



Become a product of opportunity, not a victim of circumstance.

Community Resource Guide

Hickman County

Healthcare, Mental Health, & Wellness

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Healthcare Resources

Hickman County Health Department

Address: 370 S. Washington Street, Clinton, KY 42031

Hours: Monday – Thursday; 7:30AM – 4:30PM
Friday; 7:30AM – 11:00AM

Phone: (270) 653-6110

Website: <https://purchasehealth.org/>

- ▶ Family planning exams, immunizations, STI/STD testing, TB skin test & school physicals. Dental Services are by appointment only (*call to make appointments*).
- ▶ Please call McCracken Health Department at **(270) 444-9631** for the dates and scheduling.

The Hope Center

Address: 1216 Paris Rd, Mayfield, KY 42066

Hours: Monday; 9:00AM – 5:00PM
Tuesday; 9:00AM – 6:00PM
Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190
(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Free pregnancy test, limited ultrasounds, post abortion care, and STI/STD testing.
- ▶ All services are provided free.

Hope Unlimited Family Care Center

Address: 1101 Jefferson Street, Paducah, KY 42001

Hours: Monday – Thursday; 9:00AM – 4:00 PM
10:00AM – 4:00 PM (*Thrift Store Hours*)

Phone: (270) 442-1166

Website: <https://hopeunlimitedfcc.org/services/men/>

- Free prenatal care from pregnancy testing to post-partum, adoption information, abortion alternatives, & post-abortion recovery.

Jackson Purchase Primary Care - Clinton Clinic

Address: 106 W. Clay Street, Clinton, KY 42031

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 653-0220

Website: <https://www.jacksonpurchasemedicalgroup.com/location/jacksonpurchase-primarycareclintonclinic>

- Walk-In Clinic that can treat non-life-threatening needs, such as everyday illnesses or minor injuries.

Kentucky Care - Clinton Medical

Address: 308 S. Washington Street, Suite 200, Clinton, KY 42031

Hours: Monday – Friday; 8:00AM – 5:00PM

Phone: (270) 913-2478

Website: <https://www.kentuckycare.net/blog/locations/individual/clinton-medical/>

- ▶ Kentucky medical clinic serves patients of all ages, from pediatric to geriatric.
- ▶ Services include behavioral health, women's health, and primary care, regardless of your ability to pay. Can treat walk-ins with non-life threatening needs, such as everyday illnesses or minor injuries, when open appointments are available.
- ▶ Van Transportation for established patients to scheduled appointments at the Kentucky Care Clinic.
- ▶ Outpatient mental health services.

West Kentucky Allied Services

Address: 111 W. Clay Street, P.O. Box 193, Clinton, KY 42031

Hours: Monday – Friday; 8:00AM – 4:30PM

Phone: (270) 653-4494

Website: <https://www.wkas-ky.org/>

- ▶ Assists households in applying for Medicaid or health insurance through the KYNECT marketplace.
- ▶ In-Home care assistance for those who qualify.

Mental Health Resources

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Tuesday; 9:00AM – 6:00PM

Wednesday & Thursday; 9:00AM – 4:00PM

Phone: (270) 247-3190

(339) 224-4636 (24/7 Text Line)

Website: <http://www.hopemayfield.com/>

- ▶ Support throughout pregnancy and until the child is 5 years old. Support for expectant fathers is also available.
- ▶ Peer counseling by non-licensed providers.

Hope Unlimited Family Care Center

Address: 1101 Jefferson Street, Paducah, KY 42001

Hours: Monday – Thursday; 9:00AM – 4:00 PM

10:00AM – 4:00 PM (Thrift Store Hours)

Phone: (270) 442-1166

Website: <https://hopeunlimitedfcc.org/services/men/>

- ▶ 24-hour “Hope Line” for clients who may be in crisis & unable to access services during regular business hours.

Four Rivers Behavioral Health – Fuller Center

Address: 1525 Cuba Rd, Mayfield, KY 42066

Hours: Monday – Friday; 8:00AM – 5:00PM
(evening hours by appointment ONLY)

Phone: (270) 247-2588 (Outpatient Program)
(270) 247-1853 (Residential Program)
(866) 316-8307 (Med Line)
(800) 592-3980 (24/7 Crisis Line)

Website: <https://4rbh.org/>

- ▶ Outpatient Program – Mental health and substance abuse assessment, counseling, therapy, and developmental disability services.
- ▶ Residential Program – Male only drug rehabilitation with 28 days of residency, therapy and individual counseling, group sessions, and peer support specialist to assist residents in making aftercare plans.

Kentucky Care - Clinton Medical

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Website: <https://www.kentuckycare.net/blog/locations/individual/clinton-medical/>

- ▶ Kentucky medical clinic serves patients of all ages, from pediatric to geriatric.
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Counseling Resources

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Tuesday; 9:00AM – 6:00PM
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