from vRad and you.

This is important because with the HDHP you pay for 100% of all medical costs (except preventive care) until you reach the annual deductible.

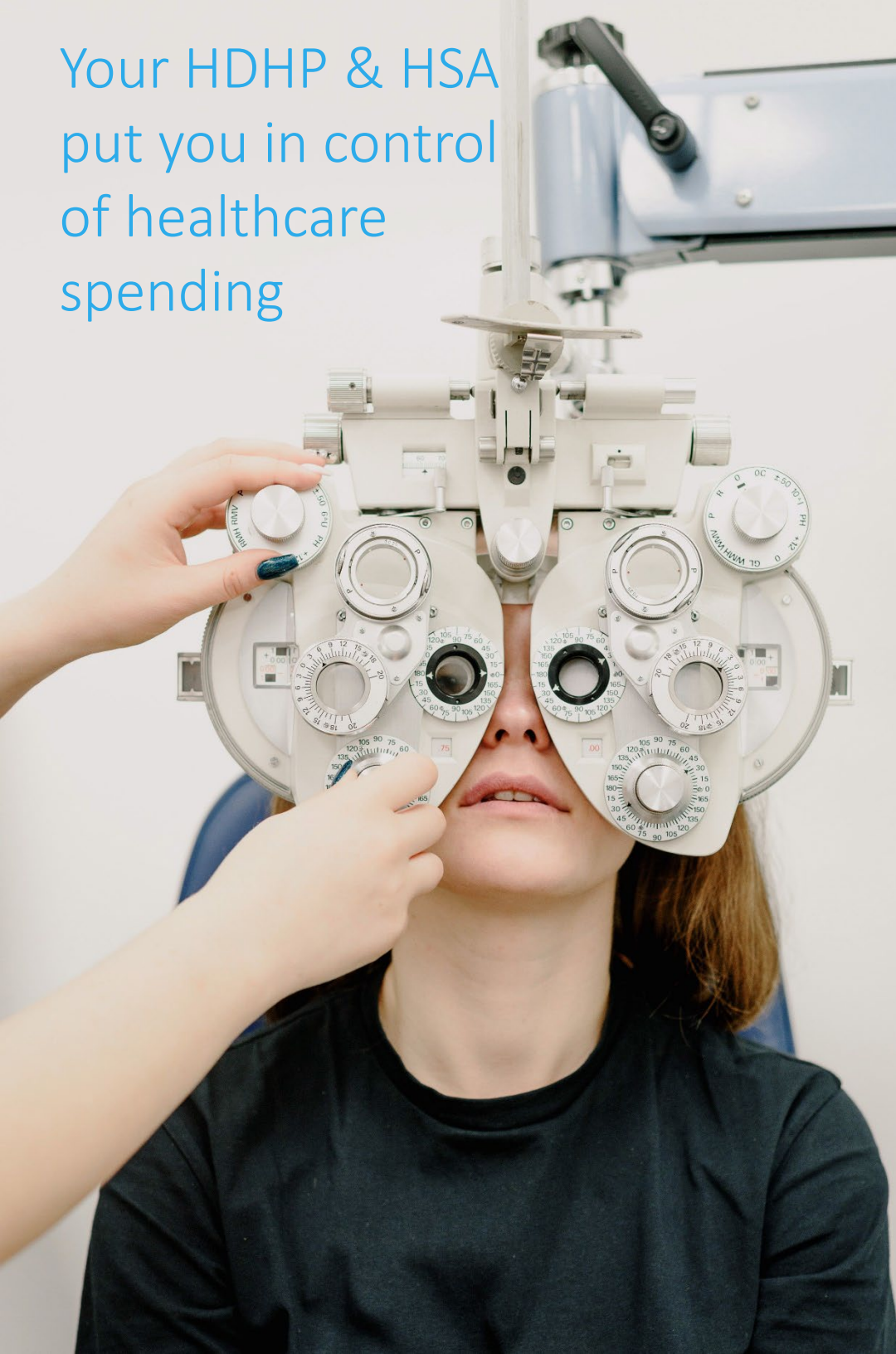
You can use the money in your HSA for your deductible and any other eligible medical expenses you have throughout the year or any time in the future.

Your HSA balance never expires—there's no “use it or lose it” rule. You keep the account even if you leave the practice, and any balance earns interest.






