



Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Mayfield - Graves County

Healthcare, Mental Health, & Wellness

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Healthcare Resources

Black Pearl Home Care

Address: 2520 New Holt Rd, Paducah, KY 42001 (*Region 1 Office*)

Hours: Monday – Friday; 9:00AM – 5:00PM

Phone: (270) 557-7418

Website: <https://blackpearlhomecare.com/>

- ▶ In-home care for non-medical needs, such as hygiene, transfers, med reminders, housekeeping, meal prep, errands, and transportation to doctor appointments and more.

CenterWell Home Health

Address: 1019 Paducah Road, Suite A, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 251-2001
(800) 437-2001 (*Toll Free*)

Website: <https://www.centerwellhomehealth.com/about-us/find-care-near-you/h429/centerwell-home-health-mayfield>

- ▶ In-home skilled nursing, home health aides, occupational and physical therapy.
- ▶ Must have a referral from your physician.

The Exchange Program

Address: 416 Central Ave, Mayfield, KY 42066
(Entrance @ South 11th St. & Weda Ave.)

Hours: Monday; 12:00PM – 3:00 PM
Wednesday; 8:00AM – 3:00 PM

Phone: (270) 247-3553

Website: www.gravescountyexchange.com

- ▶ Harm Reduction – Syringe exchange program
(exchange contaminated needles for sterile needles)
- ▶ Testing for HIV & Hep C is available.
- ▶ Education on rotating injection sites and wound care.

Fast Pace Health Urgent Care

Address: 1251 Paris Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 8:00PM
Saturday; 8:00AM – 6:00PM
Sunday; 1:00PM – 5:00PM

Phone: (270) 356-1345

Website: <https://fastpacehealth.com/location/mayfield/>

- ▶ Walk-In Clinic can treat non-life-threatening needs, everyday illnesses, or injuries.
- ▶ Also provide behavioral health, telehealth, and virtual dermatology services.

Graves County Health Department

Address: 416 Central Ave, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:00PM

Phone: (270) 247-3553

Email: info@gravescountyhealthdepartment.com

Website: <http://www.gravescountyhealthdepartment.com/>

- ▶ Walk-ins accepted for Immunizations, STI/STD testing, TB skin test, and school physicals.
- ▶ Family planning exams must be scheduled in advance; all other services are same day scheduling.

The Hope Center

Address: 1216 Paris Rd, Mayfield, KY 42066

Monday; 9:00AM – 5:00PM

Hours: Tuesday; 9:00AM – 6:00PM

Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190

(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Free pregnancy test, limited ultrasounds, post abortion care, and STI/STD testing.
- ▶ All services are provided free.

Jackson Purchase Medical Center

Address: 1099 Medical Center Circle, Mayfield, KY 42066

Hours: 24 Hours a Day, 7 Days a Week

Phone: (270) 251-4100

Website: <https://www.jacksonpurchase.com/>

- Hospital, emergency department, basic medical needs, surgery, etc.

Jackson Purchase Primary Care – Southside Clinic

Address: 1206 Paris Road, Ste B, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 804-7160

Website: <https://www.jacksonpurchasemedicalgroup.com/jackson-purchase-primary-care-southside-clinic>

- Walk-In Clinic that can treat non-life-threatening needs, such as everyday illnesses or minor injuries.

Jackson Purchase Primary Care – Walk-In Clinic

Address: 1111 Medical Center Circle, Suite 110, Mayfield, KY 42066

Hours: Monday – Friday; 7:30AM – 4:00PM

Phone: (270) 251-4045

Website: <https://www.jacksonpurchasemedicalgroup.com/jackson-purchase-primary-care-mayfield-clinic>

- ▶ Walk-In Clinic that can treat non-life-threatening needs, such as everyday illnesses or minor injuries.

KentuckyCare of Mayfield

Address: 110 Kings Dr, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 804-7710

Website: <https://www.kentuckycare.net/blog/locations/individual/mayfield-medical/>

- ▶ Services include behavioral health, women's health, and primary care, regardless of your ability to pay.
- ▶ Can treat walk-ins with non-life threatening needs, such as everyday illnesses or minor injuries when open appointments are available.

LivWell Community Health Services – Prevention & Outreach Center

Address: 1733 Broadway St, Paducah, KY 42001

Hours: Monday – Thursday; 8:00AM – 5:00PM
Friday; 8:00AM – 12:00PM

Phone: (270) 444-8183 (*Extension 2175*)

Email: communications@livwellchs.org

Website: <https://livwellchs.org/prevention/>

- ▶ Nonprofit organization that provides supportive services, education, and advocacy for those living with HIV/AIDs, sexually transmitted diseases, and viral hepatitis.
- ▶ They offer outreach opportunities to the community and offer safe sex supplies, testing, and education in a nonjudgemental environment for individuals.

