

Become a product of opportunity, not a victim of circumstance.

# **Community Resource Guide**

# Mayfield - Graves County Addiction & Rehabilitation Resources



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# **Crisis Helplines & Hotlines**

Four Rivers Behavioral Health 24/7 Crisis Line	(800) 592-3980
	https://4rbh.org/
Hope & Help	Monday – Friday; 8:30AM – 5:30PM CST
	1-833-859-4357 <i>OR</i> Text HELP to 96714
	https://hopeandhelp.ky.gov/ky-helpline
Kentucky Opioid Assistance & Re- source Hotline	(800) 854-6813
	https://findhelpnow.org/ky
National Drug Helpline	1-844-289-0879
	https://drughelpline.org/
Suicide & Crisis Lifeline	988
	https://988.ky.gov/



# **Alcoholics Anonymous & Other Addiction Support Groups**

	1900 South 10th St, Mayfield, KY 42066		
J.U. Kevil Foundation	Tuesday; 7:00PM		
	Friday; 8:00PM		
Old St. Jerome School Building (across from the baseball fields)	KY-80, Fancy Farm, KY 42039		
	Wednesday; 7:00PM Sunday; 8:00PM		
	1108 Cuba Rd, Mayfield, KY 42066		
Turning Point Recovery Community Center	Alcoholics Anonymous: Tuesday; Noon Wednesday; 5:00PM Saturday; 10:00AM	Narcotics Anonymous: Thursday; 6:00PM Friday; Noon & 6:00PM Saturday; 1:00PM	
	<u>Dual Diagnosis:</u> Tuesday; 6:00PM Thursday; Noon	Smart Recovery: Wednesday; Noon Saturday; 5:00PM	
	120 N 9th St, Mayfield, KY 42066		
West Kentucky Drug & Alcohol Intervention Services, LLC	Monday; 12:00PM & 6:30PM Wednesday; Noon Thursday; 7:00PM Friday; Noon		

► Locations & times may vary



# Various Addiction Support Group Apps & Websites

#### Narcotics Anonymous – "NA Meeting Search" App

- ▶ Blue circle with "NA" in white letters in the center
- https://na.org/MeetingSearch/

#### Alcoholics Anonymous - "Meeting Guide" App

- ▶ Blue background with a white folding chair in the center
- https://www.aa.org/find-aa

#### **Gamblers Anonymous**

https://gamblersanonymous.org/usa-meetings/



### **Addiction & Rehabilitation**

#### **Emerald Therapy Center**

Address: 1019 Paducah Rd, Suite C, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 534-5128

Email: referral@emeraldtherapycenter.com

Website: <a href="https://emeraldtherapycenter.com/">https://emeraldtherapycenter.com/</a>

► MRT substance abuse rehabilitation classes & IOP (Intensive Outpatient Program) substance abuse rehabilitation program

#### The Exchange Program

Address: 416 Central Ave, Mayfield, KY 42066

(Entrance at South 11th St. & Weda Ave.)

Hours: Monday; 12:00PM – 3:00PM

Wednesday; 8:00AM – 3:00PM

Phone: (270) 247-3553

Website: www.gravescountyexchange.com

- ➤ The Harm Reduction Syringe Exchange Program (HRSEP) is to slow the spread of disease (i.e. HIV and Hepatitis C) with the exchange of contaminated needles for sterile needles and increase access to health care and substance abuse treatment among intravenous drug users.
- ► Testing for HIV & Hep C is also available.



#### Four Rivers Behavioral Health - Fuller Center

Address: 1525 Cuba Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM

(evening hours by appointment ONLY)

(270) 247-2588 (Outpatient Program)

Phone: (270) 247-1853 (Residential Program)

(866) 316-8307 (Med Line)

(800) 592-3980 (24/7 Crisis Line)

Website: <a href="https://4rbh.org/">https://4rbh.org/</a>

Outpatient Program – Mental health and substance abuse assessment, counseling, therapy, and med management.

► Residential Program – Male only drug rehabilitation with 28 days of residency, therapy and individual counseling, group sessions, and peer support specialist to assist residents in making aftercare plans.

#### KentuckyCare of Mayfield

Address: 110 Kings Dr, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 804-7710

Website: <a href="https://www.kentuckycare.net/blog/locations/individual/mayfield-medical/">https://www.kentuckycare.net/blog/locations/individual/mayfield-medical/</a>

► Addiction & rehabilitation referrals to inpatient and outpatient treatment centers through a Kentucky Care Certified Community Health Worker.



