A Guide to Your HMSA Care Options

Need to see a doctor?

With HMSA, you have many options.
Make the right choice to save time and money and get the right care when you need it.

Primary care provider

See your primary care provider (PCP) for routine and common medical issues like fever, minor cold or flu symptoms, managing a chronic condition, medication refills, or general care.

HMSA's Online Care®

Connect with doctors and specialists online from anywhere in Hawaii, 24 hours a day, seven days a week. There's no copayment for Online Care visits.

Use Online Care when your PCP isn't available. Go to hmsaonlinecare.com.

Urgent care providers

Go to an urgent care provider when you need care in person sooner than you can see your PCP.

For example, you need stitches or have a high fever or sprained ankle.

Emergency room

Go to the emergency room when you have life-threatening symptoms.

For example, you have difficulty breathing or chest pain.



More tips

- ✔ Use the list on the back to find an urgent care provider near you. Services vary at each location, so call ahead to make sure they can provide the services you need.
- ✔ Register for Online Care now so it's easy to log in when you need it. Go to **hmsaonlinecare.com** to register and download the app on your smartphone.
- ✔ Follow up with your PCP after an urgent care or Online Care visit.

hmsa®

An Independent Licensee of the Blue Cross and Blue Shield Association

Amwell is an independent company providing hosting and software services for HMSA's Online Care platform on behalf of HMSA.

4000-1927751 8.26 fn

Participating Urgent Care Clinics

Hawaii Island

Aloha Kona Urgent Care
75-5995 Kuakini Highway, Suite 513
Kailua-Kona
Ph. (808) 365-2297

Hilo Urgent Care
670 Kekuanaoa St.
Hilo Ph. (808) 969-3051

Keaau Urgent Care
16-590 Old Volcano Road
Keaau Ph. (808) 966-7942

Keiki Doc Pediatric Urgent Care Inc
76-6225 Kuakini Highway, Suite C101
Kailua-Kona Ph. (808) 329-7067

Kohala Coast Urgent Care
62-100 Kaunaoa Drive
Kamuela Ph. (808) 880-3321

Waimea Urgent Care
65-1230 Mamalahoa Highway,
Suite A10
Kamuela Ph. (808) 885-0660

Kauai

Kauai Urgent Care
4484 Pahee St.
Lihue Ph. (808) 245-1532

Makana North Shore Urgent Care
4488 Hanalei Plantation Road
Princeville Ph. (808) 320-7300

Urgent Care at Poipu
2829 Ala Kalani Kaumaka St.,
Suite B-201
Koloa Ph. (808) 742-0999

Maui

All Access Ortho Maui
30 Kupaoa St., Suite A203-A204
Pukalani Ph. (808) 727-8410

Doctors On Call
3350 Lower Honoapiilani Road,
Suite 211
Lahaina Ph. (808) 667-7676

Kihei-Wailea Medical Center
221 Piikea Ave., Suite A
Kihei Ph. (808) 874-8100

Minit Medical Urgent Care Clinic
270 Dairy Road, Suite 239-240
Kahului Ph. (808) 667-6161

Minit Medical Urgent Care Clinic
305 Keawe St., Suite 507
Lahaina Ph. (808) 667-6161

Minit Medical Urgent Care Clinic
1325 S. Kihei Road, Suite 103-104
Kihei Ph. (808) 667-6161

Minit Medical Urgent Care Clinic
2580 Kekaa Drive, Suite 111
Lahaina Ph. (808) 667-6161

Minit Medical Urgent Care Clinic
2662 Wai Wai Place, Suite 102
Kihei Ph. (808) 667-6161

Ohana Urgent Care LLC
53 S Puunene Ave., Suite 108
Kahului Ph. (808) 333-2420

The Maui Medical Group Inc.
2180 Main St.
Wailuku Ph. (808) 249-8080

Molokai

Kohala Coast Urgent Care
39 Ala Malama Ave.
Kaunakakai Ph. (808) 553-5353

Oahu

Adventist Health Castle Urgent Care Kailua
660 Kailua Road
Kailua Ph. (808) 263-2273

