



Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Graves County

Addiction & Rehabilitation Resources

Table of Contents

Crisis Helplines & Hotline 3

Alcoholics Anonymous & Other
Addiction Support Groups 4

Various Anonymous Meeting Apps & Websites 5

Addiction & Rehabilitation 6

Sobriety & After Care 10

Narcan Box Locations 12

Crisis Helplines & Hotlines

Four Rivers Behavioral Health 24/7 Crisis Line	(800) 592-3980 https://4rbh.org/
Hope & Help	Monday – Friday; 8:30AM – 5:30PM CST 1-833-859-4357 OR Text HELP to 96714 https://hopeandhelp.ky.gov/ky-helpline
Kentucky Opioid Assistance & Resource Hotline	(800) 854-6813 https://findhelpnow.org/ky
National Drug Helpline	1-844-289-0879 https://drughelpline.org/
Suicide & Crisis Lifeline	988 https://988.ky.gov/

Alcoholics Anonymous & Other Addiction Support Groups

Camp Rendezvous Veteran Housing & Work Center	<i>510 South 6th Street, Mayfield, KY 42066</i> <u>Veterans All-Recovery Meeting:</u> First Saturday of the Month; 11:00AM – 1:00PM (Hosted by Turning Point Recovery Community Center)
J.U. Kevil Foundation	<i>1900 South 10th St, Mayfield, KY 42066</i> Friday; 8:00PM
Old St. Jerome School Building <i>(across from the baseball fields)</i>	<i>KY-80, Fancy Farm, KY 42039</i> Wednesday; 7:00PM Sunday; 8:00PM
Turning Point Recovery Community Center	<i>1108 Cuba Rd, Suite A2, Mayfield, KY 42066</i> <u>Alcoholics Anonymous:</u> Tuesday; Noon Wednesday; 4:00PM <u>Narcotics Anonymous:</u> Friday; Noon & 6:00PM <u>Dual Diagnosis:</u> Tuesday; 4:00PM <u>SMART Recovery:</u> Wednesday; Noon
West Kentucky Drug & Alcohol Intervention Services, LLC	<i>120 N 9th St, Mayfield, KY 42066</i> Monday; 12:00PM & 6:30PM Wednesday; Noon Thursday; 7:00PM Friday; Noon

► Locations & times may vary

Various Addiction Support Group Apps & Websites

Narcotics Anonymous – “NA Meeting Search” App

- ▶ Blue circle with “NA” in white letters in the center
- ▶ <https://na.org/MeetingSearch/>

Alcoholics Anonymous – “Meeting Guide” App

- ▶ Blue background with a white folding chair in the center
- ▶ <https://www.aa.org/find-aa>

Kentucky Area Al-Anon

- ▶ <https://kya1-anon.org/>

Gamblers Anonymous

- ▶ <https://gamblersanonymous.org/usa-meetings/>

Celebrate Recovery – Zoom Meeting

- ▶ Online Zoom group that makes it possible for anyone to find the help they need, if you need immediate encouragement in your recovery journey.
- ▶ Wednesdays at 2:00PM CST
- ▶ Use the link below and enter your email to receive a Zoom link & meeting information.
- ▶ <https://celebraterecovery.com/weekly-online-recovery-meetings/>

Addiction & Rehabilitation

Badges of Hope

Address: 300 Clarence Gaines St, Paducah, KY 42003

Hours: Monday – Friday; 8:30AM – 4:30PM

Phone: (270) 444-4719

Email: rnorman@mccrackencountyky.gov

Website: <http://www.mccrackencountysheriff.com/>

- ▶ “Badges of Hope” works in cooperation with local law enforcement & addiction and rehabilitation services for those seeking substance abuse treatment.
- ▶ This includes transportation to treatment facilities and drug take back or disposal services without the risk of prosecution to those who surrender them.

The Exchange Program

Address: 416 Central Ave, Mayfield, KY 42066 (*Entrance at South 11th St. & Weda Ave.*)

Hours: Monday; 12:00PM – 3:00PM
Wednesday; 8:00AM – 3:00PM

Phone: (270) 247-3553

Website: www.gravescountyexchange.com

- ▶ The Harm Reduction Syringe Exchange Program (*HRSEP*) is to slow the spread of disease (*i.e. HIV and Hepatitis C*) with the exchange of contaminated needles for sterile needles and increase access to health care and substance abuse treatment among intravenous drug users; testing for HIV & Hep C is also available.

Four Rivers Behavioral Health – Fuller Center

Address: 1525 Cuba Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM
(evening hours by appointment ONLY)

Phone: (270) 247-2588 (Outpatient Program)
(270) 247-1853 (Residential Program)
(866) 316-8307 (Med Line)
(800) 592-3980 (24/7 Crisis Line)

Website: <https://4rbh.org/>

- ▶ Outpatient Program – Mental health and substance abuse assessment, counseling, therapy, and developmental disability services.
- ▶ Residential Program – Male only drug rehabilitation with 28 days of residency, therapy and individual counseling, group sessions, and peer support specialist to assist residents in making aftercare plans.

