

CAMP GRAVES

Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Carlisle County

Senior Citizens

Resources for Senior Citizens

Carlisle Senior Citizens Center

Address: 261 Front Street, Bardwell, KY 42023

Hours: Monday – Friday; 8:00AM – 3:30PM
Monday – Friday; 11:30AM – 12:00PM (*Lunch*)

Phone: (270) 628-5474

Email: carlislecosc@gmail.com

Website: <https://www.facebook.com/profile.php?id=100064382484661>

- ▶ Legal Assistance provided once every 3 months when a minimum of 4 people present to receive services (*call for dates & times*).
- ▶ Health/Diabetes Education
- ▶ Meals provided to individuals 60+ only. If you are not in their “system,” lunch is \$6.00.
- ▶ Must call before 10:00AM for meal delivery (*limited availability*).

Kentucky Care – Bardwell Medical

Address: 75 East Court St, Bardwell, KY 42023

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 628-3333

Website: <https://www.kentuckycare.net/blog/locations/individual/bardwell-medical/>

- ▶ Kentucky medical clinic serves patients of all ages, from pediatric to geriatric.
- ▶ Services include behavioral health, women’s health, and primary care, regardless of your ability to pay. Can treat walk-ins with non-life threatening needs, such as everyday illnesses or minor injuries, when open appointments are available.
- ▶ Van Transportation for established patients to scheduled appointments at the Kentucky Care Clinic.
- ▶ Outpatient mental health services.

Purchase Area Development District (PADD)

Address: 1002 Medical Dr. Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM - 4:30PM

Phone: (270) 247-7171

Website: <https://www.purchaseadd.org/individuals/social-services/>

- ▶ Aging and Disability Resources Center – Resource line for seniors and the disabled to find out PADD resources and community resources to fill their needs
- ▶ Elder Abuse Prevention – Education and information to prevent elder abuse
- ▶ Elder Support – 60 years and older respite care, supplemental services, homemaking services (*meal prep, light housekeeping*)
- ▶ Caregiver support, SHIP (*State Health Insurance Program*) and Medicare enrollment assistance.
- ▶ Senior Grandparent Support Group – For grandparents 60 years and older that are raising their grandkids, including assistance with clothing, furniture, summer camps, and afterschool programs
- ▶ Long-Term Care Ombudsman – Advocates for residents in nursing homes if there are concerns
- ▶ Health Promotion Programs offered through senior centers (*call your local senior center for the scheduled events*)
- ▶ Senior Meals Program – Home delivered meals

West Kentucky Allied Services

Address: 261 Front Street, Bardwell, KY 42023

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 628-3941

Website: <https://www.wkas-ky.org/>

- ▶ Offers employment assistance to individuals 55 years and older.
- ▶ In-Home care assistance for those who qualify, Location varies. Call to verify.