# Your HDHP & HSA put you in control of healthcare spending



- Preventive care is a no-brainer. Keep up with your annual checkups without worrying about the cost, since preventive care is fully covered in-network.
- Use your HSA for many different health expenses: regular office visits, prescriptions, lab tests, acupuncture, chiropractic adjustments, even dental care, glasses and contacts.
- You don't have to spend your HSA. If you'd rather save your HSA for a potential large expense down the road, feel free to pay small medical costs from your bank account. If you change your mind, you can always get reimbursed from your HSA later.
- Your HSA gives you flexibility to visit any doctor, hospital or lab of your choice, even out-of-network providers.
- You can shop around. Healthcare is like any other purchase. If you have the time, it pays to shop around for the best quality and price.



A man with a beard and a ponytail, wearing a dark grey t-shirt, and a woman with long curly hair, wearing a pink button-down shirt over a white t-shirt and blue jeans, are high-fiving over a large brown cardboard box. They are in a bright room with a large window in the background. The man is on the left, leaning over the box, and the woman is on the right, also leaning over the box. The box is in the foreground, and the high-five is taking place just above it. The background shows a white wall, a window with wooden frames, and a white pendant light hanging from the ceiling.

Your HSA helps  
you save on  
federal taxes

**NO TAX**  
on HSA  
contributions

**NO TAX**  
on eligible HSA  
withdrawals

**NO TAX**  
on HSA interest  
and earnings

[Click here for more about federal and state tax savings.](#)



# Your HSA boosts your retirement savings plan



- Your HSA is your long-term health fund. The balance rolls over year after year so you can use it for healthcare expenses 30 days or 30 years from now.
- Your HSA is a smart addition to your retirement savings plan. Your post-retirement healthcare spending will be tax-free when you use your HSA. And after age 65, you can use HSA dollars for non-health expenses too (subject to ordinary income tax).
- You can invest your account balance. After you reach a minimum balance, you can invest your funds, just like a 401(k) or IRA. You have a number of investment options to choose from.



## Your annual healthcare needs are unique—just like you

The HSA takes into consideration the fluctuations most people have in their health care needs. One year you might visit the doctor only for your annual checkup. Another year, you might make several trips to the doctor or even need surgery.

An HSA gives you a multi-year approach to health care planning. Money not spent today can grow in your HSA until that “rainy day” when you need it.





# HOW MUCH CAN YOU CONTRIBUTE TO AN HSA?

2026

## ALLOWABLE HSA CONTRIBUTIONS (PER YEAR)

|                               | Teammate<br>Coverage | Family<br>Coverage |
|-------------------------------|----------------------|--------------------|
| vRad<br>Contribution          | \$750                | \$1,500            |
| +                             |                      |                    |
| Your Pre-Tax<br>Contributions | \$3,650              | \$7,250            |
| =                             |                      |                    |
| IRS Annual<br>Maximum         | \$4,400              | \$8,750            |

In addition to the vRad contribution, you can contribute money to your HSA, up to the total annual amount allowed by the IRS. If you're 55 or older, you can contribute \$1,000 more each year.



# Plan Highlights

## Anthem HDHP HSA 2500

|                                 |   |               |
|---------------------------------|---|---------------|
| Preventive Care                 | PLAN PAYS 100% (In-network)   |               |
| Before Meeting Deductible       | YOU PAY 100% (\$2,500 Teammate Only / \$5,000 Family)<br><i>Deductible for any one individual enrolled in family coverage is \$3,400</i>      |               |
| After Meeting Deductible        | YOU PAY 20%   | PLAN PAYS 80% |
| After Meeting Out-of-Pocket Max | PLAN PAYS 100% (After \$4,000 Teammate Only / \$8,000 Family)<br><i>OOP Max for any one individual enrolled in family coverage is \$4,000</i> |               |

### Your Cost

You can save a significant amount on premiums when you enroll in the HDHP HSA 2500 plan compared to our PPO 750 medical plan. We encourage you to compare the premium contribution rates of each plan to see how much you could save by enrolling in an HDHP.