#### **Recovery Now**

Address: 4747 Old Dublin Road, Mayfield, KY 42066

Phone: (800) 213-7073 (502) 373-8086

Website: <a href="https://www.recoverynowmayfield.com/">https://www.recoverynowmayfield.com/</a>

▶ Partial hospitalization with individual and group therapy, skill-building practice, psychoeducation, and periodic evaluations.

(Program is 5 days a week for 3 weeks)

▶ Intensive outpatient program to enhance their communication skills and provides a new resource for socialization. Gives access to an environment where people in similar situations provide support, comfort, and honest feedback. (This program is 3 days a week for 9 weeks)

#### West Kentucky Drug & Alcohol Intervention Services, LLC

Address: 120 N 9th St, Mayfield, KY 42066

Phone: (270) 247-4212

(800) 273-1282 (Toll Free)

Email: martycobb@wkdaservices.com

Website: <a href="http://www.wkdaservices.com/home.html">http://www.wkdaservices.com/home.html</a>

- ► Court mandated DUI classes & Out of State DUI assistance
- ▶ Drug Screenings Hair follicle & oral screenings ONLY



# **Sobriety & After Care**

#### Four Rivers Behavioral Health - Turning Point Recovery Center

Address: 1525 Cuba Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 444-3605

(800) 592-3980 (24/7 Crisis Line)

Website: <a href="https://4rbhturningpoint.org/">https://4rbhturningpoint.org/</a>

- ▶ "Recovery Housing Scholarship" Housing and utility assistance for unhoused individuals in active recovery, who have completed a rehabilitation program.
- ➤ Smart recovery, Alcoholics Anonymous & Narcotics Anonymous meetings, and "All Recovery" meetings for all those recovering from any form of addiction. (i.e. pornography, gambling, drug, alcohol, smoking, etc.)
- ▶ Peer support, resume assistance, job search assistance, work-related supplies assistance, and resource referrals for Turning Point clients.

#### A New Beginning for Women & Children

Address: P.O. Box 814, Mayfield, KY 42066

Phone: (270) 804-3467

Email: anewbeginningfwc@gmail.com

Website: <a href="https://anewbeginningfwc.org/">https://anewbeginningfwc.org/</a>

➤ 7-month residential program for women, or women with children, that includes services to promote a lifetime of sober living.



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Phone: (800) 213-7073 (502) 373-8086

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➤ Telehealth – Online mental health services include screening, online counseling, prescription consultations, and individual or group talk therapy.

- DUI Classes
- Employment Assistance
- ▶ Meet weekly with peer support specialists, targeted case managers, and individual therapists. (This program is 2 days a week for up to 6 months)
- Sober Living housing for both men and women.

#### West Kentucky Drug & Alcohol Intervention Services, LLC

Address: 120 N 9th St, Mayfield, KY 42066

Phone: (270) 247-4212

(800) 273-1282 (Toll Free)

Email: martycobb@wkdaservices.com

Website: <a href="http://www.wkdaservices.com/home.html">http://www.wkdaservices.com/home.html</a>

▶ Drug & alcohol abuse counseling



## **Narcan Box Locations**

The Boondock Vape Shop	1408 Cuba Rd, Mayfield, KY 42066
The Fuller Center	1571 KY-303, Mayfield, KY 42066
Graves County Health Department	416 Central Ave, Mayfield, KY 42066
Graves County Public Library	601 N 17th St, Mayfield, KY 42066
Graves County Sheriff's Department	1102 Paris Rd, Suite 6, Mayfield, KY 42066
Mayfield City Police Department	900 Commonwealth Dr, Mayfield, KY 42066
Mayfield Fire Department Station #2	1001 W Broadway, Mayfield, KY 42066
Mayfield Fire Department Station #3	1001 South 10th St, Mayfield, KY 42066
Mayfield Lawn & Garden	714 East Broadway, Mayfield, KY 42066
Mike's Mart	109 Pryor St, Mayfield, KY 42066
Speed Wash Laundromat	235 West Farthing St, Mayfield, KY 42066
Turning Point Recovery Center	1108 Cuba Rd, Suite A, Mayfield, KY 42066
Y.M.C.A. of Mayfield-Graves County	1545 Cuba Rd, Mayfield, KY 42066

- ► A "Narcan Box" is a secure container that provides round-the-clock access to naloxone, a life-saving medication proven to rapidly reverse opioid overdoses by restoring normal breathing within minutes.
- ► Availability is not guarunteed at "unstaffed" locations.