KentuckyCare of Mayfield

Address: 110 Kings Dr, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 804-7710

Website: <https://www.kentuckycare.net/blog/locations/individual/mayfield-medical/>

- ▶ Addiction & rehabilitation referrals to inpatient and outpatient treatment centers through a Kentucky Care Certified Community Health Worker.

Lumera Healthcare *(formerly Emerald Therapy Center)*

Address: 1019 Paducah Rd, Suite C, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 310-9200 or (270) 534-5128

Email: referral@lumerahhealthcare.com

Website: <https://lumerahhealthcare.com/>

- ▶ MRT substance abuse rehabilitation classes & IOP (Intensive Outpatient Program) substance abuse rehabilitation program.

Recovery Now

Address: 4747 Old Dublin Road, Mayfield, KY 42066

Phone: (800) 213-7073
(502) 373-8086

Website: <https://www.recoverynowmayfield.com/>

- ▶ Partial hospitalization with individual and group therapy, skill-building practice, psychoeducation, and periodic evaluations.
(Program is 5 days a week for 3 weeks)
- ▶ Intensive outpatient program to enhance their communication skills and provides a new resource for socialization. Gives access to an environment where people in similar situations provide support, comfort, and honest feedback.
(This program is 3 days a week for 9 weeks)

West Kentucky Drug & Alcohol Intervention Services, LLC

Address: 120 N 9th St, Mayfield, KY 42066

Phone: (270) 247-4212
(800) 273-1282 (*Toll Free*)

Email: martycobb@wkdaservices.com

Website: <http://www.wkdaservices.com/home.html>

- ▶ Court mandated DUI classes & Out of State DUI assistance
- ▶ Drug Screenings – Hair follicle & oral screenings ONLY

Sobriety & After Care

Four Rivers Behavioral Health – Turning Point Recovery Center

Address: 1108 Cuba Rd, Suite A2, Mayfield, KY 42066

Hours: Tuesday & Wednesday; 8:00AM – 5:00PM
Friday; 10:00AM – 7:00PM

Phone: (270) 444-3605
(800) 592-3980 (24/7 Crisis Line)

Website: <https://4rbhturningpoint.org/>

- ▶ Barrier relief assistance for clients that are attending weekly meetings and are actively participating in their recovery and sobriety.
- ▶ Smart recovery, Alcoholics Anonymous & Narcotics Anonymous meetings, and "All Recovery" meetings for all those recovering from any form of addiction.
(i.e. pornography, gambling, drug, alcohol, smoking, etc.)
- ▶ Peer support, resume assistance, job search assistance, work-related supplies assistance, and resource referrals for Turning Point clients.

A New Beginning for Women & Children

Address: P.O. Box 814, Mayfield, KY 42066

Phone: (270) 804-3467

Email: anewbeginningfwc@gmail.com

Website: <https://anewbeginningfwc.org/>

- ▶ 9-month program that offers aftercare/wraparound services after completing program.

Recovery Now

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(502) 373-8086

Website: <https://www.recoverynowmayfield.com/>

- ▶ Telehealth – Online mental health services include screening, online counseling, prescription consultations, and individual or group talk therapy.
- ▶ DUI Classes
- ▶ Employment Assistance
- ▶ Meet weekly with peer support specialists, targeted case managers, and individual therapists. *(This program is 2 days a week for up to 6 months)*
- ▶ Sober Living housing for both men and women.

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Website: <http://www.wkdaservices.com/home.html>

- ▶ Drug & alcohol abuse counseling

Narcan Box Locations *(continued on next page)*

- ▶ A “Narcan Box” is a secure container that provides round-the-clock access to naloxone, a life-saving medication proven to rapidly reverse opioid overdoses by restoring normal breathing within minutes.
- ▶ Availability is not guaranteed at “unstaffed” locations.

The Boondock Vape Shop	1408 Cuba Rd, Mayfield, KY 42066
Farmington Market & Dining	8196 KY-121, Mayfield, KY 42066
Fristoe’s Grocery & Restaurant	41 State Route 408 E, Hickory, KY 42051
The Fuller Center	1571 KY-303, Mayfield, KY 42066
Graves County Health Department	416 Central Ave, Mayfield, KY 42066
Graves County Public Library	601 N 17th St, Mayfield, KY 42066
Graves County Sheriff’s Department	1102 Paris Rd, Suite 6, Mayfield, KY 42066
Lowe’s Market (Lowes Store)	32 Lowes Road, Melber, KY 42061
Mayfield City Police Department	228 Andrea Drive, Mayfield, KY 42066
Mayfield Fire Department Station #2	1001 W Broadway, Mayfield, KY 42066
Mayfield Fire Department Station #3	1001 South 10th St, Mayfield, KY 42066
Mayfield Lawn & Garden	714 East Broadway, Mayfield, KY 42066

Narcan Box Locations

Mike’s Mart	109 Pryor St, Mayfield, KY 42066
Sedalia Market	3979 State Route 97, Sedalia, KY 42079
Speed Wash Laundromat	235 West Farthing St, Mayfield, KY 42066
Turning Point Recovery Center	1108 Cuba Rd, Suite A, Mayfield, KY 42066
Wingo City Hall	9690 State Route 45 S, Wingo, KY 42088
Y.M.C.A. of Mayfield-Graves County	1545 Cuba Rd, Mayfield, KY 42066