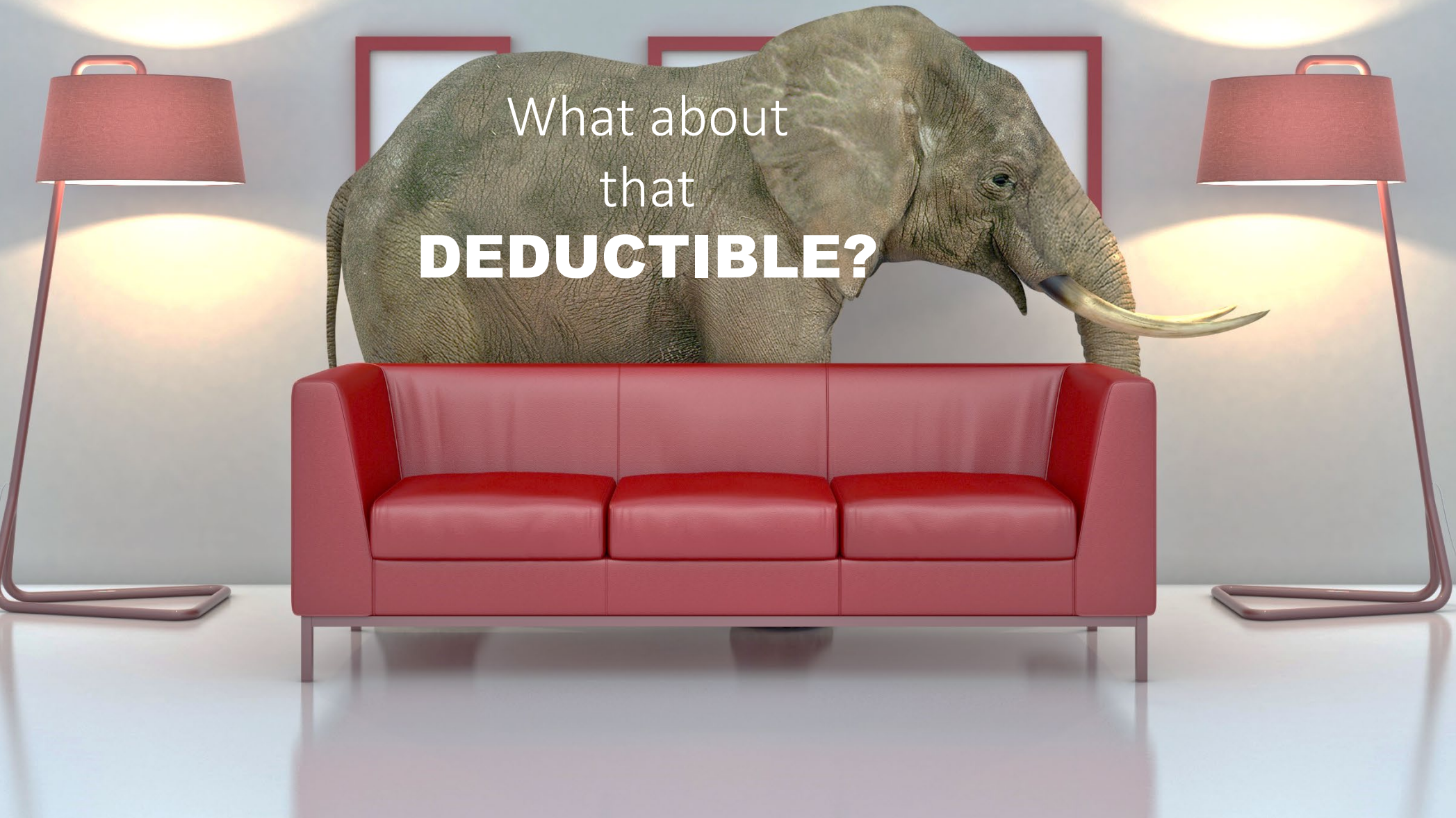
Upon enrolling in the HDHP HSA 2500, you may choose to contribute a portion of your premium savings into your HSA. This allows you to save money tax-free for qualified healthcare expenses, helping to offset out-of-pocket costs and fosters long-term financial planning by enabling you to build a nest egg for future healthcare needs.

*Refer to your enrollment materials for additional plan details.*



Can we talk about the **ELEPHANT** in the room?

What about  
that  
**DEDUCTIBLE?**





# It all comes back to the HSA

At first, many people have deductible “sticker shock,” but many features of the HDHP partially or completely offset your deductible and other healthcare costs:

- You pay less in premiums, allowing you to use the money you save for other things, including funding your HSA.
- vRad helps you cover your deductible with contributions to your HSA.
- The IRS sets a generous annual limit on how much you can contribute to your HSA.
- You get significant tax benefits. HSA contributions, withdrawals and earnings are free from federal tax. (A few states tax HSA contributions or earnings.)
- Your HSA balance rolls over every year. What you don’t spend continues to grow, with interest.





Can you give me some examples?