Mayfield Lions Club

Website: <https://www.facebook.com/profile.php?id=100064349363130>

- ▶ Eyeglass Assistance Program – To complete an application, go to the Annie Gardner Foundation (620 South 6th Street, Mayfield, KY 42066); must be a resident of Graves County for at least 5 years
- ▶ See Facebook page for upcoming events & projects

West Kentucky Allied Services

Address: 328 E. Broadway, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 247-4046

Website: <https://www.wkas-ky.org/>

- ▶ Assists households in applying for Medicaid or health insurance through the KYNECT marketplace.
- ▶ In-Home care assistance for those who qualify.

Mental Health Resources

Emerald Therapy Center

Address: 1019 Paducah Rd, Suite C, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 534-5128

Email: referral@emeraldtherapycenter.com

Website: <https://emeraldtherapycenter.com/>

- Mental Health services for adults, teenagers, and children, such as mental health evaluations, talk therapy, anger management, and behavioral health.

Four Rivers Behavioral Health – Fuller Center

Address: 1525 Cuba Rd Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM
(evening hours by appointment ONLY)

(270) 247-2588 (Outpatient)
Phone: (866) 316-8307 (Med Line)
(800) 592-3980 (24/7 Crisis Line)

Website: <https://4rbh.org/>

- Outpatient – Mental health and substance abuse assessment, counseling, therapy, and med management.

Jackson Purchase Medical Center

Address: 1099 Medical Center Circle, Mayfield, KY 42066

Hours: 24 Hours a Day, 7 Days a Week

Phone: (270) 251-4100

Website: <https://www.jacksonpurchase.com/behavioral-health/emergency-mental-health-services>

- ▶ Provides emergency mental health services for individuals experiencing a mental health crisis.
- ▶ Must go through the Emergency Department for services.

KentuckyCare of Mayfield

Address: 110 Kings Dr, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 804-7710

Website: <https://www.kentuckycare.net/blog/locations/individual/mayfield-medical/>

- ▶ Outpatient mental health services.

Counseling Resources

First Presbyterian Church of Mayfield

Address: 1325 Hwy 45 N, Mayfield, KY 42066

Phone: (270) 247-4554

Email: office@fpcmayfield.com

- Pastoral care and counseling

First United Methodist Church of Mayfield

Address: 1322 West Broadway, Mayfield, KY 42066

Phone: (270) 247-5678

Email: office@mayfieldfirst.com

Website: <https://www.mayfieldfumc.com/>

- Emotional support and pastoral care

The Hope Center

Address: 1216 Paris Rd, Mayfield, KY 42066

Hours: Monday; 9:00AM – 5:00PM

Tuesday; 9:00AM – 6:00PM

Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190
(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Peer counseling by non-licensed providers.

Lotus – Mayfield Campus

Address: 333 E Broadway St, Mayfield, KY 42066

Hours: Monday – Thursday; 8:30AM – 5:00PM

Phone: (270) 534-4422
(800) 928-7273 (24-Hour Helpline)

Email: communityimpact@lotusky.org

Website: www.hopehealgrow.org

- ▶ Counseling, emotional support, and forensic interview services for survivors of child abuse and sexual abuse.
- ▶ Counseling and emotional support is also available for the survivor's supporting family members.

Tree of Hope

Address: 516 S 6th St, Mayfield, KY 42066

Phone: (270) 356-1110

Website: <http://www.treeofhopecenter.org/>

- ▶ Faith-based family counseling services to enhance and preserve the family.
- ▶ Services include counseling and specialized methods, such as art, cognitive behavior, child-parent relationship, marriage, and trauma sensitive therapies.

West Kentucky Drug & Alcohol Intervention Services, LLC

Address: 120 N 9th St, Mayfield, KY 42066

Phone: (270) 247-4212
(800) 273-1282 (Toll Free)

Email: martycobb@wkdaservices.com

Website: <http://www.wkdaservices.com/home.html>

- ▶ Domestic violence & Batterers Intervention Program (B.I.P.) Counseling
- ▶ Drug & alcohol abuse counseling

Williams Christian Counseling

Address: 253 Wyatt Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 6:00PM

Phone: (270) 247-5667

Website: <https://www.williamscc.org/>

- ▶ Christian-based counseling and emotional support.

Fitness & Wellness

Get Fit Graves & Lifestyle Change Program

Address: 416 Central Ave, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:00PM

Phone: (270) 247-3553

Website: <https://www.gravescountyhealthdepartment.com/get-fit-graves>

- ▶ Strives to reduce obesity and substance abuse through health education and promotion of community resources.
- ▶ Interactive Resource Map on their website

Y.M.C.A. of Mayfield Graves County

Address: 1545 Cuba Rd, Mayfield, KY 42066

Hours: Monday – Thursday; 5:00AM – 9:00PM
Friday; 5:00AM – 8:00PM
Saturday; 7:00AM – 5:00PM
Sunday; 1:00PM – 5:00PM

Phone: (270) 247-0049

Email: info@mayfieldgravesymca.com

Website: <https://www.mayfield-gravesymca.com/>

- ▶ 24/7 gym access with membership.
- ▶ Financial assistance available for memberships, for those who qualify.