

The **US is failing** to adequately support Maternal Mental Health:

National Grade of **C-**

19 states earned Ds and Fs

No states earned A's

You’ve Selected:



North Carolina -
2025 Report Card

Providers and Programs

D

Meets ratio of non-prescriber MMH providers to perinatal population (5 per 1,000 births)	
Meets ratio of MMH prescribers to perinatal population (1 per 5,000 births)	
Has at least one inpatient or residential MMH treatment program	
Has at least one MMH intensive outpatient program (IOP) or partial hospitalization program (PHP)	
Has or has had a state-sanctioned MMH Task Force or Commission	
Meets ratio of community-based organizations (CBOs) providing direct service for MMH (at least 1 per 50,000 births)	
State Perinatal Quality Collaborative (PQC) has prioritized MMH	

Screening & Screening Reimbursement

F

Top performer on the HEDIS “prenatal depression screening” measure (among commercial insurance and/or Medicaid)	
Top performer on the HEDIS “postpartum depression screening” measure (among commercial insurance and/or Medicaid)	
Medicaid requires MCOs to report “prenatal depression screening” HEDIS measure	
Medicaid requires MCOs to report “postpartum depression screening” HEDIS measure	
Maternity providers submit claims to private insurers for prenatal MMH screening (among at least 1% of prenatal patients)	
Maternity providers submit claims to private insurers for postpartum MMH screening (among at least 1% of postpartum patients)	

Insurance Coverage & Treatment Payment

C

Expanded Medicaid	
Extended Medicaid coverage to one year postpartum	
Requires health plans to develop an MMH quality management program	
Maternity providers submit claims to private insurers for prenatal MMH treatment	
Maternity providers submit claims to private insurers for postpartum MMH treatment	
State provides enhanced Medicaid reimbursement or state investment in group prenatal care (New in 2025)	

State provides enhanced Medicaid reimbursement or state investment in group prenatal care (New in 2025)



Medicaid coverage of group parenting programs (New in 2025)