### Candace: Healthy Single Woman

Candace's costs were very low throughout the year. She had her annual checkup (fully covered), and she got an ankle brace after a minor sprain. She did not meet her deductible.

|   |         |                                     |
|---|---------|-------------------------------------|
|   | \$750   | HSA deposits from vRad              |
| + | \$1,000 | Candace's HSA contributions         |
| = | \$1,750 | Total HSA Deposits                  |
| - | \$500   | Urgent care and ankle brace         |
| = | \$1,250 | HSA balance rolls over to next year |

### Seth: Family Man

Seth covers his whole family. They visited the doctor often because life happens! Even though his family's expenses were higher, he did not meet his deductible.

|   |         |                                     |
|---|---------|-------------------------------------|
|   | \$1,500 | HSA deposits from vRad              |
| + | \$5,500 | Seth's HSA contributions            |
| = | \$7,000 | Total HSA Deposits                  |
| - | \$2,400 | Sniffles, sneezes & fevers          |
| = | \$4,600 | HSA balance rolls over to next year |





### Andre: A Little Too Sick at the Skate Park

Andre usually nails a kick flip, but this weekend he wiped out hard. His knee surgery exceeded his deductible. Here’s how his health plan benefits (teammate-only coverage) and HSA worked together to cover his costs.

#### HDHP Plan Benefits

|   |         |                                      |
|---|---------|--------------------------------------|
|   | \$2,500 | Andre’s in-network deductible        |
| + | \$1,200 | Andre’s additional coinsurance costs |
| = | \$3,700 | Andre’s total out-of-pocket          |
| + | \$4,800 | Covered by insurance                 |
| = | \$8,500 | Total knee surgery cost              |

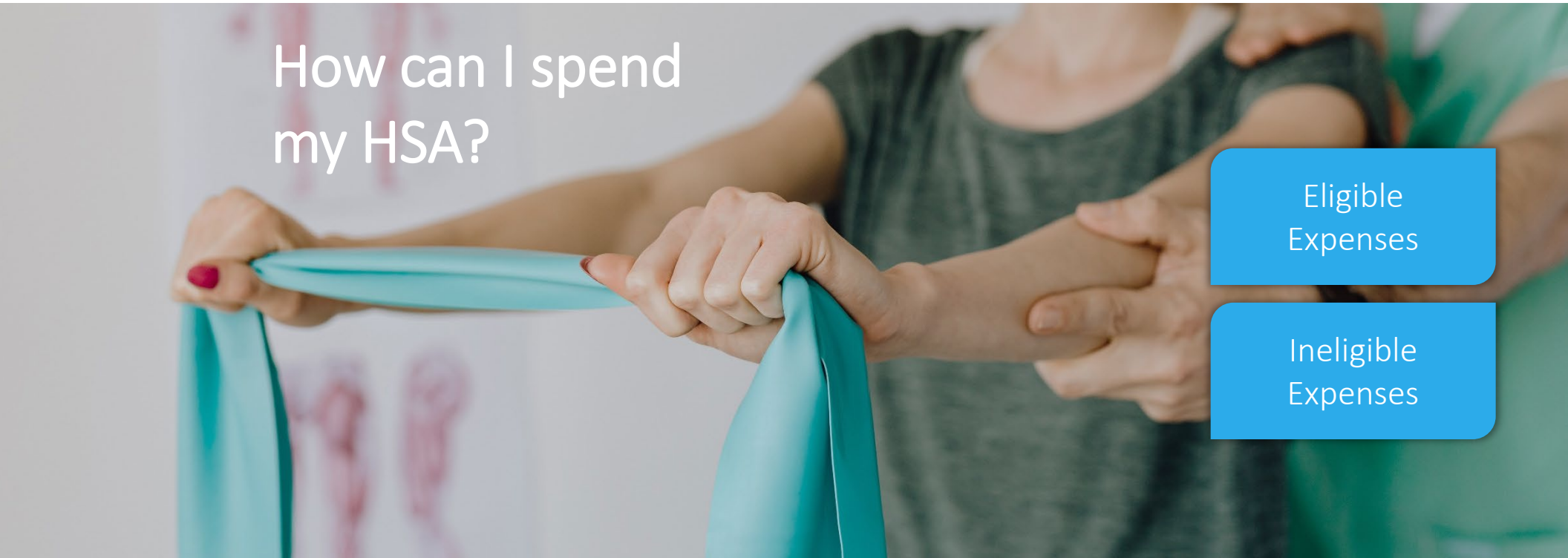
#### HSA Usage

|   |         |                                     |
|---|---------|-------------------------------------|
|   | \$750   | HSA deposits from vRad              |
| + | \$3,650 | Andre’s HSA contributions           |
| = | \$4,400 | Total HSA Deposits                  |
| - | \$3,700 | Paid for medical costs              |
| = | \$700   | HSA balance rolls over to next year |