Adventist Health Castle Urgent Care Kapolei
890 Kamokila Blvd., Suite 106
Kapolei Ph. (808) 521-2273

Adventist Health Castle Urgent Care Hawaii Kai
6600 Kalanianaole Highway,
Suite 114-A
Honolulu Ph. (808) 921-2273

Adventist Health Castle Urgent Care Pearl City
1245 Kuala St., Suite 103
Pearl City Ph. (808) 456-2273

Adventist Health Castle Urgent Care
1860 Ala Moana Blvd., Suite 101
Honolulu Ph. (808) 921-2273

Adventist Health Castle Urgent Care
91-710 Farrington Highway,
Suite A100
Kapolei Ph. (808) 521-2273

All Access Ortho
1401 S. Beretania St., Suite 102 & 110
Honolulu Ph. (808) 356-5699

All Access Ortho
4850 Kapolei Parkway, Bldg. F
Kapolei Ph. (808) 356-5699

All Access Ortho
95-1830 Meheula Parkway
Suites C10 and 11
Mililani Ph. (808) 356-5699

Braun Urgent Care Kailua
130 Kailua Road, Suite 111
Kailua Ph. (808) 261-4411

Doctors of Waikiki
120 Kaiulani Ave., Wing 10 and 11
Honolulu Ph. (808) 922-2112

Hawaiian Island Clinics
347 N Kuakini St.
Honolulu Ph. (808) 460-4110

Honolulu Urgent Care Clinic
1441 Kapiolani Blvd., Suite 713
Honolulu Ph. (808) 470-5555

Integrated Care LLC
866 Iwilei Road
Honolulu Ph. (808) 746-9247

Island Orthopaedics LLC
3382 Waialae Ave.
Honolulu Ph. (808) 548-7033

Kuakini Support Services
405 N Kuakini St. Suite 103
Honolulu Ph. (808) 547-9591

Kunia Urgent Care
94-673 Kupuohi St., Suite C201
Waipahu Ph. (808) 983-9175

Queen's Island Urgent Care Ewa Kapolei
91-6390 Kapolei Parkway
Ewa Beach Ph. (808) 735-0007

Queen's Island Urgent Care Kahala
1215 Hunakai St.
Honolulu Ph. (808) 735-0007

Queen's Island Urgent Care Kakaako
400 Keawe St.
Honolulu Ph. (808) 735-0007

Queen's Island Urgent Care Kapahulu
449 Kapahulu Ave., Suite 104
Honolulu Ph. (808) 735-0007

Queen's Island Urgent Care Pearl Kai
98-199 Kamehameha Highway,
Bldg. F
Aiea Ph. (808) 735-0007

Straub Benioff Doctors On Call
2255 Kalakaua Ave.,
Manor Wing Shop No. 1
Honolulu Ph. (808) 971-6000

Straub Benioff Kahala Clinic & Urgent Care
4210 Waialae Ave., Suite 501
Honolulu Ph. (808) 462-5300

Straub Benioff Kapolei Clinic & Urgent Care
91-5431 Kapolei Parkway, Suite 1706
Kapolei Ph. (808) 426-9300

Straub Benioff Mililani Clinic & Urgent Care
95-1249 Meheula Parkway,
Building M
Mililani Ph. (808) 625-6444

Straub Benioff Ward Village Clinic & Urgent Care
1001 Queen St., Suite 102
Honolulu Ph. (808) 462-5200

Windward Urgent Care
46-001 Kamehameha Highway,
Suite 107
Kaneohe Ph. (808) 247-7596

Urgent care clinics business hours may vary and locations may change. Contact the clinic for the latest information and urgent care availability.

For a current list of participating urgent care providers, visit **hmsa.com/urgentcare.**

These options aren't a substitute for emergency care. If you experience life-threatening conditions such as a stroke or difficulty breathing, call 911 or go to the emergency room immediately.

Most urgent care clinics are closed on Thanksgiving Day, Christmas Day, and New Year's Day. Services vary by location. Call the clinic to ask about specific services.