# Common Eligible Expenses

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limb
- Birth control pills
- Blood pressure monitoring device
- Breast pumps and related supplies
- Chiropractic care
- Dental treatment
- Dentures
- Diagnostic services
- Drug addiction treatment
- Eye examination, eye glasses, reading glasses, contacts
- Family planning items
- Fertility treatment
- Hearing aids
- Hospital services
- Immunization
- Insulin and diabetic supplies
- Laboratory fees
- Laser eye surgery
- Medical testing devices
- Menstrual care products
- Nursing services
- Obstetrical expenses
- Orthodontia (not cosmetic)
- Oxygen
- Physical therapy
- Prescription drugs
- Psychiatric care
- Smoking cessation program and medications
- Surgery
- Telehealth services
- Transportation for medical care
- Wheelchair, walkers, crutches and canes

*Many over-the-counter products are HSA-eligible, including things like allergy medicines and feminine hygiene products. Look for a more comprehensive list on the HSA administrator website.*



## How can I spend my HSA?

Eligible Expenses

Ineligible Expenses



# HSA Eligibility Rules

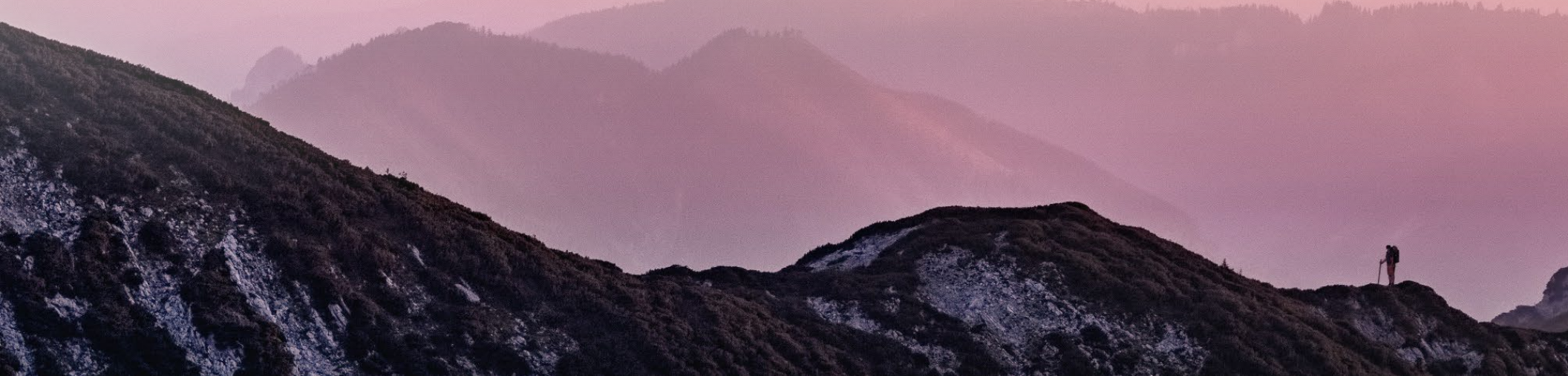
## For You

To be eligible to make deposits to an HSA:

- You must currently be enrolled in an HDHP.
- You may not be enrolled in any other non-HDHP health coverage, except for accident, disability, dental or vision, or long term care coverage.
- You may not have a general purpose flexible spending account (FSA) or be eligible to use one (such as a spouse's FSA). Limited purpose FSAs, which cover dental and vision expenses only, are allowed.
- You cannot be claimed as a dependent on another person's tax return.
- You may not be enrolled in Medicare, Medicaid or Tricare.

## For Your Adult Dependents

- Your HSA may be used to pay for eligible expenses for you and for your legal tax dependents (people listed on your federal income tax return).
- While you can cover dependent children on your health plan up to age 26, this does not extend to HSA spending. When your adult child is no longer a tax dependent, any HSA distributions for the child would be subject to taxes and penalties.
- If you cover your Domestic Partner on the HDHP, you may each set up an HSA and contribute the full family amount (assuming you are HSA-eligible). However, you may not use your HSA for your partner's expenses (and vice versa).







The EASY Guide to  
Understanding Your High  
Deductible Health Plan

